

Masters • Porto

FOOTBALL SPORT TRAINING



Direction

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Secretariat

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Duration

2 Years

Credits

120 ects

Presentation

STUDY PLAN

1st Year / Comon Core

1º Semestre	ects	2º Semestre	ects
Football Arbitration and Game Laws	4	Applied Sports Management and Organization to Football	5
Multi-scope Professional Football Coach	5	Audiovisuals, Communication and Media Production in Football	5
Research Methodology: Data Analysis	4	Observation, Analysis and Interpretation of the Football Game	5
Sports Nutrition Applied to Football	4	Seminars	6
Sports Psychology Applied to Football	4	Sports Physiology and Traumatology Applied to Football	9
Sports Training Theory and Methodology Applied to Football	9		

2nd Year / Comon Core

Anual	ects
Dissertation or Internship	60

Linha direta
para o teu futuro



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