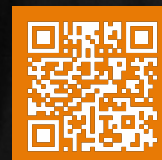




Bachelor • Porto

# PHYSICAL EDUCATION AND SPORT



## Direction

Inês Marques Aleixo  
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## Secretariat

Gisela Ribeiro  
gisela.ribeiro@ulusofona.pt

## Duration

3 Years

## Credits

180 ects

## Exams

Have one of the following national exams:

- 02 Biologia e Geologia
- 16 Matemática
- 18 Português

## Presentation

# STUDY PLAN

## 1st Year / Common Core

1º Semestre	ects	2º Semestre	ects
History Of Physical Education and Sports	4	Data Analysis	4
Option I	4	Option II	3
Sport Pedagogy	4	Sports Sociology	4
No Name	3	No Name	4
No Name	3	No Name	4
No Name	5	No Name	4
No Name	3	No Name	4
No Name	4	No Name	3

## 2nd Year / Common Core

1º Semestre	ects	2º Semestre	ects
Nutrition and Physical Activity	4	Option IV	4
Option III	4	Physiology of Effort	5
Teaching Strategies and Techniques	5	No Name	3
No Name	3	No Name	3
No Name	2	No Name	4
No Name	5	No Name	2
No Name	3	No Name	4
No Name	4	No Name	5

## 3rd Year / Common Core

Anual	ects	1º Semestre	ects	2º Semestre	ects
Project	10	Adapted Sports	3	Organization and	
		Theory and Methodology of		Management of Sport	4
		Sports Training	5	Sport Psychology	4
		No Name	20	No Name	4
		No Name	4	No Name	3
		No Name	3		

Linha direta  
para o teu futuro



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217 515 500



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