

### **Direction**

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### **Secretariat**

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**Duration** Credits

2 Years 120 ects

#### Presentation

In accordance with the latest legislation on teacher training, the course continues the tradition and unique investment in the training of teachers in Physical Education and Sports at Universidade Lusófona - Centro Universitário de Lisboa, renewing and updating our framework: a strong scientific and pedagogical component in the specialized area. Specific Didactics and Internship express a long-standing orientation recognized by the academic and professional community: to train competent teachers with a faculty truly committed to the development of Physical Education in schools.





## **STUDY PLAN**

# 1st Year / Comon Core

Anual	ects	1° Semestre	ects	2° Semestre	ects
Didactics of Collective Sport	S	Curricular Development	4	Adapted Physical Education	4
Games	8	Didactics of Athletics	4	Analysis and Development o	f
Teaching and Assessment		Didactics of Dance	4	<b>Educational Organizations</b>	4
Process Analysis in Physical		Didactics of Gymnastics	6	Didactics of Fight Sports	4
Education	7	•		Didactics of Nature	
Training Methodology of				Exploration Activities	4
Physical Education and				Didactics of Swimming	4
School Sport	7			J	

# 2nd Year / Comon Core

Anual	ects	1º Semestre	ects	2° Semestre	ects
Traineeship	4	Education, Health and Exercise	4	Educational Psychology	4
		Research-Action in Physical		Socio-Historical Analysis of	
		Education	5	Education	4















