

Bachelor • Lisboa

BEAUTY CARE AND WELL-BEING



Direction

Maria Lidia Laginha Mestre Guerreiro Da
Palma
lidia.palma@ulusofona.pt

Secretariat

Marisa Paiva
ects@ulusofona.pt

Duration

3 Years

Credits

180 ects

Exams

Have one of the following sets:

- 02 Biologia e Geologia and 18 Português
- 02 Biologia e Geologia and 07 Física e Química
- 02 Biologia e Geologia and 16 Matemática
- 02 Biologia e Geologia and 04 Economia
- 02 Biologia e Geologia and 06 Filosofia
- 02 Biologia e Geologia and 09 Geografia

Presentation

Beauty and well-being are key components of interpersonal communication, and active elements of health and well-being. Today's society has made great progress in increasing average life expectancy and quality of life. However, there are major shortcomings in the training of professionals with skills suited to this new reality. This cycle of studies, unique at national level, is the right response to this new reality. Come and challenge yourself.

STUDY PLAN

1st Year / Common Core

1º Semestre	ects	2º Semestre	ects
Cell Biology	5	Applied Cosmetology I	6
Chemistry Applied to Life Sciences	5	Biomathematics and Statistics	4
Ethics, Deontology and Regulatory Affairs	5	Biophysics	5
Functional Anatomy I	5	English Comprehension and Communication	4
Health and Contemporary Culture History	4	Functional Anatomy II	5
Introduction to Wellness Care and Quality of Life	6	Wellness and Health Care	6

2nd Year / Common Core

1º Semestre	ects	2º Semestre	ects
Applied Cosmetology II	6	Entrepreneurship and Management	4
Human Physiology I	5	General Principles of Nutrition	4
IT Resources	4	Human Physiology II	5
Manual Mobilization Techniques	5	Integrated Face and Body Care	6
Psychology and Communication	4	Intervention by Apparatus	6
Wellness Diagnosis and Intervention	6	Pharmacology and Toxicology Principles	5

3rd Year / Common Core

1º Semestre	ects	2º Semestre	ects
Business Management, Marketing and Innovation	4	Project and Transition to Active Life	30
Disease Mechanisms	6		
Integrated Care in Special Conditions	6		
Integrated Care in the Institutionalized Patient	5		
Natural Products and Food Supplements	5		
Wellness and Mental Health	4		

Linha direta
para o teu futuro



963 640 100



217 515 500



info@ulusofona.pt



@u.lusofona.pt

WWW.ULUSOFONA.PT