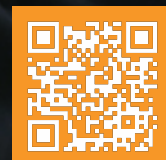


**Masters • Lisboa**

# CLINICAL AND HEALTH PSYCHOLOGY



## Direction

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## Secretariat

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## Duration

2 Years

## Credits

120 ects

## Presentation

The Master's course in Clinical and Health Psychology at Universidade Lusófona - Centro Universitário Lisboa is aimed at students who have completed a 1st cycle degree in Psychology. The 2nd cycle of studies is characterised by theoretical and practical training aimed at acquiring knowledge and skills in the area of mental health and the psychological dimensions associated with physical health. In addition, students are expected to acquire research skills that enable them to act according to models based on empirical evidence. The training in this cycle of studies is given by emphasising the ethical and deontological principles that guide the activity of psychologists in the contexts of practice and research in clinical and health psychology.

# STUDY PLAN

## 1st Year / Common Core

1º Semestre	ects	2º Semestre	ects
Case Studies	5	Cognitive-Behavioral Model of Clinical Intervention	5
Clinical Intervention in Groups and the Community	5	Dissertation Project in Clinical and Health Psychology	5
Cognitive-Behavioral Model of Clinical Assessment	5	Family Intervention	5
Health Psychology I - Health Promotion	5	Health Psychology II - Assessment and Intervention in Illness	5
Research Methods in Clinical and Health Psychology I	5	Option	5
Transdiagnostic Approach to Psychopathology	5	Research Methods in Clinical and Health Psychology II	5

## 2nd Year / Common Core

Anual	ects
Internship in Clinical and Health Psychology	30
Scientific Dissertation in Clinical and Health Psychology	30

Linha direta  
para o teu futuro



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