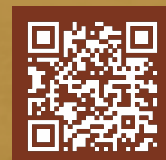


Open Courses • Lisboa

RANGE OF MOTION IN GYMNASTICS



Direction

Paulo Vasco Anacleto Barata
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Secretariat

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Duration

0 Years

Credits

0 ects

Presentation

STUDY PLAN

1st Year / Common Core

Anual	ects
Range of Motion Extension Module - Demystifying Flexibility	1.5

Linha direta
para o teu futuro

 963 640 100  217 515 500  info@ulusofona.pt  @u.lusofona.pt **WWW.ULUSOFONA.PT**