

**FORMAÇÃO LIVRE**

OPEN COURSES



# **SURFING AND PERFORMANCE - LEVEL I COACH TRAINING - FIGUEIRA DA FOZ**

Direction

**Sandro Maximiliano Da Trindade De Menezes Cabral**

UNIVERSIDADE  
**LUSÓFONA**



CENTRO  
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# Presentation

## 1st Year | No Branch Name

### Annual

### ects

|                                                                                                          |   |
|----------------------------------------------------------------------------------------------------------|---|
| Adapted Sports                                                                                           | 0 |
| Ethics in Sport                                                                                          | 0 |
| Functioning of the Human Body (First Aid, Injuries, Anti-Doping)                                         | 0 |
| Practice Venues                                                                                          | 0 |
| Refereeing and Competition                                                                               | 0 |
| Regulations and Organization                                                                             | 0 |
| Safety in the Aquatic Environment                                                                        | 0 |
| Specific Didactics (Beginning Practice: Surf, Bodyboard, Longboard, Stand Up Paddle, Skimboard)          | 0 |
| Specific Training Methodology (Surf Training, People with Disabilities Training, Complementary Training) | 0 |
| Sports Pedagogy and Didactics                                                                            | 0 |
| Technical Material                                                                                       | 0 |
| Theory and Methodology of Sports Training                                                                | 0 |
| Traineeship                                                                                              | 0 |

FAZER  
NOVOS  
FUTUROS



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