

FORMAÇÃO LIVRE

OPEN COURSES



SURFING AND PERFORMANCE - LEVEL I COACH TRAINING - CARCAVELOS

Direction

Sandro Maximiliano Da Trindade De Menezes Cabral

UNIVERSIDADE
LUSÓFONA



CENTRO
UNIVERSITÁRIO
LISBOA

Presentation

FAZER
NOVOS
FUTUROS



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1st Year | No Branch Name

Annual

ects

Adapted Sports	0
Ethics in Sport	0
Functioning of the Human Body (First Aid, Injuries, Anti-Doping)	0
Practice Venues	0
Refereeing and Competition	0
Regulations and Organization	0
Safety in the Aquatic Environment	0
Specific Didactics (Beginning Practice: Surf, Bodyboard, Longboard, Stand Up Paddle, Skimboard)	0
Specific Training Methodology (Surf Training, People with Disabilities Training, Complementary Training)	0
Sports Pedagogy and Didactics	0
Technical Material	0
Theory and Methodology of Sports Training	0
Traineeship	0