

Direction

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Secretariat

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Duration Credits

2 Years 120 ects

Presentation





STUDY PLAN

1st Year / Comon Core

Semestral	ects		1° Semestre	ects	2° Semestre	ects
Option 1		20	Motor and Technical-Tactical		Research Methods and	
			Skills Training	8	Techniques in Sport	8
			Technical-Tactical Observation		Training and Competition	
			and Analysis	6	Organization and Planning	8
			Theory and Methodology of		Training and Development o	f
			Scientific Knowledge	4	Psychological Competencies	6

2nd Year / Specialization in High Sports Performance

Anual	ects
Dissertation or Internship in High Performance Sport	60

2nd Year / Specialization in Youth Sports Training

Anual	ects
Dissertation or Internship in Training the Young Sportsperson	60













