



Sustainability Report 25/26

For the 2025/2026 academic year



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Introduction

In recent years, Lusófona University, its Faculties and Schools have developed a wide range of activities both on and off campus, with the aim of raising awareness, alerting people and promoting concrete changes in environmental behavior.

Since 2022, the institution has made the 17 Sustainable Development Goals (SDGs) a strategic priority. In 202/26, this commitment has significantly intensified, with the organization of multiple initiatives, such as events, webinars, lectures, seminars, technical visits, workshops, and research projects focused on the SDGs and sustainability values.

The main objective is to complement the academic knowledge of students, faculty, and staff, strengthening ties with the community and promoting good practices that contribute to reducing the institution's ecological footprint.

Lusófona University remains committed to informing and educating its entire academic community, including students, faculty, researchers, and staff, as well as the general public, on topics such as climate change, health, volunteering, and active citizenship. The aim is to reinforce individual and collective responsibility in protecting the planet, communities, and life.

Greener and More Sustainable Campus

Transforming the campus into a greener and more sustainable space remains a priority. In 2025, the University reinforced its commitment to environmentally responsible practices, such as creating recycling points, installing a production unit for self-consumption, and promoting awareness-raising initiatives aimed at changing attitudes and behaviors.

The [Sustainability Journeys](#), held in May 2025, involved the entire academic community and featured a wide range of activities dedicated to climate action, the circular economy, urban biodiversity, and social justice. These conferences have established themselves as an annual space for reflection and commitment to sustainable development.

Eco-Schools and Lusófona Verde

Since 2021, the Faculty of Engineering of Lusófona University, Lisbon University Center, has been part of the [Eco-Schools Program](#), coordinated by Professors Joana Lage and Elisabete

Maurício. In 2025, the University renewed its Eco-Schools Green Flag award for the fifth consecutive year, symbolizing its ongoing commitment to sustainability.

The Eco Schools Council, expanded in recent years, is now part of the Sustainability Advisory Board, which brings together representatives from all faculties, departments, and services, as well as students and faculty, including the International Relations Office, aligning with the objectives defined for this year.

Among the initiatives developed, projects in the areas of energy, water and waste management, air quality, biodiversity and the requalification of outdoor spaces stand out.

Sustainability Advisory Board

Faculties, Schools and Institutes

Lusófona University offers educational programmes in various fields, from the exact sciences to the humanities, from health to arts and technologies. The University is a top research performer in many areas that boosts innovation and knowledge transfer across society. The University multicultural campus offers a unique experience that brings together the best teachers and facilities in view of a transformative experience for all its students.

The university is divided into Faculties, Schools and Institutes in the main areas of:

Health
Economics and Management
Communication, Architecture, Arts and Information Technologies
Psychology
Life Sciences
Social Sciences, Education and Administration
Law
Physical Education and Sport
Engineering
Veterinary Medicine
Social Work

Lusófona University - Lisbon University Centre | Faculties and Schools

The Lisbon University Center is made up of 9 Faculties and Schools:

- ECTS - [School of Health Sciences and Technologies](#)

- ECEO - [School of Economic Sciences and Organizations](#)
- ECATI - [School of Communication, Architecture, Arts and Information Technologies](#)
- EPCV - [School of Psychology and Life Sciences](#)
- FCSEA - [Faculty of Social Sciences, Education and Administration](#)
- FD - [Faculty of Law](#)
- FEFD - [Faculty of Physical Education and Sport](#)
- FE - [Faculty Of Engineering](#)
- FMV - [Faculty of Veterinary Medicine](#)

Lusófona University - Porto University Centre | Faculties and Schools

The Porto University Center is made up of 6 Faculties:

- FCESE [Faculty of Economic, Social and Business Sciences](#)
- FCNET [Faculty of Natural Sciences, Engineering and Technologies](#)
- FCAATI - [Faculty of Communication, Architecture, Arts and Information Technologies](#)
- FDCP - [Faculty of Law and Political Science](#)
- FPED - [Faculty of Psychology, Education and Sport](#)

Community services & Projects

- [SPIC - Psychology Service](#)
- [CLAIM - Integration of Migrants](#)
- [On Wednesdays in Lusófona](#)
- [Fernando Lopes Cinema](#)
- [Building Knowledge](#)
- [Open Days \(Lisbon\)](#)
- [Open Days \(Porto\)](#)
- [Senior School](#)
- [Summer School](#)
- [Veterinary Hospital](#)
- [Lusófona Talks](#)
- [Green Lusófona](#)
- [Gender and diversity plan](#)

Students services

- [Ensino Lusófona App](#)
- [Students Card](#)
- [Internships](#)
- [Students](#)
- [Special Educational Needs](#)
- [Employment portal](#)
- [Student Advisor](#)
- [Student Support Service](#)
- [Advantages and Benefits](#)

Since 2022, all the university's faculties, schools and administrative departments had the autonomy to organise activities, both on and off campus, relating to sustainability. They also have the autonomy to propose activities, participate in international and national projects, and organise workshops, training sessions, courses, meetings and conferences relating to the environment, sustainability, resource management, and physical and mental health.

Short List of activities organised by services, department, faculty or school between 2022 and 2025

Área	Quantidade
Lusophone Community	382
Social Sciences and Humanities	193
Film and Media Arts	161
Communication	107
Sports	80
Arts and Design	80
Engineering and Natural Sciences	75
Law	68
Psychology	65
Education	61
Economics and Management	54
Social Work	54
Health and Life Sciences	48
Computer Science and Information Systems	38
Tourism	28
Veterinary Science	21
Architecture and Urban Planning	21
Psychology and Education	18
Pharmacy and Nutrition	8
Entrepreneurship	6
Aeronautics	5
Security	4
Religion	3

The following departments are part of the general Eco Schools and Sustainability Advisory Board. However, all the faculties, schools and departments organise activities and publicise them through the university's marketing and communications department, whether on the

website, on social media, or internally with students via [learning platforms](#), newsletters and digital screens located across the campi

General Eco Schools and Sustainability Advisory Board

Since 2022, and continuing into 2025, the following departments are part of the Eco Schools and Sustainability Advisory Board:

- Marketing and Communications Department: Eugénia Vicente
- Health and Wellness Service: Inês Santa
- Legal Services: Graça Serrano and Elisabete Cipriano
- Quality Management Department: Célia Pires
- Infrastructure Secretary: Filipe Marto
- Employment and Internship Department: Verónica Almeida
- Talent Management: Paula Cipriano
- Eco-Schools Council: Students and teachers of the Faculty of Engineering

Open Science

O [Open Science](#), also known as “ciência aberta”, refers to the adoption of practices and methods that promote transparency, collaboration and the sharing of processes and results, including data, publications and other elements related to scientific research. This approach allows:

Open Access to Knowledge: Open science aims to eliminate barriers to accessing scientific knowledge. This is often achieved by making publications, data and other research-related resources freely available.

Collaboration: Open science encourages collaboration between researchers, institutions and even different sectors of society.

Reproducibility and Trust: Transparency in research methods and results facilitates reproducibility, a fundamental pillar of scientific validation.

Innovation and technological advancement: Sharing data, materials and methods can stimulate innovation and technological advancement.

Public involvement: Making information available to the public in an accessible way can help them to participate in the scientific process, better understand the results and make informed decisions.

Resource Efficiency: Sharing resources, such as data sets, equipment and infrastructure, can increase efficiency in the use of resources.

Combating Fraud and Misconduct: Open science contributes to the detection of scientific misconduct, such as fraud and plagiarism. Transparency in research processes makes it easier to identify inappropriate practices and promotes a more ethical culture in the scientific community.

Rapid Adaptation to Global Challenges: Faced with global challenges such as pandemics, climate change and public health threats, open science allows for a faster and more coordinated response, involving scientists from different parts of the world in the search for solutions.

In short, open science is crucial to promoting a more transparent, collaborative and effective approach, contributing to the advancement of knowledge and responding to complex challenges. pen science

Research

[Research and Lusófona](#)

Lusófona University is the largest non-state funded university in Portugal. Lusófona University is located in the city centers of Lisbon and Porto. Since 1998, its objectives comprise "teaching and research in the various fields of science, culture and technologies, from an interdisciplinary perspective with a view to the development of the Portuguese-speaking countries and peoples".

[This portal](#) contains information about our research activities and outcomes including publications, projects and scientific activities.



UN Sustainable Development Goals

The 2030 Agenda for Sustainable Development, adopted by all United Nations Member States in 2015, provides a shared blueprint of global goals towards peace and prosperity for people and the planet, now and into the future. Click on a goal to the right to explore how U.Lisboa researchers and their work are contributing to sustainability.



SDG	Profiles	Research Outputs	Projects	Direct Link
SDG 1 – No Poverty	8	90	3	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_1
SDG 2 – Zero Hunger	2	152	1	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_2
SDG 3 – Good Health and Well-being	36	2	21	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_3
SDG 4 – Quality Education	58	711	40	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_4
SDG 5 – Gender Equality	24	464	8	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_5
SDG 6 – Clean Water and Sanitation	6	232	0	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_6
SDG 7 – Affordable and Clean Energy	5	633	1	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_7
SDG 8 – Decent Work and Economic Growth	12	538	5	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_8
SDG 9 – Industry, Innovation and Infrastructure	27	826	22	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_9
SDG 10 – Reduced Inequalities	29	451	32	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_10
SDG 11 – Sustainable Cities and Communities	26	754	10	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_11
SDG 12 – Responsible Consumption and Production	11	523	6	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_12
SDG 13 – Climate Action	6	281	3	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_13
SDG 14 – Life Below Water	3	150	2	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_14
SDG 15 – Life on Land	3	115	1	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_15
SDG 16 – Peace, Justice and Strong Institutions	40	777	18	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_16
SDG 17 – Partnerships for the Goals	13	409	16	https://research.ulusofona.pt/en/organisations?relatedTo=UN_SDG_17
total	309	7108	189	

Quality

The Lusófona University has, since its foundation, and in partnership with public and private entities, the principle that quality is essential to the pursuit of all its activities, as well as to its development in favor of a society increasingly dependent on the university education and science. The culture of quality must, therefore, prevail and be of particular and general interest.

Universidade Lusófona has framed the importance of quality and its management in all university agents, from students, teaching and non-teaching staff and partners. The Internal Quality Assurance System (SIGQ), developed at the University, has been evaluated and accredited by the Higher Education Assessment and Accreditation Agency (A3ES) since 2021.

Its also quality responsibility:

[Studies and Reports](#)

[Pedagogical Monitoring](#)

[Satisfaction Monitoring](#)

[Insertion of Graduates in Active Life/Employability](#)

[Training Efficiency Monitoring](#)

[Monitoring of School Success](#)

[Self Assessment Reports](#)

[Accreditations, Certifications and Recognitions](#)

[Rankings](#)

[Quality Indicators](#)

Strategic Plan 2025-2030

In 2025, the University approved its new [Strategic Plan 2025-2030](#) , which places sustainability as a structuring axis of its mission, integrating it with the pillars of innovation, inclusion, and digitalization. This plan guides the University toward a more integrated, resilient approach, committed to the 2030 Agenda for Sustainable Development.

Sustainable Development Goals (SDGs) and activities with SDGs

Lusófona University has strengthened its actions and commitments to several SDGs, including:

- **SDG 1 – No Poverty:**

On May 11, 2025, a [Solidarity Walk was organized](#) along the Marginal between Perafita and Leça, bringing together 290 participants. The event, which marked the 30th anniversary of the Porto Food Bank, had as its main objectives to collect food, recognize the work of partners, and strengthen the community spirit.

- **SDG 2 – No Hunger:**

Participation in the [UglyFruitsNOT! Project](#), which promotes conscious consumption and reduction of food waste, aligned with community actions for healthy and sustainable eating.

- **SDG 3 - Quality Health:**

Creation of a European Research Area focused on Human and Animal Health and Welfare. In partnership with health organizations, [Sports and Wellbeing Plans](#) for the entire educational community and families. In 2024, the [SPIC – Psychology, Innovation and Knowledge Service](#), which promotes psychological health, well-being and skills in the educational community and in the network of social and organizational partners.

- **SDG 4 - Quality Education:**

Promotion of “Education for All ” through [Educational Benefits \(Scholarships and Social Action\)](#) for students , staff, teachers and families; Scholarships , Excellence , Merit and for students from CPLP countries – Community of Portuguese Speaking Countries; [Public and Private Protocols and Partnerships](#). Development of new undergraduate courses in emerging areas, professional master's degrees, distance learning, and certified modular training funded by the PRR and Portugal 2020. Promotion of the [Lusófona X Platform](#) and a diverse offering of curricular units.

- **SDG 5 - Gender Equality:**

Creation of the [Gender and Diversity Plan 2021/2027](#), which addresses topics such as work-life balance, diversity in leadership, equality in recruitment and progression, integration of the gender/diversity dimension in research, and measures against prejudice and harassment .

- **SDG 6 - Drinking Water and Sanitation:**

Installation of a water reservoir that uses rainwater for sanitary purposes.

- **SDG 7 - Renewable and Affordable Energy:**

Installation of a [Self-Consumption Production Unit \(UPAC\)](#) which ensures the production of almost all electricity through photovoltaic panels.

- **SDG 8 - Decent Work and Economic Growth :**

Talent attraction, funding and research management, budget optimization, and implementation of effective academic and administrative processes. Research and innovation are promoted through [ILIND – the Lusophone Institute for Research and Development](#). Highlights include leadership in projects approved by the FCT, a large number of Erasmus Mundus courses, and participation in innovative European projects such as [FILMEU](#). Creation of quality and talent management services, improvement of spaces and equipment, mentoring programs and support for academic success.

- **SDG 9 – Industry, Innovation and Infrastructure:**

In 2025, Lusófona University defined [guidelines for the responsible use of Generative Artificial Intelligence \(IAGen\)](#), promoting ethics, transparency and academic rigor in the adoption of emerging technologies.

- **SDG 10 - Reducing Inequalities:**

Promoting integration into professional life, [internships](#), volunteering, involving students, teachers and staff in partnership with external organizations. Strengthening the [Play – Creative and Technological Incubator](#), with greater support for start-ups and projects by former students.

The University awards [merit and excellence scholarships](#), as well as tuition fee discounts, to students from CPLP countries; to employees of partner companies and their family members through collaboration agreements; and grants specific benefits to employees and their family members who are enrolled on courses at the university. Also have [Special Grants and Emergency Aid for Refugees](#) and have a [health benefits Plan](#) for Students, alumni, teachers and employees of Lusophone Teaching establishments

- **SDG 11 - Sustainable Cities and Communities:**

The university's two campuses are well situated and are central to all public transport networks

Lisbon Campi

How to get

The ULusófona Campi are located in the city centers of Lisbon and Porto with access to the entire public transport network and to the city center restaurants, bars, museums, theatres, cinemas and nightlife

 Plane Portela Airport	 Subway Campo Grande Station
 Bus Campo Grande 301, 331, 735, 736, 738, 790, 307, 768, 783	 Train Lusófona University is well-connected by train and the main station is located about a mile from the university (around 15 minutes on foot). Buses and the subway run frequently between the Lisbon and the university, and there are taxi rank outside the station.
 Car North A1 > 2ª Circular > Campo Grande South A2 > Ponte 25 de Abril > Eixo Norte Sul > Campo Grande A2 > Ponte Vasco da Gama > 2ª Circular > Campo Grande West A8 > Calçada de Carniche > Campo Grande Coastal A5 > 2ª Circular > Campo Grande	



Traveling to the ULusófona University Lisbon Campus.

Porto Campi

How to get

The ULusófona Campi are located in the city centers of Lisbon and Porto with access to the entire public transport network and to the city center restaurants, bars, museums, theatres, cinemas and nightlife

 Plane Francisco Sá Carneiro Airport	 Subway Line D / Orange Lines B and C
 Bus Batalha 200, 201, 202, 207, 301, 303, 305, 400, 500, 600, 800, 901, 904, 905 e 906	 Train São Bento Station
 Car A6 > Lisboa > Porto (Sportingues Porto (Heirol)) A5 > Vila Nova > Porto (Baptistas Porto / Arcas / Fressol) AA > Amarante Porto IC 1 > Caminha Porto C3 > IC 24 Porto	



Traveling to the ULusófona University Porto Campus.

The campus is part of Lisbon's electric and environmental mobility project, with a bicycle park and two fast-charging stations for electric vehicles.

Further information on the campuses, facilities, services and support can be found in the [welcome guide](#)

- **SDG 12 – Responsible Consumption and Production:**

Implementation of projects and actions that [promote change in attitudes and behaviors](#), encouraging the use of digital platforms, [dematerialization of services](#) and [energy savings](#).

- **SDG 13 - Climatic Action:**

Creation of [recycling points](#), training in waste [management and separation](#), encouraging the use of reusable bottles and promoting the consumption of public water with [community involvement](#).

- **SDG 14 – Life Below Water**

Lusófona University participates in the [European Free LitterAT Project](#), coordinated by Interreg Atlantic, which investigates the presence of macro and microplastics in Atlantic coastal areas and develops mitigation strategies.

- **SDG 15 – Protecting Life on Land :**

In 2025, Lusófona University – Porto University Center organized the [International Blended Intensive Program](#) on rural fire prevention, promoting the sustainable use of technology in the protection of ecosystems.

- **SDG 16 - Peace, Justice and Effective Institutions :**

Implementation of a [Code of Ethics that guides the behavior and social well-being](#) of the academic community, [Internal Complaints Channel](#) to guarantee institutional integrity and a [Student Ombudsman to](#) resolve [educational and](#) administrative issues.

- **SDG 17 - Partnerships for the Implementation of the Goals:**

Promoting the link between teaching, innovation and research, with the transformation of organizational units into teaching, research and community service units, aligned with the European agenda focused on health, inclusive education, culture, innovation and [open science](#).

Strategic Objectives 2026/27

For the next year, Lusófona University has defined the following main goals:

- Integration of professors from all faculties, schools and the International Relations Service in the committee;
- Creation of a common activity plan for 2027;
- Adjustment and inclusion of the SDGs in cultural activities, events, projects, lifelong learning courses and degree programs;
- Create a new website with more inclusive values;
- more students activities;
- more work-life balance;
- more collaboration.

Conclusion

In 2025/26, Lusófona University reaffirms its role as a higher education institution committed to social and environmental transformation. The consolidation of sustainable practices, active community participation, and the integration of sustainability into the educational plan demonstrate our commitment to a university that is increasingly green, supportive, and prepared for the challenges of the future.

Cultural Activities

Lusófona University's cultural activities play a fundamental role in fostering creativity, engaging the academic community, and valuing artistic and cultural diversity. In 2025, several initiatives stood out, reinforcing the University's role as a space for cultural production, enjoyment, and reflection.

[Museums Go to ULusófona / ULusófona Goes to Museums](#)

"**Museums Go to ULusófona**" / "**ULusófona Goes to Museums**" initiative promoted collaboration opportunities between Portuguese museums and Lusófona University. The session, specifically aimed at professors and students in the fields of Cinema, Animation, Video Games, Sound Sciences and Technologies, Communication Sciences, Fashion Design, Visual Arts Education, Communication in Organizations, and Media Arts, aimed to foster strategic partnerships.

During the event, museum institutions presented proposals focused on developing joint projects, creating content for permanent and temporary exhibitions, defining research themes, and identifying collaborative funding opportunities.

The session also marked the official launch of the [CICANT Crea-Heritage Lab](#), a new laboratory dedicated to the innovative promotion of Cultural Heritage.

[Over & Out 2025](#)

Over **& Out** is an annual event of celebration, socializing, and sharing talents, which is renewed with each edition to provide unique experiences for students, faculty, and the academic community.

The 2025 edition, held between **July 7th and 10th**, included a wide range of activities spread across various spaces on campus, promoting the exhibition of academic and artistic work developed throughout the year.

The event highlighted the creativity and dedication of students and faculty, reaffirming the University's commitment to pedagogical excellence, the appreciation of artistic expression, and the strengthening of community spirit.

[Fernando Lopes Cinema](#)

The **Fernando Lopes Cinema Room** , located on the Campo Grande Campus, is a dedicated film screening facility integrated into the **Department of Cinema and Media Arts (DCAM) activities**. Equipped with DCP digital projection technology and 7.1 sound, the room reinforces the educational component in the fields of cinema and multimedia arts.

A partnership with Leopardo Filmes allows for festivals, retrospectives, and themed sessions open to the public, fostering a dynamic connection between the University and society.

[FilmEU Film Club](#)

The **FilmEU Film Club** is a joint initiative between Lusófona University, **IADT (Ireland)** , **LUCA School of Arts (Belgium)**, and **Tallinn University (Estonia)**. This regular program offers students international film screenings followed by informal discussions with guests and participants of various nationalities.

The sessions promote contact with cinematographies from different cultures, encouraging sharing between partner institutions of the **FilmEU network** .

[Great Artists on Campus 3](#)

The third edition of the **Great Artists on Campus cycle** , organized by **DCAM** , brought to the University some of the most relevant names in contemporary art, both national and international.

The monthly conferences provided opportunities for direct contact between the academic community and artists, curators, and thinkers in the fields of visual arts, cinema, music, and urban culture, reinforcing the connection between artistic practice and critical thinking.

Support Links and Evidence :

- [Lusófona University News](#)
- [Lusófona University Research](#)
- [Event at Lusófona University](#)

Health and Wellness Activities

At a time when promoting mental, physical, and relational health has become a priority across society, Lusófona University reinforces its commitment to the well-being of its academic community. Through the regular organization of various activities and initiatives aimed at students, faculty, researchers, staff, and the general public, moments of balance, sharing, and personal development have been promoted, with a focus on prevention and holistic health.

Through [SPIC – Psychology, Innovation and Knowledge Service](#), the University offers specialized psychological care, reinforcing its commitment to comprehensive well-being.

These initiatives are aligned with the UN Sustainable Development Goals, in particular SDG 3 – Good Health.

Activities:

Example of Structure to be followed:

[SPOOKY PARTY](#)

Since Lusófona University is also a place for socializing, this year we're challenging your spooky creativity to join the Lusófona University Spooky Party. Come celebrate Halloween with us.

October 31, 2023

[Biodanza Session](#)

Biodanza is a human development system that promotes personal and social health and well-being. Biodanza is practiced regularly with weekly classes in heterogeneous groups. People from different backgrounds, with different training and ages, meet once a week to "refresh" their week with joy and enthusiasm. Due to the heterogeneity of the groups, Biodanza impacts various social areas through the effects it has on its practitioners. There are other ways to practice Biodanza, such as in specific groups. For instance, in business environments, Biodanza can foster well-being among people. Biodanza operates on the principle that establishing good relationships creates individual well-being, not the other way around. Relationships with good communication, assertiveness, boundaries, and clarity are highly likely to be healthy. It's not about liking everyone and being polite but about feeling well, even with those you like less. Biodanza in companies is an excellent way to reduce tensions, harmonise relationships, increase self-confidence and motivation, and enhance personal and professional self-esteem. How is all this achieved in Biodanza classes? That is the great mystery we will only discover by experiencing it. So, here is your invitation.

11.04.2024

All evidence at <https://www.ulusofona.pt/en/green-lusofona/health-and-wellness>

Courses

Bachelor's degrees

[Bioeconomy and Circular Technology](#)

This pioneering degree program in Portugal prepares professionals with interdisciplinary training in biotechnology, the environment, and economics. It promotes the implementation of a sustainable and circular bioeconomy, aligned with European priorities. The program includes an ERASMUS+ partnership with the Hochschule Trier (Germany), promoting international mobility and the exchange of best sustainable practices.

Master's degrees

[Artificial Intelligence for Sustainable Societies \(Erasmus Mundus\)](#)

A joint international program that integrates sustainability, artificial intelligence, and citizen participation. Students acquire skills in data science, participatory design, and ethical analysis of digital technologies. The course promotes data-driven decisions and sustainable solutions with positive social impact, from a multidisciplinary and intercultural perspective.

[Smart and Sustainable Energy Systems](#)

This master's degree focuses on training professionals capable of meeting the challenges of the energy transition. It covers areas such as renewable energy, decarbonization, digitalization, energy markets, and artificial intelligence. With a strong interdisciplinary component, the program combines technological innovation and sustainability, preparing specialists to lead the transformation of the energy sector.

[Imaterial Cultural Heritage](#)

The concept of Intangible Cultural Heritage (ICH), which has been promoted, above all, in the 21st century, with the UNESCO Convention (2003), ratified by Portugal in 2008, as its main reference, lacks a better educational framework. It is this serious gap in important sectors of

national activity that the Master's Degree in Intangible Cultural Heritage now aims to fill. Thus, this Master's Degree aims to respond to the lack of scientific-technical training faced by cultural councillors, senior technicians in museums, libraries, tourism and cultural heritage services, associations defending cultural heritage, folklore groups and other institutions and people involved in safeguarding and enhancing ICH.

Postgraduate Studies

[Sustainable Management in Health](#)

This postgraduate program combines technical knowledge with an ethical and sustainable vision of healthcare management. It addresses topics such as quality, efficiency, patient well-being, and the sustainability of healthcare systems. It is designed for healthcare managers and professionals and is offered in an after-work format.

[Sustainability in Waste Management – Specialization in Biowaste](#)

This specialized course addresses the challenges posed by PERSU 2030 and the transition to more sustainable waste management systems. It trains technicians and managers in the valorization and optimization of biowaste collection and treatment, with an applied approach focused on real-world solutions.

[Decarbonisation of Maritime Transport: Future Strategies and Technologies](#)

The course offers solid training for an integrated perspective on the maritime transport sector. Structured in modules, it covers topics such as decarbonisation, alternative fuels, energy transition, emerging technologies (AI, big data, blockchain), and ESG indicators, aligning with the SDGs. Its multidisciplinary nature allows for a more comprehensive analysis of the sector's dynamics, addressing economic, social, environmental, and logistical challenges, and combining propulsion systems engineering with broader industry issues. The course offers flexibility,

allowing participants to choose the path that best suits their needs and interests, with the option of pursuing a postgraduate degree or microcredentials.

Free Training

[Sustainable Management of Audiovisual Production – Green Consultants](#)

This training is aimed at professionals in the audiovisual sector who wish to apply sustainable practices in the pre-production, filming, and post-production phases. Inspired by the model of the University of Medien Stuttgart, it prepares consultants to lead the green transformation in the creative industries, promoting carbon neutrality and energy efficiency in film productions.

Training Actions and Workshops

Between 2023 and 2025, Lusófona University hosted a wide range of training activities, lectures, conferences, and workshops for the academic community and society at large. These initiatives demonstrate the institution's commitment to Education for Sustainable Development and address important topics such as Health, the Environment, Citizenship, Technology, Innovation, and Social Inclusion.

Production , namely Book Publishing

[PURE - Central Scientific Management Platform of Lusófona University](#)

Lusófona University has implemented PURE, a Current Research Information System (CRIS), which stands out for its ability to organize and promote the scientific production of its researchers and research teams. PURE is an innovative tool that allows the creation and management of curricula, covering scientific publications, projects, and activities at various levels—from the individual to the university as a whole.

What is PURE?

[PURE](#) is a platform that centralizes all information related to Lusófona University's scientific output. Researchers can independently create and update their profiles, providing an integrated view of their contributions and interactions with other content. Furthermore, the system organizes information hierarchically, offering reports and management tools at both the individual and institutional levels.

Features and Benefits

PURE offers researchers a number of advantages, such as the ability to integrate their publications into the open access system. This facilitates the automatic submission of articles to RUN (National University Repository) and OpenAIRE, promoting visibility and compliance with open access requirements for scientific publications.

Furthermore, PURE is fully compatible with ORCID, allowing data to be exported between the two platforms and facilitating the management of researchers' CVs. Integration with Ciência Vitae, the national CV management system, further enhances this interconnection by automating profile updates and data sharing between the platforms.

Coordination and Participation in National and International Research and Development Projects

[ILIND - Lusophone Institute for Research and Development](#)

Scientific research is one of the fundamental pillars of the activities carried out by COFAC's educational institutions. To coordinate research with teaching, **ILIND—the Lusophone Institute for Research and Development** —was created as a research-focused unit.

Main Objectives:

- Promote Research and Development (R&D) initiatives and disseminate knowledge in various scientific areas;
- Coordinate and systematize the activities of the R&D units of the aforementioned educational institutions, ensuring the process of preparation, submission and management of projects, as well as support to individual researchers;
- Coordinate R&D and advanced training processes, particularly in terms of doctoral programs, based on common scientific areas;
- Promote scientific exchange with institutions and researchers, both national and international;
- Ensure adequate logistical and financial resources for the execution of R&D activities;
- Promote the submission of interdisciplinary projects involving different research units;
- Create scientific, cultural and community service extension networks.

Research and Development Projects

(Organized in alphabetical order)

[Innovative Teaching/Learning Approaches](#)

Ref.: 2021-1-RO01-KA220-SCH-000030265

[ALERRT - Autism on the Line!](#)

Ref.: 2020-1-ES01-KA202- 082056

[Aqua-Synapse](#)

Ref.: 101086453

[ARTDICO - Art, Digitality and Corona: Digital Narratives for People with Low Digital Literacy](#)

Ref.: 020-1-DE02-KA227-ADU-008015

[ÁGORA – Encounters between the City and the Arts: Exploring New Urbanities](#)

[Collective Evaluation of Design- Oriented Doctoral Training](#)

Ref.: 2019-1-SI01-KA203-060565

[Good Practices in Health and Policies during the Pandemic and Refugee Integration](#)

Ref.: 2021-2-TR01-KA220-VOCÊ-000050184

[C3PLACES – Information and Communication Technologies in the Co-creation of Inclusive Public Spaces](#)

[CATCHER - Moisture to Electricity Conversion](#)

Ref.: 101046307

[CEAR – Community Involvement in Radicalization Prevention](#)

Ref.: ISFP 871078

[CriThink – Critical Thinking Academy for Active Seniors](#)

Ref.: 2019-CZ01-KA204-061149

[Cyanotypes](#)

Ref.: 101056314

[CyberSecPro – Professional Training in Cybersecurity](#)

Ref.: 101083594

[CYBER - Joint Master's Degree in Cyberspace , Behavior and e - Therapy](#)

Ref.: 101048710

[From Tradition to Innovation in Teacher Training Institutions](#)

[Debaqi- Factors Promoting Dialogue and Healthy Behaviors in Digital School Communities](#)

Ref.: DSAIPA/DS/0102/2019

[Development of a Digital Internship Model and its Higher Education Support System](#)

Ref.: 2021-1-LV01-KA220-HED-000029472

[Development and Sharing of the \(E\) Skills of Language Teachers for Adults](#)

Ref.: 2020-1-EE01-KA104- 077624

[DIGIMI - Digital Narratives for Migrant Integration](#)

Ref.: AMIF 957777

[DING - Group Dynamics: A Future for Young People](#)

Ref.: 2020-3-ES02-KA105-016067

[DIS-COTECH – Digital Inclusion and Technological Literacy for Adults](#)

Ref.: TR01-KA210-ADU-000050226

[DOCNOMADS – European Master's Degree in Documentary Filmmaking](#)

Ref.: 86513-EPP-1-2017-1-HU-EPPKA1- JMD-MOB

[DOE - GREEN IT for Professional Education and Training Providers](#)

Ref.: 2021-1-FR01-KA220-SCH-000031526

[DREAM – Distance Learning and Remote Education to Reach More People](#)

Ref.: 2021-1-FR01-KA220-SCH-000029887

[ECOHERITAGE - Ecomuseums as a Collaborative Approach to the Recognition , Management , and Protection of Cultural and Natural Heritage](#)

Ref.: 2020-1-ES01-KA204- 082769

[Accessible Education](#)

[Burnout Education, Standards and Digital Tools for European Higher Education Institutions](#)

Ref.: 2020-1-RO01-KA203-080261

[EMF ² - European Masters in Football](#)

Ref.: 101050896

[EPH-FEM-PI - Exploring Ephemeral Feminisms on Instagram in Portugal](#)

Ref.: 101059460

[EQUIPMENT PERFORMANCE](#)

Ref.: PTDC/CVT-CVT/32613/2017

[Open Science School with Family Involvement](#)

Ref.: 2019-1-FI01-KA201-060724

[Online School Guidance Services](#)

Ref.: 2021-1-ES01-KA220-SCH-000027797

[Falsifying the System : Tools of the European Union Against Disinformation](#)

Ref.: 2020-3-IT03-KA205-019960

[Digital Mentoring Tool to Combat School Dropout](#)

Ref.: 2020-1-RO01-KA201- 080088

[FILMEU_RIT - Research | Innovation | Transformation - European University of Film and Media Arts](#)

Ref.: 101035820

[Distance Learning Training for High School Teachers: Visual Thinking as a Tool for Teaching Digital Skills to Students with Autism Spectrum Disorders \(ASD\)](#)

Ref.: 2020-1-PT01-KA226-SCH-094961

["Ugly" Fruits and Vegetables...NO! – Food Waste Awareness](#)

Ref.: 2021-2-PL01-KA220-VET-000050880

[GBL4deaf – Game - Based Learning for Students Deaf](#)

Ref: LISBOA-01-0145-FEDER-032022

[HULK - Functional Chloroplasts in Animal Cells: Solution to a Biological Puzzle](#)

Ref.: 2014-PTDC/BIA-ANM/4622/2014

[Professional English Skills for Employability in the European Union](#)

Ref.: 2020-1-UK01-KA202- 079035

[HYGIEIA - Promotion Health and Well - being Throughout Life](#)

Ref.: 101049786

[iAware - Innovative Digital Education Program for Adults](#)

Ref.: 2019-1-PL01-KA204-065601

[Innovative Platform for Teaching Languages to Adults](#)

Ref.: 2018-1-PL01-KA204-050784

[ID GAMES - Co-Creation of Assistive Games for People with Intellectual Disabilities with a View to Their Social Inclusion](#)

Ref.: 2019-1-EL01-KA204-062517

[iDEAL - Immersive Virtual Reality to Support People with Autism in Change Management](#)

Ref.: 2020-1-DK01-KA204- 075052

[Identity and Otherness in Counter-Reformation Architecture in Portugal](#)

[INTRO - Introduction to Digital Learning](#)

Ref.: 2020-1-FR01-KA202-079814

[ISAAC - International Student Action for Adapting Cross - Cultural Activities](#)

Ref.: 2020-1-PL01-KA203-082267

[Kino Eyes - The Masters of European Cinema](#)

Ref.: 619799-EPP-1-2020-1-PT-EPPKA1-JMD-MOB

[School Leadership Toolkit](#)

[Lingo+ - Alliance for Multilingual and Multicultural Competence for Teachers](#)

Ref.: 2020-1-UK01-KA201-079026

[Montessori Method in Second Language Teaching for Adults – Training Module](#)

Ref.: 2019-1-TR01-KA204-074258

[MILT – Media Literacy for Living Together](#)

Ref.: LC-00865164

[Innovative Photodetector Module for Advanced Hybrid Magnetic Resonance Imaging/Positron Emission Tomography Scanners in Nuclear Medicine](#)

[Integration of Digital Learning Skills into the Educational Curriculum](#)

Ref.: 2020-1-CZ01-KA201-078315

[MOVE4FUN – Promoting Physical Exercise Through Gamification](#)

Ref.: 101050871

[Slow Food Movement - The Way How We Do It Matters](#)

[MuSEAum - Sea Museums in Portugal](#)

Ref.: LISBOA-01-0145-FEDER-029755

[Change and STEM Education in the Classroom](#)

Ref.: 2022-1-SE01-KA220-SCH-000088059

[NOTÁVEL – Training for Excellence in Education and Culture](#)

Ref.: 101086387

[New Steps , Safe Future – Project for Social and Professional Integration of Young People](#)

Ref.: 2022-1-PT02-KA220-VOCÊ-000087351

[New Detector Concept for Medical Gamma Probe](#)

[The Place of Intangible Cultural Heritage in Educational Processes](#)

[The Myth of Innocence - A Mixed Approach to Understanding Sexual Violence Perpetrated by Women](#)

[Organization of European Mobility for the Training of Social Mediators](#)

Ref.: 2021-1-FR01-KA210-VET-000034526

[PhytoAPP - Innovative Water-Soluble Phytomolecular Inhibitors for the Treatment of Alzheimer's and Parkinson's Disease](#)

[baseRiU Platform – Urban Rivers as Blue-Green Knowledge Infrastructures](#)

[Preventing School Bullying Through the Creation of an Early Prevention Program](#)

Ref.: 2021-1-PL01-KA220-SCH-000032708

[EWALD Project](#)

Ref.: 101086250

[FOODSENSE Project – Sensory Education and Nutrition for Children](#)

[M-SMART Project – Mobile Solutions for Smart Education](#)

[S SHARE Project - Self-Sufficient Humidity System for Electricity Generation with Radiant Adsorption for Zero Net Energy Buildings](#)

Ref.: H2020-MSCA-RISE-2019

[Designing the Future - Educational Strategies for the Development of Transversal Skills](#)

Ref.: 2021-2PL01-ka220-sch-000049796

[Sustainable Protection of Indoor Air Quality in Public and School Buildings](#)

[RE:ANIMA - Joint European Master in Animation](#)

Ref.: 610566-EPP-1-2019-1-PT-EPPKA1-JMD-MOB

[European Network of Craftsmen – Valorization and Cooperation in Traditional Crafts](#)

Ref.: 2020-1-IT02-KA204-079128

[Rethink Before You Act – Alternative Narratives to Violent Extremism](#)

Ref.: ISFP 812576

[RestART Europe - Mentoring for Second Chance Women Entrepreneurs in the Creative and Artistic Sector](#)

Ref.: 2021-1-DE02-KA220-ADU-000033726

[No Barriers to Employment – Inclusion of Adults in Vulnerable Situations](#)

Ref.: 2022-1-SE01-KA220-ADU-000089826

[Assessment Tools for e-Inclusion in Higher Education](#)

Ref.: 2022-1-SI01-KA220-HED-000088368

[INTEGRATIVE CONSTRUCTION SYSTEMS - iOnT](#)

[SOS Clima Beira-Mar – Climate Change Mitigation Strategies in Coastal Areas](#)

Ref.: 823901

[STEAMing - Increasing Sustainability Through the Sustainable Development Goals](#)

Ref.: 2021-1-SE01-KA220-SCH-000023584

[Contemporary Teaching and Learning Techniques for Distance Education](#)

Ref.: 2020-1-TR01-KA226-SCH-098489

[Film Term – Teaching Film and Education for Visual Literacy](#)

Ref.: 2018-1-EE01-KA203-047130

[Psychosocial Skills Training for Young People at Risk](#)

Ref.: 2020-3-PL01-KA105- 094764

[EU4EU – Mobility for Higher Education in the European Area](#)

Ref.: 2021-1-PT01-KA131-HED-000010084

[See Me, Hear Me – Promoting Artistic and Intercultural Expression among Young People](#)

Ref: 2022-1-PT02-KA220-VOCÊ-000087351

In the Media

[Direct Without Coffee \(Podcast\)](#)

Direta Sem Café is a podcast promoted by Lusófona University that offers a space for informal, dynamic, and engaging conversations. In an accessible and inclusive format, it explores everyday topics that have a direct impact on society, sustainability, and individual and collective well-being.

Throughout the episodes, students, faculty, researchers, and external guests share stories, experiences, and reflections on topics such as culture, citizenship, mental health, inclusion, the environment, innovation, and technology. These conversations bring the University closer to the community, stimulate critical thinking, and promote engagement with contemporary social and environmental challenges.

Through diverse voices and real experiences, Direta Sem Café establishes itself as an accessible knowledge platform, aligned with Universidade Lusófona's values of sustainability, transformative education, and social responsibility.

Featured Episodes:

[EP2 – Making a Difference, People and Promotion Well-being with Hélia Bracons](#)

Experience as director of the Undergraduate Program in Social Work.

[EP3 - Educational Video Games, Teamwork and Internship with Catarina Matias](#)

Creating accessible video games for children and people with disabilities.

[EP4 - Human Being, Professional Experience and Helping the Community with Maria Morais](#)

The value of vocational training and community work.

[EP8 - Impact of War, Empathy and Collaboration with Sabrina Medeiros](#)

Student experiences in times of conflict and the role of empathy.

[EP9 - Physical Activity, Health and Well-Being with Marlene Silva](#)

Strategies for a healthy and active lifestyle.

[EP14 - Choosing a Biochemistry Course, Coming from Angola and Changing Teaching Methods with André Tamako](#)

From his native Angola to his academic journey at ULusófona.

[EP15 - Self-Care, Barriers and Improving Habits with Isabel Santos and Ana Beato](#)

Challenges of self-care and creating healthy habits.

[EP16 - Burnout, Prevention and Seeking Help with Tânia Gaspar and Ana Loureiro](#)

Identification of warning signs and prevention strategies.

[EP17 - Distress, Sexual Pleasure, Well-Being, Sexology and Multidisciplinarity with Patrícia Pascoal](#)

Sexology as a promoter of emotional and sexual health.

[EP18 - Youth Mental Health, Uncertainty and Stigmas with Tânia Gaspar and Teresa Mendes](#)

What do we know about the psychological well-being of youth?

[EP19 - Traumas, Changes in Brain Structure and Symptoms with Bruno Faustino](#)

Complex emotional impacts on brain function.

[EP20 - Climate Change, Impacts and Importance of Raising Awareness with Cândida Rocha](#)

The human impact on the planet and the urgency of action.

[EP21 - Resource Management, Water Consumption and the Agricultural Sector with Carina Almeida and Hilda de Pablo](#)

Solutions for efficient water use.

[EP22 - Extreme Phenomena, Civil Engineering and Vulnerable Structures with Elói Figueiredo](#)

Impact of human action on infrastructure and the environment.

[EP23 - Europe Day, History, Advantages and Institutions Involved with Jorge Botelho Moniz](#)

The historical and political importance of the date.

[EP25 - Clothing Production and Environmental Concerns with Alexandra Cruchinho and Luíz Sanchez](#)

Fast fashion and the environmental challenges of hyperconsumption.

[EP28 - Technology in Teaching, Artificial Intelligence and Digital Tools from ULusófona with Diogo Mateus](#)

The integration of Artificial Intelligence in Higher Education.

[EP32 – AI Regulation, UN Statement, Autonomous Weapons with Luís Campani](#)

The first statement by a Lusófona University student at the United Nations.

[EP35 - Sensors in Health, AI and Innovative Projects with Tiago Reis](#)

Technological applications in the health sector.

[EP38 - Ocean Pollution, Marine Life Protection, Sustainability with Gonçalo Calado](#)

Threats to biodiversity and marine sustainability.

[EP39 - Human and Animal Well-being, the Owner-Animal Relationship with Rute Teixeira](#)

The relationship between humans and their companion animals.

[EP49 - Risk Analysis, Science and Societal Challenges with Rui Gaspar](#)

The contribution of science to contemporary society.

[EP53 - Advances, Operation SAAL and the 25th of April Bridge with Elói Figueiredo](#)

The legacy of engineering in post-April 25th Portugal.

[EP54 - Disability, Social and Educational Inclusion with Maria Odete Emygdio](#)

Education as the key to an inclusive society.

[EP57 - Paths, Places and Moments of the Revolution with Marco Noivo](#)

The importance of tourism in preserving historical memory.

[EP71 – Green Economy, Climate Change and Social Challenges with Renato Santiago](#)

The ecological transition and its social implications.

[EP72 – Diets, Restrictions, Balance and Well-Being with Antônio Palmeira](#)

Myths and truths about nutrition and healthy lifestyles.

[EP73 - Eating Disorders: Physical, Mental and Social Health with Isabel Santos](#)

Prevention and warning signs of eating disorders.

[EP74 - Nutrition: Habits, Disease Prevention and Aging with Cíntia Pego](#)

Food as a promoter of health and longevity.

[EP75 - Nutrition, Sports Performance and Supplementation with Mônica Sousa](#)

Balanced diet and impact on physical and mental performance.

[EP76 - Eating Disorders: Treatment and External Support with Ana Isabel Vieira](#)

Therapeutic approaches and the importance of the support network.

[EP77 - Success x Determination, Balancing Studies and Football with Pedro Seguro](#)

Balancing professional football and studies at Lusófona University.

[EP81 - Tourism, Sustainability and Innovation with Artur Araújo](#)

Good practices and international agreements.

[EP82 - Tourism, Education and the Future with Isabel Marques](#)

The contribution of education to the transformation of the tourism sector.

[Let's SPIC About \(Podcast\)](#)

Let's SPIC About... is an initiative launched at the end of 2024 by Universidade Lusófona, driven by [SPIC – Psychology, Innovation and Knowledge Service](#).

The podcast brings together researchers, faculty, and students to discuss key topics in well-being, mental health, and human development, connecting them with the Sustainable Development Goals (SDGs) and active citizenship. In an informal and accessible format, they share real-life experiences and practical tools that promote emotional balance and community engagement.

Episodes:

[EP 1 - Let's SPIC About... Physical Exercise with Susana Cordeiro and Ricardo Rodrigues](#)

Discussion on the transformative impact of physical activity on personal and professional well-being.

[EP 2 - Let's SPIC About... Mentoring w/ Paula Paulino and Helia Bracons](#)

The importance of tutoring in academic trajectory and personal development, highlighting active listening and empathy.

[EP 3 - Let's SPIC About... Nutrition: Body and Mind in Balance](#)

Discussion about healthy eating and its impact on physical and psychological health, with the participation of experts and students.

[EP 4 - Let's SPIC About... Exercise and Research with Antonio Palmeira](#)

Leadership strategies in sports and creating healthy and motivating academic environments.

[EP 5 - Let's SPIC About... Human Relations with Rui Marques and Ana Beato](#)

The role of interpersonal relationships in mental health and well-being, with a focus on empathy and self-awareness.

Interviews

The Lusófona University campus is filled with faces that mark the academic and personal journeys of students, professors, researchers, and professionals.

Thematic interviews give a voice to the Portuguese-speaking community and special guests, revealing unique perspectives on topics relevant to society, education, sustainability, and global well-being. These conversations delve deeper into experiences, visions, and inspiring journeys, fostering critical thinking and active citizenship.

Featured Episodes:

[Peter Katzmarzyk and José Maia: Advances in Exercise Science, Health, and Obesity Prevention](#)

An interview with experts Peter Katzmarzyk and José Maia about the ISCOLE and RUSH projects, which research physical activity, combating sedentary lifestyles, and promoting public health among children and young people.

[Jorge Botelho Moniz: The Importance of Youth Participation in the European Elections](#)

A reflection on the vital role of youth in Europe's political future and the need for civic engagement in the decisions that shape the world.

[Mark Williams: Psychology and High Performance Sport](#)

Professor of Clinical Psychology at the University of Oxford, he explores the relationship between psychology, training and performance optimization in athletes and health.

[Alexandra Vilela: Impacts of the New European Directive on Violence and Crime](#)

She holds a PhD in Law and is a professor at Lusófona University. She analyzes the legal and social changes introduced by the new European directive, focusing on combating gender-based violence and protecting victims.

[Rudi Roose: Reflections on the Future of Social Work](#)

A professor at Ghent University shared the main challenges and transformations in the market at Lusófona University, outlining paths for future Social Service professionals.

[Maria Caiado: Wildlife Veterinary Medicine](#)

An inspiring insight into the role of veterinarians in wildlife conservation and in educating generations to be mindful of protecting biodiversity.

[Margarida Cardoso: Reflections on History, Cinema and Social Justice](#)

Award-winning filmmaker and professor at Lusófona University discusses colonial memories and the role of cinema in recovering forgotten narratives, promoting dialogue between history, art, and social justice.

[Swami Jyothirmayah: Benefits of Meditation on Mental Health and Overall Well-Being](#)

Meditation as an essential tool for reducing stress, promoting emotional balance, and strengthening a full and harmonious life.

[Sandro Maximiliano: Lusófona University Surf Club](#)

A representative of the Lusófona University Surf Club highlights the initiative's role in training athletes and coaches. Through structured programs, workshops, and partnerships, the club promotes technical development, inclusion, and innovation in the sport.

[Marta Paço: Adapted Surfing Portuguese](#)

World champion in adapted surfing, Marta shares her journey as a visually impaired athlete, the importance of resilience and the impact of institutional support, as well as discussing inclusion in universities and her goals for the Paralympic Games.

[Artemisa Rocha: Benefits and Harms of New Technologies in Digital Health](#)

A neuroscience researcher, she warns about the risks of digital dependence, highlighting the urgent need for balanced and informed regulation in the field of digital health.

[Conversations About ... Research and Projects](#)

In **Conversations About...**, we give voice to the research and science produced at Lusófona University. In each episode, we share innovative projects and study results developed by researchers who actively contribute to the advancement of knowledge in areas such as health, technology, education, the environment, sustainability, and social inclusion.

These conversations highlight the real impact of science on people's lives, revealing how applied research and interdisciplinary collaboration can build a more just, informed, and sustainable future.

Featured Episodes:

[GAENEE Office: Support for Students with Special Educational Needs](#)

Learn about the support services provided by Lusófona University for students with special needs and the projects that promote inclusion in higher education.

[Catcher Project: Transforming Air Humidity into Renewable Energy](#)

Pioneering research exploring the potential of atmospheric humidity in generating clean energy.

[HEI-Lab Project: A New Model for Studying Empathy](#)

An innovative approach that studies empathy through the relationship between body and brain, at the intersection of neuroscience and psychology.

[Aqua Synapse Project: Deuterium-Poor Water and Its Health Benefits](#)

Research into the possible effects of this special water on preventing disease and improving well-being.

[ALERTES Project: Preventing Desertification at the Borders of the European Union](#)

European early warning system for soil degradation, led by researchers from Lusófona University.

[BIOMATNANO4AD Project: Nanotechnology for Atopic Dermatitis](#)

Development of innovative and sustainable therapeutic solutions for skin diseases.

[APTA Project: Post-Covid-19 Physical Fitness](#)

Assessment of the impact of the pandemic on physical health and promotion of healthy habits.

[Anti-Mask Project: Dialogues Against Racism and Inequality](#)

Award-winning project that promotes inclusive practices and combats prejudice in educational and community contexts.

[“The Panorama of Congo” Project: Immersive Cultural Heritage Exhibition](#)

Immersive media project that digitally reconstructs Congolese culture by exploring colonial archives.

[TechMap Project: Digital Literacy in Portugal](#)

Study of digital proficiency in different age groups and social and educational implications.

[Debaqi Project: Healthy Dialogues in Schools](#)

Partnership with the School Library Network to promote citizenship, ethics and critical thinking.

[PISA Project: International Student Assessment](#)

Reflections on the results of the PISA program and the implications for education in Portugal.

[Dissertation on Sexual Harassment in Higher Education](#)

Study by a student at Lusófona University that gained media attention for its impact and social relevance.

[Digital Influencers Project: Advertising Practices on Social Media](#)

Analysis of transparency in commercial partnerships of digital influencers in Portugal.

[VDCrime Project: Support for Families of Victims of Domestic Violence](#)

Development of complementary solutions to the judicial system, focusing on family protection and support.

[Visual Cosmologies Project: Design, Archive and Heritage](#)

Collaborative research with the Gulbenkian Foundation that proposes new interpretations of historical archives through design.

[PURE Platform : Scientific Production Management](#)

Digital tool that centralizes the scientific production of Lusófona University and promotes open access to knowledge.

[AGRRIN Project: Racial Justice and Decolonial Education](#)

research on inclusive and decolonial practices in educational and museum spaces.

[Borba Tex Project: Sustainable Fashion from Winemaking Waste](#)

Creation of an innovative biopaste with grape by-products for the sustainable design industry.

[Free LitterAT Project: Combating Marine Plastic Pollution](#)

European initiative that monitors micro and macroplastics in Portuguese coastal areas.

[YoPA Project: Youth Health with Active Participation](#)

International project where adolescents lead community health interventions in four global cities.

[Campanhã in Tune Project: Creative Education with the Community](#)

Social inclusion initiative that focuses on artistic expression as a tool for community transformation.

[Project Remind: Inclusive Design for Dementia](#)

Creating practical and empathetic solutions to improve the quality of life of people with dementia.

[BuildingAdapt Project: Climate Adaptation of Infrastructures](#)

Assessment of the resilience of building A of Lusófona University and proposal of sustainable solutions.

[Bergolis Project: Virtual Reality in the Treatment of Phobias](#)

Use of immersive technologies for psychological therapies of specific phobias.

[YouNDigital Project: Youth, News and Media Literacy](#)

Study on the information consumption habits of Portuguese youth and the challenges of digital citizenship.

[iLOX Project: New Inhibitors for Breast Cancer](#)

Identification of innovative compounds with therapeutic potential for aggressive forms of the disease.

[RUN Project: Sustainable Solutions for Urban Rivers](#)

Revitalization of forgotten rivers in an urban context with direct community involvement.

[Webinars on Science and Education](#)

The **Science and Education Webinars** are a space for innovation, debate, and sharing of scientific knowledge, hosted by Lusófona University. In this series of online meetings, faculty and researchers are invited to delve deeper into current and relevant topics in their fields of expertise, contributing to the dissemination of knowledge among the academic community and the general public.

The webinar series, which began in 2025, reinforces the University's commitment to open science, critical thinking, and the connection between research and society.

Episodes:

[Unlocking the Potential of Biomaterials in Skin Care](#)

Research into the use of natural ingredients and innovative biomaterials in the development of dermatological and cosmetic care products.

[AI in Healthcare: Medical Diagnosis in Transformation](#)

Exploration of the applications of Artificial Intelligence in medicine, highlighting its transformative potential in clinical practice and healthcare decision-making.

[Feminism on Social Media](#)

Analysis of the impact of social media on feminist activism and the challenges faced by activists in the digital space.

[Religion and Politics: Between Separation and Cooperation](#)

Discussion on the role of religion in contemporary politics, focusing on institutional cooperation between the State and religious communities in Portugal.

[Nóisi](#)

Demystify concepts, explore topics of common interest, and understand phenomena that intrigue our daily lives.

In each episode of Nóisi, fragments of knowledge are shared with you in an accessible and informative way. From health to well-being, including study habits, academic life, and cultural curiosities, the series seeks to foster curiosity and critical thinking within the student community.

Featured Episodes:

[International Education Day](#)

Education as a tool to reduce inequalities, promote peace and build a more inclusive and sustainable future.

[Teas that Help Manage Stress](#)

Benefits of natural teas in reducing stress and promoting well-being, especially during periods of greater academic demand.

[International Women's Day 2025](#)

Reflection on gender equality, female visibility in Higher Education and celebration of women's achievements.

[Benefits of Sports for Studies](#)

The relationship between physical activity, mental health, and improved academic performance—important factors for student well-being.

[The Experience of Living Alone at University](#)

Autonomy, time management, nutrition, and emotional balance are fundamental aspects of health and well-being in the university context.

[History of the Lusófona University Campus](#)

Historical framework of the University space, reflecting on its transformation and social impact.

[Planet Earth Day 2025](#)

Celebration of Planet Earth Day, raising awareness of environmental protection and sustainability.

[Museums and Tourist Attractions in Porto](#)

Promoting access to culture and heritage, encouraging sustainable and inclusive tourism.

[Is Drinking Water During Meals Bad for You?](#)

Demystification of popular beliefs about health, based on scientific evidence.

Lusófona in the Media

Lusófona University's presence in the media has steadily established itself as an important vehicle for the dissemination of knowledge, critical reflection, and public engagement. Between 2023 and 2025, the University's faculty, researchers, projects, and events were featured in print media, radio, television, and digital platforms, contributing to national and international debate in various fields of knowledge.

This media coverage reflects the institution's commitment to open science, critical thinking, and social responsibility, bringing key issues such as mental health, education, environmental sustainability, gender equality, technological innovation, and public policy to the public.

All activities (Resume)

Sustainability-related events	2022	2023	2024	2025
Sustainability Events	64	76	100	138
Campus Activities	2	16	17	19
Community Sustainability Services	6	30	15	8
Training Actions and Workshops	9	20	63	205
Participation in International Projects	17	38	29	93
Total	98	180	224	463

Evidence	https://www.ulusofona.pt/en/green-lusofona/activities/2022	https://www.ulusofona.pt/en/green-lusofona/activities/2023	https://www.ulusofona.pt/en/green-lusofona/activities/2024	https://www.ulusofona.pt/en/green-lusofona/activities/2025
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Key Trends Over Time

2022–2024 (Consolidation): A period marked by the stabilisation of structural eco-friendly practices on the Lisbon and Porto campuses, with a strong focus on launching composting schemes in the canteens, the physical refurbishment of the organic vegetable garden with students, and the consolidation of the Eco-Schools Flag award.

2025 (Expansion and Impact): Exponential growth is recorded, driven by the proliferation of small-scale, integrated training initiatives (short workshops and awareness-raising sessions within everyday academic life) and by a significant leap in internationalisation and the acquisition of applied research projects with other European universities.

If we look specifically at the trend (Participation in International Projects) in this category over the period in question:

2022: 17 projects

2023: 38 projects

2024: 29 projects

2025: 93 projects

This surge in 2025 reflected the institution’s strong commitment to the internationalisation of knowledge, to submitting new applications for European funding (such as Erasmus+ and Horizon Europe) and to developing global networks for sharing best environmental practices within the academic community

The University has set up [Filmeu – European University](#), an international project involving several European universities. This project is coordinated by Lusófona University. Filmeu comprises various collaborative projects and degree-level training courses. Notable among these are projects focusing on art, innovation, sustainability and the community.

Over the past three and a half years, the total 2022-2025 average has been 965, including:

- Sustainability Events
- Campus Activities
- Community Services Sustainability
- Training Actions and Workshops
- Participation in International Projects

List of all events, projects, news and activities related to sustainability

2022: 98

2023: 180

2024: 224

2025: 463

Category	Start Date	Title	Subtitle	SDG	Link
Sustainability Events	2022	Contributions to alleviating socio-educational inequalities	Colloquium with researchers on socio-educational (in)justice, discussing concrete solutions for Portugal.	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/contributos-mitigar-desigualdades-socioeducativas
Training Actions and Workshops	2022	The social worker's work with homeless people	Open class on Social Work and the role of social workers with homeless people.	SDG 3; SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/assistente-social-sem-abrigo

Sustainability Events	2022	Success vs. Mental health	Summary of the event with the participation of Dr. Mafalda Mascarenhas, PhD student in Social Psychology.	SDG 3; SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/sucesso-vs-saude-mental
Sustainability Events	2022	Effects of prenatal intimate partner violence on mothers and children	PhD in Clinical Psychology, event on intimate violence and its prenatal impacts.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/efeitos-violencia-pre-natal-maes-filhos
Sustainability Events	2022	Research on Facilitating Successful Treatment Processes for Bullies	Master's in Justice Psychology event on treatment processes for aggressors.	SDG 3; SDG 17	https://www.ulusofona.pt/en/event/reasearch-treatment-perpetrator-programs
Participation in International Projects	2022	Study visit: European Monitoring Centre for Drugs and Drug Addiction	Visit to understand drug and addiction policies and monitoring.	SDG 3; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/visita-de-estudo-observatorio-europeu-droga-toxicodependencia
In Media	2022	A path to adapting bridges to climate change - Report	Understand the impact of climate change on bridges.	SDG 9; SDG 13	https://www.ulusofona.pt/en/news/rep-road-adaptation-bridges-climate-change
Sustainability Events	2022	How to be successful at university without giving up your life	Event on how to balance personal and university life in a healthy way.	SDG 3; SDG 17	https://www.ulusofona.pt/en/event/sucesso-universidade-sem-deixar-vida
Training Actions and Workshops	2022	Seminar: A path to adapting bridges to climate change	Seminar with engineering experts and climatologists	SDG 9; SDG 13	https://www.ulusofona.pt/en/event/a-path-to-adapting-bridges-to-climate-change

			discussing climate change and bridges.		
Sustainability Events	2022	Research - Gender and Diversity Plan	Cross reference to European values of equal opportunities in higher education.	SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/en/news/inquerito-plano-genero-diversidade
Sustainability Events	2022	World Food Safety Day 2022	Raise awareness among students and the community about the importance of Food Security.	SDG 3; SDG 4; SDG 13; SDG 17	
Sustainability Events	2022	Bio-Green-Circular Economy	Presentation of the application of the circular economy in various areas of Engineering.	SDG 4; SDG 9; SDG 11; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/bio-green-circular-economy
Sustainability Events	2022	Stalking: From recognition to action strategies with victims	Promote knowledge about the dynamics of stalking violence.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/stalking-reconhecimento-estrategias-atuacao
Sustainability Events	2022	Social Intervention - Think or Act	Multifaceted concept and practical case of social intervention.	SDG 4; SDG 10	https://www.ulusofona.pt/en/event/intervencao-social-pensar-o-agir
Sustainability Events	2022	II PIN Symposium on Anxiety	Anxiety syndrome, addressing topics such as the role of attachment in anxiety disorders.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/ii-simposio-ansiedade-pin
Sustainability Events	2022	LusófonAtiva - Presentation of Results	Presentation of the project and results of the LusófonAtiva survey.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/lusofonativa-apresentacao-resultados
Sustainability Events	2022	VII Exercise and Health Conference	Dialogue with national and international researchers on exercise and health.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/vii-jornadas-exercicio-saude

Training Actions and Workshops	2022	ECO-Webinars: Environment and Sustainability 2nd Edition	Webinars on Environment and Sustainability, with invited experts on different topics.	SDG 3; SDG 12; SDG 13; SDG 16	https://www.ulusofona.pt/en/event/eco-webinars-ii-edicao
Sustainability Events	2022	Community Participation in the Local Development Process	Reflect on methodologies to promote community participation.	SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/participacao-comunitaria-desenvolvimento-local
Sustainability Events	2022	Perspectives and Good Practices in Diversity	Share good intercultural practices in different social intervention contexts.	SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/en/event/olhares-boas-praticas-diversidade
Sustainability Events	2022	Mental Health in the Veterinary Profession	Promote psychological and professional well-being in the veterinary profession.	SDG 3; SDG 4; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/mental-health-veterinary-profession
Participation in International Projects	2022	The prevalence of coronavirus and the global level	Work published in an international journal by Professor Ricardo Faustino (Biomedical Engineering).	SDG 3; SDG 4; SDG 15; SDG 17	https://www.ulusofona.pt/en/news/the-prevalence-of-coronavirus-and-the-world-level
Sustainability Events	2022	Strategies to promote self-care and well-being	When was the last time you thought about your self-care needs?	SDG 3	https://www.ulusofona.pt/en/event/estrategias-autocuidado-promocao-bem-estar
Training Actions and Workshops	2022	Practicing Mindfulness and Promoting Well-Being	Introduction to the fundamental principles and practices of mindfulness.	SDG 3	https://www.ulusofona.pt/en/event/pratica-mindfulness-promocao-bem-estar
Sustainability Events	2022	Celebration of World Sports Day at the Service of Peace	Sport and interreligious dialogue in promoting peace.	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/dia-mundial-desporto-servico-paz

Sustainability Events	2022	Celebration of World Physical Activity Day	Conference on 24-hour Movement recommendations with national and international experts.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/dia-mundia-atividade-fisica
Sustainability Events	2022	Energy Transition Paradigms and Impacts on Exploration	Seminar on energy transition and impacts on resource exploration.	SDG 4; SDG 7; SDG 9; SDG 11; SDG 12; SDG 17	https://www.ulusofona.pt/en/event/paradigmas-transicao-energetica
Sustainability Events	2022	Cultural and Religious Diversity: Challenges and Opportunities	Event held within the scope of the Degree in Social Work on cultural and religious diversity.	SDG 4; SDG 10	https://www.ulusofona.pt/en/event/diversidade-cultural-religiosa
Sustainability Events	2022	Promotion and Prevention of Mental Health in University Students	Mental health is the foundation of overall well-being.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/saude-mental-estudantes-universitarios
Sustainability Events	2022	FL_Talks: Fashion and Sustainability	Debates on various topics related to the fashion industry.	SDG 9; SDG 12; SDG 17	https://www.ulusofona.pt/en/event/fl-talk-moda-sustentabilidade
Participation in International Projects	2022	The Key to Global Life, Digital Change of Nature	ERASMUS project meeting on digital change and global nature.	SDG 13; SDG 17	https://www.ulusofona.pt/en/event/the-key-global-life
Sustainability Events	2022	When interaction with digital technologies empowers patients and humanizes healthcare	Interaction with digital technologies improves quality of life and access to healthcare.	SDG 3; SDG 17	https://www.ulusofona.pt/en/event/tecnologias-digitais-empodera-doentes

Sustainability Events	2022	Preventing psychosocial risks and promoting healthy workplaces	Good practices of social and assistance organisations.	SDG 3; SDG 5; SDG 8; SDG 10; SDG 11	
Training Actions and Workshops	2022	Emotional Intelligence and Emotion Management	Training for class delegates and mentors of the Social Work course.	SDG 3; SDG 4	https://www.ulusofona.pt/en/event/inteligencia-emocional-gestao-emocoes
Participation in International Projects	2022	Groundwater: a strategic reserve to protect	Case studies in Portugal, Angola and Guinea-Bissau on groundwater.	SDG 4; SDG 6; SDG 13; SDG 14	https://www.ulusofona.pt/en/event/aguas-subterraneas
Sustainability Events	2022	Monitoring Water Quality in Reservoirs	With the participation of the director of the environmental area of EDP-LABELEEC.	SDG 4; SDG 6; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/monitorizacao-qualidade-agua
Sustainability Events	2022	Siliquea Keratonia	Participation in the project to evaluate the bioactive potential of carob-based products.	SDG 2; SDG 3; SDG 12	
Sustainability Events	2022	Potential of National Propolis	Project in collaboration with FCT/UNL and the company Becaramulo to evaluate the sustainable application of national propolis.	SDG 3; SDG 12; SDG 17	
Sustainability Events	2022	Recovery and Reclassification of Sour Cherry Waste from Óbidos	Project in partnership with Óbidos City Council to requalify sour cherry waste.	SDG 2; SDG 11; SDG 12; SDG 13; SDG 14; SDG 15; SDG 16; SDG 17	

Participation in International Projects	2022	EU Technical Assistance Fund Mobilisation - Seychelles	Support to the Government of Seychelles in developing a Nationally Determined Contribution (NDC).	SDG 2; SDG 7; SDG 9	
Participation in International Projects	2022	Development of EDM (Electricity of Mozambique)	Development of the 2020-2025 Renewable Energy Strategy in Mozambique.	SDG 7	
Participation in International Projects	2022	Preparation of the EU Support Program for Tunisia	Development of the EU Support Program for Tunisia and preparation of the Terms of Reference.	SDG 2; SDG 4; SDG 8	
Sustainability Events	2022	I mitigated, and you mitigated today?	Creation and production of a digital audiovisual application on 'Climate Change'.	SDG 13	
Sustainability Events	2022	Cost and efficiency of water distribution systems	Organisation of the Seminar/Debate on Cost and Efficiency of Water Distribution Systems.	SDG 6; SDG 14	
Sustainability Events	2022	Internal Student Organisation	Internal student organisations in the area of Environmental Engineering and Biotechnology.	SDG 4	https://www.ulusofona.pt/en/news/beginning-of-the-composting-process-at-lusofona-university
Sustainability Events	2022	External Student Organisation	External student organisations, including schools and the local population of Azambuja.	SDG 4	https://www.ulusofona.pt/en/news/tree-planting-by-the-lusofona-ecoschools-team
Community Sustainability Services	2022	Start of the Composting Process at	Start of the composting process and replanting of the	SDG 4; SDG 9; SDG 10; SDG 11;	https://www.ulusofona.pt/en/news/lusofona-receives-wherever-you

		Lusófona University	organic garden by the Eco-Escolas team.	SDG 13; SDG 16	are-always-recycle-training
Community Sustainability Services	2022	Tree Planting by the Eco-Schools Team of Lusófona University	Planting of five Cercis siliquastrum trees on the University campus.	SDG 4; SDG 13; SDG 15	
Community Sustainability Services	2022	Lusófona receives training 'Wherever you are, always recycle'	Awareness campaign promoted by Sociedade Ponto Verde within the scope of the Eco-Escolas programme.	SDG 4; SDG 11; SDG 12	
Participation in International Projects	2022	Development of EDM (Electricity of Mozambique)	Development of the Renewable Energy Strategy 2020-2025, in Mozambique.	SDG 7	
Participation in International Projects	2022	Preparation of the EU Support Program for Tunisia	Development of the EU Support Program for Tunisia and preparation of Terms of Reference for Technical Assistance.	SDG 2; SDG 4; SDG 8	
Sustainability Events	2022	I mitigated, and you mitigated today?	Creation and production of a digital audiovisual application on the theme 'Climate Change'.	SDG 13	
Sustainability Events	2022	Environmental Cinema	10 Environmental Cinema sessions with reflection and debate in São Tomé and Príncipe.	SDG 4; SDG 12; SDG 13; SDG 17	
Sustainability Events	2022	Entertainment	15 interactive shows about climate change.	SDG 4; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/inteligencia-emocional-gestao-emocoes

Sustainability Events	2022	Preventing psychosocial risks and promoting healthy workplaces	Good Practices for Social Organisations and Social Assistance.	SDG 3; SDG 5; SDG 8; SDG 10; SDG 11	https://www.ulusofona.pt/en/event/pratica-mindfulness-promocao-bem-estar
Training Actions and Workshops	2022	Emotional Intelligence and Emotion Management	Training for class delegates and mentors of Social Work students.	SDG 3; SDG 4	https://www.ulusofona.pt/en/event/dia-mundial-desporto-servico-paz
Training Actions and Workshops	2022	Practicing Mindfulness and Promoting Well-Being	Introduction to the central principles and essential practices of Mindfulness.	SDG 3	https://www.ulusofona.pt/en/event/efeitos-violencia-pre-natal-maes-filhos
Sustainability Events	2022	Celebration of World Sports Day at the Service of Peace	Sport and interreligious dialogue in promoting peace.	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/reasearch-treatment-perpetrator-programs
Sustainability Events	2022	Effects of prenatal intimate partner violence on mothers and children	In progress within the scope of the PhD in Clinical Psychology, Cognitive-Behavioural Guidance.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/visita-de-estudo-observatorio-europeu-droga-toxicodependencia
Sustainability Events	2022	Research on Facilitating Successful Treatment Processes for Bullies	Event organised by the Masters in Justice Psychology.	SDG 3; SDG 17	https://www.ulusofona.pt/en/news/rep-road-adaptation-bridges-climate-change
Participation in International Projects	2022	Study visit: European Monitoring Centre for Drugs and Drug Addiction	Understand support and monitoring policy and situation analysis, responses, and trends.	SDG 3; SDG 10; SDG 17	

In Media	2022	A path to adapting bridges to climate change - Report	Bridge engineering and climate adaptation report.	SDG 9; SDG 13	
Sustainability Events	2022	Entertainment	15 interactive shows about climate change.	SDG 4; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/saude-mental-estudantes-universitarios
Training Actions and Workshops	2022	Climate change training for journalists and media	Training journalists and media on the issue of climate change (20 hours).	SDG 4; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/fl-talk-moda-sustentabilidade
Sustainability Events	2022	Promotion and Prevention of Mental Health in University Students	Mental health is the foundation of general well-being.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/noticias/lusofona-melhora-laboratorios-aulas-investigacao
Sustainability Events	2022	FL_Talks: Fashion and Sustainability	Discuss various topics related to the fashion industry.	SDG 9; SDG 12; SDG 17	https://www.ulusofona.pt/en/noticias/clube-exercicio-reabre-novos-equipamentos
Activities on Campus		Lusofona Improves the Quality of Classroom and Research Laboratories	The Lusófona University is facing a new cycle of digital transformation.	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/noticias/operat-oficina-solidaria-deficiencias-intelectuais
Activities on Campus		Exercise and Health Club Reopens with New Equipment	Visit your new gym and start living a healthier lifestyle today.	SDG 3; SDG 9; SDG 17	https://www.ulusofona.pt/en/noticias/docente-apresentacao-projeto-piloto
Activities on Campus		OPERAT - Collaborative Workshop on Accessible Resources	Responsible for the University's new workshop give an interview to Noticias Lusófona.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/noticias/recolha-pecas-vestuario-moda

Community Sustainability Services		ULusófona - CUP Teacher Participates in the Presentation of Pilot Project	Municipality of Machico presents Pilot Project 'Risk Management Plan in Bathing Waters'.	SDG 13; SDG 14; SDG 17	https://liderancanofeminino.org/a-lideranca-feminina-na-promocao-de-ambientes-de-trabalho-saudaveis/
Community Sustainability Services		Clothing Collection - Fashion Design and Production	Clothing and fabrics will be used for the development of an academic project.	SDG 11; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/noticias/docente-da-fmv-da-lusofona-e-researcher-do-insa-publica-na-revista-nature-medicine
Community Sustainability Services		Climate Change: How and When to Adapt Infrastructure (Community Services)	Opinion article by Elói Figueiredo - Director of the Bachelor's and Master's Degree in Civil Engineering - Lusófona University - Lisbon University Centre.	SDG 9; SDG 10; SDG 13; SDG 17	https://www.ulusofona.pt/en/noticias/researcher-of-cbios-wins-the-egon-stahl-award-2022
Community Sustainability Services		Professor of FMV da Lusófona and researcher of INSA publishes in the Journal Nature Medicine	Professor at FMV da Lusófona and researcher at INSA publishes in the journal Nature Medicine.	SDG 3; SDG 4; SDG 9	https://www.ulusofona.pt/en/news/scholarships-for-ukrainian-students-and-teachers
Community Sustainability Services		CBIOS researcher wins the 2022 Egon Stahl Award	The award distinguishes innovation and originality in Pharmacognosy and Chemistry of Natural Products.	SDG 3; SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/noticias/stand-with-ukraine-recolhabens
Community Sustainability Services		Scholarships for Ukrainian Students and Teachers	Grants and other support for Ukrainian refugees who wish to	SDG 4; SDG 10; SDG 16; SDG 17	

			work and study in Portugal.		
Community Sustainability Services		#StandWithUkraine - Collection of Goods	Make your contribution to this cause between March 21st and April 1st.	SDG 2; SDG 10; SDG 17	
Community Sustainability Services		Voluntary Action	Voluntary action to remove agricultural plastics from the Manique do Intendente marsh.	SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/noticias/noite-europeia-investigadores-22
Community Sustainability Services		Works associated with the development of the Environmental Engineering Project UC (3rd year)	Identification, environmental characterization and conductivity of the Tagus River, between Valada do Ribatejo (Cartaxo) and Vila Nova Da Rainha (Azambuja).	SDG 4; SDG 12; SDG 14	https://www.ulusofona.pt/en/noticias/projeto-mentha-digital-awarded-with-akira-research-grant
Training Actions and Workshops		STEAM Workshops	10 STEAM workshops on climate change at the University of São Tomé and Príncipe and at the secondary school on Príncipe Island.	SDG 3; SDG 4; SDG 11; SDG 12; SDG 15	https://www.ulusofona.pt/en/noticias/beready-resilient-road-pavements-for-sustainability
Training Actions and Workshops		Technical Seminars	4 Technical Seminars: 'Causes, consequences and solutions of climate change' in São Tomé and Príncipe.	SDG 13	https://www.ulusofona.pt/en/noticias/docente-investigacao-medicina-sexual
Participation in International Projects		Lusophone participates in the European Researchers' Night 2022	Initiative funded by the European Commission, which aims to bring researchers and	SDG 4; SDG 17	

			citizens closer together.		
Participation in International Projects		Projeto MentHA Digital Awarded with Akira Research Grant	The award is promoted by the Portuguese Society of Atherosclerosis (SPA), with the support of Daiichi Sankyo.	SDG 3; SDG 17	
Participation in International Projects		be-READY Resilient Road Pavements for Sustainability	An international project signed by Lusófona University.	SDG 9; SDG 11; SDG 12; SDG 13; SDG 17	
Participation in International Projects		Lusophone Professor Joins International Network of Sexual Medicine	Patrícia Pascoal represents the area of Cognitive-Behavioral Clinical Psychology.	SDG 3; SDG 4; SDG 17	
Participation in International Projects		Participation in International Projects - Climate Promise	The project 'Climate Promise' was funded by the United Nations (UNDP) to raise awareness about the country's climate plan and engage stakeholders in its revision process.	SDG 13; SDG 17	
Participation in International Projects		Participation in R&D Projects - CleanAtlantic	CleanAtlantic - Tackling marine litter in the Atlantic Area. European Commission (Brussels). Participation and Leader of WP6 – Modelling.	SDG 6; SDG 14	https://www.publico.pt/2023/11/28/p3/noticia/sentimos-fraude-ouve-aqui-lidar-sindrome-impostor-2071797
Participation in		Class in International Course	International Course: 'IMAT NU E-Course: Circular Economy and Zero Emission	SDG 7; SDG 12; SDG 17	https://sicnoticias.pt/programas/futurohoje/2022-10-18-Um-telemovel-para-

International Projects			Systems'. Class titled 'CE in sustainable resource management BIO-WASTE'.		controlar-o-estado-das-pontes-por-onde-passamos-6e5abbdb
Participation in International Projects		Data Consulting and Analysis	AdTA - Environmental monitoring of the Guia submarine outfall. ARM - Analysis of the impact of rejection of effluents in the marine environment on the island of Madeira.	SDG 6; SDG 14	https://www.timeout.pt/lisboa/pt/noticias/habaptismos-de-vela-e-saidas-de-observacao-do-ecossistema-do-estuario-do-tejo-este-fim-de-semana-092222
In Media		Azambuja declares war on rice field midge pest	The municipality, in partnership with the Lusófona University, will proceed with a study to reduce the negative impact of mosquitoes on the population and local businesses.	SDG 4; SDG 13; SDG 14; SDG 15; SDG 17	http://www.construcao-magazine.pt/noticias/seminario-impactos-alteracoes-climaticas-condicao-estrutural-pon/
In Media		And when we feel like a fraud? Listen here How to Deal with Imposter Syndrome	In this episode of How to Deal, psychologist Tânia Gaspar gives us strategies for dealing with impostor syndrome.	SDG 3; SDG 4	https://jornal-t.pt/noticia/lusofona-organiza-sustainability-international-conference/
In Media		A mobile phone to control the state of the bridges we pass over	Researchers from the Lusófona University have developed a tool that could be a very valuable contribution to preventing disasters such as the famous collapse of the Entre Rios bridge.	SDG 4; SDG 9; SDG 13; SDG 17	https://www.publico.pt/2022/08/15/opiniao/opinioao/alteracoes-climaticas-adaptar-infraestruturas-2016828
In Media		There are sailing baptisms and observation	The Vela+ Environment Seminar on Climate Change	SDG 4; SDG 13;	https://www.youtube.com/watch?v=uOLnW2GOpil

		trips of the Tagus estuary ecosystem this weekend	and the Tagus Estuary Ecosystem will take place, with the presence of Anabela Cruces, from Lusófona University.	SDG 14; SDG 17	
In Media		Seminar: impacts of climate change on the structural condition of bridges	The National Laboratory of Civil Engineering, Infraestruturas de Portugal and Universidade Lusófona are promoting the seminar 'A Road for Adaptation of Bridges to Climate Change'.	SDG 4; SDG 9; SDG 13; SDG 17	https://cnnportugal.iol.pt/exercicio-fisico/treino/fazer-abdominais-e-muito-1990-tenha-cuidado-com-isso/20220807/62ea99440cf2f9a86eaff32e
In Media		Lusófona organizes 'Sustainability International Conference'	The Lusófona University is organizing an international conference to discuss sustainability in its different aspects and to unite the business world and academia.	SDG 4; SDG 13; SDG 17	https://cnnportugal.iol.pt/videos/pedrogao-foi-um-marco-importante-na-mudanca-do-paradigma-da-protecao-civil/62d7cc520cf2ea4f0a54b409
In Media		Climate change: how and when to adapt infrastructure - Público	Opinion article by Elói Figueiredo - Director of the Bachelor's and Master's Degree in Civil Engineering - Lusófona University of Lisbon.	SDG 9; SDG 13; SDG 17	https://cnnportugal.iol.pt/videos/estamos-no-limite-neste-momento-como-devem-os-cidadaos-ajudar-os-bombeiros-no-terreno/62d4673e0cf2f9a86eadbb1e
In Media		André Branco Rodrigues - CNN	André Branco Rodrigues, civil protection specialist and professor at Lusófona University, speaks to CNN	SDG 4; SDG 13; SDG 15; SDG 17	https://www.youtube.com/watch?v=Ue0Mme8dxEA

			Portugal about fighting fires.		
In Media		Doing sit-ups is very 1990, be careful with it	Luís Cerca, assistant professor at the Lusófona University and specialist in well-being and physical exercise, comments on exercise evolution.	SDG 3; SDG 4; SDG 17	https://www.youtube.com/watch?v=SZt3LmGhFaU
In Media		Pedrogão was an important milestone in the change of the Civil Protection paradigm'	Colonel Joaquim Leitão, former president of ANPC and professor at Universidade Lusófona, speaks about Civil Protection reform.	SDG 13; SDG 17	
In Media		We are at our limit right now'. How should citizens help firefighters on the ground?	André Branco Rodrigues, civil protection specialist and professor at Lusófona University, analyzed the current fire-fighting situation.	SDG 13; SDG 17	
In Media		Salvador Almeida - SIC Notícias	Salvador de Pinho Ferreira de Almeida, Professor of Civil Protection Engineering at Lusófona University, speaks to SIC Notícias about active fires in Portugal.	SDG 13; SDG 17	https://correiodezambuja.sapo.pt/jardim-urbano-tem-mural-alusivo-ao-paul-de-manique/
In Media		Carina Almeida - SIC Notícias	Carina Almeida, Professor of Environmental Engineering at Lusófona University, speaks to SIC Notícias about climate change	SDG 13; SDG 17	

			and its long-term impact.		
In Media		Production of technical-scientific content for the CNMC website	Design of more than 90 news items. Raising awareness of the population about climate change.	SDG 4; SDG 13; SDG 17	
In Media		Population Awareness of Climate Change	Production of content for social networks.	SDG 4; SDG 12; SDG 13	
In Media		Jardim Urbano has a mural alluding to Paul de Manique	Between the 3rd and 9th of June, the Dr. Joaquim A. Ramos Urban Garden in Azambuja received a new urban art project by Visual Arts students from the Lusófona University.	SDG 4; SDG 13; SDG 17	
Sustainability Events	2022	Contributions to Mitigate Socioeducational Inequalities	In this colloquium, OP.Edu invites researchers Gil Nata, Tiago Neves, Hélder Ferraz and Andreia Correia from CIIE - Center for Educational Research and Intervention of the Faculty of Psychology and Educational Sciences of the University of Porto who, based on research and results on issues of socio-educational (in)justice that they have been carrying out for several years, will discuss in a	SDG 4; SDG 17	https://www.ulusofona.pt/evento/contributos-mitigar-desigualdades-socioeducativas

			colloquium open to the public, concrete solutions to make the Portuguese education system more fair and equitable.		
Sustainability Events	2022	The Work of the Social Worker with People in Homeless Situations	Open Class on Social Service, UC Modular Seminar of Thematic In-depth Study.	SDG 3; SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/evento/assistente-social-sem-abrigo
Sustainability Events	2022	Success Vs Mental Health	Summary of the event that included the participation of Dr. Mafalda Mascarenhas, PhD student in Social Psychology.	SDG 3; SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/noticias/sucesso-vs-saude-mental
Sustainability Events	2022	Research on facilitating successful treatment processes in programs for perpetrators	Event organized by the Master's Degree in Psychology of Justice: Victims of Crime.	SDG 3; SDG 17	https://www.ulusofona.pt/evento/reasearch-treatment-perpetrator-programs
Sustainability Events	2022	How to be successful at University, without giving up your life	Maintain a healthy balance between personal and social life.	SDG 3; SDG 17	https://www.ulusofona.pt/evento/sucesso-universidade-sem-deixar-vida
Sustainability Events	2022	Survey - Gender and Diversity Plan	To cross-reference European values of equal opportunities in the field of science and higher education.	SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/noticias/inquerito-plano-genero-diversidade
Sustainability Events	2022	Stalking: From recognition to strategies for	Promote knowledge about the dynamics of manifestation of this type of violence.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/evento/stalking-reconhecimento-estrategias-atuacao

		acting with victims			
Sustainability Events	2022	Social Intervention - Thinking or Acting	Social Intervention: a multifaceted concept and Practical Case of Social Intervention.	SDG 4; SDG 10	https://www.ulusofona.pt/evento/intervencao-social-pensar-o-agir
Sustainability Events	2022	II PIN Anxiety Symposium	At the 1st PIN Anxiety Symposium, we addressed topics as diverse as the contribution of attachment to the development of anxiety disorders or intervention with so-called 3rd generation therapies. After this rewarding experience, we intend to continue to gather diverse knowledge, with the presence of several guest speakers, in the discovery and constant discussion of emerging issues in the area of Anxiety Disorders.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/evento/ii-simposio-ansiedade-pin
Sustainability Events	2022	ECO-Webinars: Environment & Sustainability 2nd Edition	As part of the Eco-Schools Action Program of the Faculty of Engineering, Lusófona University - Centro Universitário Lisboa, several Webinars on the theme "Environment and Sustainability" will be held during the months of May and June. These webinars	SDG 3; SDG 12; SDG 13; SDG 16	https://www.ulusofona.pt/evento/eco-webinars-ii-edicao

			will be conducted by invited experts on different topics.		
Sustainability Events	2022	The Prevalence of Coronavirus and Worldwide Level	Work published in an international journal by Professor Ricardo Faustino (Biomedical Engineering).	SDG 3; SDG 4; SDG 15; SDG 17	https://www.ulusofona.pt/noticias/prevalencia-covid-nivel-mundial
Sustainability Events	2022	Self-Care and Well-Being Promotion Strategies	When was the last time you stopped to think about your self-care needs?	SDG 3	https://www.ulusofona.pt/evento/estrategias-autocuidado-promocao-bem-estar
Sustainability Events	2022	The Practice of Mindfulness and the Promotion of Well-being	Introduction to the central principles and core practices of Mindfulness.	SDG 3	https://www.ulusofona.pt/evento/pratica-mindfulness-promocao-bem-estar
Sustainability Events	2022	Celebration of the World Day of Sport in the Service of Peace	Sport and interreligious dialogue in the promotion of peace.	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/evento/dia-mundial-desporto-servico-paz
Sustainability Events	2022	The Key Global Life, Digital Change of Nature	ERASMUS 1st LTT Meeting - Within the scope of the ERASMUS Project - "The Key Global Life, Digital Change of Nature", a project led by Turkey (TOKAT MEM, Tokat Gaziosmanpasa University) and which has as partners educational institutions from Portugal (FE-ULHT), Belgium (De Creatieve STEM), Spain (IES PADRE ANCHIETA), Slovakia (e-code), the	SDG 13; SDG 17	https://www.ulusofona.pt/evento/the-key-global-life

			ERASMUS 1st LTT Meeting - "The Key Global Life, Digital Change of Nature" will take place between 6 and 13 March 2022, at the Agostinho da Silva Auditorium, on the Lusófona University Campus (Campo Grande - Lisbon).		
Sustainability Events	2022	Water Quality Monitoring in Reservoirs	With the participation of the Director of the Environment area of EDP-LABELEC.	SDG 4; SDG 6; SDG 13; SDG 17	https://www.ulusofona.pt/evento/monitorizacao-qualidade-agua
Sustainability Events	2022	Ceratonia Siliqua	Participation in the project to evaluate the bioactive potential of Carob products.	SDG 2; SDG 3; SDG 12	
Sustainability Events	2022	Valuation and Reclassification of Óbidos Ginja Waste	Project in partnership with the Municipality of Óbidos, Frutóbidos Lda, and Elisa Câmara Lda, for submission to the Portuguese Environment Agency, IP of the Ministry of Agriculture, Sea, Environment and Spatial Planning.	SDG 2; SDG 11; SDG 12; SDG 13; SDG 14; SDG 15; SDG 16; SDG 17	
Sustainability Events	2022	Mobilisation of the EU Technical Assistance Facility - Seychelles	Supporting the Government of Seychelles in developing a revised and more ambitious 2020 Nationally Determined Contribution (NDC)	SDG 2; SDG 7; SDG 9	

			under the CAEP Partnership.		
Sustainability Events	2022	Preparation of the EU Support Programme for Tunisia	Development of the EU Support Programme for Tunisia and preparation of the Terms of Reference for the Technical Assistance that will accompany the programme.	SDG 2; SDG 4; SDG 8	
Sustainability Events	2022	I mitigate, and did you mitigate today?	Creation and production of a digital audiovisual application on the theme "Climate Change".	SDG 13	
Activities on Campus	2022	Start of the Composting Process at the Lusófona University	And replanting of the organic garden by the Eco-Schools Team of the Faculty of Engineering.	SDG 4; SDG 9; SDG 10; SDG 11; SDG 13; SDG 16	https://www.ulusofona.pt/noticias/inicio-do-processo-de-compostagem-na-universidade-lusofona
Activities on Campus	2022	Tree Planting by the Eco-Schools Team of the Lusófona University	On June 7th, in celebration of Environment Week, students from the Eco-Schools Council of the Lusófona University had the opportunity to plant five trees of the Cercis siliquastrum (Olaia) species on the University campus.	SDG 4; SDG 13; SDG 15	https://www.ulusofona.pt/noticias/plantacao-de-arvores-da-equipa-ecoescolas-da-lusofona
Community Sustainability Services	2022	Climate Change: How and When to Adapt Infrastructure	Opinion article by Elói Figueiredo - Director of the Bachelor's and Master's Degree in Civil Engineering - Lusófona University -	SDG 9; SDG 10; SDG 13; SDG 17	https://liderancanofeminino.org/a-lideranca-feminina-na-promocao-de-ambientes-de-trabalho-saudaveis/

			Lisbon University Centre.		
Community Sustainability Services	2022	#StandWithUkraine - Recolha de Bens	Make your contribution to this cause between March 21st and April 1st.	SDG 2; SDG 10; SDG 17	https://www.ulusofona.pt/noticias/stand-with-ukraine-recolha-bens
Community Sustainability Services	2022	Works associated with the development of the Environmental Engineering Project UC (3rd year).	“Identification, environmental characterization and conductivity of the Tagus River, in the sector between Valada do Ribatejo (Cartaxo) and Vila Nova Da Rainha (Azambuja)”.	SDG 4; SDG 12; SDG 14	
Training Actions and Workshops	2022	Lusophone Receives Training "Wherever You Are, Always Recycle"	The awareness-raising campaign was promoted by Sociedade Ponto Verde as part of the Eco-Schools program.	SDG 4; SDG 11; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/noticias/onde-estiver-recicla-sempre
Participation in International Projects	2022	Participation in International Projects	The project “Climate Promise – to raise awareness amongst the whole of society about the country's climate plan and engage stakeholders in its revision process”, was funded by the United Nations (UNDP) (RFP15/2020).	SDG 13; SDG 17	
Participation in International Projects	2022	Participation in R&D Projects	CleanAtlantic - Tackling marine litter in the Atlantic Area. European Commission (Brussels). Participation and	SDG 6; SDG 14	

			Leader of WP6 – Modelling		
In Media	2022	Lusófona organizes "Sustainability International Conference"	The Lusófona University is organizing an international conference to discuss sustainability in its different aspects and to unite the business world and academia, through different lectures and presentations of papers. The conference took place in Lisbon/Cascais from 3 to 5 November.	SDG 4; SDG 13; SDG 17	https://jornal-t.pt/noticia/lusofona-organiza-sustainability-international-conference/
In Media	2022	Climate change: how and when to adapt infrastructure	Opinion article by Elói Figueiredo - Director of the Bachelor's and Master's Degree in Civil Engineering - Lusófona University of Lisbon.	SDG 9; SDG 13; SDG 17	https://www.publico.pt/2022/08/15/opinioao/opinioao/alteracoes-climaticas-adaptar-infraestruturas-2016828
In Media	2022	"Pedrógão was an important milestone in the change of the Civil Protection paradigm"	Colonel Joaquim Leitão, former president of ANPC and professor at Universidade Lusófona, explained in an interview with CNN Portugal that since 2017 only reinforcement of resources has been made and that it is necessary to "revisit the diplomas and	SDG 13; SDG 17	https://cnnportugal.iol.pt/videos/pedrogao-foi-um-marco-importante-na-mudanca-do-paradigma-da-protecao-civil/62d7cc520cf2ea4f0a54b409

			readapt them to new needs".		
In Media	2022	"We are at our limit right now". How should citizens help firefighters on the ground?	André Branco Rodrigues, a civil protection specialist and professor at Lusófona University, was live on CNN Portugal this Sunday, where he analyzed the current situation of the fire-fighting operation.	SDG 13; SDG 17	https://cnnportugal.iol.pt/videos/estamos-no-limite-neste-momento-como-devem-os-cidadaos-ajudar-os-bombeiros-no-terreno/62d4673e0cf2f9a86eadbb1e
In Media	2022	Production of technical-scientific content for the CNMC – National Committee for Climate Change website.	Design of more than 90 news items. Raising awareness of the population about climate change.	SDG 4; SDG 13; SDG 17	
Community Sustainability Services	2023	A Basket of Hope - This Christmas Be Solidary!	Donate essential goods to a homeless person, family or child in precarious conditions.	SDG 1; SDG 2; SDG 3; SDG 6; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/a-basket-of-hope-this-christmas-be-solidarity
Community Sustainability Services	2023	Christmas market	In the Lusófona D.R.E.S.S. (Dress, Recycle, Exchange, Sustain and Shine) anyone can deliver a piece of clothing, footwear, accessory and take another piece in exchange. When delivered, they will go through a verification process	SDG 1; SDG 2; SDG 10; SDG 12	https://www.ulusofona.pt/en/event/christmas-little-market

			and when damaged, they will be separated and collected by design and fashion students for recycling, allowing them to return to the circuit.		
Training Actions and Workshops	2023	Seminar Defining Healthy Soils	The event aims to highlight the importance of legislation regarding soil protection, addressing essential practices and standards to guarantee soil health and sustainability in the environmental context.	SDG 11; SDG 12; SDG 14; SDG 15	https://www.ulusofona.pt/en/event/seminar-definition-of-healthy-soils
Sustainability Events	2023	Prevention, Health and Safety	The Seminar "Prevention, Health and Safety - Intervention for Professionals on the Front Line" took place on the initiative of Lusófona University, in partnership with the Lisbon Commission for the Dissuasion of Drug Addiction (CDT) and the Intervention Service for Addictive Behaviours and Dependencies (SICAD). This event, an annually renewed initiative, was aimed at reflection and debate on public policies in the context of	SDG 3; SDG 17	https://www.ulusofona.pt/en/event/prevention-health-and-safety-

			preventing mental health and risk situations and behaviours.		
Sustainability Events	2023	Physical Exercise with Blood Flow Restriction	This aims to present the methodology of physical exercise training (aerobic and muscular strength) with blood flow restriction through the application of tourniquets to the lower and/or upper limbs. The benefits of this practice, as well as the pros and cons of this type of training, will be presented by two professionals with extensive practical and scientific experience.	SDG 3	https://www.ulusofona.pt/en/event/physical-exercise-with-blood-flow-restriction
Sustainability Events	2023	One Health Day	Promote human, animal and environmental health as one health.	SDG 3; SDG 15	https://www.ulusofona.pt/en/event/one-health-day
Participation in International Projects	2023	International Symposium on Yoga, Science, Training and Quality of Life	Scientific meeting on the science and practice of Yoga and its influence on sport and healthy living	SDG 3	https://www.ulusofona.pt/en/event/symposium-on-yoga-science-training-and-quality-of-life
Training Actions and Workshops	2023	Ballet Fitness - Elementary Principles and Construction of New Exercises	Ballet Fitness Workshop that aims to combine ballet practice with fitness exercises, connecting the two aspects and their additional benefits. Ballet Fitness Workshop that aims to	SDG 3	https://www.ulusofona.pt/en/event/ballet-fitness-workshop-elementary-principles-and-construction-of-new-exercises

			combine ballet practice with fitness exercises, connecting the two aspects and their additional benefits.		
Sustainability Events	2023	The Cove	The film won the Oscar for "Best Documentary of 2009" and tells the story of a group of activists, filmmakers and divers who embark on a secret mission to expose a terrible secret hidden in a remote cove in Taiji, Japan.	SDG 12; SDG 14; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/movie-screening-the-cove
Sustainability Events	2023	1st Clinical Psychology Meeting - Cognitive-Behavioural Guidance	This event, open to the entire academic community in the field of Psychology, has as its main objective the discussion of advances in research in Clinical Psychology.	SDG 3	https://www.ulusofona.pt/en/event/1st-meeting-of-clinical-psychology-cognitive-behavioral-orientation
Sustainability Events	2023	III Bio.Natural 2023	The III Bio.Natural 2023 Meeting aims to be a forum for researchers who are developing projects that explore the multiple applications offered by natural products. These compounds are being screened as new "drug leads" in drug discovery or being modified by rational drug design and	SDG 13; SDG 15	https://www.ulusofona.pt/en/event/iii-bionatural-2023-

			semisynthesis to offer innovative therapeutic alternatives for the treatment of cancer, infectious diseases or other health problems.		
Participation in International Projects	2023	WeARTolerance	The WeARTolerance project has the support of the La Caixa Foundation and its main aim is to develop an arts-based programme to reduce stigma in relation to mental health.	SDG 3; SDG 16	https://www.ulusofona.pt/en/event/weartolerance
Community Sustainability Services	2023	Wherever you are, Always Recycle	The Eco-Escolas FE coordination, together with the Talent Management team at Lusófona University de Lisboa, had the pleasure of inviting the entire academic community — staff, lecturers and students from Lusófona University de Lisboa and Porto — to an awareness-raising action promoted by Sociedade Ponto Verde, entitled “Where you are, Recycle Always”. The event was held online on June 29th, a Thursday, at 5 pm, lasting 1 hour.	SDG 11; SDG 12; SDG 13; SDG 14; SDG 15; SDG 16	https://www.ulusofona.pt/en/event/wherever-you-are-always-recycle

Participation in International Projects	2023	The Antarctic for a Better World	The 2023 SCAR SC-HASS Biennial Conference is an international event, organised every two years, that brings together academics from the four corners of the planet, with the common interest of studying the human presence in Antarctica, in all its dimensions. It will be a 3-day event that will include keynotes, oral communications, posters and a cultural agenda.	SDG 6; SDG 8; SDG 9; SDG 12; SDG 13; SDG 14; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/antarctic-better-world
Sustainability Events	2023	Climate Change, Sustainable Development and Lusofonia	Conference co-organised with the Institute of Military Studies to mark World Environment Day.	SDG 3; SDG 15	https://www.ulusofona.pt/en/event/climate-change-sustainable-development-and-lusophony
Training Actions and Workshops	2023	VIII Journeys on Exercise and Health	The VIII Journeys on Exercise and Health aim to discuss relevant and current topics regarding Exercise in health indicators. The VIII days will be attended by professors and researchers from other Higher Education Institutions who will present topics such as playing football for a healthy lifestyle, isometric resistance training in	SDG 3	https://www.ulusofona.pt/en/event/viii-conference-on-exercise-and-health

			subjects with hypertension, nutrition and sports performance and the importance of vision in physical activity.		
Sustainability Events	2023	Otherness and Empathy - How to Communicate the Climate Crisis	The topic of climate change generates interest, especially among today's young people. A proposal based on "empathetic journalism" for this sensitive issue could be a way of paying attention to the need for greater otherness and empathy: less based on data from the climate crisis and more focused on empathy and the Other, in this case, those who suffer from its effects.	SDG 13; SDG 15	https://www.ulusofona.pt/en/event/alterity-and-empathy-how-to-communicate-the-climate-crisis
Training Actions and Workshops	2023	ECO-Webinars: Environment & Sustainability 3rd Edition	As part of the Eco-Schools action programme at the Faculty of Engineering, at Lusófona University - Centro Universitário Lisboa, several online actions will be carried out on the theme "Environment and Sustainability", during the months of May and June. These webinars will be held by invited experts on different topics.	SDG 4; SDG 11; SDG 12; SDG 15; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/eco-webinars-environment-and-sustainability-2023

Training Actions and Workshops	2023	Cycle of Workshops in Clinical Psychology and Justice Psychology	Stalking, Self-Care, Harassment and Mindfulness	SDG 3	https://www.ulusofona.pt/en/event/cycle-of-workshops-in-clinical-psychology-and-psychology-of-justice
Training Actions and Workshops	2023	Webinar - Coastal Engineering in Portugal and the World	On May 19, 2023, the third Webinar organised by young professionals from PIANC took place, which aimed to bring together and bring together Portuguese professionals working in Portugal and abroad, this edition focusing on the themes of “Ocean energy: offshore, wave and tidal energy” and “Management of coastal areas”.	SDG 6; SDG 7; SDG 14	https://www.ulusofona.pt/en/news/webinar-coastal-engineering-in-portugal-and-in-the-world
Participation in International Projects	2023	Healthy Work and Learning Environments	I International Conference - Understanding the work environment in an integral and systemic way.	SDG 3	https://www.ulusofona.pt/en/event/healthy-working-learning-environments-i
Participation in International Projects	2023	be-READY REsilient road pavements for sustainable	The deterioration of roads is one of the biggest challenges in infrastructure management. How to achieve sustainable paving solutions?	SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/event/be-ready-resilient-road-pavements-for-sustainability
Sustainability Events	2023	Policies and Programs to Promote Well-	Mental health is fundamental for the healthy and positive	SDG 3	https://www.ulusofona.pt/en/event/youth-

		being and Mental Health in Young People	development of young people. The promotion of mental health must have a multidisciplinary and multi-ministerial approach, with universal, focused and specific measures, in the area of health, education, the social area, justice, innovation and science, all of which must be articulated with a common objective. Have young people with better mental health in a more open, participatory and inclusive society. - Tania Gaspar		mental-health-promotion
Training Actions and Workshops	2023	Physical Education Week 2023	This edition was marked by technical-professional workshops carried out by partners, as well as tournaments and knowledge challenges organised by ULusófona students and lecturers. It was also a moment to strengthen the relationship between the ULusófona audience and Padel Lisboa.	SDG 3	https://www.ulusofona.pt/en/event/week-physical-education-23

Training Actions and Workshops	2023	Cycle of Seminars on Exercise and Health	The Seminar cycle aims to present specific and current themes on exercise and health and present strategies based on physical exercise for these different health conditions and/or contexts.	SDG 3	https://www.ulusofona.pt/evento/ciclo-de-seminarios-em-exercicio-e-saude
Participation in International Projects	2023	A Two-brain Perspective on Human Sociality	International Conference with Professor Ruth Feldman, coordinator of the Centre for Developmental Social Neuroscience - Reichman University, in Israel, whose main line of research is the study of the parental brain and its implications for the social development of human beings.	SDG 3	https://www.ulusofona.pt/en/event/two-brain-perspective-human-sociality
Training Actions and Workshops	2023	Seminars in Exercise and Health	The Master's Seminar Cycle in Exercise and Health brings guests with different scientific interests in the area of Exercise and Health.	SDG 3; SDG 5	https://www.ulusofona.pt/en/event/seminars-in-exercise-and-health
Sustainability Events	2023	Let's talk about Sexual Health?	In continuation of the online campaign on Sexual Health, where topics such as contraception, our right to Family Planning consultations,	SDG 3; SDG 5	https://www.ulusofona.pt/en/event/lets-talk-about-sexual-health

			emotional well-being in a romantic or sexual relationship or even the differences between sexual identity, gender identity and sexual orientation were addressed, we invited health professionals to come and talk to us about these issues at the university.		
Training Actions and Workshops	2023	Psychology Days	Cycle of Conferences on the 2nd cycles of Psychology to be presented to 1st cycle Psychology students	SDG 3	https://www.ulusofona.pt/en/event/psychology-days-23
Sustainability Events	2023	Nitrite reduction in the biological nitrogen cycle: metabolic and enzymatic biodiversity	Open classes for non-higher education and civil society students, with free entry.	SDG 3	https://www.ulusofona.pt/en/event/reducao-nitrito-ciclo-azoto
Sustainability Events	2023	Round Table - Psychological Training and Mental Health in Sport	Round table with directors, coaches and renowned athletes with experience in high-performance sport.	SDG 3	https://www.ulusofona.pt/en/event/mesa-redonda-treino-psicologico-saude-mental-desporto
Sustainability Events	2023	Round Table - Psychological Training and Mental Health in Sport	Renowned coaches and athletes came together to reflect the importance of Mental Health in Sport.	SDG 3; SDG 4; SDG 11; SDG 16	https://www.ulusofona.pt/en/news/mesa-redonda-treino-psicologico-resumo
Sustainability Events	2023	Towards Sustainability	Joint initiative between DLCTT and Lusófona Verde to	SDG 4; SDG 11;	https://www.ulusofona.pt/media/rumo-a-sustentabilidade.pdf

			promote the reuse of sterile tips used in research, which will now be used in laboratory classes at Lusófona University.	SDG 12; SDG 17	
Sustainability Events	2023	Climate Action	Project carried out with the aim of supporting the issues outlined by the UN - United Nations, regarding sustainable development.	SDG 7; SDG 13	https://civilresearchgroup.ulusofona.pt/research/climate-action
Sustainability Events	2023	Siliqua Keratonia	Participation in the project to evaluate the bioactive potential of Alfarroba products.	SDG 2; SDG 3; SDG 12	
Sustainability Events	2023	Potential of National Propolis	Project in collaboration with FCT/UNL and the company Becaramulo to evaluate the potential application of national propolis in antimicrobial and sustainable products.	SDG 3; SDG 12; SDG 17	
Sustainability Events	2023	Recovery and Reclassification of Sour Cherry Waste from Óbidos	Project in partnership with Óbidos Municipal Council, Frutóbidos Lda, and Elisa Câmara Lda, for submission to the Portuguese Environment Agency, IP of the Ministry of Agriculture, Sea, Environment and Spatial Planning.	SDG 2; SDG 11; SDG 12; SDG 13; SDG 14; SDG 15; SDG 16; SDG 17	

Participation in International Projects	2023	Mobilisation of the EU Technical Assistance Mechanism - Seychelles	Support to the Government of Seychelles in developing a revised and more ambitious 2020 NDC - Nationally Determined Contribution under the CAEP Partnership.	SDG 2; SDG 7; SDG 9	
Participation in International Projects	2023	Development of EDM (Electricity of Mozambique)	Preparation of the Renewable Energy Strategy 2020-2025, in Mozambique.	SDG 7	
Participation in International Projects	2023	Preparation of the EU Support Program for Tunisia	Development of the EU Support Program for Tunisia and preparation of the Terms of Reference for the Technical Assistance that will accompany the programme.	SDG 2; SDG 4; SDG 8	
Sustainability Events	2023	I mitigate, and did you mitigate today?	Creation and production of a digital audiovisual application on the topic "Climate Change".	SDG 13	
Sustainability Events	2023	Cost and Efficiency of Water Distribution Systems	Organisation of the Seminar/Debate on "Cost and Efficiency of Water Distribution Systems in the AMEGA Geographic Area" at the Palácio dos Marqueses da Praia e Monforte, in Loures.	SDG 6; SDG 14	
Sustainability Events	2023	Coffee Conversations sessions	Organisation and promotion of public events in an informal	SDG 4; SDG 8; SDG 11;	

			environment for scientific dissemination to the local community of Azambuja. Last Fridays of each month, since 2019	SDG 12; SDG 15; SDG 16; SDG 17	
Sustainability Events	2023	Internal Student Organisation - (Total: 5)	The APTA Project aims to examine and monitor health-related physical fitness levels, post-Covid-19, in adults, as well as their association with sociodemographic characteristics and the built environment.	SDG 3	
Sustainability Events	2023	Organisation of External Students - (Total: 8)	The APTA Project aims to examine and monitor health-related physical fitness levels, post-Covid-19, in adults, as well as their association with sociodemographic characteristics and the built environment.	SDG 3	
Sustainability Events	2023	Monitoring Post-Covid-19 Physical Fitness Levels	The APTA Project aims to examine and monitor health-related physical fitness levels, post-Covid-19, in adults, as well as their association with sociodemographic characteristics and the built environment.	SDG 3	https://www.ulusofona.pt/en/conversations-about/apta-project-receives-fazer-mais-award
Sustainability Events	2023	Faculty of Engineering Celebrates Eco-	The Faculty of Engineering of Lusófona University -	SDG 2; SDG 3; SDG 4;	https://www.ulusofona.pt/en/news/faculty-of-engineering-celebrates-

		Schools Award with Flag Raising	Centro Universitário Lisboa celebrated winning the Eco-Escolas 2022/2023 award with a special session to raise the green flag. The event, which was attended by 25 participants, including students and lecturers, was a moment of recognition and celebration of the work developed within the scope of the Eco-Schools programme throughout the academic year.	SDG 6; SDG 7; SDG 8; SDG 9; SDG 11; SDG 12; SDG 14; SDG 15; SDG 16; SDG 17	eco-schools-award-with-flag-raising
Sustainability Events	2023	Meat: The Unsustainable Footprint	Special Session on Veganism, taking place at Cinema Fernando Lopes. "Meat: The Unsustainable Footprint" is the first Portuguese documentary to address the urgency of a change in the eating patterns of the world population.	SDG 2; SDG 17	https://www.ulusofona.pt/en/event/meat-the-unsustainable-footprint
In Media	2023	Pollution in the Oceans, Protection of Marine Life, Sustainability with Gonçalo Calado	Protecting marine life has become an urgent concern on the world stage as the oceans face a growing threat from pollution. Ocean pollution, caused essentially by the discharge of plastic	SDG 12; SDG 13; SDG 14	https://www.ulusofona.pt/en/podcasts/ep38-ocean-pollution-protection-of-marine-life-sustainability-c-goncalo-calado

			waste, chemicals and atmospheric pollutants, has caused significant damage to marine ecosystems and biodiversity.		
Community Sustainability Services	2023	ULusófona Replaces Fluorescent Lamps with LEDs in New Building	Lusófona University continues its sustainability and energy consumption reduction strategy, which began last year, with the replacement of fluorescent lamps with LEDs in another building on the campus. This initiative, known as "relamping", aims to replace high-consumption lamps with low-consumption LEDs, while maintaining the original supports.	SDG 7; SDG 11; SDG 12	https://www.ulusofona.pt/en/news/ulusofona-replaces-fluorescent-lamps-with-leds-in-new-building
Community Sustainability Services	2023	Students Explore Geological Resources on the ULusófona Campus	The Lusófona University campus was the stage for an innovative practical activity, where students from the Civil Engineering and Environmental Engineering courses participated in a geological survey. This exercise, integrated into the General and Applied Geology curricular unit, allowed students to explore and identify	SDG 4; SDG 9; SDG 12	https://www.ulusofona.pt/en/news/students-explore-geological-resources-at-ulusofona-campus

			the various geological materials present on campus, as well as understand their application and importance in the environmental and construction context.		
Community Sustainability Services	2023	Cleaning Action in Organic Garden Identifies Invasive Plant	During a recent cleaning action in the area designated for the Lusófona University's Organic Garden, an invasive plant was identified, known as cutter or pampas grass, popularly called plumas. This species, although attractive, is harmful to the balance of the local ecosystem.	SDG 12; SDG 15	https://www.ulusofona.pt/en/news/organic-garden-clean-up-identifies-invasive-plant
Community Sustainability Services	2023	ULusófona Students Plant Trees to Celebrate Environment Week	In June, Lusófona University celebrated Environment Week with a tree planting action on campus. Students from the Eco-Schools Council participated in the planting of six trees of the Cercis siliquastrum species, known as Olaia. This initiative aimed to raise awareness among the academic community of the importance of the diversity of native species and the presence of green	SDG 12; SDG 15	https://www.ulusofona.pt/en/news/ulusofona-students-plant-trees-to-mark-environment-week

			<p>areas at the university. The event reinforced the university's commitment to sustainability and teamwork, promoting a greener and healthier environment for everyone.</p>		
Community Sustainability Services	2023	Students from the Faculty of Engineering Create Eco-Code in Competition	<p>The Faculty of Engineering at Lusófona University recently promoted a unique competition among its students to create the Eco-Code, an initiative that aims to promote sustainability and environmental responsibility on campus.</p>	SDG 12; SDG 15	https://www.ulusofona.pt/en/news/faculty-of-engineering-students-create-eco-code-in-competition
Community Sustainability Services	2023	Lusófona University Continues Composting Project on Campus	<p>Lusófona University reinforces its commitment to sustainability through the continuity of its Composting Project. The initiative, led by the Eco-Schools Team of the Faculty of Engineering, aims to value organic waste generated in campus canteens, transforming them into nutrient-rich compounds.</p>	SDG 2; SDG 11; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/lusofona-university-promotes-composting-to-fertilise-organic-vegetable-garden

Community Sustainability Services	2023	ULusófona Biological Garden: New Species and Environmental Awareness	Since the beginning of the 2020/2021 academic year, the Lusófona University Biological Garden has stood out as a space for sustainable learning and practice. Recently restored and expanded, the garden now has three new beds, filled with different plant species.	SDG 12; SDG 15	https://www.ulusofona.pt/en/news/ulusofona-organic-garden-new-species-and-environmental-awareness
Sustainability Events	2023	Environment Day	Learn about the importance of conserving natural resources, reducing pollution, combating climate change and promoting sustainable development.	SDG 8; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/noisi/environment-day
Community Sustainability Services	2023	Students from the Faculty of Engineering Evaluate Air Quality	Within the scope of the Air Quality Management Curricular Unit of the Master's Degree in Environmental Engineering at the Faculty of Engineering (FE) of Lusófona University, the students developed an innovative project focused on air quality and energy efficiency.	SDG 7; SDG 12	https://www.ulusofona.pt/en/news/students-from-the-faculty-of-engineering-evaluate-air-quality
Community Sustainability Services	2023	ULusófona reinforces Sustainability Commitment with New	On May 25th, Lusófona University took another significant step towards sustainability with the	SDG 11; SDG 12; SDG 16	https://www.ulusofona.pt/en/news/ulusofona-reinforces-sustainability-

		Ecopoints on Campus	implementation of five new eco-islands on campus. These recycling bins, made up of containers for recycling glass, packaging and cardboard, were installed in building D and aim to encourage the separation of waste among the academic community.		commitment-with-new-ecopoints-on-campus
In Media	2023	Clothing Production and Environmental Concerns with Alexandra Cruchinho and Luíz Sanchez	Do you know the impact of textile production on the environment? How to minimise waste, educate consumers and choose higher quality materials? What is the role of the designer and the consumer in the process of creating more sustainable processes? Are you aware of the impact of climate change on our daily lives?	SDG 8; SDG 12; SDG 13	https://www.ulusofona.pt/en/podcasts/ep25-clothing-production-and-environmental-concerns-w-alexandra-cruchinho-and-luiz-sanchez
Sustainability Events	2023	Kennels in an Aquatic Environment	Experts from various areas gathered on May 5th, at Lusófona University, for an event on Wolf Canis and dogs in an aquatic environment.	SDG 6; SDG 14	https://www.ulusofona.pt/en/news/kennels-in-aquatic-environment
Sustainability Events	2023	Well-Being and Health in Workplaces	The event programme included a debate, where recommendations	SDG 3; SDG 8;	https://www.ulusofona.pt/en/news/well-being-and-health-in-

		Under Discussion	from the Portuguese Laboratory for Healthy Work Environments were discussed, as well as lectures and panels where those present could think about the burden of unhealthy lifestyles on employees' health and work productivity, as well as policies to promote health at work.	SDG 11; SDG 16	workplaces-under-discussion
Community Sustainability Services	2023	Ugly fruits and vegetables... NOT!	As part of the ERASMUS Project "Ugly" fruits and veggies... NOT!, we would like to share with everyone an example that we consider positive. At the Lusófona University Campus, in Lisbon, we encourage consumer proximity to agricultural producers. Every week we have the possibility to buy, directly from the producer, fruit and vegetables, in prepared baskets that offer a varied set of products, including specimens of fruit and vegetables classified as "ugly".	SDG 2; SDG 11	https://www.ulusofona.pt/en/news/ugly-fruits-and-veggies-not
Sustainability Events	2023	World Sleep and Student Day	Discover the importance of being a student and having a	SDG 3; SDG 4	https://www.ulusofona.pt/en/noisi/world-sleep-and-student-day

			good quality of sleep for physical, mental and social well-being.		
In Media	2023	Extreme Phenomena, Civil Engineering and Vulnerable Structures w/ Elói Figueiredo	Do you know the impact of Climate Change on Infrastructure? Did you know that extreme phenomena can jeopardize the stability of bridge structures? What are the main concerns of Civil Engineering professionals?	SDG 9; SDG 13	https://www.ulusofona.pt/en/podcasts/ep22-extreme-phenomena-civil-engineering-and-vulnerable-structures-w-eloi-figueiredo
In Media	2023	Resource Management, Water Consumption and Agricultural Sector w/ Carina Almeida and Hilda de Pablo	The lecturers, Carina Almeida and Hilda de Pablo, invite us to reflect on resource management and the impact that our lifestyles and decisions have on the environment.	SDG 6; SDG 9; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/podcasts/ep21-resource-management-water-consumption-and-agricultural-sector-w-carina-almeida-and-hilda-de-pablo
In Media	2023	Climate Change, Impacts and Importance of Raising Awareness with Cândida Rocha	Reflect on climate change, the impact of our decisions on sustainability and the importance of raising awareness on this topic.	SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/podcasts/ep20-climate-change-impacts-awareness
In Media	2023	Traumas, Changes in Brain Structure and Symptoms with Bruno Faustino	Know which events can be considered complex from an emotional point of view, as well as the symptoms and types of therapies recommended for someone going	SDG 3	https://www.ulusofona.pt/en/podcasts/ep19-trauma-changes-brain-structure-symptoms-bruno-faustino

			through a situation of this type.		
In Media	2023	Making a Difference, People and Promoting Well-Being w/ Hélia Bracons	Hélia Bracons, Director of the Degree in Social Work, shares what her passion and profession are, clarifying what some of the purposes of the Social Service area are, its challenges and opportunities, especially in the current context.	SDG 1; SDG 4; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/podcasts/ep2-making-difference-people-promoting-well-being-helia-bracons
In Media	2023	Physical Activity, Health and Well-being with Marlene Silva	Marlene Silva, Professor at the Faculty of Physical Education and Sports, makes us reflect on the importance of carrying out physical activity regularly and adopting new strategies to stay active.	SDG 3; SDG 4	https://www.ulusofona.pt/en/podcasts/ep9-physical-activity-health-wellness-marlene-silva
Community Sustainability Services	2023	ULusófona Students Investigate Biodiversity on the University Campus	Within the scope of the Spatial Planning curricular unit and the Eco-Schools programme, Environmental Engineering students from Lusófona University carried out, once again, a field investigation focused on the arboreal biodiversity present on the university campus. The project, guided by professor Anabela Cruces, had	SDG 15	https://www.ulusofona.pt/en/news/ulusofona-students-investigate-biodiversity-on-the-university-campus

			the collaboration of engineer Hélder Dias, responsible for managing the green areas of Lisbon City Council.		
In Media	2023	Mental Health of Young People, Uncertainty and Stigma with Tânia Gaspar and Teresa Mendes	How can we promote connection, deal with unforeseen events and promote the participation of young people in society?	SDG 3; SDG 16	https://www.ulusofona.pt/en/podcasts/ep18-youth-mental-health-uncertainty-and-stigma-w-tania-gaspar-and-teresa-mendes
Community Sustainability Services	2023	Volunteer space	The Associations were distributed throughout the main corridor of ULusófona – CUP, presenting to students their scope of activity, their mission, and some of the objectives by which they guide their intervention in the community. In addition to their promotional materials, the invited associations were also able to have, for one day, a “branch” of their solidarity stores, being able to sell some of their products, the profits of which went back to continuing to finance their activities.	SDG 1; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/volunteer-space
In Media	2023	Distress, Sexual Pleasure, Well-Being, Sexology	In this episode we are invited to understand a little more about the	SDG 3; SDG 4;	https://www.ulusofona.pt/en/podcasts/ep17-distress-sexual-

		and Multidisciplinary with Patrícia Pascoal	area of sexology, coming into contact with concepts such as de-stress, the importance of promoting well-being and eliminating the anguish associated with sexual dissatisfaction.	SDG 5; SDG 16	pleasure-well-being-sexology-multidisciplinary-patricia-pascoal
In Media	2023	Burnout, Prevention and Seeking Help with Tânia Gaspar and Ana Loureiro	Today's episode, Tânia Gaspar and Ana Loureiro make us reflect on the topic of Burnout, in its multiple aspects, from the process of recognising and managing stressful situations, to risk factors and issues that we should be aware of.	SDG 3; SDG 16	https://www.ulusofona.pt/LINK
Community Sustainability Services	2023	Lusófona Verde #ZeroWaste	Have you heard about Lusófona Verde? It is a project by Lusófona University that aims to make the University Campus a more sustainable place, namely through the transmission of essential values such as: Reduce, Recycle, Respect and Responsibility.	SDG 2; SDG 6; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/noisi/green-lusofona-zerowaste
In Media	2023	Self-care, Barriers and Improving Habits with	We are invited to learn about some of the simple actions that, when done daily, contribute to the self-	SDG 3; SDG 16	https://www.ulusofona.pt/en/podcasts/ep15-self-care-barriers-

		Isabel Santos and Ana Beato	care process. Teachers Isabel Santos and Ana Beato share their perspectives, demystifying this increasingly relevant concept.		improve-habits-isabel-santos-ana-beato
Sustainability Events	2023	Reflect Productivity and Quality of Employment	The book "Productivity and Quality of Employment - The path to growth and better wages" aims, in this way, to contribute to the improvement of public debate through the provision of documents prepared, discussed and approved by representatives of the different sectors of Portuguese society.	SDG 3; SDG 8; SDG 9; SDG 16	https://www.ulusofona.pt/en/news/Reflecting-Productivity-and-Job-Quality
Sustainability Events	2023	App4SHM - Bridge Structural Health Monitoring	The Civil Research Group at Lusófona University - Centro Universitário Lisboa, developed an application with the purpose of monitoring the structural health (Structural Health Monitoring - SHM) of bridges or other civil structures, with the aim of evaluating the condition after an extreme event or when requested by authorities.	SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/en/news/app4shm-bridge-structural-health-monitoring

Sustainability Events	2023	Psychogerontology and Mental Health Study: The Role of Technology	The objective of this study is, above all, to: Understand how workplace ecosystems can function as a protective factor or risk factor in the development of burnout, design solutions to improve access to health and information, verify which forms of intervention are appropriate to the present and future needs of Organisations.	SDG 3; SDG 4	https://www.ulusofona.pt/en/news/psychogerontology-and-mental-health-study-the-role-of-technology
Sustainability Events	2023	ULusófona Studies Infrastructure Monitoring Technologies	The project, entitled Innovative technologies for monitoring of heritage buildings and infrastructures, aims to develop two technologies applicable to existing buildings and structures: 1) photogrammetry using an unmanned aerial vehicle (UAV) particularly useful in tall structures; and 2) satellite-based synthetic aperture radar interferometry (InSAR) for identifying kinematic mechanisms of buildings, namely	SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/ulusofona-studies-infrastructure-monitoring-technologies

			through measuring deformations.		
Participation in International Projects	2023	iTechStyle Green Circle	Lusófona University stands out as a higher education institution with the largest representation in the iTechStyle Green Circle exhibition, with five notable participations - the master's students, Ivo Barreiros and Eduarda Mandim, Clara Silva, from the 1st year of the degree, Luis Sanchez, designer and professor at ULusófona, as well as the contribution of Projeto das Lérias - transmission of intergenerational knowledge.	SDG 8; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/news/itechstyle-green-circle
Sustainability Events	2023	Study the Impact of Climate Change on Infrastructure	Climate change is a reality that we have to deal with, causing a set of challenges in all sectors of activity, and the construction of structures and buildings is no exception. Climate change is considered one of the biggest threats to the comfort and health of our buildings and infrastructure.	SDG 9; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/news/study-the-impact-of-climate-change-on-infrastructure

Sustainability Events	2023	ULusófona Students Participate in an Educational Visit to Quinta das Águias	As part of the Eco-Schools programme, students and lecturers from Lusófona University carried out a study visit to Quinta das Águias, with the aim of deepening knowledge about Biodiversity conservation and Sustainability practices.	SDG 15	https://www.ulusofona.pt/en/news/ulusofona-students-take-part-in-educational-visit-to-quinta-das-aguias
Community Sustainability Services	2023	Lusófona University in Underwater Cleaning Campaign	On May 27th, Tiago Monteiro, a Biotechnology Degree student at Lusófona University and member of the board of directors of the Faculty of Engineering Eco-Escolas, participated in one of the largest underwater cleaning campaigns ever carried out. The event, which was attended by 842 divers, set a new record by collecting around 3 tons of marine waste in just 24 hours. Among the items removed were ropes, plastic and glass bottles, and disposable masks.	SDG 14	https://www.ulusofona.pt/en/news/lusofona-university-in-underwater-cleaning-campaign
Sustainability Events	2023	DIRECTIONS	In this workshop hosted by the President of the	SDG 9; SDG 11	https://www.ulusofona.pt/en/news/rumos

			<p>Agualva - Mira Sintra Parish Council, Arch. Carlos Casimiro, walking experiences were developed as an experimental methodology to capture the urban ambience and create knowledge about the relationships between the morphology of the space and its users, the behaviours and practices, the sociocultural and symbolic resources activated in a given spatial context.</p>		
Sustainability Events	2023	Renewable Energy Research with Andriy Lyubchik	<p>The Catcher project, coordinated by Professor Andriy Lyubchik, aims to develop innovative technology for the exploitation of atmospheric moisture and its direct conversion into electricity, thus creating a new sustainable source of renewable energy, while contributing to the implementation of specific priorities for strengthening the European Union's leadership in the area of renewable energy.</p>	SDG 7; SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/conversations-about/investigation-renewable-energy-andriy-lyubchik

Sustainability Events	2023	Creating Knowledge at Lusófona University	“Criar Saberes” is a project with more than 20 years whose objective is to raise awareness among students from 10th to 12th grade about laboratory and experimental reality in the most varied areas of knowledge and broaden their horizons when choosing the course and way of entering higher education.	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/criar-saberes-universidade-ulusofona
Sustainability Events	2023	Award-winning Sustainability Project Coordinated by ULusófona	Infraestruturas de Portugal (IP) wins the 2022 Sustainability in the Built Environment Award, in the Circularity category, with a project developed under the protocol with Lusófona University and coordinated by professor Prof. Luís Quaresma.	SDG 8; SDG 9; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/news/award-winning-sustainability-project-coordinated-by-ulusofona
Sustainability Events	2023	UC Environmental Engineering Project: Analysis of the Tagus River	Study of identification, environmental characterisation and conductivity of the Tagus River, in the sector between Valada do Ribatejo (Cartaxo) and Vila Nova da Rainha (Azambuja). 2nd Semester	SDG 14	

Community Sustainability Services	2023	Voluntary Action: Removal of Agricultural Plastics	Voluntary action to remove agricultural plastics from the Paul de Manique do Intendente.	SDG 2; SDG 11; SDG 14	
Training Actions and Workshops	2023	Workshop Physical Exercise with Blood Flow Restriction	On November 22nd, Lusófona University had the honour of welcoming Eduardo Carballeira Fernández and Marta Sevilla Sánchez, two professors and researchers from the University of A Coruña, in Spain. The event consisted of a workshop with a practical and theoretical session, divided into two sessions.	SDG 3; SDG 4	https://www.ulusofona.pt/en/news/workshop-physical-exercise-with-blood-flow-restriction
Community Sustainability Services	2023	Lusófona University promotes Online Training on Waste Separation	The Eco-Schools of the Faculty of Engineering of the Lusófona University continued the partnership with Sociedade Ponto Verde (SPV), started the previous year, within the scope of the “Onde Está Recicla Sempre” project. This year, online training was organised for the entire interested academic community, including Lusófona cleaning staff, who participated through a	SDG 4; SDG 11; SDG 12; SDG 16	https://www.ulusofona.pt/en/news/lusofona-university-promotes-online-training-on-waste-separation

			room equipped for this purpose at the university.		
Sustainability Events	2023	Students from Lusófona University Visit Mina do Lousal in Technical Exit	On June 20th, students from the Eco-Council of Lusófona University, accompanied by professor Anabela Cruces, participated in a technical trip to the old Lousal mine. During the visit, students explored the mine's historic facilities and the live science centre created on site. The activity highlighted the importance of rehabilitation of mining areas and water quality management. The students collected water and sediment samples, which will be analysed in Ecotoxicology and Water Quality classes, reinforcing the relevance of the study of natural resource management and environmental preservation.	SDG 6; SDG 12	https://www.ulusofona.pt/en/news/lusofona-university-students-visit-lousal-mine-on-technical-outing
Training Actions and Workshops	2023	Risks, Effects and Prevention of Asbestos in Lecture at	On June 7th, the Faculty of Engineering of Lusófona University hosted a lecture dedicated to the	SDG 8; SDG 9; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/risks-effects-and-prevention-of-asbestos-in-lecture-at-lusofona-university

		Lusófona University	theme "The Importance of Asbestos in Various Contexts", given by a specialist from the Institute of Welding and Quality (ISQ). The event, which was attended by several professors and students from the areas of environmental and civil engineering, highlighted the relevance of asbestos in multiple sectors, addressing the challenges and precautions associated with its use.		
Community Sustainability Services	2023	Awareness Action on Energy Savings at ULusófona	As part of its mission to promote sustainable practices, the Eco-Schools coordination at Lusófona University organised an awareness-raising action on energy savings on June 6th. The event, entitled "Energy Efficiency for a More Sustainable University Campus", was led by professor Rui Neto and aimed at the entire academic community. During the session, strategies were discussed to reduce energy	SDG 7; SDG 11; SDG 12	https://www.ulusofona.pt/en/news/energy-saving-awareness-action-at-ulusofona

			consumption and improve the sustainability of the university campus.		
Training Actions and Workshops	2023	Lecture on Biodiversity and Bird Identification involves ULusófona	On May 25th, Lusófona University promoted a practical activity within the scope of the Spatial Planning discipline and the Eco-Schools programme. The initiative included a lecture on Biodiversity and Bird Identification, followed by a field visit to the university campus for direct observation of the species.	SDG 15	https://www.ulusofona.pt/en/news/lecture-on-bird-biodiversity-and-identification-involves-ulusofona
Sustainability Events	2023	ULusófona Promotes Session on Water and Sand Quality in Coastal Zones	As part of the Medical Microbiology discipline of the Biotechnology Degree at the Faculty of Engineering and the Faculty of Engineering Eco-Schools programme, Lusófona University promoted an awareness session on the quality of water and sand in coastal areas. The event, aimed at FE students and lecturers, was attended by Dr. João Brandão, researcher at the Centre for Environmental and Marine Studies	SDG 14	https://www.ulusofona.pt/en/news/ulusofona-promotes-session-on-the-quality-of-water-and-sand-in-coastal-zones

			(CESAM) and responsible for the Mycology Unit in the Department of Environmental Health of the Dr. Ricardo Jorge National Institute of Health.		
Sustainability Events	2023	Articulation of Spatial Planning and Emergency Planning	CEPS is a specialisation course in Emergency, Protection and Relief, the purpose of which is to provide trainees with the technical-professional skills appropriate to the performance of functions within the scope of prevention and first-line intervention, throughout the national territory, in emergency, protection and relief situations.	SDG 3; SDG 13	https://www.ulusofona.pt/en/news/articulation-of-land-use-planning-and-emergency-planning
Community Sustainability Services	2023	ULusófona Students Evaluate Water in Sancha and Santo André Lagoons	As part of the project course, students from Lusófona University participated in a technical trip to the Sancha and Santo André lagoons, where they had the opportunity to apply the knowledge acquired in the classroom. The activity included the use of multiparameter probes to measure physical-chemical	SDG 14	https://www.ulusofona.pt/en/news/ulusofona-students-evaluate-water-in-sancha-and-santo-andre-lagoons

			parameters of water and the collection of samples for the analysis of microbiological indicators.		
Participation in International Projects	2023	Space Adventure: Defend the Planet	The video game "Space Adventure: Defend the Planet", developed as part of the GBL4deaf project, was presented on December 4th at the Games and Learning Alliance Conference - Dublin, as part of the shortlist in the "Academic" category.	SDG 4; SDG 12; SDG 16	
Participation in International Projects	2023	Environmental Project: Free-LitterAT	International project focused on preserving biodiversity and reducing pollution in the oceans.	SDG 14; SDG 15	
Participation in International Projects	2023	Project Catcher at Gastech Singapore	Between the 5th and 8th of September 2023, our researchers Andriy Lyubchyk and Sergiy Lyubckyk were present at GASTECH Singapore, with the aim of presenting the technology developed by the CATCHER project, represented by Cascatachuva Lda.	SDG 7; SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/project-catcher-at-gatech-singapore
Participation in International Projects	2023	ULusófona Highlights Environmental Education at the VII International	Between the 17th and 20th of July, Lusófona University was present at the VII International Eco-Schools Congress,	SDG 6; SDG 7; SDG 8; SDG 9; SDG 11;	https://www.ulusofona.pt/en/news/ulusofona-highlights-environmental-

		Congress in Aveiro	held at the Casa da Ciência, in Aveiro. The event brought together coordinators and management members of the Eco-Escolas programme, with the aim of disseminating pedagogical initiatives and sustainable practices, both for lecturers and students.	SDG 12; SDG 14; SDG 15; SDG 16; SDG 17	education-at-the-vii-international-congress
Participation in International Projects	2023	AQUA Project	The Aqua Synapse project aims to verify this hypothesis and develop mechanisms for measuring the health benefits of deuterium-poor water.	SDG 3; SDG 6; SDG 14	https://www.ulusofona.pt/en/conversations-about/conversations-about-aqua-project
Participation in International Projects	2023	WeARTolerance Project with Support from the La Caixa Foundation	The team of psychologists and researchers from Lusófona University (COFAC, HEI-Lab) aims to better understand attitudes towards illness and mental health in Portugal. At this stage, they recruited participants for the arts-based programme, which aims to integrate areas such as theatre, cinema, music and visual arts.	SDG 3; SDG 16	https://www.ulusofona.pt/en/news/weartolerance-project-with-the-support-of-la-caixa-foundation
Participation in	2023	EWALD Project	On January 18th, the Kick-off meeting of the	SDG 9; SDG 11;	https://www.ulusofona.pt/en/conversations-

International Projects			EWALD project took place at the Library of Lusófona University de Lisboa – a project financed by the European Executive Research Agency of the European Commission, and coordinated by Professor Svitlana Lyubchuk from Lusófona University.	SDG 15; SDG 17	about/conversations-about-project-ewald
Participation in International Projects	2023	SOS Climate Waterfront Project	For 30 days, the city of Lisbon became a centre of creativity and collaboration that brought together diverse researchers from around the world, united by the common goal of creating solutions to combat climate change in coastal areas across Europe.	SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/sos-climate-waterfront-project
Participation in International Projects	2023	ULusófona Makes Presence at the VII International Congress of Environmental Education	Lusófona University was represented at the VII International Congress on Environmental Education, which took place in Maputo, Mozambique, from 3 to 7 July 2023. The presence of Coordination Eco-Escolas FE and members of the institution's management	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-attends-vii-international-congress-on-environmental-education

			reinforced Lusófona's commitment to environmental education.		
Participation in International Projects	2023	CleanAtlantic - Tackling Marine Litter in the Atlantic Area	Participation in the European Commission project, leading WP6 – Modelling, to combat marine litter in the Atlantic.	SDG 14; SDG 17	
Participation in International Projects	2023	ULusófona Coordinates Aqua Synapse Project Meeting	The Aqua Synapse project is a project that aims to thoroughly study the potential positive health effects of deuterium-poor water. For example, the isotope content of drinking water is known to have effects on the pathogenesis of cancer, and it has been hypothesized whether the reduction of heavy isotopes in drinking water (in this case deuterium) may have positive biological effects on human health.	SDG 3; SDG 6; SDG 14	https://www.ulusofona.pt/en/news/ulusofona-coordinates-aqua-synapse-project-meeting
Participation in International Projects	2023	ULusófona Coordinates EWALD Project Kick-Off Meeting	EWALD's main focus is the observation of planet Earth through space for early warning of land degradation at the borders of the European Union, and its objective is the development of an	SDG 8; SDG 9; SDG 11; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-coordinates-kick-off-meeting-ewald-project

			innovative Early Warning System structure.		
Participation in International Projects	2023	EWALD Project	On January 18th, the Kick-off meeting of the EWALD project took place at the Library of Lusófona University de Lisboa – a project financed by the European Executive Research Agency of the European Commission, and coordinated by Professor Svitlana Lyubchuk from Lusófona University.	SDG 9; SDG 11; SDG 15; SDG 17	https://www.ulusofona.pt/en/conversations-about/conversations-about-project-ewald
Sustainability Events	2023	Consulting and Data Analyst	AdTA (Water of the Tagus Atlantic): Environmental monitoring of the Guia submarine outfall and ARM (Water and Waste of Madeira): Analysis of the impact of rejecting effluents in the marine environment in Madeira.	SDG 14; SDG 17	
Participation in International Projects	2023	Class on International Course: IMAT NU E-Course	Class at Lusófona University taught in the International Course "IMAT NU E-Course: Circular Economy and Zero Emission Systems: Financing Strategies for Resilient Societies," with a focus on "CE in	SDG 2; SDG 8; SDG 15	

			sustainable resource management BIO-WASTE”.		
In Media	2023	And when do we feel like a fraud? Listen here to How to Deal with Impostor Syndrome	In this episode of How to Deal, psychologist Tânia Gaspar gives us strategies for dealing with impostor syndrome.	SDG 3; SDG 4	https://www.publico.pt/2023/11/28/p3/noticia/sentimos-fraude-ouve-aqui-lidar-sindrome-impostor-2071797
Sustainability Events	2023	And when do we feel like a fraud? How to Deal with Impostor Syndrome	Have you ever felt like you don't deserve to be where you are, or that your work is never good enough? You probably live with imposter syndrome. This syndrome is related to the evaluation that each person makes of themselves and usually leads us to think that at any moment they will discover that we are not that good at what we do. But there are ways to deal with it.	SDG 3; SDG 4	https://www.youtube.com/watch?v=uyQqF355yNs
Sustainability Events	2023	Diabetes and behavioural change – to prevent and manage diabetes you need to know how to change and maintain change	Diabetes is best understood from an ecological perspective, taking into account physical, psychological, social and environmental health factors.	SDG 2; SDG 3	https://lifestyle.sapo.pt/saude/noticias-saude/artigos/diabetes-e-mudanca-comportamental-para-prevenir-e-gerir-a-diabetes-e-preciso-saber-como-mudar-e-manter-a-mudanca

Sustainability Events	2023	Diabetes and behavioural change – to prevent and manage diabetes you need to know how to change and maintain change	Diabetes is best understood from an ecological perspective, taking into account physical, psychological, social and environmental health factors. Type 2 diabetes is a chronic disease closely linked to the individual's behaviour, lifestyle and the environment in which they live.	SDG 2; SDG 3	https://healthnews.pt/2023/11/17/diabetes-e-mudanca-comportamental-para-prevenir-e-gerir-a-diabetes-e-preciso-saber-como-mudar-e-manter-a-mudanca/
In Media	2023	Young people have a different attitude towards work	Young people have a different attitude towards work The job market is changing and new generations view it differently than previous ones. In addition to the salary issue, young people value the balance between work and personal life, work flexibility and the search for new professional challenges.	SDG 4; SDG 16	https://www.radiovizela.pt/noticia-jovens-tem-uma-atitude-diferente-face-ao-trabalho-
Sustainability Events	2023	Active Aging and its Promotion: Physical activity as a catalyst!	As a final note, it is important to highlight the idea of an existential continuum: At the age of 65, a person who is satisfied and active (vs. sad and sedentary) will have been so for many years... Intervening in ageing means	SDG 3; SDG 4	https://sol.sapo.pt/2023/11/14/envelhecimento-ativo-e-sua-promocao-a-atividade-fisica-como-um-catalisador/

			intervening from childhood.		
In Media	2023	Mental Health in Higher Education: Change is urgent!	Entering Higher Education represents exposure to different stress factors -- another environment, other routines, more responsibility, more demands and, in many cases, distance from family, friends and a home to manage alone.	SDG 3; SDG 4; SDG 8; SDG 16; SDG 17	https://www.dn.pt/opiniaao/saude-mental-no-ensino-superior-e-urgente-mudar-17298262.html/
Sustainability Events	2023	Why do young people hurt themselves? 12 questions to understand these behaviours	Deep discomfort and difficulty dealing with emotions can lead young people and adolescents to intentionally hurt themselves. Questions and answers that help you understand self-injurious behaviours.	SDG 3; SDG 4; SDG 16	https://observador.pt/explicadores/porque-e-que-os-jovens-se-magoam-a-si-proprios-12-perguntas-para-entender-estes-comportamentos/
Sustainability Events	2023	'It was an accident': the scientists who have turned humid air into renewable power	That's exactly what another team, Prof Svitlana Lyubchik and her twin sons, Profs Andriy and Sergiy Lyubchik, are trying to do. Svitlana Lyubchik and Andriy are part of the Lisbon-based Catcher project, whose aim is "changing atmospheric humidity into renewable power"	SDG 7; SDG 8; SDG 10; SDG 11; SDG 12; SDG 13; SDG 17	https://www.theguardian.com/science/2023/jul/02/it-was-an-accident-the-scientists-who-have-turned-humid-air-into-renewable-power

In Media	2023	“It was important that in companies there was sexual education about harassment and not this idea that it is only for little ones, only at school”	Patrícia Pascoal, psychotherapist and coordinator of the Master's Degree in Sexology at Lusófona University, and Sara Magano, psychiatrist and sex therapist, are the guests of the most recent episode of the podcast "Que Voz é Esta?", this time dedicated to the topic of sexuality and mental health. Listen to the conversation here	SDG 4; SDG 5; SDG 8; SDG 10	https://expresso.pt/podcasts/que-voz-e-esta/2023-09-28-Era-importante-que-nas-empresas-houvesse-educacao-sexual-acerca-do-assedio-e-nao-esta-ideia-de-que-e-so-para-os-pequeninos-so-na-escola-33418b47
In Media	2023	There is a hypersexualization of people. They are expected to be very sexual and do all kinds of practices in all ways	Mental health affects sexuality and vice versa, but the relationship between these two areas is still not clear to everyone. "Hypersexualization", "pressure for sexual performance" and "punishing and punitive discourses" regarding certain preferences, fantasies, orientations and gender identities have an impact on mental health.	SDG 4; SDG 5; SDG 10	https://expresso.pt/podcasts/que-voz-e-esta/2023-09-25-Ha-uma-hipersexualizacao-das-pessoas.-Espera-se-que-sejam-muito-sexuais-e-facam-todas-as-praticas-e-de-todas-as-manieras-baac9a90
In Media	2023	Modtissimo celebrates another successful edition	The last edition of the event, the 60+2, held at Exponor, has shown a positive result thanks to a strong presence of visitors: 5,089 Portuguese and	SDG 8; SDG 12; SDG 13; SDG 17	https://noticierotextil.net/internacional/modtissimo-celebra-outra-edicion-de-exito/

			510 international buyers.		
In Media	2023	OPP “IV Meeting of Southern Psychologists” Debates Education, Mental Health, Poverty and Work	The Southern Regional Delegation of the Order of Portuguese Psychologists (OPP) will hold the IV Meeting of Southern Psychologists, next Friday, September 22nd, at Forum Lisbon. A meeting that aims to promote the sharing of experiences, discussion and reflection around topics related to science and psychological intervention.	SDG 1; SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	https://maisalgarve.pt/2023/09/20/opp-iv-encontro-dos- psicologos-do-sul-debate-educacao-saude-mental-pobreza-e-trabalho/
In Media	2023	Tânia Gaspar, clinical psychologist: “Leaders are a risk group when it comes to burnout	Stressed managers increase the risk of burnout in teams. Prevention involves empowering leaders, say psychologists	SDG 3; SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	https://expresso.pt/economia/2023-09-17-Tania-Gaspar-psicologa-clinica-Lideres-sao-grupo-de-risco-em-materia-de-burnout-8cf850c2
Participation in International Projects	2023	iTechStyle Green Circle with the biggest edition ever	It is the largest exhibition ever of an iTechStyle Green Circle, which in this edition features 52 designs developed using the products of almost fifty Portuguese companies. The forum, which has a strong focus on bio-based materials and	SDG 8; SDG 12; SDG 13; SDG 17	https://jornal-t.pt/noticia/itechstyle-green-circle-com-a-maior-edicao-de-sempre/

			natural processes in this edition, is being presented for the first time – with great curiosity on the part of visitors – at MODTISSIMO.		
In Media	2023	Tânia Gaspar: “The problem is that companies want to go back to the way things were and people are not available for that”	Interview with the coordinator of the Portuguese Laboratory for Healthy Work Environments	SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	https://activa.pt/lifestyle/2023-09-02-tania-gaspar-o-problema-e-que-as-empresas-querem-voltar-ao-que-era-e-as-pessoas-nao-estao-disponiveis-para-isso/
Sustainability Events	2023	A Ministry for the Future	In an article, Elói Figueiredo analyses whether Portugal is managing to transform the economy and society, while meeting climate ambitions.	SDG 9; SDG 13; SDG 10; SDG 16	https://www.publico.pt/2023/08/17/opiniao/opiniao/ministerio-futuro-2060398
In Media	2023	Dream of producing electricity from air may be closer	Meanwhile, a team in Portugal is working on a European Union-funded project called CATCHER, which also aims to harness moist air as an energy source. Svitlana Lyubchik, a materials scientist at Lusófona University de Lisboa, in Portugal, coordinates the project and is co-founder of a company called CascataChuva.	SDG 7; SDG 8; SDG 10; SDG 11; SDG 12; SDG 13; SDG 17	https://www.bbc.com/portuguese/articles/cne0wnvx2vzo

In Media	2023	Employment is not the most important thing for young people when choosing a course	Courses with the highest number of unemployed people had all their places filled last year.	SDG 4; SDG 8; SDG 9; SDG 16	https://www.cmjornal.pt/sociedade/detalhe/emprego-nao-e-o-mais-importante-para-os-jovens-na-hora-de-escolher-um-curso
In Media	2023	Safety and Health at Work. Commission will create Green Paper of the Future	The Government created the Commission to prepare the Green Book on the Future of Safety and Health at Work, which must present the final proposal by December 31st, according to an order published this Thursday in Diário da República.	SDG 4; SDG 12; SDG 13; SDG 16; SDG 17	https://rr.sapo.pt/noticia/pais/2023/07/20/seguranca-e-saude-no-trabalho-comissao-vai-criar-livro-verde-do-futuro/339779/
In Media	2023	Government appoints commission for Green Paper on the Future of Safety and Health at Work. Meet the 15 experts	A group of experts will be responsible for preparing the Green Paper on the Future of Safety and Health at Work, which should be presented to the Government by the end of this year.	SDG 4; SDG 12; SDG 13; SDG 16; SDG 17	https://eco.sapo.pt/2023/07/20/governo-aponta-comissao-para-elaborar-livro-verde-do-futuro-da-seguranca-e-saude-no-trabalho-conheca-os-15-peritos/
In Media	2023	The "no wash" movement is not about not washing, it's about reducing	Translated into Portuguese it means "there is no washing". Which may imply that the followers of this movement will never wash their clothes again in their lives. But that's not it. The idea is to reduce them to the essentials and change the way we do	SDG 4; SDG 5; SDG 10; SDG 12	https://www.ulusofona.pt/media/movimento-no-wash-nao-e-sobre-nao-lavar-e-sobre-reduzir.pdf

			them. And, above all, rethink clothing consumption. This is a guide to learn about the impact of washing clothes on the environment - and on your household bills		
In Media	2023	Healthy work environments: What are companies' priorities?	A study by the Portuguese Laboratory of Healthy Work Environments concluded that intervention in mental health and prevention of burnout is a priority in companies, and, in addition to developing conflict management strategies, they must work on the issue of leadership.	SDG 3; SDG 8; SDG 16; SDG 17	https://hrportugal.sapo.pt/ambientes-de-trabalho-saudaveis-quais-as-prioridades-das-empresas/
Sustainability Events	2023	Female leadership in promoting healthy work environments	A healthy work environment is defined as an environment in which professionals and leaders, those responsible for companies and managers collaborate together to continuously improve the protection and promotion of the safety, health and well-being of all professionals, as well as the sustainability of the work environment.	SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	https://liderancanofeminino.org/a-lideranca-feminina-na-promocao-de-ambientes-de-trabalho-saudaveis/

In Media	2023	An Integrated Assessment of Bridge Adaptation to Climate Change	Elói Figueiredo, Ionut Moldovan and Guilherme Coelho, professors at ULusófona, publish an article on the structural maintenance of concrete bridges.	SDG 9; SDG 13; SDG 10; SDG 17	https://ascelibrary.org/doi/abs/10.1061/JBENF2.BEENG-5735
Participation in International Projects	2022 - 2024	Erasmus Project "UPEC - European People's University" - Member Partner	Professionalization of social mediation activity through the development of case analysis and training materials	SDG 4; SDG 10; SDG 16; SDG 17	https://www.cree-a.eu/nos-offres/12340/
Participation in International Projects	2021 - 2023	Erasmus Project "CreEA.MEM" - Member Partner	Definition of a European mobility system for the training of social mediators and the development of mediation organisations	SDG 4; SDG 5; SDG 10; SDG 11; SDG 16; SDG 17	https://www.ceied.ulusofona.pt/en/news/erasmus-mem-project-organizing-european-social-mediation-for-the-training-of-social-mediators
Participation in International Projects	2018 - 2019	Erasmus Project "Tours d' Europe des Mediateurs Sociaux" - Guest Member	Learning the craft of Social Mediator through immersion in different contexts of mediation to promote social inclusion	SDG 4; SDG 10; SDG 11; SDG 16; SDG 17	https://www.cree-a.eu/evenements/le-tour-deurope/
Participation in International Projects	2023 - 2025	School Mediation Education Project - Responsible Member	Develop skills, create positive habits, affirm values and improve best practices for a new culture of conflict resolution in the school environment	SDG 3; SDG 4; SDG 5; SDG 16; SDG 17	https://recil.ulusofona.pt/server/api/core/bitstreams/ccefb00d-3099-459e-badd-d509ea63ac73/content
Participation in	2021 - 2023	Project "Being-Free" -	Create a specialised support office for victims of domestic	SDG 3; SDG 5; SDG 10;	https://www.adice.pt/ser-livre.html

International Projects		Evaluating Member	and sexual violence, and raise awareness for vulnerable groups	SDG 16; SDG 17	
Sustainability Events	2023	Seminar Cycle in Exercise and Health	The series of seminars aims to present specific and current themes on exercise and health and present strategies based on physical exercise for these different health conditions and/or contexts.	SDG 3	https://www.ulusofona.pt/en/event/cycle-of-seminars-in-exercise-and-health
Sustainability Events	2023	Ceratonia Siliqua	Participation in the project to evaluate the bioactive potential of Carob products.	SDG 2; SDG 3; SDG 12	
Sustainability Events	2023	Valuation and Reclassification of Óbidos Ginja Waste	Project in partnership with the Municipality of Óbidos, Frutóbidos Lda, and Elisa Câmara Lda, for submission to the Portuguese Environment Agency, IP of the Ministry of Agriculture, Sea, Environment and Spatial Planning.	SDG 2; SDG 11; SDG 12; SDG 13; SDG 14; SDG 15; SDG 16; SDG 17	
Sustainability Events	2023	Mobilisation of the EU Technical Assistance Facility - Seychelles	Supporting the Government of Seychelles in developing a revised and more ambitious 2020 Nationally Determined Contribution (NDC) under the CAEP Partnership.	SDG 2; SDG 7; SDG 9	

Sustainability Events	2023	Preparation of the EU Support Programme for Tunisia	Development of the EU Support Programme for Tunisia and preparation of the Terms of Reference for the Technical Assistance that will accompany the programme.	SDG 2; SDG 4; SDG 8	
Sustainability Events	2023	Coffee Talk Sessions	Organization and promotion of public events in an informal environment for scientific dissemination to the local community of Azambuja. Last Friday of every month, since 2019	SDG 4; SDG 8; SDG 11; SDG 12; SDG 15; SDG 16; SDG 17	
Sustainability-Related Organizations	2023	Internal Student Organization - (Total: 5)			
Sustainability-Related Organizations	2023	External Student Organization - (Total: 8)			
Community Sustainability Services	2023	Environmental Engineering Project UC: Analysis of the Tagus River	Study of identification, environmental characterization and conductivity of the Tagus River, in the sector between Valada do Ribatejo (Cartaxo) and Vila Nova da Rainha (Azambuja). 2nd Semester	SDG 14	

Participation in International Projects	2023	Catcher Project at Gastech Singapore	From 5 to 8 September 2023, our researchers Andriy Lyubchuk and Sergiy Lyubchuk were present at GASTECH Singapore, with the aim of presenting the technology developed by the CATCHER project, represented by Cascatachuva Lda.	SDG 7; SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/noticias/projeto-catcher-na-gastech-singapura
Participation in International Projects	2023	Data Consulting and Analysis	AdTA (Águas do Tejo Atlântico): Environmental monitoring of the Guia submarine outfall and ARM (Águas e Resíduos da Madeira): Analysis of the impact of effluent discharge into the marine environment in Madeira.	SDG 14; SDG 17	
Participation in International Projects	2023	Class in International Course: IMAT NU E-Course	Lecture given at Universidade Lusófona in the International Course "IMAT NU E-Course: Circular Economy and Zero Emission Systems: Financing Strategies for Resilient Societies," focusing on "CE in sustainable resource management BIO-WASTE".	SDG 2; SDG 8; SDG 15	
In Media	2023	And when we feel like a fraud? Listen here How to Deal with	In this episode of How to Deal, psychologist Tânia Gaspar gives us strategies for dealing	SDG 3; SDG 4	https://www.publico.pt/2023/11/28/p3/noticia/sentimos-fraude-ouve-

		Imposter Syndrome	with impostor syndrome.		aqui-lidar- imposter-syndrome-2071797
In Media	2023	It was an accident': the scientists who have turned humid air into renewable power	That's exactly what another team, Prof Svitlana Lyubchik and her twin sons, Profs Andriy and Sergiy Lyubchik, are trying to do. Svitlana Lyubchik and Andriy are part of the Lisbon- based Catcher project, whose aim is "changing atmospheric humidity into renewable power"	SDG 7; SDG 8; SDG 10; SDG 11; SDG 12; SDG 13; SDG 17	https://www.theguardian.com/science/2023/jul/02/it-was-an-accident-the-scientists-who-have-turned-humid-air-into-renewable-power
In Media	2024	"There is a hypersexualization of people. They are expected to be very sexual and do all the practices and in all the ways"	Mental health affects sexuality and vice versa, but the relationship between these two areas is still not clear to everyone. "Hypersexualization", "pressure for sexual performance" and "punishing and punitive discourses" regarding certain preferences, fantasies, orientations and gender identities have an impact on mental health.	SDG 4; SDG 5; SDG 10	https://expresso.pt/podcasts/que-voz-e-esta/2023-09-25-Ha-uma-hipersexualizacao-das-pessoas.-Espera-se-que-sejam-muito-sexuales-e-facam-todas-as-praticas-e-de-todas-as-maneiras-baac9a90
Sustainability Events	2023	A Basket of Hope - This Christmas Be Solidarity!	Donate essential goods to a homeless person, family or child in precarious conditions.	SDG 1; SDG 2; SDG 3; SDG 6; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/a-basket-of-hope-this-christmas-be-solidarity

Sustainability Events	2023	Seminar Definition of Healthy Soils	The event aims to highlight the importance of legislation regarding soil protection, addressing essential practices and standards to ensure soil health and sustainability in the environmental context.	SDG 11; SDG 12; SDG 14; SDG 15	https://www.ulusofona.pt/en/event/seminar-definition-of-healthy-soils
Sustainability Events	2023	I Meeting of Clinical Psychology - Cognitive-Behavioral Orientation	This event, open to the entire academic community in the field of Psychology, has as its main objective the discussion of advances in research in Clinical Psychology.	SDG 3	https://www.ulusofona.pt/en/event/1st-meeting-of-clinical-psychology-cognitive-behavioral-orientation
Sustainability Events	2023	"Wherever you are, Always Recycle"	The Eco-Escolas FE coordination, together with the Talent Management team of the Lusófona University of Lisbon, had the pleasure of inviting the entire academic community — staff, teachers and students of the Lusófona University of Lisbon and Porto — to a awareness-raising action promoted by Sociedade Ponto Verde, entitled “Wherever you are, Always Recycle”. The event was held online on June 29, a	SDG 11; SDG 12; SDG 13; SDG 14; SDG 15; SDG 16	https://www.ulusofona.pt/en/event/wherever-you-are-always-recycle

			Thursday, at 5 pm, lasting 1 hour.		
Sustainability Events	2023	Climate Change, Sustainable Development and Lusophony	Conference co-organized with the Institute of Military Studies to mark World Environment Day.	SDG 3; SDG 15	https://www.ulusofona.pt/en/event/climate-change-sustainable-development-and-lusophony
Sustainability Events	2023	Alteridade e Empatia - How to Communicate the Climate Crisis	The topic of climate change is of great interest, especially among young people today. A proposal based on “empathetic journalism” for this sensitive issue could be a way of addressing the need for greater otherness and empathy: less based on data about the climate crisis and more focused on empathy and the Other, in this case, those who suffer from its effects.	SDG 13; SDG 15	https://www.ulusofona.pt/en/event/alterity-and-empathy-how-to-communicate-the-climate-crisis
Sustainability Events	2023	Cycle of Workshops in Clinical Psychology and Psychology of Justice	Stalking, Self-Care, Harassment and Mindfulness	SDG 3	https://www.ulusofona.pt/en/event/cycle-of-workshops-in-clinical-psychology-and-psychology-of-justice
Sustainability Events	2023	Webinar - Coastal Engineering in Portugal and in the World	The third Webinar organized by young professionals from PIANC took place on May 19, 2023, and aimed to bring together and bring together Portuguese	SDG 6; SDG 7; SDG 14	https://www.ulusofona.pt/en/news/webinar-coastal-engineering-in-portugal-and-in-the-world

			professionals working in Portugal and abroad, focusing, this edition, on the themes of “ Ocean energy: offshore, wave and tidal energy” and “Coastal zone management”.		
Sustainability Events	2023	be-READY REsilient road pavements for sustainability	Road deterioration is one of the biggest challenges in infrastructure management. How can we achieve sustainable paving solutions?	SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/event/be-ready-resilient-road-pavements-for-sustainability
Sustainability Events	2023	Policies and Programs for Promoting Well-being and Mental Health in Young People	"Mental health is fundamental to the healthy and positive development of young people. The promotion of mental health must have a multidisciplinary and multi-ministerial approach, with universal, focused and specific measures in the areas of health, education, social areas, justice, innovation and science, all of which must be articulated with a common goal. To have young people with better mental health in a more open, participatory and	SDG 3	https://www.ulusofona.pt/en/event/youth-mental-health-promotion

			inclusive society." - Tânia Gaspar		
Sustainability Events	2023	A Two -brain Perspective on Human Sociality	International Conference with Professor Ruth Feldman, coordinator of the Center for Developmental Social Neuroscience - Reichman University, in Israel, whose main line of research is the study of the parental brain and its implications for the social development of human beings.	SDG 3	https://www.ulusofona.pt/en/event/two-brain-perspective-human-sociality
Sustainability Events	2023	Psychology Journeys	Cycle of Conferences on the 2nd cycles of Psychology to be presented to 1st cycle Psychology students	SDG 3	https://www.ulusofona.pt/en/event/psychology-days-23
Sustainability Events	2023	Round Table - Psychological Training and Mental Health in Sports	Round table with renowned directors, coaches and athletes with experience in high-performance sports.	SDG 3	https://www.ulusofona.pt/en/event/mesa-redonda-treino-psicologico-saude-mental-desporto
Sustainability Events	2023	Round Table - Psychological Training and Mental Health in Sports	Renowned coaches and athletes came together to reflect on the importance of Mental Health in Sport.	SDG 3; SDG 4; SDG 11; SDG 16	https://www.ulusofona.pt/en/news/mesa-redonda-treino-psicologico-resumo
Sustainability Events	2023	"Coffee Talk" Sessions	Organization and promotion of public events in an informal environment for scientific	SDG 4; SDG 8; SDG 11; SDG 12; SDG 15;	

			dissemination to the local community of Azambuja. Last Friday of every month, since 2019	SDG 16; SDG 17	
Activities on Campus	2023	Monitoring Physical Fitness Levels Post-Covid-19	The APTA Project aims to examine and monitor health-related physical fitness levels in adults post-Covid-19, as well as their association with sociodemographic and built environment characteristics.	SDG 3	https://www.ulusofona.pt/en/conversations-about/apta-project-receives-fazer-mais-award
Activities on Campus	2023	Faculty of Engineering Celebrates Eco-Schools Award with Raising of the Flag	The Faculty of Engineering of the Lusófona University - Centro Universitário Lisboa celebrated winning the Eco-Schools 2022/2023 award with a special green flag raising session. The event, attended by 25 participants, including students and teachers, was a moment of recognition and celebration of the work developed within the scope of the Eco-Schools program throughout the academic year.	SDG 2; SDG 3; SDG 4; SDG 6; SDG 7; SDG 8; SDG 9; SDG 11; SDG 12; SDG 14; SDG 15; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/faculty-of-engineering-celebrates-eco-schools-award-with-flag-raising
Activities on Campus	2023	Ocean Pollution, Marine Life Protection, Sustainability	The protection of marine life has become an urgent concern on the global stage as the oceans	SDG 12; SDG 13; SDG 14	https://www.ulusofona.pt/en/podcasts/ep38-ocean-pollution-protection-of-marine-

		with Gonçalo Calado	face a growing threat of pollution. Ocean pollution, caused primarily by the discharge of plastic waste, chemicals and air pollutants, has caused significant damage to marine ecosystems and biodiversity.		life-sustainability-c-goncalo-calado
Activities on Campus	2023	Cleaning Action in the Organic Garden Identifies Invasive Plant	During a recent clean-up operation in the area designated for the Organic Garden of the Lusófona University, an invasive plant was identified, known as the pampas grass, popularly called plumas. This species, although attractive, is harmful to the balance of the local ecosystem.	SDG 12; SDG 15	https://www.ulusofona.pt/en/news/organic-garden-clean-up-identifies-invasive-plant
Activities on Campus	2023	Universidade Lusófona Continues Composting Project on Campus	Lusófona University reinforces its commitment to sustainability through the continuation of its Composting Project. The initiative, led by the Eco-Schools Team of the Faculty of Engineering, aims to valorize the organic waste generated in the campus canteens, transforming them into nutrient-rich compounds.	SDG 2; SDG 11; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/lusofona-university-promotes-composting-to-fertilise-organic-vegetable-garden

Activities on Campus	2023	Organic Garden of ULusófona: New Species and Environmental Awareness	Since the beginning of the 2020/2021 academic year, the Lusófona University Organic Garden has stood out as a space for sustainable learning and practice. Recently restored and expanded, the garden now has three new beds, filled with various plant species.	SDG 12; SDG 15	https://www.ulusofona.pt/en/news/ulusofona-organic-garden-new-species-and-environmental-awareness
Activities on Campus	2023	Canis in Aquatic Environment	Experts from various fields gathered on May 5th, at the Lusófona University, for an event on Canis-wolves and dogs in aquatic environments.	SDG 6; SDG 14	https://www.ulusofona.pt/en/news/kennels-in-aquatic-environment
Activities on Campus	2023	"Ugly " fruits and vegetables... NOT!	As part of the ERASMUS Project "Ugly" fruits and veggies... NOT!, we would like to share with everyone an example that we consider positive. At the Lusófona University Campus in Lisbon, we encourage consumers to get closer to agricultural producers. Every week we have the opportunity to buy fruit and vegetables directly from the producer, in prepared baskets that offer a varied range of	SDG 2; SDG 11	https://www.ulusofona.pt/en/news/ugly-fruits-and-veggies-not

			products, including fruit and vegetables classified as “ugly”.		
Activities on Campus	2023	Extreme Phenomena, Civil Engineering and Vulnerable Structures with Elói Figueiredo	Are you aware of the impact of climate change on infrastructure? Did you know that extreme weather events can jeopardize the stability of bridge structures? What are the main concerns of civil engineering professionals?	SDG 9; SDG 13	https://www.ulusofona.pt/en/podcasts/ep22-extreme-phenomena-civil-engineering-and-vulnerable-structures-w-eloi-figueiredo
Activities on Campus	2023	Resource Management, Water Consumption and the Agricultural Sector with Carina Almeida and Hilda de Pablo	Teachers Carina Almeida and Hilda de Pablo invite us to reflect on resource management and the impact that our lifestyles and decisions have on the environment.	SDG 6; SDG 9; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/podcasts/ep21-resource-management-water-consumption-and-agricultural-sector-w-carina-almeida-and-hilda-de-pablo
Activities on Campus	2023	Making a Difference, People and Promoting Well-Being with Hélia Bracons	Hélia Bracons, Director of the Degree in Social Work, shares her passion and her profession, explaining some of the purposes of the area of Social Work, its challenges and opportunities, especially in the current context.	SDG 1; SDG 4; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/podcasts/ep2-making-difference-people-promoting-well-being-helia-bracons
Activities on Campus	2023	Students from ULusófona Investigate Biodiversity on	As part of the Spatial Planning course and the Eco-Schools programme,	SDG 15	https://www.ulusofona.pt/en/news/ulusofona-students-investigate-

		the University Campus	Environmental Engineering students at Lusófona University once again carried out field research focused on the tree biodiversity present on the university campus. The project, led by Professor Anabela Cruces, had the collaboration of engineer Hélder Dias, responsible for the management of green areas at Lisbon City Council.		biodiversity-on-the-university-campus
Activities on Campus	2023	Mental Health of Young People, Uncertainty and Stigmas with Tânia Gaspar and Teresa Mendes	How can we promote connection, deal with unexpected events and promote youth participation in society?	SDG 3; SDG 16	https://www.ulusofona.pt/en/podcasts/ep18-youth-mental-health-uncertainty-and-stigma-w-tania-gaspar-and-teresa-mendes
Activities on Campus	2023	Distress, Sexual Pleasure, Well-Being, Sexology and Multidisciplinarity with Patrícia Pascoal	In this episode we are invited to understand a little more about the area of sexology, coming into contact with concepts such as distress, the importance of promoting well-being and eliminating the anguish associated with sexual dissatisfaction.	SDG 3; SDG 4; SDG 5; SDG 16	https://www.ulusofona.pt/en/podcasts/ep17-distress-sexual-pleasure-well-being-sexology-multidisciplinary-patricia-pascoal

Community Sustainability Services	2023	Reflecting on Productivity and Quality of Employment	The book "Productivity and Quality of Employment - The path to growth and better wages" aims to contribute to the improvement of public debate by providing documents prepared, discussed and approved by representatives of the various sectors of Portuguese society.	SDG 3; SDG 8; SDG 9; SDG 16	https://www.ulusofona.pt/en/news/Reflecting-Productivity-and-Job-Quality
Community Sustainability Services	2023	App4SHM - Monitoring of the Structural Health of Bridges	The Civil Research Group of Universidade Lusófona - Centro Universitário Lisboa, has developed an application with the purpose of monitoring the structural health (Structural Health Monitoring - SHM) of bridges or other civil structures, with the aim of assessing the condition after a extreme event or when requested by authorities.	SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/en/news/app4shm-bridge-structural-health-monitoring
Community Sustainability Services	2023	Psychogerontology and Mental Health Study: The Role of Technology	The objective of this study is, above all: To understand how workplace ecosystems can function as a protective factor or risk factor in the development of burnout, to design solutions to improve	SDG 3; SDG 4	https://www.ulusofona.pt/en/news/psychogerontology-and-mental-health-study-the-role-of-technology

			access to health and information, and to verify which forms of intervention are appropriate to the present and future needs of organizations.		
Community Sustainability Services	2023	Studying the Impact of Climate Change on Infrastructure	Climate change is a reality that we have to deal with, and it is the source of a set of challenges in all sectors of activity, and the construction of structures and buildings is no exception. Climate change is considered one of the greatest threats to the comfort and health of our buildings and infrastructures.	SDG 9; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/news/study-the-impact-of-climate-change-on-infrastructure
Community Sustainability Services	2023	Students from ULusófona Participate in Educational Visit to Quinta das Águias	As part of the Eco-Schools program, students and teachers from the Lusófona University carried out a study visit to Quinta das Águias, with the aim of deepening their knowledge about biodiversity conservation and sustainability practices.	SDG 15	https://www.ulusofona.pt/en/news/ulusofona-students-take-part-in-educational-visit-to-quinta-das-aguias
Community Sustainability Services	2023	RUMOS	In this workshop, hosted by the President of the Agualva - Mira Sintra	SDG 9; SDG 11	https://www.ulusofona.pt/en/news/rumos

			Parish Council, Architect Carlos Casimiro, walking experiences were developed as an experimental methodology to capture the urban ambience and create knowledge about the relationships between the morphology of the space and its users, the behaviors and practices, the sociocultural and symbolic resources activated in a given spatial context.		
Training Actions and Workshops	2023	Universidade Lusófona promotes Online Training on Waste Separation	The Eco-Schools of the Faculty of Engineering of the Lusófona University continued the partnership with Sociedade Ponto Verde (SPV), which began the previous year, within the scope of the project “Onde Estás Recicla Sempre”. This year, a training session was organized online aimed at the entire interested academic community, including Lusófona's cleaning staff, who participated through a room equipped for this purpose at the university.	SDG 4; SDG 11; SDG 12; SDG 16	https://www.ulusofona.pt/en/news/lusofona-university-promotes-online-training-on-waste-separation

Training Actions and Workshops	2023	Students from Lusófona University Visit Lousal Mine on Technical Trip	On June 20, students from the Eco-Council of the Lusófona University, accompanied by Professor Anabela Cruces, took part in a technical outing to the old Lousal mine. During the visit, the students explored the historic mine facilities and the science center created on site. The activity highlighted the importance of rehabilitating mining areas and managing water quality. The students collected water and sediment samples, which will be analyzed in Ecotoxicology and Water Quality classes, reinforcing the importance of studying natural resource management and environmental preservation.	SDG 6; SDG 12	https://www.ulusofona.pt/en/news/lusofona-university-students-visit-lousal-mine-on-technical-outing
Training Actions and Workshops	2023	Risks, Effects and Prevention of Asbestos in a Lecture at the Lusófona University	On June 7th, the Faculty of Engineering of the Lusófona University hosted a lecture on the theme "The Importance of Asbestos in Various Contexts", given by a specialist from the Institute of Welding and Quality (ISQ). The	SDG 8; SDG 9; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/risks-effects-and-prevention-of-asbestos-in-lecture-at-lusofona-university

			<p>event, which was attended by several professors and students from the areas of environmental and civil engineering, highlighted the relevance of asbestos in multiple sectors, addressing the challenges and precautions associated with its use.</p>		
<p>Training Actions and Workshops</p>	<p>2023</p>	<p>ULusófona Promotes Session on Water and Sand Quality in Coastal Areas</p>	<p>As part of the Medical Microbiology discipline of the Bachelor's Degree in Biotechnology at the Faculty of Engineering and the Faculty of Engineering Eco-Schools program, Lusófona University promoted an awareness-raising session on the quality of water and sand in coastal areas. The event, aimed at FE students and teachers, was attended by Dr. João Brandão, researcher at the Center for Environmental and Marine Studies (CESAM) and responsible for the Mycology Unit in the Department of Environmental Health</p>	<p>SDG 14</p>	<p>https://www.ulusofona.pt/en/news/ulusofona-promotes-session-on-the-quality-of-water-and-sand-in-coastal-zones</p>

			at the National Institute of Health Dr. Ricardo Jorge.		
Training Actions and Workshops	2023	Students from ULusófona Evaluate Water in the Lagoons of Sancha and Santo André	As part of the project course, students from Lusófona University participated in a technical outing to the Sancha and Santo André lagoons, where they had the opportunity to apply the knowledge acquired in the classroom. The activity included the use of multiparameter probes to measure the physical and chemical parameters of the water and the collection of samples for the analysis of microbiological indicators.	SDG 14	https://www.ulusofona.pt/en/news/ulusofona-students-evaluate-water-in-sancha-and-santo-andre-lagoons
Participation in International Projects	2023	WeARTolerance Project with the Support of the La Caixa Foundation	The team of psychologists and researchers from Lusófona University (COFAC, HEI-Lab) aims to better understand attitudes towards mental illness and health in Portugal. At this stage, they recruited participants for the arts-based program, which aims to integrate areas such as theater, cinema, music and visual arts.	SDG 3; SDG 16	https://www.ulusofona.pt/en/news/weartolerance-project-with-the-support-of-la-caixa-foundation

Participation in International Projects	2023	ULusófona Marks Presence at the VII International Congress of Environmental Education	Lusófona University was represented at the VII International Congress on Environmental Education, which took place in Maputo, Mozambique, from 3 to 7 July 2023. The presence of the Eco-Schools FE Coordination and members of the institution's board reinforced Lusófona's commitment to environmental education.	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-attends-vii-international-congress-on-environmental-education
Participation in International Projects	2023	ULusófona Coordinates Kick-Off Meeting of the EWALD Project	EWALD's main focus is the observation of planet Earth through space for early warning of terrestrial degradation at the borders of the European Union, and its objective is the development of an innovative Early Warning System structure.).	SDG 8; SDG 9; SDG 11; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-coordinates-kick-off-meeting-ewald-project
In Media	2023	What happens when we feel like a fraud? How to deal with impostor syndrome	Have you ever felt like you don't deserve to be where you are, or that your work is never good enough? You probably live with impostor syndrome. This syndrome is related to the way we evaluate ourselves	SDG 3; SDG 4	https://www.youtube.com/watch?v=uyQqF355yNs

			and usually leads us to believe that at any moment someone will discover that we are not that good at what we do. But there are ways to deal with it.		
In Media	2023	Diabetes and behavioral change – to prevent and manage diabetes you need to know how to change and maintain the change	Diabetes is best understood from an ecological perspective, taking into account physical, psychological, social and environmental health factors.	SDG 2; SDG 3	https://lifestyle.sapo.pt/saude/noticias-saude/artigos/diabetes-e-mudanca-comportamental-para-prevenir-e-gerir-a-diabetes-e-preciso-saber-como-mudar-e-manter-a-mudanca
In Media	2023	Diabetes and behavioral change – to prevent and manage diabetes you need to know how to change and maintain the change	Diabetes is best understood from an ecological perspective, taking into account physical, psychological, social and environmental health factors. Type 2 diabetes is a chronic disease closely linked to the individual's behavior, lifestyle and the environment in which they live. moves.	SDG 2; SDG 3	https://healthnews.pt/2023/11/17/diabetes-e-mudanca-comportamental-para-prevenir-e-gerir-a-diabetes-e-preciso-saber-como-mudar-e-manter-a-mudanca/
In Media	2023	Mental Health in Higher Education: It is urgent to change!	Entering Higher Education means being exposed to different stress factors -- a different environment, different routines, more responsibility, more demands and, in many	SDG 3; SDG 4; SDG 8; SDG 16; SDG 17	https://www.dn.pt/opiniaao/saude-mental-no-ensino-superior-e-urgente-mudar-17298262.html/

			cases, being away from family, friends and a home to manage alone.		
In Media	2023	Why do young people hurt themselves? 12 questions to understand these behaviors	Deep discomfort and difficulty in dealing with emotions can lead young people and adolescents to intentionally hurt themselves. Questions and answers that help to understand self-harm behaviors.	SDG 3; SDG 4; SDG 16	https://observador.pt/explicadores/porque-e-que-os-jovens-se-magoam-a-si-propios-12-perguntas-para-entender-estes-comportamentos/
In Media	2023	It was an accident!: the scientists who have turned humid air into renewable power	That's exactly what another team, Prof Svitlana Lyubchyk and her twin sons, Profs Andriy and Sergiy Lyubchyk, are trying to do. Svitlana Lyubchyk and Andriy are part of the Lisbon-based Catcher project, whose aim is "changing atmospheric humidity into renewable power"	SDG 7; SDG 8; SDG 10; SDG 11; SDG 12; SDG 13; SDG 17	https://www.theguardian.com/science/2023/jul/02/it-was-an-accident-the-scientists-who-have-turned-humid-air-into-renewable-power
In Media	2023	"It was important that companies had sexual education about harassment and not this idea that it is only for little ones, only at school"	Patrícia Pascoal, psychotherapist and coordinator of the Master's Degree in Sexology at Universidade Lusófona, and Sara Magano, psychiatrist and sex therapist, are the guests on the latest episode of the podcast "Que Voz é	SDG 4; SDG 5; SDG 8; SDG 10	https://expresso.pt/podcasts/que-voz-e-esta/2023-09-28-Era-importante-que-nas-empresas-houvesse-educacao-sexual-acerca-do-assedio-e-nao-esta-ideia-de-que-e-so-para-os-pequeninos-so-na-escola-33418b47

			Esta?", this time dedicated to the topic of sexuality and mental health. Listen to the conversation here		
In Media	2023	OPP "IV Meeting of Psychologists of the South" Debates Education, Mental Health, Poverty and Work	The Southern Regional Delegation of the Portuguese Order of Psychologists (OPP) will hold the 4th Meeting of Psychologists of the South, next Friday, September 22, at the Lisbon Forum. A meeting that aims to promote the sharing of experiences, discussion and reflection on topics related to science and psychological intervention.	SDG 1; SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	https://maisalgarve.pt/2023/09/20/opp-iv-encontro-dos-psicologos-do-sul-debate-educacao-saude-mental-pobreza-e-trabalho/
In Media	2023	Tânia Gaspar: "The problem is that companies want to go back to what it was and people are not available for that"	Interview with the coordinator of the Portuguese Laboratory of Healthy Work Environments	SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	https://activa.pt/lifestyle/2023-09-02-tania-gaspar-o-problema-e-que-as-empresas-querem-voltar-ao-que-era-e-as-pessoas-nao-estao-disponiveis-para-isso/
In Media	2023	Safety and Health at Work. Commission will create Green Book of the Future	The Government has created the Commission to prepare the Green Paper on the Future of Safety and Health at Work, which must present the final proposal by December	SDG 4; SDG 12; SDG 13; SDG 16; SDG 17	https://rr.sapo.pt/noticia/pais/2023/07/20/seguranca-e-saude-no-trabalho-comissao-vai-criar-livro-verde-do-futuro/339779/

			31, according to a dispatch published this Thursday in the Official Gazette.		
In Media	2023	Government appoints commission for Green Book on the Future of Safety and Health at Work. Meet the 15 experts	A group of experts will be responsible for preparing the Green Paper on the Future of Safety and Health at Work, which should be presented to the Government by the end of this year.	SDG 4; SDG 12; SDG 13; SDG 16; SDG 17	https://eco.sapo.pt/2023/07/20/governo-aponta-comissao-para-elaborar-livro-verde-do-futuro-da-seguranca-e-saude-no-trabalho-conheca-os-15-peritos/
In Media	2023	Healthy work environments: What are companies' priorities?	A study by the Portuguese Laboratory of Healthy Work Environments concluded that intervention in mental health and prevention of burnout is a priority in companies, and, in addition to developing conflict management strategies, they must work on the issue of leadership.	SDG 3; SDG 8; SDG 16; SDG 17	https://hrportugal.sapo.pt/ambientes-de-trabalho-saudaveis-quais-as-prioridades-das-empresas/
In Media	2023	An Integrated Evaluation of Bridges' Adaptation to Climate Change	Elói Figueiredo, Ionut Moldovan, and Guilherme Coelho, professors at Lusófona University, publish an article on the structural maintenance of concrete bridges.	SDG 9; SDG 10; SDG 13; SDG 17	https://ascelibrary.org/doi/abs/10.1061/JBENF2.BEENG-5735
In Media	2024	Project Against Racism and Inequality	Against Masks: Weaving Dialogues	SDG 3; SDG 8;	https://www.ulusofona.pt/en/conversations-about/contra-mascaras-tecendo-dialogos-

		Receives Fazer+ Award	promotes inclusion and diversity	SDG 10; SDG 16	project-receives-fazer-award
In Media	2024	ULusófona Participates in a Study on Labour Wellbeing	FUTUREWORK project promotes health, inclusion and positive competitiveness, focusing on the impact of workers' well-being in companies	SDG 3; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/a/ulusofona-participa-num-estudo-sobre-bem-estar-laboral-
In Media	2024	The Balance Between Study and Leisure: Reflection from a ULusófona Expert	Célia Oliveira, teacher at ULusófona, debates the importance of rest and continuity of learning during children's school holidays	SDG 3; SDG 4	https://www.ulusofona.pt/a/o-equilibrio-entre-estudo-e-lazer-reflexao-de-especialista-da-ulusofona
In Media	2024	ULusófona Launches European Degree with Ireland, Belgium and Denmark	Innovative initiative in European Higher Education creates transnational degrees, promoting student mobility and international competitiveness	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/a/ulusofona-lanca-licenciatura-europeia-com-irlanda-belgica-e-dinamarca
In Media	2024	Challenges of Veterinary Medicine in Portugal	Opinion article by Pedro Faíca, Professor at ULusófona, on the shortage of veterinarians and the need for improvements in the sector	SDG 3; SDG 4; SDG 8	https://www.ulusofona.pt/a/desafios-da-medicina-veterinaria-em-portugal
In Media	2024	ULusófona Promotes Mental Health and Well-Being in the Educational Community	Innovative project offers psychology, health, training and research services promoting a healthy and balanced academic and	SDG 3; SDG 4; SDG 8; SDG 11; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-promotes-the-mental-health-of-the-educational-community

			professional environment		
In Media	2024	Putin and the Strategy of Destruction: A Global Power Game	José Filipe Pinto, professor at ULusófona, analyses Putin's intentions regarding the NATO summit and the search for visibility through force	SDG 16; SDG 17	https://www.ulusofona.pt/a/putin-e-a-estrategia-da-destruicao-um-jogo-de-poder-global
In Media	2024	Mental Health at Risk among Workers: ULusófona Professor Launches Alert	Tânia Gaspar highlights the worsening of post-pandemic burnout and calls for humanized leaders to face the crisis in the sector	SDG 3	https://www.ulusofona.pt/a/saude-mental-em-risco-nos-trabalhadores-docente-da-ulusofona-lanca-alerta
In Media	2024	Risks in Mental Health: Perspective of the Psychologist and Professor at ULusófona	Tânia Gaspar states that the values collected from the national study on healthy work environments are worrying	SDG 3	https://www.ulusofona.pt/a/os-riscos-na-saude-mental-perspetiva-da-psicologa-e-docente-da-ulusofona
In Media	2024	Risk of Mental Health Problems and Burnout in Healthcare Workers	Study by Tânia Gaspar, professor at ULusófona, reveals an increase in burnout in health professionals and the urgency of training in humanized leadership	SDG 3; SDG 4	https://www.ulusofona.pt/a/risco-de-problemas-de-saude-mental-e-burnout-nos-trabalhadores-da-saude
In Media	2024	Mental Health and Burnout in Healthcare Professionals: Challenges and Urgent Solutions	Work overload increases the risk of burnout among healthcare professionals, highlighting psychological support	SDG 3; SDG 8; SDG 10	https://www.ulusofona.pt/a/saude-mental-e-burnout-em-profissionais-de-saude-desafios-e-solucoes-urgentes

In Media	2024	Hidden Cameras in Accommodation : A Warning for Privacy in Portugal	ULusófona expert highlights the seriousness of unauthorized recordings in hotels and residential homes and how to protect yourself	SDG 16	https://www.ulusofona.pt/a/camaras-ocultas-em-alojamentos-um-alerta-para-a-privacidade-em-portugal
In Media	2024	Where are hidden cameras placed?: Argument from an ULusófona Expert	Nuno Mateus-Coelho, professor of Cybersecurity, warns of the risks of spy devices in everyday life	SDG 16	https://www.ulusofona.pt/a/onde-sao-colocadas-camaras-ocultas-argumento-de-especialista-da-ulusofona
In Media	2024	ULusófona Researcher Addresses Burnout in the Health Sector	Tânia Gaspar also considers that young people who are not in the health sector are managing to deal better with this issue	SDG 3	https://www.ulusofona.pt/a/investigadora-da-ulusofona-aborda-burnout-no-setor-da-saude
In Media	2024	ULusófona Professor Analyses Attack on Donald Trump in Comparison to Bolsonaro	Pedro Trovão do Rosário, specialist in International Law, comments on the developments of the incident and its political implications	SDG 16	https://www.ulusofona.pt/a/docente-da-ulusofona-analisa-ataque-a-donald-trump-em-comparacao-com-bolsonaro
In Media	2024	José Filipe Pinto, Professor at ULusófona, Analyses Messianism in the USA	Specialist in extremist and populist movements, discusses the rise of messianism in the USA on CNN Top Story	SDG 16	https://www.ulusofona.pt/a/jose-filipe-pinto-docente-na-ulusofona-analisa-o-messianismo-nos-eua
In Media	2024	Jorge Botelho Moniz Analyses the Assassination Attempt against Donald Trump	Professor at Lusófona University offers a critical perspective on the political situation in the USA on CNN Portugal	SDG 4; SDG 16	https://www.ulusofona.pt/a/jorge-botelho-moniz-analisa-a-tentativa-de-assassinio-contra-donald-trump

In Media	2024	The Repercussion of the Attack on Donald Trump on American Politics	The perspective of José Filipe Pinto, professor at ULusófona, on the political and electoral effects of the incident that shook the USA	SDG 10; SDG 16	https://www.ulusofona.pt/a/a-repercussao-do-atentado-a-donald-trump-na-politica-americana
In Media	2024	Europe and the Regulation of Artificial Intelligence: A Necessary Approach	Rui Ribeiro, Professor and LISS Executive Director at ULusófona, analyses the challenges and opportunities of AI regulation in the current geopolitical context	SDG 9; SDG 16	https://www.ulusofona.pt/a/a-europa-e-a-regulacao-da-inteligencia-artificial-uma-abordagem-necessaria
In Media	2024	The Challenges of Young People in the Face of Uncertainty: Mental Health, Education and the Future in Focus	Analysis explores how preparation for the job market and mental health influence the construction of a sustainable future for new generations	SDG 3; SDG 4; SDG 8; SDG 10	https://www.ulusofona.pt/a/os-desafios-dos-jovens-face-a-incerteza-saude-mental-educacao-e-futuro-em-foco
In Media	2024	ULusófona Follows Changes in the European Parliament: The Role of Roberta Metsola	José Filipe Pinto analysis of the re-election of the President of the European Parliament in a context of Political Fragmentation and Geopolitical Challenges	SDG 16	https://www.ulusofona.pt/a/ulusofona-acompanha-mudancas-no-parlamento-europeu-o-papel-de-roberta-metsola
In Media	2024	The Resilience of the Portuguese Economy: Analysis of the	Professor Ricardo Ferraz, from Lusófona University, highlights the positive performance of the	SDG 8	https://www.ulusofona.pt/a/a-resiliencia-da-economia-portuguesa-analise-do-estado-da-nacao

		State of the Nation	economy in the face of external shocks		
In Media	2024	Analysis of ULusófona in the Press: Geopolitical Influence in Times of Change	José Filipe Pinto, professor at ULusófona, discusses the implications of Trump's return and support for Ukraine	SDG 16	https://www.ulusofona.pt/a/analise-da-ulusofona-na-imprensa-a-influencia-geopolitica-em-tempos-de-mudanca
In Media	2024	Analysis of Public Finances in Portugal: Challenges and Opportunities	Ricardo Ferraz, professor at Lusófona University, highlights the positive evolution of the budget balance in Portugal during the State of the Nation debate	SDG 8; SDG 16	https://www.ulusofona.pt/a/analise-das-financas-publicas-em-portugal-desafios-e-oportunidades
In Media	2024	ULusófona Participates in Cyanotypes Project Workshop in Matera	First workshop of the Cyanotypes project aims to train professionals in the cultural and creative industries with new strategic skills	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/a/ulusofona-participa-em-workshop-do-projeto-cyanotypes-em-matera
In Media	2024	Growth of Political Violence: Portugal and the World on Alert	The analysis of experts from ULusófona on the increase in political violence against leaders, warning of the vulnerability of democracies	SDG 10; SDG 16	https://www.ulusofona.pt/a/crescimento-da-violencia-politica-portugal-e-o-mundo-em-alerta
In Media	2024	ULusófona Alerts for Hidden Cameras in Hotels and Residences in Portugal	Nuno Mateus-Coelho, cybersecurity specialist at Lusófona University, confirms the practice of illegal surveillance in tourist accommodation in the country	SDG 16	https://www.ulusofona.pt/a/ulusofona-alerta-para-camaras-ocultas-em-hoteis-e-residenciais-em-portugal

In Media	2024	Critical Analysis of Von der Leyen's Re-Candidacy for the European Commission	José Filipe Pinto, professor at ULusófona, analyses the challenges that Ursula von der Leyen faces in her re-candidacy for the European Commission	SDG 16	https://www.ulusofona.pt/a/analise-critica-da-recandidatura-de-von-der-leyen-a-comissao-europeia
In Media	2024	ULusófona Present at the Exhibition "Islamic Publications in Portugal" (1968-2024)	An exhibition that highlights the historical and contemporary presence of Islam in Portugal, with the collaboration of ULusófona and other academic institutions	SDG 4; SDG 10; SDG 16	https://www.guiadacida.de.pt/en
In Media	2024	ULusófona Contributes to Study on Mechanisms of Alteration of Visual Perception	Research led by UC, with the participation of ULusófona, advances the understanding of the effects of psychedelics on visual perception	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/a/ulusofona-contribui-para-estudo-sobre-mecanismos-de-alteracao-da-percecao-visual
In Media	2024	Re-election of Von Der Leyen and the Far-Right in the European Parliament	Jorge Botelho Moniz, commentator for CNN Portugal and professor at ULusófona, analyses the re-election of Ursula von der Leyen and the political challenges	SDG 10; SDG 16	https://www.ulusofona.pt/a/reeleicao-de-von-der-leyen-e-extrema-direita-no-parlamento-europeu
In Media	2024	José Filipe Pinto's analysis of the Republican Convention	The ULusófona political scientist reflects on the weaknesses of Biden's leadership and the implications for the	SDG 16; SDG 17	https://www.ulusofona.pt/a/analise-de-jose-filipe-pinto-sobre-a-convencao-republicana

			political future of the USA		
In Media	2024	Analysis of Donald Trump's Speech by Jorge Botelho Moniz on CNN	CNN commentator and professor at ULusófona, analyses the themes of irrationality and mysticism present in Trump's speech at the Republican convention	SDG 4; SDG 16	https://www.ulusofona.pt/a/analise-do-discurso-de-donald-trump-por-jorge-botelho-moniz-na-cnn
In Media	2024	ULusófona Launches Lusófona Games Collection 2024	Project highlights students' creativity and skills, promoting quality training and connection to the global market	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/a/ulusofona-lanca-lusofona-games-collection-2024
In Media	2024	Happiness in Companies as a Strategy for Well-Being and Talent Retention	Tânia Gaspar, professor at ULusófona, reinforces the importance of well-being and belonging in companies for organizational success and talent retention	SDG 3; SDG 8	https://www.ulusofona.pt/a/a-felicidade-nas-empresas-como-estrategia-para-o-bem-estar-e-retencao-de-talento
In Media	2024	Netanyahu Reinforces Israel's Readiness to Confront Tensions and Maintain Security	Declarations highlight regional challenges, the importance of peace, dialogue and partnerships for stability and sustainable development	SDG 16; SDG 17	https://www.ulusofona.pt/a/netanyahu-reforca-prontidao-de-israel-para-enfrentar-tensoes-e-manter-seguranca
In Media	2024	ULusófona Analyses Kagame's Legacy and Succession in	Teresa Nogueira Pinto, professor at ULusófona, reflects on Kagame's leadership and Rwanda's post-genocide challenges	SDG 10; SDG 16	https://www.ulusofona.pt/a/ulusofona-analisa-legado-e-sucessao-de-kagame-em-o-mundo-a-seus-pes

		"The World at His Feet"	on the Expresso podcast		
In Media	2024	Lusófona University in Supporting the Recovery and Performance of Postpartum Athletes	Research and specialised support from CIDEFES contribute to the return of high-level female athletes after maternity	SDG 3	https://www.ulusofona.pt/a/universidade-lusofona-no-apoio-a-recuperacao-e-desempenho-de-atletas-pos-parto
In Media	2024	ULusófona Professor Evaluates Profiles for Democratic Vice President of the USA	Jorge Botelho Moniz, professor at ULusófona, analyses the choice of Kamala Harris as vice president of the USA, highlighting the importance of swing states	SDG 10; SDG 16	https://www.ulusofona.pt/a/docente-da-ulusofona-avalia-perfis-para-vice-presidente-democrata-dos-eua
In Media	2024	ULusófona Comments on Kamala Harris's Candidacy	Anabela Neves, professor at ULusófona, argues that Kamala Harris will be a strong candidate to succeed Joe Biden	SDG 16	https://www.ulusofona.pt/a/docente-da-ulusofona-comenta-a-candidatura-de-kamala-harris-na-cnn
In Media	2024	Lusófona University Boosts Talents at Almada Atlético Clube	Pedro Felizardo, graduated in Physical Education and Sport from ULusófona, takes over the technical command of the main team in the new season of AF Setúbal	SDG 4; SDG 8; SDG 11	https://www.ulusofona.pt/a/universidade-lusofona-impulsiona-talentos-no-almada-atletico-clube
In Media	2024	ULusófona Professor Analyses Political and Social Challenges in Rwanda	Teresa Pinto debates Kagame's re-election, the impact of his leadership and Rwanda's military role in Africa, highlighting democratic dilemmas	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/a/docente-da-ulusofona-analisa-desafios-politicos-e-sociais-em-ruanda

In Media	2024	ULusófona and Escola Superior de Saúde Collaborate on the MentHA DIGITAL Project	Innovative initiative improves the well-being of adults with mental illness, aligning with the policies of the World Health Organisation and the European Union	SDG 3	https://www.ulusofona.pt/a/ulusofona-e-escola-superior-de-saude-colaboram-no-projeto-mentha-digital
In Media	2024	The Importance of Business Continuation in the Digital Era	Rui Ribeiro, professor at Lusófona University, highlights the need for companies to rethink resilience strategies in the digital world	SDG 9; SDG 17	https://www.ulusofona.pt/a/rui-ribeiro-aborda-a-importancia-da-continuidade-de-negocios-na-era-digital
In Media	2024	ULusófona Research on Psychedelics Reveals Impact on Visual Perception	Study in collaboration with ULusófona explores the effects of psychedelics on the brain, focusing on visual perception and possible therapeutic applications	SDG 3; SDG 9; SDG 17	https://www.ulusofona.pt/a/investigacao-da-ulusofona-sobre-psicadelicos-revela-impacto-na-percecao-visual
In Media	2024	Lusófona University Collaborates in the 19th Brazilian Audiovisual Fest Aruanda	Lusófona University, in partnership with UFPB, supports Fest Aruanda, promoting cultural and knowledge exchange in the audiovisual area	SDG 4; SDG 17	https://www.ulusofona.pt/a/universidade-lusofona-colabora-no-19-fest-aruanda-do-audiovisual-brasileiro
In Media	2024	ULusófona Participates in Fest Aruanda with Registration Extension for Filmmakers	Lusófona University supports Fest Aruanda 2024, encouraging the registration of national and Paraíba film productions	SDG 4; SDG 17	https://www.ulusofona.pt/a/ulusofona-participa-do-fest-aruanda-com-prorrogação-de-inscrições-para-cineastas
In Media	2024	ULusófona Participates in FUTOURWORK	ULusófona, with Tânia Gaspar and Mafalda Patuleia, is part of the	SDG 3; SDG 8	https://www.ulusofona.pt/a/ulusofona-participa-no-

		to Improve Working Conditions in Tourism	FUTUREWORK project to promote well-being in the Tourism and Hospitality sector		futourwork-para-melhorar-condicoes-de-trabalho-no-turismo
In Media	2024	Sustainability and water challenges at the Seminar on Groundwater	Event highlights the importance of preserving water resources, addressing the impacts of climate change and sustainable practices for the future	SDG 6; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/a/sustentabilidade-e-desafios-hidricos-no-seminario-sobre-aguas-subterraneas
In Media	2024	FUTUREWORK Project Promotes Decent Work and Innovation in the Tourism Sector	Initiative focuses on worker well-being, inclusion of vulnerable groups and digital transformation in tourism	SDG 3; SDG 8; SDG 9; SDG 10; SDG 17	https://www.ulusofona.pt/a/projeto-futourwork-promove-trabalho-digno-e-inovacao-no-setor-do-turismo
In Media	2024	Preparing Young People for the Future: Skills and Mental Health in the Spotlight	Reflection on the impact of education and mental health in creating opportunities for young people to face an ever-changing job market	SDG 3; SDG 4; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/a/preparar-os-jovens-para-o-futuro-competencias-e-saude-mental-em-destaque
In Media	2024	ULusófona Professor Participates in Film about Conscious Eating	Professor Novak, from Lusófona University, is part of the educational project in the film "Clube Zero", addressing the importance of eating consciously	SDG 4	https://www.ulusofona.pt/a/docente-da-ulusofona-participa-em-filme-sobre-alimentacao-consciente
In Media	2024	Ceasefire Negotiations in Gaza: International	Mediation led by Egypt, Qatar and the US aims to reduce violence and create foundations for peace,	SDG 16; SDG 17	https://www.ulusofona.pt/a/negociacoes-de-cessar-fogo-em-gaza-esforcos-internacionais-pela-paz-na-regiao

		Efforts for Peace in the Region	reinforcing the importance of international cooperation		
In Media	2024	The Importance of Training in the Fitness Sector	How professional qualification guarantees safe and effective practices, promoting health, quality education and decent work in fitness	SDG 3; SDG 4; SDG 8	https://www.ulusofona.pt/a/a-importancia-da-formacao-no-setor-do-fitness
In Media	2024	ULusófona professor analyses challenges of elections in Venezuela	Reflection on the impact of the armed forces on the Venezuelan regime and the challenges of ensuring free and fair elections in the country	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-analisa-desafios-das-eleicoes-na-venezuela
In Media	2024	Reflection on Humour and Narrative in Contemporary Literature and its Relevance	Interview discusses how humour and fiction help to understand society, highlighting the importance of literature in cultural and critical formation	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/a/reflexao-sobre-humor-e-narrativa-na-literatura-contemporanea-e-sua-relevancia
In Media	2024	Addiction to Cosmetics among Young People: Impact on Health and Consumption Patterns	Dependence on cosmetics among children and adolescents is growing, raising questions about health, education and sustainable consumption practices	SDG 3; SDG 4; SDG 12	https://www.ulusofona.pt/a/vicio-em-cosmeticos-entre-jovens-impacto-na-saude-e-padres-de-consumo
In Media	2024	Hezbollah to Weaken Israel and	The political scientist, José Filipe Pinto, speaks of an	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/a/hezbollah-que-enfraquecer-israel-e-as

		Netanyahu's Relations with the US?	“explosive cauldron” when ethnic, religious and political elements are mixed		relacoes-de-netanyahu-com-os-eua
In Media	2024	Netanyahu’s connection to the USA and the “explosive cauldron” in the Middle East	Professor at Lusófona University warns of the dangers of mixing politics, religion and ethnicity in the region	SDG 16	https://www.ulusofona.pt/a/a-ligacao-de-netanyahu-aos-eua-e-o-caldeirao-explosivo-no-medio-oriente
In Media	2024	Researchers from Lusófona University are part of the European project Futourwork	Tânia Gaspar and Mafalda Patuleia represent ULusófona in a Horizon CL2 initiative that promotes well-being in the Tourism and Hospitality sector	SDG 3; SDG 4	https://www.ulusofona.pt/a/investigadoras-da-universidade-lusofona-integram-projeto-europeu-futourwork
In Media	2024	Debate on Buffer Zone in Lebanon Highlights Challenges for Peace in the Region	ULusófona professor analyses tensions between Israel and Hezbollah and the importance of diplomatic solutions to promote stability and prevent conflicts	SDG 16; SDG 17	https://www.ulusofona.pt/a/debate-sobre-zona-tampao-no-libano-destaca-desafios-para-a-paz-na-regiao
In Media	2024	ULusófona in Debate: Nomads of Thought on Education and Culture	Paulo Mendes Pinto, professor at ULusófona, moderates discussion on the role of Education and Culture in Contemporary Society	SDG 4; SDG 11	https://www.ulusofona.pt/a/ulusofona-em-debate-nomadas-do-pensamento-sobre-educacao-e-cultura
In Media	2024	Displaced and exhausted students are more likely to drop out of the course	Displaced and academically exhausted students have greater intentions of dropping out of the course,	SDG 4; SDG 10	https://www.ulusofona.pt/a/estudantes-deslocados-e-exaustos-sao-mais-propensos-a-abandonar-o-curso

			reveals a study by a professor at Lusófona University		
In Media	2024	Risk Factors for Dropping Out in Higher Education	Fatigue, poor academic results and distance from home are risk factors for dropping out of Higher Education	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/a/fatores-de-risco-para-abandono-no-ensino-superior
In Media	2024	ULusófona Investigates Causes of Dropout in Higher Education and Proposes Solutions	Study warns of the impact of tiredness, distance and poor academic performance, suggesting strategies to promote inclusion and educational success	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/a/ulusofona-investiga-causas-de-abandono-no-ensino-superior-e-propoe-solucoes
In Media	2024	Expanding Conflict in Lebanon Raises Concerns about Regional Stability	Experts analyse the consequences of the attack and reinforce the importance of international cooperation to prevent escalations and promote peace	SDG 16; SDG 17	https://www.ulusofona.pt/a/expansao-de-conflitos-no-libano-levanta-preocupacoes-sobre-estabilidade-regional
In Media	2024	Israel and Iran: Containment and Diplomacy to Avoid Conflict Escalation	Conflict highlights the importance of peace, dialogue and international cooperation	SDG 16; SDG 17	https://www.ulusofona.pt/a/israel-e-irao-contencao-e-diplomacia-para-evitar-escalada-do-conflito
In Media	2024	Iran Plans Strategic Retaliation, Increasing Tensions and Challenges to Global Peace	Conflict highlights the need for international dialogue and cooperation to ensure stability, reduce tensions and sustainable development	SDG 16; SDG 17	https://www.ulusofona.pt/a/irao-planeia-retaliacao-estrategica-aumentando-tensoes-e-desafios-a-paz-global

In Media	2024	WHO Calls for Scientific Advances to Prepare the World Against Future Pandemics	Initiative highlights the importance of health, innovation and global partnerships to strengthen emergency response and ensure sustainable well-being	SDG 3; SDG 9; SDG 17	https://www.ulusofona.pt/a/oms-apela-a-avancos-cientificos-para-preparar-o-mundo-contra-futuras-pandemias
In Media	2024	Navalny's Death Reinforces Debate on Human Rights and Global Cooperation	Navalny case highlights the importance of justice, peace and global dialogues in political conflicts	SDG 16; SDG 17	https://www.ulusofona.pt/a/morte-de-navalny-reforca-debate-sobre-direitos-humanos-e-cooperacao-global
In Media	2024	Can I Kiss You?: The Importance of Sexual Consent	Sexual consent is fundamental to preventing harassment, abuse and sexual violence, and is essential in teaching teenagers	SDG 3; SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/a/posso-beijar-te-a-importancia-do-consentimento-sexual
In Media	2024	Tânia Gaspar Promotes Wellbeing Index for Workers in the Tourism Sector	ULusófono professor coordinates study on mental health and explains how the Futourwork project will improve working conditions in tourism	SDG 3; SDG 8; SDG 17	https://www.ulusofona.pt/a/tania-gaspar-promove-indice-de-bem-estar-para-trabalhadores-do-setor-turistico
In Media	2024	ULusófono Integrates HYGIEIA Project with European Master in Health and Wellbeing	Innovative Master's degree in Health and Wellbeing will be offered in partnership with universities at UIB and Belgrade, with support from the European Union	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/a/ulusofona-integra-projeto-hygieia-com-mestrado-europeu-em-saude-e-bem-estar
In Media	2024	Higher Education and the Job Market: Challenges and	The article highlights the talent drain in Portugal due to low	SDG 4; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/a/ensino-superior-e-mercado-de-trabalho

		Young Emigration in Portugal	salaries and few opportunities		desafios-e-a-emigracao-jovem-em-portugal
In Media	2024	Higher Education and the Job Market: Challenges and Reflection for the Future	Professor Carla Magalhães addresses questions about the alignment of higher education with the job market and the challenges of young emigration	SDG 4; SDG 8	https://www.ulusofona.pt/a/ensino-superior-e-mercado-de-trabalho-desafios-e-reflexao-para-o-futuro
In Media	2024	Tourism reaches record weight in Portuguese GDP and reinforces role in the economy	Ricardo Ferraz, professor at Lusófona University, highlights that the sector contributes 13% of GDP and warns of the risks of excessive dependence	SDG 8	https://www.ulusofona.pt/a/turismo-atinge-peso-recorde-no-pib-portugues-e-reforca-papel-na-economia
In Media	2024	The "Sin Tax" and the Importance of Understanding Cultures	Professor at Lusófona University analyses the cultural and structural challenges of the international economy, highlighting lessons for the Brazilian context	SDG 8; SDG 10	https://www.ulusofona.pt/a/o-imposto-do-pecado-e-a-importancia-de-compreender-as-culturas
In Media	2024	Ukraine Surprises with Incursion into Russian Territory	José Filipe Pinto, professor at Lusófona University, highlights Kiev's unexpected offensive and identifies the Russian "vulnerable point"	SDG 16	https://www.ulusofona.pt/a/ucrania-surpreende-com-incursao-em-territorio-russo
In Media	2024	ULusófona Professor Debates Impact of Tourism on the Economy	Ricardo Ferraz analyses how to diversify the economy and make tourism more sustainable in	SDG 8; SDG 11; SDG 12; SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-debate-impacto-do-turismo-na-economia

			the face of saturation challenges and economic crises		
In Media	2024	ULusófona Professor Analyses the Psychological War Led by Iran	Debate highlights the role of institutions in studying global strategies and promoting international peace and stability	SDG 16; SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-analisa-a-guerra-psicologica-liderada-pelo-irao
In Media	2024	Record Innovation in TV-Connected Consoles	Expert highlights the impact of technology and sustainability on the record 444 connected consoles, promoting innovation and responsible consumption	SDG 9; SDG 12	https://www.ulusofona.pt/a/inovacao-em-recorde-de-consolas-ligadas-a-tv
In Media	2024	Analysis of the Political Implications of Actions in Kursk by Jorge Botelho Moniz	Debate on CNN Portugal highlights the global impact and the role of institutions in managing international crises	SDG 16; SDG 17	https://www.ulusofona.pt/a/analise-das-implicacoes-politicas-de-acoes-em-kursk-por-jorge-botelho-moniz
In Media	2024	Elon Musk: global influence and social, political and economic impact highlighted	Article explores how the billionaire shapes controversial narratives, affecting institutions, inequalities and global cooperation in the current scenario	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/a/elon-musk-influencia-global-e-impacto-social-politico-e-economico-em-destaque
In Media	2024	Russian Troops Show Signs of Fatigue in Military Containment Operation	Military operations reflect challenges in containing conflicts, reinforcing the need for peace and stability for regional security	SDG 16	https://www.ulusofona.pt/a/tropas-russas-mostram-sinais-de-cansaco-em-operacao-de-contencao-militar

In Media	2024	Iran retreats against the US, fears and search for regional stability	Iranian hesitation reflects caution in the face of US military power, pointing to the importance of peace and diplomatic solutions in the region	SDG 16	https://www.ulusofona.pt/a/irao-recua-frente-aos-eua-receios-e-procura-por-estabilidade-regional
In Media	2024	New Ceasefire Agreement: "Incomplete and Impossible"	Expert analyses negotiations, pointing out that the real objective is to moderate Iran's retaliation.	SDG 13; SDG 16	https://www.ulusofona.pt/a/novo-acordo-de-cessar-fogo-incompleto-e-impossivel
In Media	2024	Doha negotiations for Gaza ceasefire begin without Hamas	Professor at Lusófona University warns of the lack of promises in the negotiations and points to a "terrible indicator" for the outcome	SDG 16	https://www.ulusofona.pt/a/negociacoes-em-doha-para-cessar-fogo-em-gaza-comecam-sem-o-hamas
In Media	2024	Iran leads psychological warfare in Gaza conflict	Professor at Lusófona University analyses the role of Iran, the lack of moderation in Hamas and Blinken's pragmatic vision in the negotiations	SDG 16	https://www.ulusofona.pt/a/o-irao-lidera-uma-guerra-psicologica-no-conflito-de-gaza
In Media	2024	Netanyahu Bets on Trump's Victory to Shape the Future of the Middle East	José Filipe Pinto, professor at ULusófona, analyses the impact of American policy and foresees a scenario of uncomfortable balance for the parties involved	SDG 16	https://www.ulusofona.pt/a/netanyahu-apostana-vitoria-de-trump-para-moldar-o-futuro-do-medio-orient
In Media	2024	ULusófona Leads Digitization of	Partnership between ULusófona and Casa-Estúdio Carlos Relvas	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/a/ulusofona-lidera-digitalizacao-do-legado

		Carlos Relvas' Photographic Legacy	promotes innovation, cultural preservation and global access to historical heritage		fotografico-de-carlos-relvas
In Media	2024	Hamas Accuses US of Facilitating Genocide in Gaza	Blinken says Israel accepted ceasefire proposal and calls on Hamas to join	SDG 16; SDG 17	https://www.ulusofona.pt/a/hamas-acusa-eua-de-facilitar-genocidio-em-gaza
Training Actions and Workshops	2024	Institute of Social Service Initiatives 2024/25	Participate in the various activities promoted by ISS for students of the Degree in Social Service during the 1st semester	SDG 4	https://www.ulusofona.pt/en/event/initiatives-of-the-institute-of-social-work-202425
In Media	2024	Great Artists on Campus opens the DCAM academic year	Event with artist Grace Ndiritu portrays the evolution and progressive transformation of the contemporary world	SDG 4; SDG 5	https://www.ulusofona.pt/en/news/great-artists-on-campus-opens-the-dcam-school-year
In Media	2024	Faculty of Psychology and Education welcomes new students	Session highlighted the collaboration with HEI-Lab and research opportunities in master's degrees in Clinical Psychology, Justice and Applied Neuropsychology	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/news/faculty-of-psychology-and-education-welcomes-new-students
In Media	2024	ULusófona welcomes engineers from Japan and Brazil	During the visit, Brazilian engineers learned about innovative projects funded by the European Union and explored the pioneering work of DeepTechLab	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/delegation-of-the-brazilian-order-of-engineers-crea-visits-ulusofona

In Media	2024	DCC Held an Introductory Session for New Students	The Department of Communication Sciences presented work carried out in previous years and the mobility programmes offered by ULusófona	SDG 4; SDG 16	https://www.ulusofona.pt/en
In Media	2024	Lusófona University Student Presents Innovative Work at Modtíssimo	Joana Marques stood out at the main Portuguese fashion fair with a sustainable piece created as part of the Green Circle project	SDG 4; SDG 12; SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-student-presents-innovative-work-at-modtissimo
In Media	2024	PURE - The Central Scientific Management Platform of Lusófona University	Learn about PURE's role in promoting research and open access to scientific knowledge	SDG 4; SDG 9; SDG 16; SDG 17	https://www.ulusofona.pt/en/conversations-about/pure-lusofona-universitys-central-scientific-management-platform
In Media	2024	COPELABS Project Receives Funding from the European Commission	Led by researcher Marko Beko, the project was approved for funding by Horizon Europe	SDG 3; SDG 11; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/copelabs-project-receives-funding-from-the-european-commission
In Media	2024	FCNET Welcome Session at ULusófona - Centro Universitário Porto	Students learn details of the college's bachelor's and master's degrees	SDG 4	https://www.ulusofona.pt/en/news/fcnet-welcome-session-at-ulusofona-university-centre-porto
In Media	2024	Memory and Art: Daniel Blaufuks at Great Artists on Campus II	The visual artist shared his experiences and literary influences through photography and cinema	SDG 4; SDG 16	https://www.ulusofona.pt/en/news/memoria-e-arte-daniel-blaufuks-no-grandes-artistas-no-campus-ii

In Media	2024	ULusófona Professors Nominated for the 2024 Golden Globes	Ana Duarte and José Manuel Gonçalves are recognised for their contribution to the fashion industry and for training new talents at Lusófona University	SDG 4; SDG 12; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-teachers-nominated-for-golden-globes-2024
In Media	2024	School of Health Sciences and Technologies Holds Welcome Session	Welcome session highlighted courses, infrastructure and services for new students at Lusófona University	SDG 3; SDG 4	https://www.ulusofona.pt/en/news/school-of-health-sciences-and-technologies-holds-welcome-session
In Media	2024	ULusófona opens Scholarships for CPLP Students	Candidates from countries in the Community of Portuguese-Speaking Countries can benefit from the tuition fee exemption	SDG 4	https://www.ulusofona.pt/a/ulusofona-abre-bolsas-de-estudo-para-estudantes-cplp
In Media	2024	Welcome to Lusófona University!	The world waiting for you for a fulfilled future!	SDG 4	https://www.ulusofona.pt/en/noisi/welcome-to-lusofona-university
In Media	2024	An Integrated Assessment of Bridge Adaptation to Climate Change	Elói Figueiredo, Ionut Moldovan and Guilherme Coelho, professors at ULusófona, publish an article on the structural maintenance of concrete bridges	SDG 9; SDG 13; SDG 17	https://www.ulusofona.pt/a/uma-avaliacao-integrada-da-adaptacao-das-pontes-as-alteracoes-climaticas
In Media	2024	Book launch: "O Segredo da Dama do Paço"	Lusófona University - Porto University Centre hosts Faculty of Law event	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/book-launch-the-secret-of-the-lady-of-paco

In Media	2024	Carlos Queiroz receives the title of Doctor Honoris Causa from the Lusófona University	The ceremony paid homage to the coach's international career, highlighting his influence on sport and the training of athletes	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/carlos-queiroz-receives-doctor-honoris-causa-from-lusofona-university
In Media	2024	Hello, Budapest?	When looking at the electoral programmes of the two candidates, it is clear that the phone call to Europe is below secondary	SDG 16	https://www.ulusofona.pt/en/chronicles/hello-budapest
In Media	2024	Carlos M. Ramos, Professor at ULusófona, Awarded by the Order of Engineers	The Order of Engineers awarded Professor Engineer the gold medal "to value the profession and externalize the quality of Portuguese engineering"	SDG 4; SDG 9	https://www.ulusofona.pt/en/news/carlos-ramos-ulusofona-professor-receives-gold-medal-in-engineering
In Media	2024	ULusófona Researchers Join List of Most Influential in the World	List from Stanford University and Elsevier, has the top 2% researchers in the world in two categories which include 9 from ULusófona	SDG 3; SDG 4; SDG 9	https://www.ulusofona.pt/en/news/ulusofona-researchers-recognised-as-the-most-influential-in-the-world
In Media	2024	Lusófona Turismo Taskmaster: an integration and adventure challenge on the Campus	Students participate in peddy-paper with physical activities and riddles to integrate new students and promote team spirit	SDG 4; SDG 11	https://www.ulusofona.pt/en/news/lusofona-tourism-taskmaster-a-challenge-of-integration-and-adventure-on-campus
In Media	2024	Faculty of Social Sciences, Education and	Opening session of the academic year brings together different	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/faculty-of-social-sciences-

		Administration welcomes new students	cycles for a conference full of scientific and technical-professional knowledge		education-and-administration-welcomes-new-students
Training Actions and Workshops	2024	Nexus Energy and Climate – The Urgency of Energy Management at a Global Level	Challenges and Solutions to Address the Energy Crisis and Climate Change at a Global Level	SDG 4; SDG 7; SDG 9; SDG 12; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/nexus-energy-and-climate-the-urgency-of-global-energy-management
In Media	2024	Faculty of Physical Education and Sport opens the Academic Year	The special ceremony was marked by a reflection on challenges and commitments	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/news/faculty-of-physical-education-and-sport-opens-the-academic-year
Training Actions and Workshops	2024	Solemn Opening Session of the Academic Year	Event opens the academic year with interventions on academic challenges, the university experience and the role of the teacher and coach	SDG 4	https://www.ulusofona.pt/en/event/solemn-opening-session-of-the-academic-year
In Media	2024	J.Dakota Brown and Silvio Lorusso bring together design enthusiasts at the FilmEU Auditorium	Renowned artists presented a talk to students, lecturers and guests about the work "Automation and Autonomy: Two Essays on Design"	SDG 4; SDG 8; SDG 9	https://www.ulusofona.pt/en/news/jd-brown-and-silvio-lorusso-bring-design-enthusiasts-at-the-filmeu-auditorium
Training Actions and Workshops	2024	The Link - The link between Animal Cruelty and Domestic Violence	Conference debates the adaptation of shelters to accommodate victims of domestic violence and their animals, promoting safety and protection	SDG 5; SDG 10; SDG 15; SDG 16	https://www.ulusofona.pt/en/event/the-link-the-connection-between-cruelty-to-animals-and-domestic-violence

In Media	2024	The Link 2024: Connection between violence against animals and human violence	Veterinary Medicine Webinar brings together experts in a session with a special focus on domestic violence	SDG 1; SDG 3; SDG 5; SDG 10	https://www.ulusofona.pt/en/news/the-link-2024-connection-between-violence-against-animals-and-human-violence
Sustainability Events	2024	WeARTolerance : An Arts Program for Mental Health	Watch the collective artistic show "A Festa da Vida" and discover the transformative power of the arts in promoting mental health	SDG 3	https://www.ulusofona.pt/en/event/weartolerance-an-arts-programme-for-mental-health
In Media	2024	Lusófona University Launches alMA - Lusófona Media and Arts Archive	An innovative space that celebrates the creativity of students from the Department of Cinema and Media Arts and provides access to their artistic productions	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-launches-alma-lusofona-media-and-arts-archive
In Media	2024	ULusófona Celebrates Extraordinary PhD Award from Doctor Eva Martín	Doctor Eva María Domínguez Martín receives UAH Extraordinary PhD Award for her contribution to oncology research	SDG 4; SDG 13	https://www.ulusofona.pt/en/news/ulusofona-celebrates-doctor-eva-martins-extraordinary-doctorate-award-
In Media	2024	ULusófona awarded 151 Excellence Scholarships in the 24/25 Academic Year	Excellence scholarships reward students with the best averages in secondary and professional education who enter university	SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/en/news/the-best-choose-ulusofona
In Media	2024	CascataChuva Nominated for Radar Innovation	Through the CATCHER project, it aims to develop an innovative technology for	SDG 7; SDG 11; SDG 12; SDG 17	https://www.ulusofona.pt/en/news/cascatachuva-nominated-for-innovation-radar-

		Award in Partnership with ULusófona	converting moisture into electrical energy		award-in-paradise-with-ulusofona
In Media	2024	ULusófona Promotes Scientific Research through CBIOS	The Research Centre for Biosciences and Health Technologies promoted scientific initiatives with the active participation of lecturers and students	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-in-the-spotlight-through-cbios
Training Actions and Workshops	2024	Senior School 2024/25	ULusófona intergenerational programme focusing on Lifelong Learning in History, Culture, Society, Development and Well-being	SDG 4; SDG 10; SDG 11	https://www.ulusofona.pt/en/event/senior-school-202425
Sustainability Events	2024	Humans and Environment: Socioecological Systems and Resilience	Conference by Prof. Dr. José Manuel Palma-Oliveira marks the beginning of the 2024/25 academic year in the areas of Psychology, Life Sciences and Education	SDG 4	https://www.ulusofona.pt/en/event/opening-session-of-the-2024-2025-school-year
Sustainability Events	2024	Horse Riding Forum: Debating and Planning the Future of Equestrian Sport	With the presence of athletes, coaches, officials, breeders, managers, veterinarians, handlers, medical professionals and other specialists.	SDG 4; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/equitation-forum-debating-and-planning-the-future-of-equestrian-sport
In Media	2024	Lusófona University Bets on Automated Service	Lusófona University's automated service solution improves student experience	SDG 8; SDG 9	https://www.ulusofona.pt/en/news/lusofona-university-bets-on-automated-customer-service

In Media	2024	There is no such thing as fake news Perspectives	When form is confused with content, misinformation is fuelled	SDG 4; SDG 16	https://www.ulusofona.pt/en/chronicles/there-is-no-such-thing-as-fake-news-perspectivas
Sustainability Events	2024	Cineclube 2024/25	Discover new cinematic perspectives at Lusófona University with the Department of Cinema and Media Arts (DCAM)	SDG 4	https://www.ulusofona.pt/en/event/film-club-202425
In Media	2024	ULusófona Strengthens Support for Mental Health with Psychology Services on World Day	On World Mental Health Day, ULusófona highlights its psychology services, providing essential support to the academic community	SDG 3; SDG 4; SDG 16	https://www.ulusofona.pt/en/news/ulusofona-reinforces-mental-health-support-with-psychology-services-on-world-day
Sustainability Events	2024	ULusófona Promotes Activities on World Mental Health Day	ULusófona's Psychology, Innovation and Knowledge Service provides self-care activities for students and professionals	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/ulusofona-promotes-activities-on-world-mental-health-day
Sustainability Events	2024	World Mental Health Day	The Psychology, Innovation and Knowledge Service (SPIC) will provide a psychologist to talk about Mental Health	SDG 3; SDG 4	https://www.ulusofona.pt/a/dia-mundial-da-saude-mental
Sustainability Events	2024	Lusófona University Participates in CINANIMA 2024	ULusófona promotes free animation sessions with award-winning films and short films from European educational institutions	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/lusofona-university-takes-part-in-cinanima-2024

In Media	2024	ULusófona Students Successfully Complete AVID Pro Tools 101 Certification	Certification programme reinforces excellent technical training and opens doors to opportunities in the audio and cinema industry	SDG 4; SDG 9	https://www.ulusofona.pt/en/news/ulusofona-students-successfully-complete-avid-pro-tools-101-certification
Sustainability Events	2024	Research Methods in Political Science	Conference and Workshop on the new Manual of Research Methods in Political Science brings together experts in the field	SDG 4; SDG 16	https://www.ulusofona.pt/en/event/research-methods-in-political-science
In Media	2024	XVIII Meeting of Social Service Internship Advisors	Session promotes space for dialogue and sharing between lecturers, students and institutional advisors	SDG 4; SDG 8; SDG 10	https://www.ulusofona.pt/en/news/xviii-meeting-of-social-work-internship-supervisors
Sustainability Events	2024	II Meeting of Advisors, Supervisors and Social Work Students	Promotion of dialogue and sharing of knowledge for the development of professional practice within the scope of Internships of the Degree in Social Work	SDG 4; SDG 8; SDG 10	https://www.ulusofona.pt/en/event/ii-meeting-of-social-work-advisors-supervisors-and-students
In Media	2024	ULusófona Students Begin Participation in FilmEU Annual Challenge 2024	International film competition challenges students to produce short films with the theme “Water”, in a collaboration between European universities	SDG 4; SDG 6; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-students-begin-participation-in-filmeu-annual-challenge-2024
Sustainability Events	2024	Lessons from cinema: Special Look at China	A unique opportunity to explore Chinese cinema and share	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/lessons-in

			experiences with producers from the Looking China project		films-special-looking-china
In Media	2024	Premiere of "The Feast of Life": Art and Mental Health Hand in Hand	WeARTolerance project action aims to combat the stigma of mental health with the support of Lusófona University and Fundação "la Caixa"	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/en/news/premiere-of-a-festa-da-vida-art-and-mental-health-hand-in-hand
In Media	2024	World Mental Health Day is Celebrated at Ulusófona - CUP	Awareness-raising action recalls the importance of caring for and monitoring mental and emotional well-being	SDG 3; SDG 4; SDG 16	https://www.ulusofona.pt/en/news/world-mental-health-day-celebrated-at-ulusofona-cup
In Media	2024	National Day of Movement and Physical Activity with Support from U Lusófona	First edition of the event dedicated to promoting physical activity for people with chronic illnesses	SDG 3; SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/national-day-of-movement-and-physical-activity-with-the-support-of-ulusofona-
In Media	2024	Professor António Teodoro Elected Vice-President of WCCES	U Lusófona professor takes on a prominent role in international comparative education	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/antonio-teodoro-elected-vice-president-of-the-wcces
In Media	2024	NutriAção project	Take your Free Nutritional Assessment every Saturday at Clínica São João de Deus	SDG 3	https://www.ulusofona.pt/en/news/nutriaction-project
Training Actions and Workshops	2024	Healthy Vocal Practice	Practical workshop on healthy vocal techniques, focusing on posture, breathing and essential care for	SDG 3	https://www.ulusofona.pt/en/event/healthy-vocal-practice

			the professional use of the voice		
In Media	2024	Free Access to the "Statista" Program for Students, Faculty and Staff	If you are a student, teacher or employee at Ulusófona, explore statistical data from 170 industries in 150 countries for free until November 1, 2024	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/free-access-to-the-statista-programme-for-students-teachers-and-staff
In Media	2024	Ulusófona Students Present at the 30th edition of the CineEco Festival in Seia	Ulusófona students participate in Market Meetings, showing the series "Pena Negra" and the short film "Paula"	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-students-present-at-the-30th-edition-of-cineeco-festival-in-seia
In Media	2024	Finalist of the Masters in Photography wins Novo Banco Revelação Prize 2024	Miguel Marquês addresses social and cultural issues through visual language	SDG 4; SDG 10	https://www.ulusofona.pt/en/interviews/photography-masters-finalist-wins-novo-banco-revelation-award-2024
In Media	2024	Ulusófona Integrates National Training Committee for Tourism	Ulusófona, through the Department of Tourism, participates in debates on education and employment in the tourism sector	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-joins-the-national-commission-for-tourism-training
In Media	2024	Official Start of the CECAM Project at Cinema Fernando Lopes	Initiative brings together higher education institutions to boost pedagogical innovation in the arts and media	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/official-launch-of-the-cecam-project-at-cinema-fernando-lopes
In Media	2024	Ulusófona - CUP Holds Opening Session of the Master's	One of the strengths of the course is that it is hybrid, combining	SDG 3; SDG 4; SDG 8	https://www.ulusofona.pt/en/news/ulusofona-cup-holds-opening-session-of-masters-

		Degree Teaching Physical Education	theoretical and practical components		degree-in-physical-education-
In Media	2024	Opening Session of the 24/25 Psychology Academic Year	During the welcome event for new students, professor explores the most interesting parts and statistics of the area	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/en/news/opening-session-of-the-202425-academic-year-in-psychology
In Media	2024	ULusófona Hosts the 5th International Congress on Environments	Event promoted in conjunction with the Federal University of Rio de Janeiro brings together experts to discuss contemporary challenges	SDG 3; SDG 11; SDG 13	https://www.ulusofona.pt/en/news/ulusofona-hosts-the-5th-international-congress-on-the-environment-
In Media	2024	Revolution for Freedom and a Mixture of Religious and Political Forms	Artists Catarina Laranjeiro and Daniel Barroca perform at Great Artists on Campus II	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/revolution-for-freedom-and-a-mixture-of-religious-and-political-forms
In Media	2024	ULusófona Highlights the Importance of Internships in Social Work Training	Meeting brought together experts and students to debate the role of internships and supervision in professional development	SDG 4; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/-ii-meeting-of-social-work-advisors-supervisors-and-students
In Media	2024	ULusófona Discusses Artificial Intelligence and Art in Folio 2024 in Óbidos	Alexander Gerner and Leonel Moura address the impact of Artificial Intelligence on artistic creation and the future of digital art in Folio 2024	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-discusses-artificial-intelligence-and-art-at-folio-2024-in-obidos

In Media	2024	Lusófona University Participates in the 4th CoARA Working Group in Brussels	Event brought together experts to discuss improvements in the evaluation of research proposals and reinforce international cooperation in the sector	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-participates-in-the-4th-coara-working-group-in-brussels
In Media	2024	New Kuadro Space - A Space for Teachers and Researchers (ULusófona - CUP)	An area designed for the development of academic activities in a comfortable space designed for excellence	SDG 4; SDG 8; SDG 9	https://www.ulusofona.pt/en/news/new-kuadro-space-a-space-for-teachers-and-researchers-ulusofona-cup
Sustainability Events	2024	II National Conference: Initial Training of Educators and Teachers	Challenges and Perspectives in the Training of Educators and Teachers: A Meeting of Knowledge and Practices	SDG 4; SDG 5; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/2nd-national-conference-initial-training-of-educators-and-teachers
In Media	2024	ULusófona researchers participate in the 6th Sustainable Campus Conference	The Project presented transforms food waste from the university canteen into cosmetic ingredients, contributing to the valorization of resources	SDG 9; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/ulusofona-researchers-take-part-in-the-6th-sustainable-campus-conference
In Media	2024	World Food Day	World Food Day was celebrated on October 16th, highlighting the importance of the motto "Food for all"	SDG 2; SDG 3; SDG 6; SDG 10; SDG 12; SDG 16; SDG 17	https://www.ulusofona.pt/en/noisi/world-food-day
Sustainability Events	2024	Doing Marketing: Challenges of	Experts discuss responsible practices and innovative	SDG 4; SDG 12	https://www.ulusofona.pt/en/event/marketing-challenges-of-

		Sustainability in Communication	solutions to align marketing with sustainability objectives		sustainability-in-communication
In Media	2024	Discover the theme of the 11th Season of the ULusófona Podcast "Direta 'Sem Café"	The new season of the ULusófona podcast addresses the main impacts of the 21st century on human health	SDG 3; SDG 4	https://www.ulusofona.pt/en/podcasts/discover-the-theme-of-the-11th-season-of-the-ulusofona-podcast-direta-sem-cafe
In Media	2024	EP64 - Generation Z, STIs and Sexual Health w/ Sofia de Melo Refoios	An important conversation on the Podcast "Direta Sem Café"	SDG 3; SDG 4; SDG 5; SDG 17	https://www.ulusofona.pt/en/podcasts/ep-64-generation-z-stis-and-sexual-health-with-dr-sofia-de-melo-refoios
Participation in International Projects	2024	IX International Congress for the Study of Mediation and Conflict	Discover the most recent methodologies for mediating conflicts and promoting democratic coexistence	SDG 4; SDG 5; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/ix-international-congress-for-the-study-of-mediation-and-conflict
In Media	2024	Yellow March: A Collective Action for the Eradication of Poverty	Social Service students and lecturers join CAIS in the Yellow March for the Eradication of Poverty	SDG 1; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/yellow-march-a-collective-action-to-eradicate-poverty
In Media	2024	E-NOSE Project Launch Meeting in Novi Sad	European project in collaboration with ULusófona develops gas sensors with state-of-the-art nanotechnology for global security	SDG 3; SDG 9; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/e-nose-project-launch-meeting-in-novi-sad
In Media	2024	Lusófona University Opens New Marmita Spaces	Students now have more options for their meals in more comfortable and	SDG 3; SDG 4; SDG 11; SDG 12	https://www.ulusofona.pt/en/news/lusofona-university-inaugurates-new-marmitas-spaces

			properly equipped environments		
In Media	2024	International Football Conference Brings Together Experts and Promotes Excellence	The event featured the participation of Mark Williams, one of the world's leading references in sports skills	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/international-football-conference-brings-specialists-and-promotes-excellence
In Media	2024	Relationship between Aesthetics and Politics: Impacts on the Current World at Other Delli Week	Conference and debate promote reflections on the way of seeing the world and awareness of existing differences	SDG 4; SDG 10; SDG 11	https://www.ulusofona.pt/en/news/aesthetics-and-politics-their-impact-on-todays-world-at-other-delli-week
In Media	2024	ULusófona lecturers at International Events in Portugal and Spain	Professors debate mediation and conflict resolution in seminars, strengthening academic cooperation at the University of Vigo and Minho	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/a/docentes-da-ulusofona-em-eventos-internacionais-em-portugal-e-espanha
In Media	2024	Decolonial Education and Racial Justice in Educational and Museum Spaces	Initiative promotes inclusive educational and museum practices, combating racial inequalities and discriminatory narratives in Portugal	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/conversations-about/decolonial-education-and-racial-justice-in-educational-and-museum-spaces
Participation in International Projects	2024	The International Activity of the Assembly of the Republic	Open class promoted by the Political Science and International Relations course on the evolution of parliamentary diplomacy in the Assembly of the Republic	SDG 16	https://www.ulusofona.pt/en/event/the-international-activity-of-the-assembly-of-the-republic

Sustainability Events	2024	FL_Talks: Personal Brand - Management and Consulting	Conference cycle that promotes the sharing of ideas about building and strategies in personal brand management	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/fltalks-personal-brand-management-and-consultancy
Training Actions and Workshops	2024	Cybersecurity for Leaders: How to Protect the Future of Your Organisation?	Empower Your Leadership and Team with Best Practices and Essential Tools to Mitigate Risks and Strengthen Organizational Resilience	SDG 4; SDG 8; SDG 9; SDG 16	https://www.ulusofona.pt/en/event/cybersecurity-for-leaders-how-to-protect-the-future-of-your-organisation
Training Actions and Workshops	2024	EVA Days (ULusófono - CUL)	Career reflection, CV writing and interview preparation, with guest company workshop	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/eva-cul-journeys-2024
In Media	2024	Professor Elected Coordinator at CPLP for Transport Infrastructures	Eloi Figueiredo assumes leadership of the Transport Infrastructure Thematic Committee to bring the nine CPLP countries closer together	SDG 9; SDG 17	https://www.ulusofona.pt/en/news/faculty-member-elected-coordinator-at-cplp-for-transport-infrastructure
In Media	2024	Opening Session of the Master's Degree in Science of Religions at the National Library	Inaugural conversation "Scripta Manent - Maktūb" marks the beginning of the Master's degree at ULusófono	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/opening-session-of-the-masters-in-science-of-religions-at-the-national-library
Participation in International Projects	2024	AI in Fashion and Fashion Film - Implications and Future Perspectives	Discover New Trends, Perspectives and Challenges with Anja Gaede MOVIE Talks	SDG 9	https://www.ulusofona.pt/en/event/ai-in-fashion-and-fashion-film-implications-and-future-prospects

Sustainability Events	2024	Rethinking Modern Organisations	Challenges and Opportunities in Managing Modern Organisations: New Approaches for Sustainable Success	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/rethinking-modern-organizations
In Media	2024	International Students Participate in Welcome Session	Welcome to International Students: Building Connections and Opportunities for a Successful Academic Path	SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/international-students-take-part-in-welcome-session
Sustainability Events	2024	Welcome Session for International Students 2024/25 (ULusófona - CUP)	Discover the services provided by UluSófona for international students	SDG 4	https://www.ulusofona.pt/en/event/welcome-session-for-international-students-cup-porto-2024
Sustainability Events	2024	Book Presentation: Disruptive Visual Expressions in Public Space	Presentation session of the book that has its first physical edition at Batalha Centro de Cinema	SDG 4	https://www.ulusofona.pt/en/event/book-presentation-disruptive-visual-expressions-in-public-space
In Media	2024	EP65 - Online Games, Rise and Risks w/ Pedro Gamito	Young people are the most impacted in the post-pandemic and the growth of online betting and video games among the group needs attention	SDG 3; SDG 4; SDG 8; SDG 16	https://www.ulusofona.pt/en/podcasts/ep65-online-games-rise-and-risks-with-pedro-gamito
In Media	2024	Sustainable Marketing in Debate: Innovative Strategies	Experts discuss responsible practices and innovative solutions in business communication, reconciling	SDG 4; SDG 12	https://www.ulusofona.pt/en/news/sustainable-marketing-in-debate-innovative-strategies

			sustainability with digital transformation		
In Media	2024	ULusófona Provides Psychologist and Nutrition Checks	The measure began on September 30th and aims to facilitate access to healthcare for higher education students	SDG 3; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-offers-psychologist-and-nutrition-vouchers
In Media	2024	Conference and Workshop on Research Methods in Political Science	Experts reflected on methodological approaches and current challenges in political research	SDG 4	https://www.ulusofona.pt/en/news/conference-and-workshop-on-research-methods-in-political-science
Sustainability Events	2024	Kafka by the River	Meeting and debate on theatrical adaptations of Franz Kafka's work and the challenges faced by directors	SDG 4; SDG 8; SDG 11; SDG 17	https://www.ulusofona.pt/en/event/kafka-by-the-river
In Media	2024	Vasco Araújo and the Influence of Uranus: Reflections on Art and Innovation	The Portuguese visual artist presented a conference/performance that challenges artistic conventions and promotes transformation through art	SDG 4	https://www.ulusofona.pt/en/news/vasco-araujo-and-the-influence-of-uranus-reflections-on-art-and-innovation
In Media	2024	IX International Congress: Challenges and Solutions in Conflict Resolution	Lusófona University – CUP promotes international meeting with an emphasis on peace, addressing structural and symbolic violence in society	SDG 4; SDG 16	https://www.ulusofona.pt/en/news/ix-international-congress-challenges-and-solutions-in-conflict-resolution
Participation in	2024	International Colloquium - Criminal Law	Reflections on the role of Criminal Law in protecting democratic principles and the	SDG 4; SDG 16	https://www.ulusofona.pt/en/event/international-colloquium-criminal-

International Projects		and Democracy Today	challenges of the contemporary criminal system		law-and-democracy-today
In Media	2024	ULusófona Students and Teachers Visit Drainage Works in Lisbon	Civil Engineering students got to know the work of the Lisbon General Drainage Plan up close and explored shipyards and tunneling machines	SDG 4; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/ulusofona-students-and-professors-visit-drainage-works-in-lisbon
Training Actions and Workshops	2024	Digital Transformation and Blockchain: The New Era of Innovation	Explore Postgraduate Opportunities in Blockchain, Cryptoeconomics and Innovation to Boost Your Career in the Digital Future	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/digital-transformation-and-blockchain-the-new-era-of-innovation
In Media	2024	Pedro Fernandes: Trajectory of Excellence in Biotechnology	ULusófona researcher is among the 2% most cited in the world, standing out for the impact of his scientific contributions and innovations in the area	SDG 3; SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/interviews/pedro-fernandes-excellence-in-biotechnology
Training Actions and Workshops	2024	EVA Days (ULusófona - CUP)	The future is already here! Prepare your professional path from the first academic year	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/eva-cup-2024-journeys
Training Actions and Workshops	2024	Feline Retroviral Infections - Prevalence and Global Impact	Discussion on management and evidence-based practices for FIV and FeLV infections in cats focused on animal health and welfare	SDG 3	https://www.ulusofona.pt/en/event/feline-retroviral-infections-prevalence-and-global-impact

In Media	2024	FL-Talk Brings Together Personal Brand Experts	Event on management and consultancy promotes discussions with renowned guests and active public participation	SDG 4; SDG 8; SDG 10	https://www.ulusofona.pt/en/news/fl-talk-brings-together-experts-in-personal-branding
In Media	2024	Solemn Opening Session of the 2024/2025 Academic Year at ULusófona - CUP	Opening of the school year highlights growth, innovation and commitment to inclusion and sustainability	SDG 4; SDG 9; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/solemn-opening-session-of-the-20242025-academic-year-at-lusofona-university-
Participation in International Projects	2024	International Conference: Combating Violence against Women and Sexual Crimes	Legislative approaches and practical challenges in implementing the new European directive – a meeting with European law experts	SDG 5; SDG 10	https://www.ulusofona.pt/en/event/international-conference-combating-violence-against-women-and-sexual-offences
In Media	2024	Lusófona University Bets on “Pet Friendly” Environment	Initiative will allow the presence of animals, creating a welcoming environment for four-legged companions	SDG 3; SDG 11; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/lusofona-university-invests-in-a-pet-friendly-environment
In Media	2024	João Pedro Vale and Nuno Alexandre Ferreira at Great Artists on Campus II	Artists discuss their path, central themes of their works and the transformative role of art in today's society	SDG 3; SDG 5; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/joao-pedro-vale-and-nuno-alexandre-ferreira-at-great-arts-on-campus-ii
In Media	2024	Kafka Event at Beira-Rio Brings Together Directors at Lusófona University	Colloquium debates the impact of Franz Kafka's work on theatre and arts, highlighting universal themes and the transformative power of his literature	SDG 4; SDG 5; SDG 11; SDG 16	https://www.ulusofona.pt/en/news/event-kafka-by-the-riverside-brought-together-directors-at-lusofona-university

Sustainability Events	2024	Screening of the film Oceans (2008) by Jacques Perrin and Jacques Cluzaud	A unique cinematic experience with a screening of the film "Oceans" and an exclusive masterclass with Philippe Ros, director of photography	SDG 4; SDG 14; SDG 17	https://www.ulusofona.pt/en/event/filmeu-cineclub
In Media	2024	Director of the Department of Cinema and Media Arts Elected President of CILECT	CILECT is the world's leading organisation of Film and Media Schools. His election highlights the relevance of ULusófona in these areas	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/director-of-the-film-and-media-arts-department-elected-president-of-cilect
In Media	2024	EP66 - Suicide, Problems and Public Health w/ Cátia Oliveira	The increase in suicide cases among young people raises awareness among those responsible	SDG 3; SDG 17	https://www.ulusofona.pt/en/podcasts/ep-66-suicide-a-problem-and-public-health-c-catia-oliveira
In Media	2024	Borba Tex Project: Grape Waste Transformed into Bio-Paste for Fashion and Design	Lusófona University drives innovation with sustainable project, in partnership with the City Council and Adega de Borba	SDG 9; SDG 11; SDG 12; SDG 17	https://www.ulusofona.pt/en/conversations-about/borba-tex-project-grape-waste-transformed-into-bio-paste-for-fashion-and-design
Training Actions and Workshops	2024	Social Projects: Knowing to Act	Learn how to plan and implement initiatives for mental health and ageing with Social Work and Psychology experts	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/en/event/social-projects-knowing-to-act
In Media	2024	Welcome Session for International Students	Welcome to international students highlights support for academic and cultural integration, with	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/international-student-welcome-session

			information sessions on the academic environment		
Training Actions and Workshops	2024	The Importance of Theory for Social Work	The Lusófona University - Centro Universitário Porto promotes theoretical reflection in Social Work with Prof. Rudi Roose, Ghent University	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/the-importance-of-theory-for-social-work
In Media	2024	Luso-Brazilian Colloquium on Occupational Accident Prevention	ULusófona Faculty of Law hosts an event with judges and professors on protection and repair of accidents at work	SDG 8; SDG 17	https://www.ulusofona.pt/a/coloquio-luso-brasileiro-sobre-prevencao-de-acidentes-de-trabalho-na-ulusofona
In Media	2024	Lusófona University Integrates Paimogo Fort Rehabilitation Project	Coastal Memory Fort project, with the Lusófona University, revitalises the Paimogo Fort, promoting sustainable tourism and local development	SDG 8; SDG 11; SDG 17	https://www.ulusofona.pt/a/universidade-lusofona-integra-projeto-de-reabilitacao-do-forte-de-paimogo
In Media	2024	Professor at Lusófona University Explores the Concept of "Job Crafting"	Ana Barros, professor at ULusófona, analyses the impact of "Job Crafting" on the future of work, aligning personal and business interests	SDG 8; SDG 9	https://www.ulusofona.pt/a/docente-da-universidade-lusofona-explora-conceito-de-job-crafting
In Media	2024	Conference Cycle at Casa da Arquitetura	Conference Cycle in Matosinhos brings together students and renowned architects to debate the impact of contemporary architecture	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/conference-cycle-at-the-casa-da-arquitetura

In Media	2024	ULusófona researchers receive individual FCT-CEEC funding	In the 6th edition of the Individual Scientific Employment Incentive Competition (CEEC), 5 ULusófona Researchers were awarded 6-year contracts	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-researchers-receive-fct-ceec-individual-funding
In Media	2024	EVA Days at ULusófona	ULusófona prepares students for the job market, focusing on developing skills and valuing practical experience	SDG 4; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/eva-days-at-lusofona-university-porto-university-centre
In Media	2024	Global Media and Information Literacy Week 2024	Training young people and professionals in media literacy and digital citizenship: ULusófona's initiatives in MIL Global Week 2024	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/global-media-and-information-literacy-week-2024
In Media	2024	Conference on Tourism and Modernisation of Airports in Cape Verde	ULusófona promotes discussion on the impact of tourism and investments of 80 million euros in the modernisation of airports in Cape Verde	SDG 9	https://www.ulusofona.pt/a/conferencia-sobre-turismo-e-modernizacao-dos-aeroportos-em-cabo-verde
Sustainability Events	2024	Tribute Session to Professor Doctor Fernando Santos Neves	Conference in honour of the 1st Rector of the Lusófona University and his contribution to Education and Lusophony	SDG 4	https://www.ulusofona.pt/en/event/session-in-honour-of-professor-fernando-santos-neves
In Media	2024	Margarida Insured Cinema and Media Arts	I have very high expectations, because I know the course is really good. Many	SDG 4	https://www.ulusofona.pt/en/testimonials/margarida-segurado-cinema-and-media-arts

			successful people in this area studied here.		
In Media	2024	Professor at ULusófona Co-author of International Article on Innovation and Economy	Study published in Germany's "Journal of the Knowledge Economy" explores innovation factors in economic development in Portugal	SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-co-autor-de-artigo-internacional-sobre-inovacao-e-economia
In Media	2024	Sustainable Fashion in Focus: International Conference Unites Industry and University	ULusófona and Politecnico di Milano promote the 2nd edition of FL Fashion Sustainability - International Conference	SDG 4; SDG 8; SDG 9; SDG 12; SDG 17	https://www.ulusofona.pt/a/moda-sustentavel-em-foco-conferencia-internacional-une-industria-e-academia
In Media	2024	Jorge Botelho Moniz Analyses Kamala Harris' Impact on the US Elections	Professor at Lusófona University and commentator for CNN Portugal assesses the impact of Kamala Harris on North American politics	SDG 16; SDG 17	https://www.ulusofona.pt/a/jorge-botelho-moniz-analisa-impacto-de-kamala-harris-nas-eleicoes-dos-eua
Training Actions and Workshops	2024	The Role of the Social Worker in the Inclusion of People with Intellectual Disabilities	Open Class on the role of the social worker in the inclusion of people with intellectual disabilities and the challenges of professional practice	SDG 3; SDG 4; SDG 8; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/the-role-of-the-social-worker-in-the-inclusion-of-intellectual-disabilities
In Media	2024	EP67 - Young People and Depression: Challenges and Support with Ana Cerqueira and Fábio Guedes	Experts discuss the warning signs and the importance of seeking help in a scenario where 42% of young people are affected	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/podcasts/ep67-youth-depression-with-ana-cerqueira-and-fabio-botelho-guedes

In Media	2024	ULusófona Alumni Premieres Film in National and International Cinemas	The Young Shaman by filmmaker Dulmaa has its commercial premiere on November 14th in a cinema near you	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-alumni-premiere-film-in-national-and-international-cinemas
In Media	2024	Cinema and Innovation at ULusófona: An Event with David Stump and Philippe Ros	Hollywood experiences and underwater filming: David Stump and Philippe Ros share knowledge with students at Lusófona University	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/cinema-and-innovation-at-lusofona-an-event-with-david-stump-and-philippe-ros
In Media	2024	Bonecada Hospital in Vila Franca de Xira with Support from the Lusófona University	ULusófona participates in an event where students in the health sector consult soft toys, promoting health literacy	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/a/hospital-da-bonecada-em-vila-franca-de-xira-com-apoio-da-universidade-lusofona
In Media	2024	ULusófona Professor Participates in the Pernambuco Congress on Safe Work	António Fernandes, professor at the Faculty of Law, discusses the challenges of business management and workplace safety at the congress in Recife	SDG 8; SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-participa-no-congresso-pernambucano-sobre-trabalho-seguro
In Media	2024	Luso-Brazilian Colloquium Addresses Prevention and Repair of Accidents at Work	Faculty of Law of ULusófona and Ejud-6 organise debate on work accidents in Brazil and Portugal, with experts	SDG 8; SDG 17	https://www.ulusofona.pt/a/coloquio-luso-brasileiro-aborda-prevencao-e-reparacao-de-acidentes-de-trabalho
In Media	2024	Conversation about Cinema with Orlando	Orlando Franco, professor at ULusófona,	SDG 4; SDG 11; SDG 16	https://www.ulusofona.pt/lisbon

		Franco at Programação dos Coruchéus	participates in a conversation with filmmaker Salomé Lamas, after screening her films		
In Media	2024	Jorge Botelho Moniz Comments on Clashes in Amsterdam on CNN Portugal	ULusófona professor, Jorge Botelho Moniz, analyses the clashes between Maccabi Tel Aviv and Ajax fans, in a geopolitical and social context	SDG 4; SDG 16	https://www.ulusofona.pt/a/jorge-botelho-moniz-comenta-confrontos-em-amesterdao-na-cnn-portugal
In Media	2024	Europe Prioritises Citizen Security in Times of Uncertainty	European Union reinforces its commitment to security and stability, essential for peace and sustainable development	SDG 16	https://www.ulusofona.pt/a/europa-prioriza-a-seguranca-dos-cidadaos-em-tempos-de-incerteza
In Media	2024	Europe Reinforces Commitment to Security and Peace for a Sustainable Future	European Union prioritises stability and protection, essential for progress and social justice on the continent	SDG 16	https://www.ulusofona.pt/a/europa-reforca-compromisso-com-seguranca-e-paz-para-um-futuro-sustentavel
In Media	2024	Portugal Evaluates Recognition of Palestine, Reinforcing Peace and Global Cooperation	Portuguese decision on the State of Palestine highlights the commitment to justice, international partnerships and stability on the global stage	SDG 16; SDG 17	https://www.ulusofona.pt/a/portugal-avalia-reconhecimento-da-palestina-reforcando-paz-e-cooperacao-global
In Media	2024	Education: A Certain Uncertainty in Citizenship	Citizenship should not be forged to serve an ideology	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/chronicles/education-a-certain-uncertainty-in-citizenship

In Media	2024	Rethinking Secondary Education: Challenges for Quality and Equity Education	Debate on secondary education in Portugal addresses inclusive education, employability and reducing inequalities for a sustainable future	SDG 4; SDG 8; SDG 10	https://www.ulusofona.pt/a/repensar-o-ensino-secundario-desafios-para-a-educacao-de-qualidade-e-equidade
In Media	2024	German Elections Could Redefine Political Stability and Impact on Europe	Political changes in Germany could influence the economy, inequalities and partnerships	SDG 8; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/a/eleicoes-na-alemanha-podem-redefinir-estabilidade-politica-e-impacto-na-europa
In Media	2024	Short Film by ULusófona Professor Pre-Nominated for the Animation Oscar	Family Portrait addresses family dynamics and social tensions, earning a place in the race for the Oscar for Best Animated Short Film	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-teachers-short-film-pre-nominated-for-animation-oscar
In Media	2024	Europe: Is Federalism Worth Thinking About?	The idea of a European federation raises delicate questions	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/chronicles/europe-is-federalism-worth-thinking-about
In Media	2024	Early Elections in Germany Could Change Politics and Stability in Europe	Changes in the German government could impact democracy, the economy, inequalities and partnerships, influencing the future of the European Union	SDG 8; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/a/eleicoes-antecipadas-na-alemanha-podem-mudar-politica-e-estabilidade-na-europa
In Media	2024	Opening of CLAIM Strengthens Support for Migrant Integration	New Local Support Centre for Migrant Integration (CLAIM) from ULusófona - CUP, promotes the integration of	SDG 4; SDG 8; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/inauguration-of-claim-strengthens-support-for-migrant-integration

			migrants through specialised support		
In Media	2024	Lkhagvadulam Purev-Ochir: From Mongolia to the World	Awarded in Venice, the director and professor at Lusófona University shares her vision on cinematic narrative, culture and education	SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/interviews/lkhagvadulam-purev-ochir-from-mongolia-to-the-world
In Media	2024	The psychological effects of surfing "Only a surfer knows the feeling"	Workshop in Matosinhos demonstrates the benefits of surfing and contact with nature on emotional balance and happiness	SDG 3; SDG 4; SDG 11; SDG 13; SDG 16	https://www.ulusofona.pt/en/event/the-psychological-effects-of-surfing-only-a-surfer-knows-the-feeling
Participation in International Projects	2024	FEM-ABLE Conference - Strategies for Expanding the Female Presence in Politics	Final meeting to present results and strategies for strengthening gender equality in politics at national and European level	SDG 5	https://www.ulusofona.pt/en/event/fem-able-final-conference
Sustainability Events	2024	Being a Physical Education Teacher Before and After April 1974	Conference aims to contextualize and reflect on the processes of affirmation and transformation of being a Physical Education teacher in recent decades	SDG 4	https://www.ulusofona.pt/en/event/being-a-physical-education-teacher-before-and-after-april-1974
In Media	2024	Pedro Barateiro Inspires Students at Great Artists on Campus II	The renowned Portuguese artist shared experiences on the university campus	SDG 4; SDG 10; SDG 11	https://www.ulusofona.pt/en/news/pedro-barateiro-inspires-students-at-great-artists-on-campus-ii

In Media	2024	International Colloquium Debates Criminal Law and Democracy in Current Academic Affairs	Experts debate the challenges of Criminal Law and reflect on the current state of Democracy in an academic and scientific context	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/international-colloquium-debates-criminal-law-and-democracy-
Sustainability Events	2024	Law Faculty Day	Lusófona University Holds Faculty of Law Day with Highlight for the Academic Community	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/law-school-day
Training Actions and Workshops	2024	The Psychological Effects of Surfing "Only a Surfer Knows the Feeling"	Practical and scientific session highlights the connection with nature and the positive effects of exercise in natural environments	SDG 3; SDG 4	https://www.ulusofona.pt/en/event/the-psychological-effects-of-surfing-only-a-surfer-knows-the-feeling
In Media	2024	The Role of the Social Worker in the Inclusion of People with Disabilities	Open Class addresses the role of the social worker in the inclusion of people with disabilities, promoting interaction and reflection with students on autonomy	SDG 4; SDG 8; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/the-role-of-the-social-worker-in-the-inclusion-of-people-with-disabilities
In Media	2024	Student Publishes Article in the Magazine "Zoosystematics and Evolution"	Article was written in collaboration with Spanish researchers and describes five new species of marine planarians.	SDG 13; SDG 14; SDG 17	https://www.ulusofona.pt/en/news/student-publishes-article-in-the-journal-zoosystematics-and-evolution
In Media	2024	Europe: Is Federalism Worth Thinking About?	The idea of a European federation raises delicate questions	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/chronicles/europe-is-federalism-worth-thinking-about

In Media	2024	Lusófona University Featured at the European Public Health Conference 2024	Faculty of Physical Education and Sports at U Lusófona leads the opening of the plenary sessions and promotes physical activity for 3000 health professionals	SDG 3	https://www.ulusofona.pt/en/news/ulusofona-in-the-spotlight-at-the-european-public-health-conference-2024
In Media	2024	Celebration of 60 Years of Flights and Tourism in Cape Verde	Conference in Honour of 60 Years of Air Connection between Portugal and Cape Verde and its Contributions to Mutual Development in Tourism	SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/celebrating-60-years-of-flights-and-tourism-in-cape-verde
In Media	2024	The Importance of Theory in Social Work	Lecture on Social Work explores the value of theory for critical and effective interventions, with the presence of Prof. Dr Rudi Roose	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/the-importance-of-theory-in-social-work
In Media	2024	Pomodoro Technique	Discover the Pomodoro technique, a simple and effective way to manage time, stay focused and increase productivity during studies and tasks	SDG 3; SDG 4	https://www.ulusofona.pt/en/noisi/pomodoro-technique
Participation in International Projects	2024	Solemn Opening Session of the Academic Year 2024/25 (ULusófona - CUL)	Opening of the Academic Year with Dialogue on Academic Quality and Sustainability in European Higher Education	SDG 4; SDG 8	https://www.ulusofona.pt/en/event/solemn-opening-of-the-school-year

Sustainability Events	2024	20th Edition of the Conference "Management, Leadership and Governance"	A unique opportunity to debate emerging trends in management and leadership	SDG 4; SDG 8; SDG 16	https://www.ulusofona.pt/en/event/20th-edition-of-the-management-leadership-and-governance-conference
In Media	2024	Celebration of the Honourable Mention of the LEAN LAB Project with Leroy Merlin	Lusófona University integrates the LEAN LAB project into its curriculum, offering practical training in Lean management and operational excellence	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/celebration-of-lean-lab-project-honourable-mention-with-leroy-merlin
Training Actions and Workshops	2024	Marketing Strategies for Tourist Destinations	Lusófona University organises event to explore opportunities and challenges in the development of tourism in Cape Verde	SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/a/estrategias-de-marketing-para-destinos-turisticos
Training Actions and Workshops	2024	Forced Migration	Explore the causes and consequences of forced migration with analyst Ana Carina Franco, researcher at IPRI-NOVA.	SDG 10; SDG 16	https://www.ulusofona.pt/en/event/forced-migration
Training Actions and Workshops	2024	Make Diabetes easier	Seminar promotes debate on the role of research and health literacy in the prevention and treatment of diabetes, bringing together experts from the sector	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/en/event/demystifying-diabetes
Sustainability Events	2024	The Catholic Church in the Spanish Civil War, 1936-1939	Conference explores the controversial role of the Catholic Church in Spain's civil war, promoting an	SDG 4; SDG 16	https://www.ulusofona.pt/en/event/the-catholic-church-in-the-spanish-civil-war-1936-1939

			academic debate open to all interested parties		
Sustainability Events	2024	American Elections 2024	Debate with Diana Soller and Teresa Nogueira Pinto on the Political and Geostrategic Consequences for the USA, Europe and the World	SDG 16; SDG 17	https://www.ulusofona.pt/en/event/conference-us-elections-2024
In Media	2024	Needs Diagnosis - Psychology, Innovation and Knowledge Service	Participate in this study, funded by PRR and DGES, and contribute to promoting the well-being and academic success of the institution	SDG 3; SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/needs-diagnosis-psychology-innovation-and-knowledge-service
Sustainability Events	2024	Equality and Non-Discrimination in Labour Relations	Conference on labour equality and discrimination brings together national and international experts, promoting strategies for a fairer environment	SDG 5; SDG 8; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/conference-on-equality-and-non-discrimination-in-labour-relations
Training Actions and Workshops	2024	ODW#15 The Pleasures of Mixing	A week of innovative workshops for Bachelor of Communication Design students	SDG 4; SDG 9; SDG 12; SDG 17	https://www.ulusofona.pt/en/event/odw-15-the-pleasures-of-mixing
In Media	2024	Award-winning animation at CINANIMA	Animation created by 2nd year Digital Animation students stands out at the 48th International Animated Film Festival in Espinho	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/award-winning-animation-at-cinanima

In Media	2024	Solemn Conference in Honour of Professor Fernando Santos Neves	Decoration to the 1st Rector of the Lusófona University and a Day of Reflection on its Academic Impact and Contribution to the Lusófona Community	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/solemn-conference-honouring-professor-doctor-fernando-santos-neves
Sustainability Events	2024	Equality and Non-Discrimination in Labour Relations	Conference on equality in labour relations brings together experts to discuss inclusive and fair solutions in the work context	SDG 5	https://www.ulusofona.pt/a/igualdade-e-nao-discriminacao-nas-relacoes-de-trabalho
Training Actions and Workshops	2024	Salesforce LowCode Platform	Presentation highlights new opportunities in software development, empowering students and professionals for digital innovation	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/salesforce-lowcode-platform
Participation in International Projects	2024	FilmEU Industry Summit 2024 - Imagining the Future of the Creative Industry	Integrated into FilmEU activities and with support from the European Commission, the event brings together international cinema researchers and professionals	SDG 4	https://www.ulusofona.pt/en/event/filmeu-industry-summit-2024-imagining-the-future-of-the-creative-industry
In Media	2024	Grow with Lusófona X: Learning and Development Opportunities	Grow personally and professionally while acquiring new knowledge? Yes, it's possible!	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/grow-with-lusofona-x-learning-and-development-opportunities
In Media	2024	Free LitterAT Project Combats the Dispersion	ULusófona leads an initiative in partnership with five	SDG 12; SDG 13;	https://www.ulusofona.pt/en/conversations-about/interreg-atlantic-

		of Plastics in the Oceans	countries to map the concentration of macro and microplastics in coastal and oceanic areas	SDG 14; SDG 17	project-combats-the-dispersion-of-plastics-in-the-oceans
In Media	2024	Pedro Falcão inspires Students at Great Artists On Campus II	Event promotes dialogue with the renowned Portuguese graphic designer, connecting art, education and innovation	SDG 4; SDG 8; SDG 9	https://www.ulusofona.pt/en/news/pedro-falcao-inspires-students-at-great-artists-on-campus-ii
In Media	2024	Specific Educational Needs Workshop	Workshop promotes inclusive strategies for lecturers to support students with specific educational needs in a university context	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/workshop-on-specific-educational-needs
In Media	2024	Tribeca Festival Lisboa Highlights Partnership with ULusófona in Celebration of Cinema	Inaugural event in Lisbon celebrated global stories, reinforcing cinema as a cultural bridge with the presence of national and international figures	SDG 4; SDG 8; SDG 10; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/tribeca-festival-lisbon-highlights-partnership-with-ulusofona-
In Media	2024	FEM-ABLE Final Conference promotes gender equality in politics	Final Conference of the FEM-ABLE Project brings together experts at Lusófona University – Centro Universitário do Porto	SDG 5; SDG 10; SDG 17	https://www.ulusofona.pt/a/conferencia-final-do-fem-able-promove-igualdade-de-genero-na-politica-
Training Actions and Workshops	2024	Theatre of Life Prevention	Seminar discusses prevention strategies and good practices in Health, Education and Social Inclusion	SDG 3; SDG 4; SDG 10; SDG 11; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/the-prevention-of-the-theatre-of-life

In Media	2024	CICANT and DGE strengthen Media Literacy with Strategic Partnership	Joint initiative between the Information and Communication Clubs and the YouNDigital project promotes digital citizenship and active participation	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/cicant-and-dge-strengthen-media-literacy-with-strategic-partnership
Sustainability Events	2024	I Lusoglobe Colloquium - Global Challenges	Explore the Challenges of Globalization and Impacts on Contemporary Democracies	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/i-conference-lusoglobe-global-challenges
In Media	2024	José Leite Computer Engineering	I chose Lusófona University because it is one of the universities that I believe has the best curriculum for my Computer Engineering course	SDG 4	https://www.ulusofona.pt/en/testimonials/jose-leite-computer-engineering
In Media	2024	CBIOS Science and Technology Manager	Ref. 20241121/001 - ULusófona intends to recruit a Science and Technology Manager from CBIOS - Centre for Biosciences and Health Technologies	SDG 9	https://www.ulusofona.pt/a/gerente-de-ciencia-e-tecnologia-do-cbios
Training Actions and Workshops	2024	Tourism and Peace Days	Explores the impact of tourism on promoting peace and learns about essential practices and concepts for the future of the area	SDG 4	https://www.ulusofona.pt/en/event/tourism-and-peace-days
In Media	2024	FEM-ABLE Project Ends with Conference at Lusófona University - CUP	European initiative highlights advances and challenges in promoting gender equality in politics	SDG 5; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/fem-able-project-closes-with-conference-at-lusofona-university-cup

			after two years of international cooperation		
In Media	2024	International Congress Debates China's Role in International Relations	Young academics from Portugal and Spain discuss politics, trade and tourism in a hybrid event that highlights China's global influence	SDG 4; SDG 9; SDG 16	https://www.ulusofona.pt/en/news/international-congress-debates-chinas-role-in-international-relations
Sustainability Events	2024	Thinking about Journalism with Journalists	National meeting promoted by CCPJ to present the accreditation body for journalism professionals and discuss the future of the profession	SDG 4; SDG 16	https://www.ulusofona.pt/en/event/thinking-about-journalism-with-journalists
In Media	2024	Tuna from Lusófona University Present in Television and Cultural Performances	TUSÓFONA brings the academic spirit to RTP1 and the Festa das Adiafas, promoting the Lusófona University with music, talent and dedication	SDG 4; SDG 10; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/lusofona-universitys-tuna-shines-in-televised-and-cultural-performances
In Media	2024	EP1- Let's SPIC About... Physical Exercise w/ Susana Cordeiro and Ricardo Rodrigues	Sport as an enhancer of physical health, psychological well-being and its positive influence on everyday life	SDG 3; SDG 4	https://www.ulusofona.pt/en/podcasts/ep1-lets-spic-about-physical-exercise-w-susana-cordeiro-ricardo-rodrigues
Training Actions and Workshops	2024	Lean Logistics and its Relationship with Sustainability and Industry 4.0	Exploring the Toyota Production System Philosophy and its Impact on the SDGs and Modern Logistics Management	SDG 8; SDG 9; SDG 12	https://www.ulusofona.pt/a/lean-logistics-e-a-sua-relacao-com-a-sustentabilidade-e-a-industria-40

Training Actions and Workshops	2024	Media and Cyberliterature	Reflections on Literature, Media and the Challenges of the Digital Age	SDG 4; SDG 9; SDG 16	https://www.ulusofona.pt/en/event/media-and-cyberliterature-seminar
Training Actions and Workshops	2024	Robotics in Warehouses: Efficiency and Automation in the Logistics Process	Innovation and Technology in Logistics: Perspectives on Robotization with Professor Walter de Britto Vidal Filho	SDG 9	https://www.ulusofona.pt/en/event/robotics-in-warehouses-efficiency-and-automation-in-the-logistics-process
Participation in International Projects	2024	119th International Conference: Economic and Social Development	International conference promotes in-depth reflection on global challenges in sustainability, innovation and economic development	SDG 8; SDG 9; SDG 10; SDG 13; SDG 16	https://www.ulusofona.pt/en/event/119th-international-scientific-conference-on-economic-and-social-development
Sustainability Events	2024	Wire Day 2024	Conference on research and innovation in Cinema and Media Arts, promoting dialogue and training	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/wire-day-2024
Sustainability Events	2024	The Importance of November 25, 1975 in the Consolidation of Democracy	Conference on the historical and political impact of November 25, 1975 on the consolidation of Portuguese democratic institutions	SDG 10; SDG 16	https://www.ulusofona.pt/en/event/the-importance-of-the-25th-of-november-for-the-consolidation-of-democracy
In Media	2024	Lusófona University Opens Academic Year with Solemn Conference	The event featured prominent academics and was broadcast live to the community	SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-opens-academic-year-with-solemn-conference

In Media	2024	Research Awarded Project of the Year at the Viver Saudável Awards	The ULusófona project stood out for its impact on cardiovascular health and encouraged future researchers to follow the science of nutrition	SDG 3; SDG 4; SDG 12; SDG 17	https://www.ulusofona.pt/en/news/research-wins-project-of-the-year-at-viver-saudavel-awards
In Media	2024	Assessment Meeting Analyses and Reinforces the Impact of the CATCHER Project	Leaders and experts evaluated innovation advances, discussed challenges and consolidated objectives for the CATCHER project coordinated by Ulusófona	SDG 7; SDG 11; SDG 12; SDG 17	https://www.ulusofona.pt/en/news/evaluation-meeting-analyses-and-reinforces-impact-of-catcher-project
Training Actions and Workshops	2024	Journalistic Coverage of Social Movements: Current Challenges	Reflection on communication, strategies and the impact of social movements on public opinion and institutions of power	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/journalistic-coverage-of-social-movements-current-challenges
Training Actions and Workshops	2024	Social Inequalities and European Public Policies	Reflection on the impact of European public policies on reducing inequalities, promoted by the Master in Social Service and Social Policy	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/open-class-social-inequalities-and-european-public-policies-
In Media	2024	ULusófona Students Lead Actions to Reduce Food Waste	European Waste Prevention Week 2024 mobilises future environmental engineers to promote sustainability and change habits	SDG 2; SDG 3	https://www.ulusofona.pt/en/news/ulusofona-students-lead-actions-to-reduce-food-waste

In Media	2024	Inclusive Swimming: Beyond Handicaps Project	Competition organised by CIDEFES brings together children with and without disabilities to break down barriers in sport	SDG 3; SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/inclusive-swimming-beyond-handicaps-project
In Media	2024	The Impact of Directive (EU) 2024/1385	Lusófona University promotes international debate on the new law that aims to combat violence against women	SDG 5; SDG 16	https://www.ulusofona.pt/en/news/the-impact-of-directive-eu-20241385
Training Actions and Workshops	2024	Scopio Magazine AAI & Contrast Conversation about "Research" and "Visual Spaces"	Conversation about the sections of Scopio Magazine, exploring topics such as contemporary archeology and visual spaces of change with experts in the field	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/scopio-magazine-aai-contrast-conversation-on-research-and-visual-spaces
In Media	2024	Mark Williams: Psychology and High Performance Sport	Psychology professor explores the relationship between psychology, training and performance optimisation in athletes and health	SDG 3; SDG 4; SDG 5; SDG 8; SDG 17	https://www.ulusofona.pt/en/interviews/mark-williams-explora-psicologia-e-desporto-de-alta-performance
In Media	2024	Joana Machado Shares Journey and Vision in the "Great Artists on Campus II" Cycle	Communication designer highlighted the impact of graphic design on cultural and educational promotion, inspiring ULusófona students	SDG 4	https://www.ulusofona.pt/en/news/joana-machado-shares-her-journey-and-vision-in-the-great-artists-on-campus-ii
Training Actions and Workshops	2024	Aging at What Age?	Seminar on ageing, debating current topics and promoting interaction between	SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/en/event/growing-old-at-what-age

			experts, students and professionals in the field		
In Media	2024	Presentation “The Cypress Dance” by Mariana Caló and Francisco Queimadela	The exhibition stimulated reflection on the connection between art, nature and culture in the contemporary world	SDG 4; SDG 11; SDG 15; SDG 17	https://www.ulusofona.pt/en/news/-the-dance-of-the-cypress-by-mariana-caló-and-francisco-queimadela
Sustainability Events	2024	Great Artists on Campus II with Joana Machado	A journey through editorial design and visual identities, highlighting projects developed between 2019 and 2024	SDG 4; SDG 17	https://www.ulusofona.pt/en/event/grandes-artistas-no-campus-2-com-joana-machado
In Media	2024	Commemorative Session Celebrates Law School Day	The event featured speeches from prominent figures and a special performance by the Jazz "Christmas Brothers"	SDG 4; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/commemorative-session-celebrates-the-faculty-of-law-day
In Media	2024	Prevention, Literacy and Research as Pillars in the Fight against Diabetes	Conference emphasizes the importance of research and literacy in the prevention and treatment of diabetes	SDG 3; SDG 4; SDG 9	https://www.ulusofona.pt/en/news/prevention-literacy-and-research-as-pillars-in-combating-diabetes
In Media	2024	ULusófono Explores Advances in the Salesforce Low-Code Platform in Development	Experts discussed how Salesforce revolutionizes software with artificial intelligence and innovation in the corporate and academic environment	SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-explores-advancements-of-the-salesforce-low-code-platform
In Media	2024	Adapted Sport as a Tool for	Athletes like Carla Oliveira and Marta Paço highlight	SDG 3; SDG 4; SDG 5;	https://www.ulusofona.pt/en/news/adaptive-sports-as-a-tool-for-

		Inclusion and Social Equality	overcoming and equality, reinforcing the impact of adapted sport on social transformation	SDG 10; SDG 17	inclusion-and-social-equality
Training Actions and Workshops	2024	Yoga, Breathing and Meditation	Explore the benefits of yoga, meditation and breathing in a practical wellness event	SDG 3; SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/en/event/workshop-on-yoga-breathing-and-meditation
Sustainability Events	2024	Knight of Fortune screening	A special event attended by Lasse Lyskjær Noer and Christian Norlyk, organised by VIA University, Denmark	SDG 4	https://www.ulusofona.pt/en/event/filmeu-cineclub-screening-of-knight-of-fortune
In Media	2024	Productivity Tips	Plan tasks, take strategic breaks and use technology to your advantage to study efficiently and without stress	SDG 3; SDG 4	https://www.ulusofona.pt/en/noisi/productivity-tips
In Media	2024	Associate Professor in the Subject Area of Political Science	Ref. DC_56/2024 - Opening of Internal Competition for Associate Professor in the Subject Area of Political Science	SDG 3	https://www.ulusofona.pt/a/concurso-interno-professor-associado-na-area-disciplinar-de-ciencia-politica
In Media	2024	Times are running...	Our planet is our common home. Today, our house is ugly and messy. It's very poorly attended...	SDG 9; SDG 15	https://www.ulusofona.pt/en/chronicles/times-are-changing
In Media	2024	Associate Professor - Physiology and Nutrition	Ref. 20241122/002 - ULusófona intends to recruit an Associate Professor in the areas of Physiology and Nutrition	SDG 3; SDG 4	https://www.ulusofona.pt/a/professor-associado-fisiologia-e-nutricao

In Media	2024	Administrative Technician	Ref. 20241125/002 - ULusófona is recruiting 1 administrative technician who is dynamic to join its team	SDG 8	https://www.ulusofona.pt/a/tecnicoa-administrativoa
Participation in International Projects	2024	FL_Fashion Sustainability International Conference	International Meeting on Sustainability and Circularity in Fashion brings together industry, companies and academics to share knowledge and innovation	SDG 4; SDG 8; SDG 9; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/call-for-papers-for-fffashion-sustainability-international-conference
In Media	2024	Open Class Discusses Journalistic Coverage of Social Movements	Event analyses the challenges in media coverage of social causes and activism strategies	SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/open-class-discusses-the-journalistic-coverage-of-social-movements
Training Actions and Workshops	2024	Feminine Revolution: Women who Make History in Sport	Elite athletes share stories of overcoming and their role in the fight for equality and visibility in sport	SDG 3; SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/en/event/womens-revolution-women-making-sports-history
In Media	2024	Professor at Lusófona University Participates in Film Festival in Qatar	Rafael Antunes, associate professor at ULusófona, participated in a masterclass on "AI in Cinema" at the EU Youth Short Film Festival, in Doha	SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/a/docente-da-universidade-lusofona-participa-em-festival-de-cinema-no-qatar
In Media	2024	Violence Against Women: Obstacle to Equality and Development	Marta Santos Vieira, research professor at ULusófona, analyses violence against women and the	SDG 5; SDG 16	https://www.ulusofona.pt/a/violencia-contra-as-mulheres-obstaculo-a-igualdade-e-ao-desenvolvimento

			impact on human rights		
In Media	2024	José Filipe Pinto's analysis of Luís Montenegro's Political Communication	Political scientist from Lusófona University, José Filipe Pinto, comments on the Prime Minister's intervention on security and freedom	SDG 16	https://www.ulusofona.pt/a/analise-de-jose-filipe-pinto-sobre-a-comunicacao-politica-de-luis-montenegro
In Media	2024	Other Delli Week Highlights Creativity and Innovation in Design	Event promoted practical workshops, market trends and collaboration between students, lecturers and experts	SDG 4; SDG 8; SDG 9	https://www.ulusofona.pt/en/news/other-delli-week-highlights-creativity-and-innovation-in-design
In Media	2024	Conference Analyses the Impact of November 25, 1975 on Portuguese Democracy	Event brought together experts and historical figures to debate the implications of this political milestone	SDG 10; SDG 16	https://www.ulusofona.pt/en/news/conference-analyses-the-impact-of-25-november-1975-on-portuguese-democracy
In Media	2024	Faculty of Engineering professor receives Innovation Award from APDIO	Miguel Vieira, professor of Industrial Engineering and Management, wins the 2024 Augusto Queirós Novais Prize for Innovation in Industrial Assembly Lines	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/professor-awarded-for-innovation-in-industrial-assembly-lines
In Media	2024	1st Lusoglobe Colloquium Discusses Globalization, Human Rights and Extremism	National and international experts come together to discuss global challenges, citizenship and terrorism in the context of liberal democracies	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/i-lusoglobe-colloquium-discusses-globalisation-human-rights-and-extremisms

In Media	2024	ULusófona Teachers Present at the CPLP Thematic Committees Meeting	Elói Figueiredo and Gonçalo Calado reinforce collaboration in the transport and maritime sectors, promoting synergies and innovative solutions	SDG 11; SDG 14; SDG 17	https://www.ulusofona.pt/a/docentes-da-ulusofona-presentes-na-reuniao-das-comissoes-tematicas-da-cplp
In Media	2024	António Costa and the Challenge of Building Consensus in the European Council	Jorge Botelho Moniz, professor at ULusófona, analyses Costa's challenges at the European Council, highlighting the need for consensus between countries	SDG 16	https://www.ulusofona.pt/a/antonio-costa-e-o-desafio-de-construir-consensos-no-conselho-europeu
In Media	2024	Lusófona University Judokas Shine in National Championships	Athletes from Lusófona University stood out in the National Judo Championships, winning several medals in different categories	SDG 3; SDG 4	https://www.ulusofona.pt/a/judocas-da-universidade-lusofona-brilham-em-campeonatos-nacionais
In Media	2024	Jorge Botelho Moniz Analyses Visit of the President of the European Council to Ukraine	CNN Portugal commentator and ULusófona professor, Jorge Botelho Moniz, explores Charles Michel's visit to Kiev and the concept of broader peace in Europe	SDG 16	https://www.ulusofona.pt/a/jorge-botelho-moniz-analisa-visita-do-presidente-do-conselho-europeu-a-ucrania
In Media	2024	Lecture on Brazil-Portugal at Lusófona University Discusses	Event organised by the Portuguese Chamber of Commerce and Industry of Rio de Janeiro, the possible entry of Brazilian	SDG 8; SDG 17	https://www.ulusofona.pt/a/palestra-sobre-brasil-portugal-na-universidade-lusofona-discute-futuro-economico

		Economic Future	banks into Portugal was discussed		
In Media	2024	Tourism and Peace Days Highlight the Role of Tourism in Building Bridges	Event promoted by Lusófona University brought together students and experts in debates on the impact of tourism on promoting global peace	SDG 8; SDG 11; SDG 16; SDG 17	https://www.ulusofona.pt/en
In Media	2024	English Teacher	Refª 20241129/001 - Lusófona University - CUL, through the Talent Management Department, intends to recruit two English Teachers	SDG 8	https://www.ulusofona.pt/a/docente-de-ingles-
In Media	2024	Design Scenario Exhibition Premiered at Forum da Maia	First edition of the exhibition highlighted works by students and lecturers, celebrating the creativity and transformative impact of design	SDG 4; SDG 8; SDG 9; SDG 11; SDG 17	https://www.ulusofona.pt/en/conversations-about/lusofona-universitys-design-scenario-exhibition-debuts-at-forum-da-maia
In Media	2024	Conflict in France Threatens Government Stability ULusófona Teacher Alert	Jorge Botelho Moniz, director of European Studies, highlights an unprecedented situation with Barnier facing motions of censure after circumventing a parliamentary vote	SDG 16	https://www.ulusofona.pt/a/conflito-na-franca-ameaca-estabilidade-governativa-alerta-docente-da-ulusofona
In Media	2024	Participation of Lusófona University in the Exhibition "Mais than Casas" at MUDE	ULusófona lecturers and students contribute to debates about the future of housing and sustainable cities in	SDG 11; SDG 17	https://www.ulusofona.pt/a/participacao-da-universidade-lusofona-na-exposicao-mais-do-que-casas-no-mude

			the exhibition at MUDE		
In Media	2024	ULusófona Teachers Present at the CPLP Thematic Committees Meeting	Eloi Figueiredo and Gonalo Calado reinforce collaboration in transport and maritime matters, promoting synergies and innovative solutions at CPLP	SDG 9; SDG 11; SDG 13; SDG 14; SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-directors-attend-meeting-of-thematic-commissions-of-the-cplp
Sustainability Events	2024	Great Artists on Campus II with Rui Chafes	Alone with Everything We Love - A journey through the work of Rui Chafes, exploring his artistic vision through iron and steel sculptures	SDG 4	https://www.ulusofona.pt/en/event/great-artists-on-campus-2-with-rui-chafes
In Media	2024	Conference at ULusófona Debates Sustainability in Fashion with Archana Surana	Archana Surana, director of Arch College, discusses sustainable solutions for the fashion industry at an international conference hosted by ULusófona	SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/a/archana-surana-fala-sobre-sustentabilidade-na-moda-em-conferencia-internacional
Training Actions and Workshops	2024	Lean Lab	Interactive workshop with the presence of Leroy Merlin on how gamification can transform management and operational efficiency	SDG 4; SDG 9	https://www.ulusofona.pt/en/event/lean-lab
In Media	2024	Political Crisis in France Analysed by an Expert from Lusófona University	Jorge Botelho Moniz, director of European Studies, reflects on the fall of the French government and its impacts on Europe	SDG 16	https://www.ulusofona.pt/a/crise-politica-em-franca-analisada-por-especialista-da-universidade-lusofona

			and international relations		
Training Actions and Workshops	2024	14th. Seminar on Groundwater	Celebration of the 30th anniversary of the Portuguese Water Resources Association with debates on innovation, management and preservation of groundwater	SDG 6; SDG 11; SDG 13; SDG 14; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/14th-seminar-on-groundwater
Training Actions and Workshops	2024	Presentation of PHC Human Resources Management Software	In-person workshop at Centro Universitário Lisboa, focused on the presentation of PHC's Human Resources Management software	SDG 4; SDG 8	https://www.ulusofona.pt/en/event/presentation-of-phcs-human-resources-management-software
In Media	2024	European Student Card (ESC)	Take part in this survey and find out how your opinion can improve the experience of international students in Europe	SDG 17	https://www.ulusofona.pt/en/news/european-student-card-esc
Training Actions and Workshops	2024	In Tune Campaign: Library and Music Studio for Children and Young People	Opening of new learning and creativity spaces for children and young people at the Campanhã Youth Centre	SDG 4; SDG 10; SDG 11; SDG 17	https://www.ulusofona.pt/en/event/campanha-in-tune-library-and-music-studio-for-children-and-young-people
In Media	2024	Future Realised with Digital Wallet	Participate in the Digital Wallet and Verifiable Credentials Pilot Project and have access to services and discounts on the Ulusófono Campus!	SDG 4	https://www.ulusofona.pt/en/news/digital-wallet-pilot

In Media	2024	Lusófona University Present at Seminar on Municipal Sports Charter	Mário Guimarães, professor at Lusófona University, participated in the seminar "Thinking about Sports, Projecting the City", promoted by Câmara do Barreiro	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/a/universidade-lusofona-presente-em-seminario-sobre-carta-desportiva-municipal
In Media	2024	Cristiana Costa Management	For our success, I would definitely recommend Lusófona University and the management course to interested students	SDG 4	https://www.ulusofona.pt/en/testimonials/cristiana-costa-management
Training Actions and Workshops	2024	Relational Neuroscience: Insights from fNIRS Hyperchoice Research	Lecture on the latest discoveries in social interaction and interpersonal communication, with Professor Pascal Vrticka from the University of Essex	SDG 3; SDG 4	https://www.ulusofona.pt/en/event/relational-neuroscience-insights-from-fnirs-hyperchoice-research
Participation in International Projects	2024	4th International Conference on AI Research	International Conference debates the future of society with AI and Robotics, exploring impacts, risks and ethical implications in education and work	SDG 4; SDG 8; SDG 9; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/4th-international-conference-on-ai-research
In Media	2024	New season of the Direta Sem Café Podcast Brings Contemporary Reflections	With the theme "Old Problems, New Questions", interviewees talk about global challenges and their consequences	SDG 4; SDG 10	https://www.ulusofona.pt/en/podcasts/new-season-of-the-direta-sem-cafe-podcast-brings-contemporary-reflections

Training Actions and Workshops	2024	Challenges of Social Responsibility and Sustainability	Interdisciplinary discussion on social responsibility and sustainability, focusing on business management	SDG 8; SDG 12; SDG 17	https://www.ulusofona.pt/en/event/challenges-of-social-responsibility-and-sustainability
In Media	2024	ULusófona Featured in the Debate on Connectivity and Digital Innovation	Students from Lusófona University Represent Youth at Symposium on Submarine Cables and Strategic Investments	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-in-the-spotlight-in-the-debate-on-connectivity-and-digital-innovation
In Media	2024	European Leadership in the Spotlight with Participation in 4 COST Shares	Lusófona University projects promote innovation in sustainability, urban planning, mental health and professional development	SDG 4; SDG 9; SDG 13	https://www.ulusofona.pt/en/news/european-leadership-highlighted-through-participation-in-four-cost-actions
Training Actions and Workshops	2024	Migration and Housing: Building Inclusive Cities	Reflection and debate on migration, social housing and the role of social workers in communities, focusing on current urban and social challenges	SDG 4; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/migration-and-housing-building-inclusive-cities
Training Actions and Workshops	2024	Communication and Education for Sustainability	Meeting for Teachers and Cultural Mediators in Museums and Libraries: Education and Communication Strategies in Lisbon and São Paulo	SDG 4	https://www.ulusofona.pt/en/event/communication-and-education-for-sustainability-training-course
Training Actions and Workshops	2024	Citizenship Today: Challenges and	Reflections on the challenges of citizenship, peace and social policies in the	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/citizenship-today-challenges-and-paths-to-peacebuilding

		Paths to Building Peace	current context, with a focus on Portugal and the European Union		
In Media	2024	ULusófona Research Leads to the Discovery of New Marine Species	Professors from Lusófona University publish innovative study on new marine species, revealing advances in the field of Ocean Biodiversity	SDG 14; SDG 15; SDG 17	https://www.ulusofona.pt/a/investigacao-da-ulusofona-leva-a-descoberta-de-novas-especies-marinhas
In Media	2024	State of Politics: Do we respect and give each other respect?	Discussing involves listening, considering and creating consensus, even when it seems easier to give in to immediacy	SDG 16	https://www.ulusofona.pt/en/chronicles/state-of-politics-do-we-respect-and-show-respect
In Media	2024	State of Politics: Do we respect and give each other respect?	Rui Ribeiro analyses the challenges of current politics and questions whether we are building a society of credibility and mutual respect	SDG 16	https://www.ulusofona.pt/en/chronicles/state-of-politics-do-we-respect-and-show-respect
In Media	2024	Political Debate and Mutual Respect in Modern Times	Rui Ribeiro, professor at ULusófona, reflects on the importance of a political debate based on integrity, consensus and respect, against immediacy	SDG 16	https://www.ulusofona.pt/a/debate-politico-e-respeito-mutuo-em-tempos-modernos
In Media	2024	Film Director “The Young Shaman” in Conversation with DCAM and DCC Students	The event brought together students and lecturers from ULusófona for an inspiring conversation about the artistic and academic journey of	SDG 4	https://www.ulusofona.pt/a/realizadora-de-filme-o-jovem-xama-a-conversa-com-estudantes-do-dcam-e-dcc

			the award-winning Mongolian filmmaker		
In Media	2024	Lusófona University Featured with Sustainable Protein Food Project	CBIOS joins consortium funded by the CYTED Program to develop sustainable regional protein-rich foods	SDG 2; SDG 12	https://www.ulusofona.pt/en/news/ulusofona-health-research-in-the-spotlight-again
Training Actions and Workshops	2024	Immunology Escape Room	An interactive and educational experience where immunology becomes an exciting challenge, created by students from the UC of Immunology at ULusófona	SDG 3; SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/immunology-escape-room
In Media	2024	Alexandra Vilela: Impacts of the New European Directive on Violence and Crime	PhD in Law and professor at ULusófona analyses the legal and social changes of the new law to combat gender-based violence and protect victims	SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/interviews/alexandra-vilela-impact-of-the-new-european-directive-on-violence-and-crime
Training Actions and Workshops	2024	Radiopharmaceuticals: Advances in Therapy and Imaging	Open class on radiopharmaceuticals and their applications in diagnosis and therapy, organised by Isoder Company	SDG 3; SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/radiopharmaceuticals-advances-in-therapy-and-imaging
In Media	2024	Just Health, Please Perspectives	Feeding an error is choosing to be part of the problem	SDG 3	https://www.ulusofona.pt/en/chronicles/just-health-please-perspectives
Training Actions and Workshops	2024	In-depth Practices in Social Work:	Lusófona University hosts two open classes, promoting debate on practices in	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/advanced-practices-in-social-work

		Reflections and Debates	Social Work, with experts in the field		
Training Actions and Workshops	2024	Excellence in Action: How to Drive Results and Lead Change	How to Ensure Continuous Improvement and Integration of Quality, Environment and Safety in Business Management	SDG 9	https://www.ulusofona.pt/en/event/excellence-in-action-how-to-drive-results-and-lead-change
Training Actions and Workshops	2024	Introduction to Veterinary Acupuncture: From Ancient to Modern	Exploring the Connection between Traditional Chinese Medicine and Veterinary Homeopathy	SDG 3; SDG 4; SDG 12	https://www.ulusofona.pt/en/event/introduction-to-veterinary-acupuncture-from-ancient-to-modern
In Media	2024	Fashion Sustainability Conference: Lessons in Knowledge and Innovation about Fashion	Industry, companies and the academic community unite in a conference on sustainability and circularity in fashion	SDG 9; SDG 12; SDG 13	https://www.ulusofona.pt/en/news/fashion-sustainability-conference-lessons-in-knowledge-and-innovation-
In Media	2024	10th Engineering Conference Discusses the Role of Artificial Intelligence	Event highlights the influence of new technologies on the transformation, efficiency and safety of Airport Operations	SDG 8; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/10th-engineering-conference-discusses-the-role-of-artificial-intelligence
In Media	2024	Lean Lab Workshop Focuses on Gamification and Operational Excellence	Training had an innovative approach in the Master's degree in Industrial Engineering and Management at Lusófona University	SDG 4; SDG 8; SDG 12	https://www.ulusofona.pt/en/news/lean-lab-workshop-focuses-on-gamification-and-operational-excellence
In Media	2024	Rui Chafes in the "Great Artists on Campus II" Cycle	Art, spirituality and sustainability highlighted with one of the greatest	SDG 4; SDG 11	https://www.ulusofona.pt/en/news/rui-chafes-at-the-great-artists-on-campus-ii-series

			contemporary Portuguese sculptors		
Sustainability Events	2024	Citizenship & Fundamental Rights Forum: Celebrating the Universal Declaration	Celebration of the 76th anniversary of the Universal Declaration of Human Rights with lectures and debates on citizenship and fundamental rights	SDG 4; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/citizenship-fundamental-rights-forum-celebrating-the-universal-declaration
Training Actions and Workshops	2024	Environmental Engineering: Challenges and Solutions for the Climate Future	Lusófona University brings together experts to discuss the impact of climate change and COP29, focusing on communication and climate action	SDG 7; SDG 13	https://www.ulusofona.pt/en/event/environmental-engineering-challenges-and-solutions-for-the-climate-future
Sustainability Events	2024	Iberian Water Meeting: Creating Bridges in Urban and Agricultural Water Services	Event promotes cooperation between the urban and agricultural sectors in sustainable water management, with a focus on innovation in the Iberian Peninsula	SDG 6; SDG 11; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/iberian-water-meeting-building-bridges-in-urban-and-agricultural-water-services
In Media	2024	Meeting between Ukrainians and Trump Team: A Milestone in International Politics	Ukrainian representatives and allies of the former US president discuss strategic issues, signaling possible geopolitical developments	SDG 8; SDG 10; SDG 13; SDG 16; SDG 17	https://www.ulusofona.pt/a/encontro-entre-ucranianos-e-equipa-de-trump-um-marco-na-politica-internacional
In Media	2024	Debate on the Female Revolution in Sport	Athletes Dulce Félix and Vanessa Fernandes shared challenges, achievements and	SDG 3; SDG 5; SDG 10; SDG 17	https://www.ulusofona.pt/en/news/debate-on-the-feminine-revolution-in-sports

			reflections on the role of women in sport		
In Media	2024	Pathfinder Joint International BA in Film - The 1st international BA in Portugal	The programme combines in-person learning with hybrid teaching flexibility. Applications are now open, closing on 1 February 2025. Apply today!	SDG 4; SDG 17	https://www.ulusofona.pt/en/news/pathfinder-joint-international-ba-in-film-1st-international-ba-in-portugal
In Media	2024	Masterclass “The Young Shaman” with Dulmaa Purev-Ochir at ULusófono	Special session with screening of the film and debate with the director and alumni from Lusófono University on Tradition, Modernity and Art	SDG 4; SDG 5; SDG 10; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/masterclass-the-young-shaman-with-dulmaa-purev-ochir-at-lusofona-university
In Media	2024	Conference Highlights the Importance of Intervention with Spousal Abusers	Professor Olga Cunha addressed the scarcity of effective programmes and presented the Program for Promotion and Intervention with Conjugal Aggressors (PPRIAC)	SDG 3; SDG 5; SDG 16	https://www.ulusofona.pt/en/news/conference-highlights-the-importance-of-intervention-with-intimate-partner
In Media	2024	Immunology Escape Room	Playful activity in Immunology uses scientific-interactive dynamics to innovate educational methods	SDG 3; SDG 4; SDG 9	https://www.ulusofona.pt/en/event/immunology-escape-room
In Media	2024	Thought and Responsibility in People and Organisation Management	Lusófono University organises conference that explores the relationship between ethics, creativity and	SDG 4; SDG 8; SDG 10	https://www.ulusofona.pt/en/event/thought-and-responsibility-in-the-management-of-people-and-organisations

			management in the organizational context		
In Media	2024	Aruanda Festival Awards Short Films from Lusófona University	Four short films from Lusófona University were awarded: Best Film, Best Direction and two honourable mentions	SDG 4	https://www.ulusofona.pt/a/festival-aruanda-premia-curtas-da-universidade-lusofona
Sustainability Events	2024	Sad Forever 2024	The exciting opening of the 5th edition of Triste para Semper 2024, which celebrates stories that touch the soul, at Cinema Fernando Lopes	SDG 3; SDG 11; SDG 16	https://www.ulusofona.pt/a/triste-para-sempre-2024
In Media	2024	EP68 - Fashion, Cycles and Meanings w/ Benilde Reis	Benilde Reis explores how fashion transcends clothing to become a reflection of cultural, economic and social dynamics	SDG 3; SDG 10	https://www.ulusofona.pt/en/podcasts/ep68-fashion-cycles-and-meanings-with-benilde-reis
In Media	2024	When the War Is Over: Europe's Plan to Contain Russia	Geopolitical strategies under debate as the world faces a future of uncertainty and tension following the conflict in Ukraine	SDG 9; SDG 10; SDG 13; SDG 16; SDG 17	https://www.ulusofona.pt/a/quando-a-guerra-acabar-o-plano-da-europa-para-conter-a-russia
In Media	2024	ULusófona Students Visit the Inter-American Development Bank (IDB)	Initiative deepens Portugal's role in International Financial Institutions and offers a workshop on career opportunities at IDB	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-students-visit-the-inter-american-development-bank-idb
Training Actions and Workshops	2024	Football belongs to everyone - Cultures and Conceptions of	Credited training for football coaches, promoted by ULusófona, in partnership with the	SDG 3	https://www.ulusofona.pt/en/event/everyones-football-cultures-and-conceptions-of-

		Portuguese Identity Football	National Association of Football Coaches and the FPF		portuguese-identity-football
In Media	2024	Zelensky Calls for the Creation of a Buffer Zone to Ensure Security	Ukrainian president reinforces requests for international support and discusses the exchange of strategic guarantees amid the prolonged conflict with Russia	SDG 9; SDG 10; SDG 13; SDG 16; SDG 17	https://www.ulusofona.pt/a/zelensky-apela-a-criacao-de-uma-zona-tampao-para-garantir-a-seguranca
In Media	2024	Europe Takes Responsibility: The EU Reevaluates Defence Strategy	After decades under US protection, the European Union recognises the need to reinforce its own investments in security and defence	SDG 8; SDG 9; SDG 10; SDG 11; SDG 13; SDG 16; SDG 17	https://www.ulusofona.pt/a/europa-assume-responsabilidade-a-ue-reavalia-a-estrategia-de-defesa
In Media	2024	Debate on Equality and Discrimination at Work with Global Experts	National and international experts analysed labour challenges and legal mechanisms to combat discrimination in the workplace	SDG 5; SDG 8; SDG 10; SDG 16	https://www.ulusofona.pt/en/news/debate-on-equality-and-workplace-discrimination-with-global-experts
In Media	2024	Four ULusófona Short Films Featured at the Aruanda Festival	The works were recognised as best film in the category, best direction and obtained two honourable mentions	SDG 4; SDG 5; SDG 10	https://www.ulusofona.pt/en/news/four-short-films-from-lusofona-university-shine-at-the-arauanda-festival
In Media	2024	Ricardo Ferraz Recommends Budgetary Monitoring in Response to Centeno	ULusófona professor suggests that the Government take advantage of Centeno's warning to reaffirm its commitment to	SDG 8; SDG 16	https://www.ulusofona.pt/a/economista-da-ulusofona-recomenda-monitorizacao-orcamental-em-resposta-a-centeno

			budgetary targets and monitor execution		
Training Actions and Workshops	2024	The Role of Technology in Strategic Human Resources Management	Experts discuss how digital tools are transforming people management and boosting organizational efficiency	SDG 8; SDG 9	https://www.ulusofona.pt/en/event/the-role-of-technology-in-strategic-human-resources-management
In Media	2024	YoPA Project: Participatory Innovation for the Promotion of Youth Health	EU funds international project that empowers teenagers from four global cities to lead community health and wellbeing interventions	SDG 3; SDG 17	https://www.ulusofona.pt/en/conversations-about/yopa-project-participatory-innovation-for-youth-health-promotion
In Media	2024	14th Seminar on Groundwater Debated Solutions for the Future	Experts and managers discussed the challenges and strategies for preserving and managing groundwater in the current context	SDG 6; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/en/news/14th-groundwater-seminar-discussed-solutions-for-the-future
In Media	2024	Call for Proposals - Panorama Council 2025 International Conference	Participate in the global event on Panoramic Technologies, co-organised by Lusófona University, at the Calouste Gulbenkian Foundation in Lisbon	SDG 4; SDG 9; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/call-for-proposals-international-conference-panorama-council-2025
Participation in International Projects	2024	International City Colloquium River Community	Challenges and Opportunities in the Regeneration of Urban Rivers: A Dialogue Between Europe and South America	SDG 4; SDG 9	https://www.ulusofona.pt/en/event/international-colloquium-city-rio-community

In Media	2024	Researcher at Lusófona University Integrates Innovative Project by SpaceX and ESA	Pedro Marques-Quinteiro participates in research into the impact of space stress, which aims to improve the well-being of astronauts	SDG 3; SDG 9; SDG 13; SDG 17	https://www.ulusofona.pt/a/spacex-lanca-missao-historica-fram2-com-4-pessoas-sobre-os-polos-da-terra
In Media	2024	Seminar Debate Housing and Migration	Renowned experts debate contemporary social challenges at Ulusófona, inspiring and preparing future generations of social workers	SDG 1; SDG 3; SDG 10; SDG 11; SDG 16	https://www.ulusofona.pt/en/news/seminar-discusses-housing-and-migration
In Media	2024	Football (is) for Everyone – Cultures and Conceptions of Portuguese Identity Football	Event highlights ongoing training and challenges of Portuguese football	SDG 4; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/everyones-football-cultures-and-conceptions-of-portuguese-identity-football
In Media	2024	Changes to the Reopening of Summaries and Marking of Absences	Orders exclusively on the Teacher's App with simplified features for regularizing overdue summaries	SDG 4	https://www.ulusofona.pt/en/news/changes-to-how-summaries-are-reopened-and-absences-are-marked
Sustainability Events	2024	The Way of Mary	A contemporary reflection on spirituality and the role of Mary in the Christian tradition	SDG 4; SDG 16	https://www.ulusofona.pt/en/event/marys-way
In Media	2024	EP69 - Migrations, Ethics and Challenges w/ Fernando Campos	Migrations from an ethical and historical perspective	SDG 3; SDG 10	https://www.ulusofona.pt/en/podcasts/ep69-migrations-ethics-and-challenges-w-fernando-campos
In Media	2024	ClimAID Street Art Festival: Art	Lusófona University event highlighted	SDG 4; SDG 11;	https://www.ulusofona.pt/en/news/climaid-

		and Technology in Defence of Cultural Heritage	creativity, innovation and sustainability, raising awareness about climate change and cultural impact	SDG 12; SDG 13; SDG 17	street-art-festival-art-and-technology-in-defence-of-cultural-heritage
In Media	2024	ULusófona Participates in the ROBO-KNOT Project Funded by Horizon Europe	The Robotics Knowledge Transfer Lab project has a budget of 3 million euros and the collaboration of 10 international partners	SDG 3; SDG 4; SDG 8; SDG 9; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-participates-in-robo-knot-project-funded-by-horizon-europe
In Media	2024	Rúben Simões: Recognition and Nomination at the Golden Globes	Lusófona University student is recognised for his brilliant performance in the Portuguese film “Vadio”	SDG 4; SDG 8; SDG 11; SDG 16; SDG 17	https://www.ulusofona.pt/en/interviews/ruben-simoes-recognition-and-nomination-at-the-globos-de-ouro
In Media	2024	EP70 - War, Conflicts and Internationalities w/ Sabrina Medeiros	This episode explores how wars have evolved in a world of new threats	SDG 3; SDG 10	https://www.ulusofona.pt/en/podcasts/ep70-war-conflicts-and-international-relationships-w-sabrina-medeiros
In Media	2024	Professor Pedro Gamito Appointed Associate Editor of Scientific Journal	Nomination reflects the international recognition of the work of the professor and the ULusófona HEI-Lab in the field of Cyberpsychology and Human Behaviour	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/en/news/professor-pedro-gamito-appointed-associate-editor-of-cyberpsychology-journal
In Media	2024	CEAD researcher Francisco Suárez Elected European Ombudsman	Teresa Anjinho, member of the Self-Evaluation and Monitoring Committee for the Masters in Law at ULusófona, assumes a	SDG 4; SDG 5; SDG 16	https://www.ulusofona.pt/a/investigadora-do-cead-francisco-suarez-eleita-provedora-de-justica-europeia

			new position for the 2025-2029 term		
Sustainability Events	2024	ULusófona Debates Work, Education and Innovation in a Post-Covid-19 World	TAKE 2024 Conference reflected on the challenges and opportunities in the post-pandemic scenario.	SDG 3	https://www.ulusofona.pt/en/news/ulusofona-debates-work-education-and-innovation-in-post-covid19-world
Sustainability Events	2024	Documentary Debate on Food Change	The documentary "Meat: The Unsustainable Footprint", shown at Lusófona University, addresses the urgency of a plant-based diet.	SDG 2; SDG 3; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/documentary-debates-food-change-
Sustainability Events	2024	Ugly Fruits NOT Conference Cycle!	The latest edition of the "Ugly Fruits NOT!" event brought together experts and professionals from the food sector to discuss and promote practices focused on combating food waste in Portugal.	SDG 2; SDG 3; SDG 11	https://www.ulusofona.pt/en/news/conference-cycle-ugly-fruits-not
Sustainability Events	2024	Jornadas da Sustentabilidade 2024	To celebrate World Environment Day, June 5th, the Eco-Schools FE - Faculty of Engineering coordination and the BioRG research group are pleased to invite all students, staff and teachers to participate in the Sustainability Days 2024 .	SDG 3; SDG 4; SDG 6; SDG 7; SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/event/sustainability-days-2024

Sustainability Events	2024	The Impact of Air Quality During Sleep	In this webinar, part of the ECO-Webinars promoted by the Faculty of Engineering, we will explore how air quality affects our health while we sleep. Air quality can influence sleep quality and overall well-being, and we will discuss how pollutants and allergens can interfere with our nighttime breathing.	SDG 3; SDG 13; SDG 15	https://www.ulusofona.pt/en/event/air-quality-while-we-sleep-impacts-on-health
Sustainability Events	2024	Lecture on Green Energies Involves Academic Community at ULusófona	As part of the Sustainability Days, Lusófona University promoted an awareness-raising action focused on energy saving, organized by the Eco-Schools coordination. The lecture, open to the entire academic community, had as its central theme "Green Hydrogen, a matter - raw material and energy vector for sustainability".	SDG 7; SDG 8; SDG 9; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/news/lecture-on-green-energy-involves-academic-community-at-ulusofona
Sustainability Events	2024	Lecture on the Application of Air Quality and Thermal Comfort Sensors	On June 5th, as part of the Sustainability Conference, Lusófona University hosted a lecture by Professor João Canto, director of the Bachelor's Degree in Electrical Engineering, on the	SDG 3; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/lecture-on-the-application-of-air-quality-and-thermal-comfort-sensors

			<p>application of low-cost sensors in monitoring air quality and thermal comfort parameters.</p> <p>At the invitation of the Eco-Schools program coordinator, Professor Canto shared valuable insights into the effectiveness of commercial sensors in measuring suspended particles (PM10, PM2.5) and carbon dioxide (CO2).</p>		
Sustainability Events	2024	ULusófona highlights Monitoring of Nitrogen Compounds and Aquatic Resources	<p>As part of the Sustainability Conference, Lusófona University hosted a lecture by Dr. Gabriela Almeida, who addressed crucial issues related to the monitoring of nitrogen compounds and the sustainable management of aquatic resources. Dr. Gabriela Almeida, Associate Professor at Egas Moniz School of Health and Sciences, Researcher at UCIBIO-i4HB and CEO of Nitrogen Sensing Solutions, shared her experience and knowledge in the field of water quality and treatment with the academic community.</p>	SDG 6; SDG 14	https://www.ulusofona.pt/en/news/ulusofona-highlights-monitoring-of-nitrogen-compounds-and-aquatic-resources

Sustainability Events	2024	Eco-Webinars: Environment & Sustainability 4th Edition	Until June, the Faculty of Engineering of ULusófona is promoting a sustainable discussion. As part of the Eco-Schools action program of the Faculty of Engineering, of the Lusófona University, several online actions will be carried out on the theme "Environment & Sustainability", during the months of May and June.	SDG 3; SDG 6; SDG 7; SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/event/environment-sustainability-4th-edition
Sustainability Events	2024	On Wednesdays in Lusófona: Sustainability in Tourism	As part of the Lecture Series "On Wednesdays in Lusófona", another session took place with the central theme "Slow Tourism and Sustainable Development".	SDG 4; SDG 8; SDG 10; SDG 12; SDG 14; SDG 15; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/lusofona-wednesdays-sustainability-in-tourism-
Sustainability Events	2024	The Role of Emotional Intelligence in Conflict Management	The Seminar helped to identify the emotions of users within the scope of Social Service activities.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/the-role-of-emotional-intelligence-in-conflict-management
Sustainability Events	2024	The Environmental Ambition of Vinci Energies Portugal	This webinar, integrated in the ECO-Webinars promoted by the Faculty of Engineering, focuses on presenting and discussing Vinci Energies' initiatives and strategies to promote sustainability	SDG 8; SDG 9; SDG 11; SDG 12; SDG 13; SDG 14	https://www.ulusofona.pt/en/event/the-environmental-ambition-of-vinci-energies-portugal

			and environmental protection. Through presentations and debates, the company shares its goals and projects aimed at reducing environmental impact and implementing innovative ecological practices in the energy sector.		
Sustainability Events	2024	Maritime Transport Towards Sustainability	The seminar encouraged experts and researchers to reflect on maritime transport and sustainable development. It was discovered how this sector has evolved in recent years to achieve the sustainable development goals proposed by the United Nations.	SDG 9; SDG 12; SDG 13; SDG 14	https://www.ulusofona.pt/en/event/maritime-transport-towards-sustainability
Sustainability Events	2024	1st International Conference on Design: Design for Social Impact	The 1st International Conference on Design for Social Impact [D4Si] aimed to be a space for reflection on design for society. The global transformations that have occurred in recent years have called on design to take on the role of an agent of change in contemporary concerns, such as	SDG 4; SDG 10; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/1st-international-design-conference-design-for-social-impact-

			climate change, ecology, immigration, terrorism, poverty, population aging and post-pandemic repercussions.		
Sustainability Events	2024	How to Make an Event More Sustainable?	In this webinar, part of the ECO-Webinars promoted by the Faculty of Engineering, Joana Bastos, Consultant Specialized in Environment and Sustainability at Ponto Verde Serviços, will share strategies and practices to make events more environmentally friendly. The lecture will cover valuable tips for organizing events with less environmental impact and promoting sustainability.	SDG 3; SDG 4; SDG 7; SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/event/how-to-make-an-event-more-sustainable
Sustainability Events	2024	Large Animal Rescue	The event, packed with knowledge about the urgency of rescuing large animals, addressed several crucial topics. General concepts and concerns in emergencies and animal rescue were discussed, highlighting the importance of these procedures. Preparing for emergencies and disasters was	SDG 11; SDG 13; SDG 15	https://www.ulusofona.pt/en/event/large-animal-rescue

			analyzed, focusing on the command, management and control systems for incidents specific to situations involving animals.		
Sustainability Events	2024	Sustainability at Arcadis	Until June, the Faculty of Engineering of the Lusófona University promoted the discussion on sustainability. As part of the Eco-Schools action program of the Faculty of Engineering, of the Lusófona University, several online actions were carried out on the theme “Environment & Sustainability”, throughout the months of May and June.	SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/event/sustainability-in-arcadis
Sustainability Events	2024	ERASMUS Project Ugly Fruits NOT!	As part of the dissemination of the results of the ERASMUS Project Ugly Fruits NOT! (ERASMUS Project 2021-2-PL01-KA220-VET-000050880), the dissemination event (MULTIPLIER EVENT) “Presentation of digital tools in the fight against food waste” was held on May 22nd, aiming to publicize the materials	SDG 1; SDG 2; SDG 3; SDG 8; SDG 10; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/news/presentation-of-digital-resources-to-combat-food-waste

			produced and the digital platform that can be used as a dissemination and training tool.		
Sustainability Events	2024	Social Service and the Challenges of Intervention	The Social Service and Intervention Challenges Seminar proposed a reflection on the challenges and opportunities of Social Service in contemporary times, with a special focus on social intervention. The event brought together Social Workers involved in the promotion of Human Rights, the fight against poverty, the search for equality and the fight against discrimination.	SDG 1; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/social-work-and-the-challenges-of-intervention
Sustainability Events	2024	Cultural Diversity for Dialogue and Development	Within the scope of the curricular unit "Intervention in the Area of Interculturality" of the Degree in Social Work, the World Day for Cultural Diversity for Dialogue and Development was celebrated.	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/cultural-diversity-for-dialogue-and-development
Sustainability Events	2024	Biomedical Engineering and the Evolution of the Quality of Health Services	On display from April 15th to May 17th, the creation of this poster aims to highlight and raise awareness of the fundamental role of	SDG 3; SDG 4; SDG 9; SDG 10	https://www.ulusofona.pt/en/event/biomedical-engineering-and-the-evolution-of-quality-in-health-services

			Biomedical Engineering in the evolution of the quality of health services, in the average life expectancy of Portuguese people and in the National Health System over the last fifty years, making an essential point of comparison with the pre-April 25th scenario.		
Sustainability Events	2024	IX Jornadas em Exercise e Saúde	The event will be attended by Professors and Researchers from other higher education institutions, as well as the participation of journalists and highly-deserving students who will present topics related to the impact that a healthy lifestyle has on different health indicators. in different populations.	SDG 3; SDG 4; SDG 5; SDG 17	https://www.ulusofona.pt/en/event/ix-conference-on-exercise-and-health
Sustainability Events	2024	II Congress of Healthy Learning and Work Environments	The annual results of the Portuguese Laboratory of Healthy Work Environments were presented and discussed, with a special focus on the analysis of the specificities of the	SDG 3; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/ii-congress-on-healthy-learning-and-working-environments

			different generations. We had national and international speakers and thematic panels.		
Sustainability Events	2024	Discoveries and Perspectives at the Junction of Physical Activity and Well-Being	The 9th Conference on Exercise and Health of the Lusófona University - Porto University Center, focused on the scientific area of Sport, bringing together specialists, professors, researchers, journalists and students to discuss relevant topics on physical exercise and its relationship with health.	SDG 2; SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/en/news/perspectives-on-the-combination-of-physical-activity-and-well-being
Sustainability Events	2024	Slow Tourism and sustainable development. The Future is Slow!	Throughout the academic year, Specialists from the various Organic Units of the Lusófona University will be invited to give an open class to students from non-higher education, higher education and civil society, whose themes should be relevant to the community.	SDG 4; SDG 8; SDG 11; SDG 12	https://www.ulusofona.pt/en/event/wednesdays-at-lusofona-slow-tourism-and-sustainable-development
Sustainability Events	2024	ULusófona Promotes Dialogue on the Amazon and Sustainability	The round table "Amazon: Sustainability, Innovation and Society" brought together experts and	SDG 8; SDG 10; SDG 11; SDG 12; SDG 13; SDG 14;	https://www.ulusofona.pt/en/news/ulusofona-promotes-dialogue-on-the-amazon-and-sustainability

			students to discuss and propose solutions to contemporary environmental challenges affecting the Amazon region and the world, as well as the importance of global cooperation.	SDG 15; SDG 16; SDG 17	
Sustainability Events	2024	The Biological Cycle of Nitrogen	Throughout the academic year, Specialists from the various Organic Units of the Lusófona University will be invited to give an open class to students from non-higher education, higher education and civil society, whose themes should be relevant to the community.	SDG 4; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/the-biological-cycle-of-azote
Sustainability Events	2024	Without Masks - Enhance Your Self-Knowledge	The Postgraduate Course in Talent Management 4.0 promotes discussions on Talent Management in the Digital Age. The world is increasingly digital, requiring greater self-knowledge and more frequent use of our distinctive skills to build relationships and achieve results. The 4th discussion entitled "Without masks - enhance your self-knowledge", will be	SDG 4; SDG 8; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/no-masks-boost-your-self-knowledge

			held with the presence of Luís Cordeiro.		
Sustainability Events	2024	The Role of the Nutritionist in Today's Society	The 4th Lusophone Nutrition Conference explored emerging themes in the different areas of the profession, with a special focus on the multifaceted role they currently play.	SDG 2; SDG 3; SDG 4	https://www.ulusofona.pt/en/news/the-role-of-nutritionists-in-todays-society
Sustainability Events	2024	ULusófona Celebrates Equality and Empowerment at Film Festival	New edition of Porto Femme - International Film Festival, focused on the theme "Women and Revolutions" within the scope of the 7th Art.	SDG 4; SDG 5; SDG 11	https://www.ulusofona.pt/en/news/ulusofona-celebrates-equality-and-empowerment-at-film-festival
Sustainability Events	2024	Fashion Lab 0.0: The Sustainable Fashion Show	The show was a celebration of freedom of expression, innovation and environmental awareness. Each piece told a story, reflecting not only fashion trends but also the values and concerns of contemporary society.	SDG 5; SDG 11; SDG 12; SDG 16	https://www.ulusofona.pt/en/news/fashion-lab-00-the-sustainable-fashion-show
Sustainability Events	2024	Warriors of the Cerrado: Women in the Environmental Struggle	The event highlighted environmental resilience and brought crucial debates about the role of women in the most biodiverse biome on the planet.	SDG 3; SDG 7; SDG 10; SDG 12; SDG 15	https://www.ulusofona.pt/en/news/warriors-of-the-cerrado-women-in-the-environmental-struggle
Sustainability Events	2024	50 years of Democracy -	Over the last five decades, there have	SDG 3; SDG 4;	https://www.ulusofona.pt/en/event/50-years-

		Impacts on Health	been profound changes in the various Portuguese health systems, which have contributed to the evident improvement of different demographic indicators of our population. In this context, we intend to discuss the contributions provided in Health with a special impact on the areas of education. of ECTS.	SDG 10; SDG 17	of-democracy-impact-on-health
Sustainability Events	2024	Spectroscopy as a Tool for the Discovery of Bioactive Compounds	Throughout the academic year, experts from various Organic Units of the Lusófona University were invited to give open classes to students from non-higher education, higher education and civil society, on topics relevant to the community. With this action, we intend to create a space for reflection that prioritizes debate and the development of critical thinking regarding the topics and content addressed.	SDG 3; SDG 4; SDG 9	https://www.ulusofona.pt/en/event/spectroscopy-as-a-tool-for-discovering-bioactive-compounds
Sustainability Events	2024	Psychology Conferences:	The main purpose of these conferences was	SDG 3; SDG 4;	https://www.ulusofona.pt/en/news/psychology

		From Research to Practice	to create a set of activities that would enable students to take a broad approach to psychology, including its different contexts and fields, from research to practice.	SDG 5; SDG 11	-days-from-research-to-practice
Sustainability Events	2024	Women And(in) Revolution	The conference aimed to address gender inequality in public and private life.	SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/women-in-revolution
Sustainability Events	2024	Perspectives on a Career in the Area of Water Resources Management	The conference brought together young people and professionals for a series of lectures given by teachers from Lisbon institutions and other specialized organizations, highlighting the strategic importance of adequate water management and the career potential in this same sector.	SDG 7; SDG 8; SDG 14	https://www.ulusofona.pt/en/news/perspectives-on-a-career-in-water-resources-management
Sustainability Events	2024	Academia da Água Lisboa	Lectures on the subject of water resources with the aim of captivating students in this area. The speakers will mainly be teachers from all institutions in Lisbon, as well as other organizations in the area.	SDG 6; SDG 14	https://www.ulusofona.pt/en/event/lisbon-water-academy

Sustainability Events	2024	I Psychology Conference: Practices and Applications	The Lusófona University held the first Psychology Conference: Practices and Applications, with the aim of cultivating and encouraging the discussion of emerging themes in different areas of psychology, namely the psychology of justice, clinical and health psychology, and neuropsychology.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/1st-psychology-conference-practices-and-applications
Sustainability Events	2024	Identify and Develop Talent in the Digital Age	The 3rd discussion, entitled "Identifying and Developing Talent in the Digital Age", was held in the presence of Nuno Simões. Nuno Simões is the Human Capital Director at PwC Portugal, Cape Verde and Angola.	SDG 4; SDG 8; SDG 9; SDG 10	https://www.ulusofona.pt/en/event/identifying-and-developing-talent-in-the-digital-era
Sustainability Events	2024	Job Fair 2024 (Porto)	EVA - Internships and Active Life of the Lusófona University - Lisbon University Center held the Job Fair at the University of Porto, an event that included workshops, lectures and conferences by companies and experts in their respective areas.	SDG 4; SDG 8; SDG 9; SDG 10	https://www.ulusofona.pt/en/event/job-fair-centro-universitario-porto-
Sustainability Events	2024	Bem Viver: Shared Future for	As part of the celebrations for World Social Service Day,	SDG 1; SDG 3;	https://www.ulusofona.pt/en/event/living-well-

		Transformative Change	celebrated on March 19, the Institute of Social Service of the Lusófona University held a reflection event on "Good Living: A Shared Future for Transformative Change". The event was moderated by Nelson Ramalho (SS/FCSEA) and included a musical performance by Tiago Carrasqueira, a final year student of the Bachelor's Degree in Social Service.	SDG 10; SDG 16	shared-future-for-transformative-change
Sustainability Events	2024	Inclusive Self-Care Fashion Show	The Bachelor's and Master's Degrees in Fashion Design and Production from Universidade Lusófona participated in the Selfcare Market Summit Conference, on March 17th, at Cordoaria Nacional. Through the organization of a fashion show, this participation aimed to promote inclusion in fashion world.	SDG 3; SDG 5; SDG 10; SDG 17	https://www.ulusofona.pt/en/event/selfcare-fashion-inclusions-show
Sustainability Events	2024	IV Lusophone Nutrition Conference	The Lusophone Nutrition Conference was an academic event that aimed to analyze various emerging themes in the area of nutritional	SDG 2; SDG 3; SDG 4; SDG 10; SDG 12; SDG 17	https://www.ulusofona.pt/en/event/iv-lusophone-nutrition-days

			sciences, highlighting the importance of the nutritionist in their most distinct areas of activity.		
Sustainability Events	2024	Taking Care of Minds: Importance of Mental Health	The interactive webinar discussed the importance of mental health in the university academic environment. With a question and answer format, the event aimed to raise awareness and empower university students to manage their mental health. Participants also had the opportunity to speak.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/taking-care-of-minds-mental-health-importance
Sustainability Events	2024	AI (ChatGPT) applied to Human Resource Management in GA	The event sought to convey the advantages of using ChatGPT in human resources management in aeronautical management and how this tool can contribute to efficiency, automation and personalized support in the area of Human Resources Management, helping to ensure the safe and efficient operation of effective air operations.	SDG 8; SDG 9; SDG 16	https://www.ulusofona.pt/en/event/ia-chatgpt-applied-to-human-resources-management-in-ga

Sustainability Events	2024	Organizational Performance - Communication, Leadership and Motivation	On March 11, Universidade Lusófona - Centro Universitário Lisboa held an online seminar with the aim of highlighting the fundamental role that communication, leadership and motivation play in organizations to obtain good performance from employees.	SDG 8; SDG 9; SDG 16	https://www.ulusofona.pt/en/event/organizational-performance-communication-leadership-and-motivation
Sustainability Events	2024	Quality, Processes and Organizational Excellence	On March 8th, APQ – Portuguese Association for Quality and Universidade Lusófona held an event to discuss a range of issues related to Quality and Organizational Excellence. The speech by Professor Paulo Sampaio, Vice-President of APQ and professor at the University of Minho, highlighted the importance of Quality in Organizations and how it can be crucial for students and their integration into the world of work.	SDG 8; SDG 9; SDG 12; SDG 17	https://www.ulusofona.pt/en/event/quality-processes-and-organizational-excellence
Sustainability Events	2024	IV Edition - Psychology Conference	Since 2021, year after year, the Psychology Conferences - Conference Cycle of the School of	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/en/event/iv-edition-psychology-days-

			Psychology and Life Sciences of the Lusófona University, Lisbon University Center, have been taking place with the aim of reflecting on the different areas of Psychology and raising awareness of the various training courses in the area.		
Sustainability Events	2024	Candidate Experience in the Digital Age: The Role of Talent Attraction	The Postgraduate Course in Talent Management 4.0 once again promoted discussions to reflect and debate the challenges and opportunities in the Digital Age in the world of Talent Management, as well as its main transformations in People Management.	SDG 4; SDG 8; SDG 9	https://www.ulusofona.pt/en/event/candidate-experience-in-the-digital-age-the-role-of-attracting-talent
Sustainability Events	2024	Job Fair 2024 (Lisbon)	EVA - Internships and Active Life of the Lusófona University - Lisbon University Center held the Job Fair at the Lusófona University, an event that included workshops, lectures and conferences by companies and experts in their respective areas.	SDG 4; SDG 8; SDG 9; SDG 10	https://www.ulusofona.pt/en/event/job-fair-university-lusofona

Sustainability Events	2024	Seminar on Reflection on the Gravity of Domestic Violence	Domestic violence continues to be a particularly serious social problem in our country and beyond. It is a complex phenomenon, both due to its consequences for victims and their families, and due to the diversity of its causes, which are very difficult to understand, even with the most accurate criminological analysis.	SDG 3; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/seminar-to-reflect-on-the-seriousness-of-domestic-violence
Sustainability Events	2024	Psychogerontologia e Saúde Mental Meeting: The Role of Technology	Artificial Intelligence (AI) has been increasingly present in the healthcare field, including procedures, treatments, research and development, with mental health in the aging process being an exception. The intersection between mental health and AI is a complex phenomenon in constant and rapid evolution.	SDG 3; SDG 9; SDG 10	https://www.ulusofona.pt/en/event/meeting-on-psychogerontology-and-mental-health-the-role-of-technology
Sustainability Events	2024	1st International AGRRIN Congress - Generating Bodies	The AGRRIN Project - Generating Bodies: from Aggression to Insurgency, Contributions for a Decolonial Pedagogy organized its 1st International	SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/1st-agrrin-international-congress-generating-bodies

			Congress, whose theme was “Everyday Racism: from Aggression to Insurgency”, on February 23rd.		
Sustainability Events	2024	EVA 2024 Journeys	The Lusófona University contributed to the employability of its students with the EVA Conferences of 2024.	SDG 4; SDG 8; SDG 9	https://www.ulusofona.pt/en/event/eva-journeys-2024
Sustainability Events	2024	Being a Physical Education Teacher, Challenges and Opportunities	The Open Class addressed topics that had repercussions in the debate on Physical Education and Sport.	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/en/event/open-class-being-a-physical-education-teacher-challenges-and-opportunities
Sustainability Events	2024	Violent Love	The Violent Love Seminar was attended by professionals specialized in intervening with victims of domestic violence.	SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/violent-love
Sustainability Events	2024	Equality in and Through Sport	The analysis of the theme of equality, in its various facets, was applied to various areas of sport.	SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/en/event/symposium-equality-in-and-through-sport
Sustainability Events	2024	Round Table with Guests from the Human Resources Area	On January 15th, Lusófona University - Lisbon University Center hosted a seminar on Human Resources. Gathered around a round table, the guests and moderators presented	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/round-table-with-guests-from-the-human-resources-area

			and discussed issues related to the past, present and future of Strategic Human Resources Management.		
Sustainability Events	2024	Talent 4.0: Align and Agile in the Digital Age	The digital world has been experiencing daily economic and social acceleration, affecting not only people's individual habits, but, above all, the way companies relate to their employees. In this event, we invite you to explore and discuss the challenges, opportunities and strategies capable of motivating, developing and retaining talent in the Digital Age.	SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/en/event/talent-40-aligning-and-streamlining-in-the-digital-age
Activities on Campus	2024	Eco-Código 2024	The Faculty of Engineering of the Lusófona University - Centro Universitário Lisboa, within the scope of the Eco-Schools Program, presented the Eco-Code 2024, encouraging sustainable practices among students and the academic community. The code establishes concrete actions to improve the	SDG 3; SDG 6; SDG 7; SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/eco-code-2024

			Environment at the University and Community. . With a focus on ecological attitudes, the project strengthens the environmental responsibility of all participants.		
Activities on Campus	2024	Composting Project at ULusófona Advances with Innovative Initiatives	The composting project at Lusófona University, led by the Eco-Schools Team of the Faculty of Engineering, continues to evolve and gain prominence this year. Continuing the work started in previous years, the composter installed next to the Campus vegetable garden has played a crucial role in the recovery of organic waste generated in large quantities in the canteens. This waste is transformed into nutrient-rich compost, ideal for fertilizing the university's organic garden.	SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/composting-project-at-ulusofona-advances-with-innovative-initiatives
Activities on Campus	2024	Research Project in the Organic Garden of the Lusófona University	Between March and June, Lusófona University launched a new research project in its Organic Garden, aiming to explore the properties of the soil and the microbial	SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/research-project-at-the-lusofona-university-organic-garden

			<p>communities present. The research focuses on the isolation of microorganisms from the soil that present antimicrobial activity with the aim of identifying microorganisms that may have the potential to combat pathogens, contributing to advances in the area of biological and pharmaceutical sciences.</p>		
Activities on Campus	2024	ULusófona Celebrates World Tree Day with Planting and Awareness Action	<p>On April 21st, Lusófona University, through its Lusófona Verde initiative, marked World Tree Day with a major planting and restoration campaign on the University Campus. The event, which included the planting of four new trees, had the active participation of the institution's Academic Community.</p>	SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/ulusofona-celebrates-world-tree-day-with-planting-and-awareness-raising-action
Activities on Campus	2024	Renovation of the Lusófona University's Organic Garden	<p>The organic vegetable garden on the Lusófona University Campus, which began in the 2020/2021 academic year, has recently undergone significant recovery,</p>	SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/renovation-of-lusofona-universitys-organic-vegetable-garden

			<p>thanks to the commitment and collaboration of students and teachers from the Education and Teaching Council (CEE). This space, which has five flowerbeds, has been a meeting point for the academic community, involved in the care and maintenance of the garden. The initiative is supervised by Professor Elisabete Mauricio, coordinator of the Eco-Schools program.</p>		
Activities on Campus	2024	ULusófona Launches Innovative Project for the Valorization of Waste from the Canteen	<p>Between March and June, Lusófona University began a pioneering research project that aims to make use of the organic waste generated in the campus canteens. The main objective of this study is to collect fruit and vegetable peel waste and transform it into -them in extracts with high bioactive value, capable of presenting beneficial properties for human health, such as antioxidant and</p>	SDG 1; SDG 2; SDG 9; SDG 10; SDG 12	https://www.ulusofona.pt/en/news/ulusofona-launches-innovative-canteen-waste-valorisation-project

			antimicrobial capacities.		
Activities on Campus	2024	New Ecopontos of Sociedade Ponto Verde Installed on the ULusófona Campus	Following the training activities promoted in previous years by Sociedade Ponto Verde, Universidade Lusófona has been receiving several indoor recycling points, which are being progressively installed on campus, according to the needs identified by the academic community.	SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/new-green-dot-society-ecopoints-installed-on-ulusofona-campus
Activities on Campus	2024	New Sustainable Measures Implemented at ULusófona	Lusófona University has reinforced its commitment to sustainability by introducing new measures in the campus canteens and laboratories, focused on preserving water resources and reducing the use of plastic. These initiatives aim not only to reduce the consumption of drinking water, but also to raise awareness in the academic community about the importance of saving natural resources.	SDG 1; SDG 2; SDG 9; SDG 10; SDG 12	https://www.ulusofona.pt/en/news/new-sustainable-measures-implemented-at-ulusofona

Activities on Campus	2024	Collection and Analysis Confirm Water Quality on the ULusófona Campus	As part of the Microbiology classes of the Environmental Engineering Degree, a water quality monitoring campaign was carried out at various water supply points on the Lusófona University Campus. The initiative, which was carried out in collaboration with professors Elisabete Maurício, Catarina Rodrigues and Patrícia Branco, also involved the active participation of students from the Eco-Council of the Faculty of Engineering (FE).	SDG 3; SDG 6; SDG 14	https://www.ulusofona.pt/en/news/collection-and-analysis-confirm-water-quality-at-ulusofona-campus
Activities on Campus	2024	Lusofona University Opens New Horizons in Health Education	Pedagogical innovation in the area of Health Education at Lusófona University has a new chapter, with the introduction of the new Anatomage Virtual Dissection Platforms. Designed to simulate human morphology, anatomy, physiology and pathology, these virtual platforms promise to transform the way how students interact with and learn about the human body.	SDG 3; SDG 4; SDG 12	https://www.ulusofona.pt/en/news/lusofona-university-opens-new-horizons-in-health-education

Activities on Campus	2024	Geopercurso no Campus da Universidade Lusófona Estudos Geological Resources	This year, Civil Engineering and Environmental Engineering students at Lusófona University had the opportunity to participate in another phase of the Geopercurso on the University Campus. The project, developed within the scope of the General and Applied Geology course, was supported by Professor Anabela Cruces and had as its main objective to study and identify the different types of geological resources present on the Campus and analyze their application.	SDG 4; SDG 15	https://www.ulusofona.pt/en/news/geopath-on-the-campus-of-lusofona-university-studies-geological-resources
Activities on Campus	2024	Master's Thesis on Sexual Harassment of University Women	Ana Neves has delved deep into the heart of harassment, seeking to understand its roots and impacts, but more importantly, to identify effective strategies to combat it. Her research is not just a quest for academic knowledge, but also a mission staff to bring visibility to the problem and promote tangible change.	SDG 3; SDG 4; SDG 5; SDG 11	https://www.ulusofona.pt/en/conversations-about/masters-thesis-on-sexual-harassment-of-university-students

Activities on Campus	2024	Documentary Meat - The Unsustainable Footprint	Meat: The Unsustainable Footprint is the first Portuguese documentary to address the urgency of changing the eating habits of the world's population, prioritizing a plant-based diet (vegetable origin) over one based on animal protein.	SDG 2; SDG 3; SDG 6; SDG 12; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/documentary-meat-the-unsustainable-footprint
Activities on Campus	2024	Love, Health and Emotion with Tânia Gaspar	The path of the field of Psychology in recognizing the feeling of love in the most diverse areas.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/en/podcasts/ep45-love-health-and-emotion-c-tania-gaspar
Activities on Campus	2024	The Search for Equality in Sport was the Target of Reflection	The symposium addressed the issue of gender equality in sport from different perspectives, with the participation of athletes, coaches, referees, managers, university professors and mayors.	SDG 2; SDG 3; SDG 4; SDG 5; SDG 8; SDG 11; SDG 12	https://www.ulusofona.pt/en/news/the-search-for-equality-in-sport-was-the-subject-of-reflection-
Activities on Campus	2024	Forte de Paimogo Exhibition	This exhibition showcases the research work that has been carried out in terms of historical research into the site, the construction materials used, as well as the intangible heritage, bringing the memories and experiences of the	SDG 4; SDG 8; SDG 16	https://www.ulusofona.pt/en/event/paimogo-fort-exhibition

			population to Fort Paimogo.		
Community Sustainability Services	2024	ULusófona Participates in 3 Horizon Europe Projects and Conquers 4 COST	The Lusófona University has recently stood out on the international scene by obtaining approval for several significant projects in European research and development programs, namely Horizon Europe and COST – European Cooperation in Science and Technology.	SDG 9; SDG 17	https://www.ulusofona.pt/en/news/ulusofona-participates-in-3-horizoneurope-projects-and-achieves-4-cost
Community Sustainability Services	2024	Environmental Engineering Students Analyze Air Quality in Portugal	Within the scope of the Air Quality Management Curricular Unit, of the Master's Degree in Environmental Engineering of the Faculty of Engineering (FE) of the Lusófona University, students developed projects that involve in-depth research, critical analysis and treatment of real data on the air quality. These works aim not only to understand the current situation of air quality in Portugal, but also to disseminate scientific information relevant to society.	SDG 3; SDG 15	https://www.ulusofona.pt/en/news/environmental-engineering-students-analyse-air-quality-in-portugal

Community Sustainability Services	2024	Projeto MentHA - Improving the Mental Health of the Elderly	The MentHA Project - Mental Health and Aging, is a collaborative and innovative initiative that over the last few years has sought to improve the well-being and quality of life of adults with chronic mental illness and their caregivers (formal and informal), in different contexts across Portugal.	SDG 3; SDG 11	https://www.ulusofona.pt/en/news/mentha-project-improving-the-mental-health-of-older-people
Community Sustainability Services	2024	ULusófona Initiates Project to Improve Air Quality and Thermal Comfort	The Lusófona University – Lisbon University Center has launched an innovative project, called BuildingAdap, focused on the analysis and adaptation of university buildings to climate change. This pioneering initiative aims to improve the environmental comfort of occupants, taking into account current climate conditions and future forecasts.	SDG 3; SDG 15	https://www.ulusofona.pt/en/news/ulusofona-starts-project-to-improve-air-quality-and-thermal-comfort
Community Sustainability Services	2024	Students from the Lusófona University Carry Out Technical Exit to the Lousal Mine	For the second year running, students from the Faculty of Engineering and Eco-Schools Council of the Lusófona University took part in a	SDG 4; SDG 15	https://www.ulusofona.pt/en/news/lusofona-university-students-organise-technical-trip-to-lousal-mine

			<p>technical outing to the historic Lousal Mine, under the guidance of Professor Anabela Cruces. This visit, which has already become a tradition on the course, allowed students to explore the old mining facilities and visit the Centro de Ciência Viva, located on the same site.</p>		
Community Sustainability Services	2024	The Biological Benefits of Centauri Honey	<p>Within the scope of the Research Center for Biosciences & Health Technologies (CBIOS) of the Lusófona University, Professor Patrícia Rijo was responsible for supervising the research on the chemical composition and biological properties of Centauri honey as part of a doctoral project.</p>	SDG 2; SDG 3	https://www.ulusofona.pt/en/news/the-biological-benefits-of-centauri-honey
Community Sustainability Services	2024	ULusófona Participates in World Physical Activity Day in Lisbon	<p>The Center for Research in Sport, Physical Education, Exercise and Health (CIDEFES), led by Marlene Silva, Ana Paulo, Sara Pereira, Diogo Teixeira and Hugo Pereira, together with students from Lusófona University, stood out in the</p>	SDG 3	https://www.ulusofona.pt/en/news/ulusofona-takes-part-in-world-physical-activity-day-in-lisbon

			celebration of World Physical Activity Day, which took place on April 6, 2024. The event, organized by the Lisbon City Council, attracted more than 8,000 people, making it a memorable spectacle.		
Community Sustainability Services	2024	Intervention in the Dissuasion of Drug Addiction	This session took place within the scope of the Psychology Conference Cycle, in which topics such as Law No. 30/2000, of 29/11, which decriminalized drug use, committees that help drug addicts and intervention models were addressed.	SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/en/news/intervention-in-drug-addiction-deterrence
Community Sustainability Services	2024	Eco-Schools Behavioral Survey 2024	The Faculty of Engineering of the Lusófona University has won, for the 3rd time, the Eco-Schools Green Flag for its work in the area of environmental protection and sustainability, involving the entire academic community.	SDG 6; SDG 7; SDG 12; SDG 13; SDG 14; SDG 15	https://www.ulusofona.pt/en/news/eco-schools-behavioural-survey-2024
Community Sustainability Services	2024	Advances in Exercise Science, Health and Obesity Prevention	CIDEFES - Research Center for Sport, Physical Education, Exercise and Health, hosted the scientific conference with Professor Peter	SDG 2; SDG 3; SDG 4	https://www.ulusofona.pt/en/interviews/advances-science-exercise-health-prevention-obesity

			Katzmarzyk and Professor José Maia, experts in the field of physical activity science and public health.		
Community Sustainability Services	2024	Faculty of Engineering Visits Corno do Bico Natural Reserve	Students from the Faculty of Engineering (FE) of the Lusófona University - Lisbon University Center, accompanied by Professor Ana Roís, made a field trip to the Corno do Bico Nature Reserve, located in the municipality of Paredes de Coura. The visit was organized within the scope of the disciplines of Botany and Zoology, in the context of the FE Eco-Schools program, with the aim of deepening knowledge about ecological diversity and sustainability.	SDG 4; SDG 15	https://www.ulusofona.pt/en/news/faculty-of-engineering-visits-corno-do-bico-nature-reserve
Community Sustainability Services	2024	ULusófona Highlighted in Research Ranking	Researcher Patrícia Rijo, from CBIOS (Center for Research in Biosciences and Health Technologies), is once again part of the "World's Top 2% Scientists" list, the ranking of the most cited scientists worldwide in 2023.	SDG 2; SDG 3; SDG 4; SDG 9; SDG 12	https://www.ulusofona.pt/en/news/ulusofona-highlighted-in-world-research-ranking

Community Sustainability Services	2024	Awakening Solidarity and Sustainability	The Lusófona University - Lisbon University Center promotes initiatives that aim to reduce environmental impact and assist the development of a circular economy, which are an essential pillar in this journey. The continuous development of regular solidarity and sustainable activities throughout the year is crucial to consolidate values and promote social awareness.	SDG 1; SDG 2; SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/en/news/awakening-solidarity-and-sustainability
Community Sustainability Services	2024	EP40 - A New World: Now I'm a University Student! with Tânia Gaspar and Maria Guiumar	In this episode, we dive a little into university life, covering everything from the initial challenges to practical strategies for managing your schedule without compromising your personal life.	SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/en/podcasts/ep40-a-new-world-now-im-a-university-student-w-tania-and-maria
Training Actions and Workshops	2024	Course in Sustainable Audiovisual Production Management - Green Consultants	This course equips professionals from the audiovisual sector to implement sustainable practices, promoting environmental management in film productions. Based on the model of Hochschule der Medien Stuttgart, the	SDG 7; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/lisboa/training/ge-stao-sustentavel-de-producao-audiovisual-green-consultants

			course prepares for the green transformation of the industry.		
Training Actions and Workshops	2024	Postgraduate in Preventive Recovery and Corporate Sustainability	The course offers a theoretical and practical foundation in corporate recovery and restructuring, with an emphasis on economic-financial analysis, sustainability, and restructuring measures. Delivered by specialists, it is aimed at professionals in the sector.	SDG 8; SDG 9; SDG 12	https://www.ulusofona.pt/en/lisboa/post-graduation/preventive-recovery-and-corporate-sustainability
Training Actions and Workshops	2024	Postgraduate in Innovation and Corporate Sustainability	The Postgraduate Course in Innovation and Corporate Sustainability equips professionals to integrate Circular Economy and Sustainability into business management, promoting innovation and competitiveness. Delivered through e-learning, the course focuses on sustainable practices.	SDG 8; SDG 9; SDG 12; SDG 13	https://www.ulusofona.pt/en/lisboa/post-graduation/innovation-and-business-sustainability
Training Actions and Workshops	2024	Postgraduate in Sustainable Healthcare Management	The Postgraduate Course in Sustainable Healthcare Management explores current trends and practices, promoting technical and ethical skills in management,	SDG 3; SDG 4; SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/en/lisboa/post-graduation/sustainable-health-management

			quality, and well-being. Offered in a part-time format, it is aimed at managers and professionals in the healthcare and integrated care sectors.		
Training Actions and Workshops	2024	Postgraduate in Waste Management Sustainability - Specialisation in Biowaste	The Postgraduate Course in Waste Management Sustainability, specialising in Biowaste, equips professionals for the challenges of PERSU 2030, with techniques for the valorisation and optimisation of collection systems, taught by specialists.	SDG 11; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/porto/post-graduation/sustentabilidade-na-gestao-de-residuos-especializacao-em-biorresiduos
Training Actions and Workshops	2024	ULusófona Joins Stanford University's Short Course Catalogue	This 1-day face-to-face short course presents structural health monitoring (SHM) applied to bridges and special civil structures in the context of a pattern recognition paradigm with practical experiences.	SDG 9; SDG 13	https://civilresearchgroup.ulusofona.pt/courses/short-course-shm
Training Actions and Workshops	2024	Postgraduate in Water Wise Technologies	The Water Wise Technologies Postgraduate Program is an innovative and intensive program focused on the application of advanced solutions for water management. This course aims to	SDG 3; SDG 6; SDG 14	https://www.ulusofona.pt/en/lisboa/post-graduation/water-wise-technologies

			equip students with specialized knowledge to address water challenges at three scales: agriculture, urban environments and river basins. Using cutting-edge technologies such as AI, digitalization, modeling and Earth observation systems, the program promotes sustainable practices in the use and management of water resources.		
Training Actions and Workshops	2024	Erasmus+ Intensive Course Promotes Global Citizenship and Interculturality	The course, taught in English, aimed to create a space for reflective learning that integrates theory and action. During the five days, participants were able to explore themes of global citizenship, interculturality and mediation through lectures, workshops, debates and practical activities.	SDG 4; SDG 16	https://www.ulusofona.pt/en/news/erasmus-course-promotes-global-citizenship-and-interculturality
Training Actions and Workshops	2024	Conversations about Parasites in Sushi: Awareness and Prevention	The Workshop sought to raise awareness among our students and sushi handlers of the importance of recognizing the danger that the presence of parasites in raw fish poses to consumers.	SDG 2; SDG 3; SDG 12	https://www.ulusofona.pt/en/event/conversations-about-parasites-in-sushi-awareness-and-prevention

Training Actions and Workshops	2024	Retrospective of the Sustainability Days at ULusófona	On World Environment Day, June 5th, the Faculty of Engineering held the Sustainability Days 2024. The event included a series of interactive workshops and lectures, with the participation of professors and researchers, both internal and external to the institution.	SDG 3; SDG 4; SDG 6; SDG 7; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/retrospective-of-the-sustainability-days-at-ulusofona
Training Actions and Workshops	2024	Workshop at ULusófona Simplifies Recycling and Promotes Environmental Awareness	On June 5, 2024, Lusófona University hosted the workshop "Simplifying Recycling: Practices for Waste Separation", an initiative integrated in the Sustainability Days. The action, led by Professor Joana Lage, aimed to involve the academic community in promoting more effective and enlightening recycling practices.	SDG 4; SDG 12; SDG 13; SDG 15	https://www.ulusofona.pt/en/news/workshop-at-ulusofona-simplifies-recycling-and-promotes-environmental-awareness
Training Actions and Workshops	2024	Bioplastics in a Sustainable World	The main objective of this workshop will be to share the main barriers and recommendations to promote the production and commercialization of bioplastics. It will also involve the co-	SDG 9; SDG 12; SDG 13	https://www.ulusofona.pt/en/event/bioplastics-in-a-sustainable-world

			production of solutions with key stakeholders and the development of an action plan.		
Training Actions and Workshops	2024	Digital Citizenship in Lusophone Countries	Digital citizenship in Portuguese-speaking countries aimed to ensure that citizens acquired skills that enabled them to participate actively in society. This included equitable access to technology, the ability to use the internet safely and responsibly, and an understanding of the challenges and opportunities that the digital age has presented.	SDG 4; SDG 9; SDG 16	https://www.ulusofona.pt/en/event/digital-citizenship-in-portuguese-speaking-countries
Participation in International Projects	2024	Lusófona University in the Spotlight with Sustainable Protein Food Project	Another significant achievement from CBIOS, which is part of the consortium now funded by the CYTED network, the Ibero-American Science and Technology Program for Development, with the project "Network of Sustainable Regional Protein-Rich Foods".	SDG 2; SDG 12	https://www.ulusofona.pt/noticias/investigacao-em-saude-da-ulusofona-de-novo-em-destaque
Participation in International Projects	2024	Erasmus+ Project ArleKinPro	The ARLEKIN_PRO project is an initiative of the Erasmus+ programme aimed at developing a European professional	SDG 4; SDG 8; SDG 10; SDG 16; SDG 17	https://www.cree-a.eu/nos-projets/arlekin_pro/

			certification for level 5 mediators, using micro-credits and a “Short Study Track” format. The main objective is to provide comprehensive training that includes online courses, immersion in European mediation organisations, and the development of a professional project.		
Participation in International Projects	2022	Erasmus+ Project “UPEC - European Popular University for the Production of Intervention Cases in Mediation”	The UPEC (European Popular University for the Production of Intervention Cases in Mediation) project is an initiative funded by the Erasmus+ programme that aims to develop and provide an educational package focused on training social mediators. The main objective of the project is to empower trainers, managers of mediation organisations, and mediators in general, by offering educational materials that address the mediator's role in diverse contexts.	SDG 4; SDG 10; SDG 16; SDG 17	https://www.creea.eu/nos-offres/12340/
Participation in	2021	Erasmus+ Project “CreEA.MEM -	The Erasmus+ project “CreEA.MEM - Organising European	SDG 4; SDG 5; SDG 10;	https://www.ceied.ulusofona.pt/en/news/erasmus-mem-project-

International Projects		Organising European Social Mediation for Training Social Mediators”	Social Mediation for Training Social Mediators” aims to promote the effective organisation of training in social mediation. The objective is to develop a digital platform and a network of European organisations working in social mediation, which can offer training opportunities, share best practices, and foster collaboration between mediators and trainers across Europe.	SDG 11; SDG 16; SDG 17	organizing-european-social-mediation-for-the-training-of-social-mediators
Participation in International Projects	2018	Erasmus+ Project "Tours d'Europe des Médiateurs Sociaux”	This project proposes the learning of the Social Mediator profession through immersion in different mediation contexts for social inclusion. It is a framework that calls for a "Research, Action, and Training" methodology, particularly mobilizing experiential, reflective, and self-training dimensions.	SDG 4; SDG 10; SDG 11; SDG 16; SDG 17	https://www.creea.eu/evenements/le-tour-deurope/
Participation in International Projects	2023	School Mediation Educational Project	This project aims to develop skills, cultivate positive habits, reaffirm values, and implement good practices that promote a new	SDG 3; SDG 4; SDG 5; SDG 16; SDG 17	https://recil.ulusofona.pt/server/api/core/bitstreams/ccefb00d-3099-459e-badd-d509ea63ac73/content

			<p>culture in addressing conflicts and managing interpersonal relationships in the school environment. Through structured activities, it seeks to create a space where students, educators, and the school community can interact constructively, promoting a climate of respect and collaboration.</p>		
Participation in International Projects	2021	Being+Free' project	<p>The project proposes the creation of a Specialized Support Office for Victims of Domestic and Sexual Violence. This space will aim to provide psychological, legal, and social support, as well as develop a resource guide to assist victims in their recovery. It also aims to promote awareness-raising actions directed at particularly vulnerable groups, fostering empowerment and autonomy of the target audience. Additionally, other innovative activities will be implemented in this area, aiming to</p>	SDG 3; SDG 5; SDG 10; SDG 16; SDG 17	https://www.adice.pt/ser-livre.html

			prevent and combat violence and promote equality.		
Participation in International Projects	2021	Intercultural Mediation Project - Gaia	The project aims to empower and scientifically monitor the Mediators Team. This process aims to strengthen mediators' skills, promoting interculturality and social inclusion. Through specific training and continuous support, it seeks to ensure the effectiveness of mediation in municipal contexts, fostering an environment of respect and understanding between different cultures.	SDG 4; SDG 10; SDG 16; SDG 17	
Participation in International Projects	2021	Intercultural Mediation Project - Gondomar	This project promotes intercultural dialogue and social inclusion through mediation. It seeks to facilitate communication between different cultural communities in the municipality of Gondomar, fostering mutual understanding and respect. Through training and awareness-raising activities, the project aims to empower mediators and	SDG 4; SDG 10; SDG 11; SDG 16; SDG 17	

			promote best practices in conflict resolution.		
Participation in International Projects	2019	(Re)Drawing Affections Project	To encourage and engage society in the debate about the importance of eliminating and/or minimizing gender inequalities from childhood to adolescence. This educational process will be developed in the school context, extending to the family and social contexts as well. Through awareness-raising and training actions, it aims to promote a culture of equality and respect, empowering new generations to build a fairer society.	SDG 4; SDG 5; SDG 10; SDG 17	https://www.adice.pt/re-(desenhar)-afetos.html
Participation in International Projects	2018	Intercultural Mediation Project - Porto	The project aims to empower and scientifically monitor the Mediators Team. This process aims to strengthen mediators' skills, promoting interculturality and social inclusion. Through specific training and continuous support, it seeks to ensure the effectiveness of mediation in municipal	SDG 4; SDG 10; SDG 16; SDG 17	https://ebooks.uminho.pt/index.php/uminho/catalog/download/63/157/2241?inline=1

			contexts, fostering an environment of respect and understanding between different cultures.		
Participation in International Projects	2024	Lusófona University Lecturer Attends International Conference in Brazil	Professor Carina Almeida, lecturer for the Bachelor's and Master's degrees in Environmental Engineering - Lisbon University Centre - Lusófona University, attended the 21st SILUBESA - Luso-Brazilian Symposium on Sanitary and Environmental Engineering, which took place in Recife (Brazil) from 28th to 30th August, as an invited speaker on the panel "Water reuse as a strategy for more efficient water management: From theory to practice".	SDG 6	https://silubesa.com.br/palestrantes/
Participation in International Projects	2024	Aqua Synapse Impact of Deuterium-Poor Water on Health	Professor Sergiy Lyubchyk, a professor at Lusófona University, coordinates an international project on the benefits of deuterium-poor water.	SDG 6	https://www.ulusofona.pt/noticias/aqua-synapse
Participation in	2024	ULusófona Participates in the 9th International	Between July 8th and 10th, 2024, Lusófona University was present at the IX International	SDG 4; SDG 12;	https://www.ulusofona.pt/en/news/ulusofona-in-the-ix-international-

International Projects		Congress at the House of Sciences in Aveiro	Congress, held at Casa das Ciências in Aveiro, with the active participation of the Eco-Schools coordination of the Faculty of Engineering (FE). This The congress, which brings together experts and educators dedicated to promoting sustainability and environmental innovation, served as a platform for publicizing the activities carried out by the university in the area of environmental education.	SDG 13; SDG 15	congress-at-casa-das-ciencias-in-aveiro
Participation in International Projects	2024	Bioplastics: Challenges and Strategies for a Sustainable Economy	The Workshop's main objective was to address the challenges and promote the viability of bioplastics, focusing on sharing current barriers and co-producing strategies for the effective commercialization of bioplastics, which are fundamental for the transition to a circular and sustainable economy.	SDG 8; SDG 12; SDG 15; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/workshop-addresses-challenges-and-solutions-for-bioplastics
Participation in	2024	ULusófona Participates in the 1st	Lusófona University participated in the 1st FEE - EcoCampus	SDG 4; SDG 12;	https://www.ulusofona.pt/en/news/faculty-of-engineering-takes-part-

International Projects		International Conference FEE - EcoCampus	International Conference, which took place on April 26, 2024 at the Lisbon School of Education (ESELx). The institution was represented by the Eco-Schools project of the Faculty of Engineering and by research in Sustainability on Campus, through the presentation of the scientific poster: "Reuse and Valorization of Orange Peel Waste from the School Canteen for the Production of Essential Oil - A Case Study at Lusófona University."	SDG 13; SDG 15	in-1st-fee-international-conference
Participation in International Projects	2024	Analyzing and Reflecting on Social Policies and Interculturality	The Lusófona University - Porto University Center, promoted another open class with the aim of analyzing and reflecting on social policies and interculturality, with an emphasis on the challenges of social intervention in Portugal.	SDG 1; SDG 2; SDG 3; SDG 4; SDG 5; SDG 10; SDG 11	https://www.ulusofona.pt/en/news/analyse-and-reflect-social-policies-and-interculturality
Participation in International Projects	2024	Promote and Inspire Climate Action Applied to Bridge Adaptation	One of ULusófona's scientific articles was selected by the American Society of Civil Engineers (ASCE)	SDG 4; SDG 9; SDG 11; SDG 12;	https://www.ulusofona.pt/en/news/promoting-and-inspiring-climate-action-applied-to-the-adaptation-of-bridges

			as a key article in promoting/inspiring climate action within the framework of the United Nations' 13th Sustainable Development Goal: Climate Action.	SDG 13; SDG 15	
Participation in International Projects	2024	EWALD Project: EU Early Warning System for Soil Degradation	The main objective of the project is to develop an innovative framework to provide an Early Warning System and responses to land degradation threatening the EU from its external border, using multi-source and multi-scale Earth Observation data. Land degradation is the world's biggest environmental challenge affecting the environment, agriculture and human well-being. Intensified by natural disasters and desertification, land degradation can pose potential risks and socio-economic stresses at the EU border.	SDG 3; SDG 9; SDG 11; SDG 13; SDG 14; SDG 15	https://www.ulusofona.pt/en/news/project-wald-early-warning-system-for-soil-degradation-of-the-eu-target=
In Media	2024	ULusófona Research Leads to Discovery of New Marine Species	Lusófona University professors publish groundbreaking study on new marine species, revealing	SDG 14; SDG 15; SDG 17	https://www.publico.pt/2024/12/07/azul/noticia/descobertas-portugalo-novas-especies-planarias-verme-cuidalitoral-2113366

			advances in the field of Ocean Biodiversity		
In Media	2024	Putin and the Strategy of Destruction: A Global Power Play	José Filipe Pinto, lecturer at ULusófona, analyses Putin's intentions regarding the NATO summit and the search for visibility through force	SDG 16; SDG 17	https://observador.pt/programas/gabinete-de-guerra/putin-destroi-para-continuar-a-ter-visibility/
In Media	2024	Risk of mental health problems and burnout is higher in the health area	The coordinator of this work, Tânia Gaspar, who leads LABPATS, recalls that the situation had worsened after the pandemic, then stabilized, but has not yet been able to recover to pre-COVID-19 levels.	SDG 3; SDG 8; SDG 10	https://www.newsfarm.pt/noticias/14363-risco-de-problemas-de-sa%C3%BAde-mental-e-burnout-%C3%A9-maior-na-%C3%A1rea-da-sa%C3%BAde.html
In Media	2024	Risk of mental health problems and burnout is higher among healthcare workers	The study analyzed more than 2,100 healthcare workers, including nurses, doctors and operational assistants, and concluded that the figures “are worrying” and that “urgent action” is needed	SDG 3; SDG 8; SDG 10; SDG 16	https://expresso.pt/sociedade/saude/2024-07-09-risco-de-problemas-de-saude-mental-e-burnout-e-maior-nos-trabalhadores-da-saude-4ebc2c6e
In Media	2024	Women who tell. Marta Crawford	Marta Crawford decided to study Psychology after an extremely traumatic episode in her life: the death of her father. She ended up leaving the theater - and invested in something	SDG 3; SDG 4; SDG 5; SDG 10	https://www.rtp.pt/noticias/cultura/mulheres-que-contam-marta-crawford_v1578583

			that is fundamental to her: the clinical side, which structures her life, she says.		
In Media	2024	MentHA DIGITAL had the participation of the Nursing Education Area of ESS CVP Lisboa	The Portuguese Red Cross School of Health (ESS CVP Lisboa) has once again collaborated on the MentHA – Mental Health and Aging project, a collaborative and innovative initiative promoted by the Lusófona University dedicated to improving the well-being and quality of life of adults with chronic mental illness and their caregivers, both formal and informal. This project is aligned with national policies and the guidelines of the World Health Organization and the European Union aimed at the mental health of the elderly.	SDG 3; SDG 4; SDG 10; SDG 11; SDG 12; SDG 13	https://www.esscvp.eu/mentha-digital-contou-com-a-participacao-da-area-de-enfermagem-da-ess-cvp-lisboa/
In Media	2024	INOVA showcased biowaste project in Lisbon	The bio-waste management project in Cantanhede was presented at the 14th National Waste Management Meeting, which took place at the Lusófona University, in Lisbon,	SDG 11; SDG 12; SDG 13; SDG 17	https://www.diariocoimbra.pt/noticia/136940

			under the theme “Waste Management: Challenges, Solutions and Experiences”.		
In Media	2024	Lusófona participates in the FUTOURWORK Project to promote well-being and better working conditions in Tourism and Hospitality	The Lusófona University, represented by researchers Tânia Gaspar from Hei-LAB: digital Human Environment Interaction Lab, and Mafalda Patuleia from Intrepid Lab CETRAD, participates in the FUTOURWORK project – Improving Tourism and Hospitality Worker Well-Being Through Social Dialogue, within the scope of the Horizon CL2 Program, formed by a consortium of several European countries.	SDG 3; SDG 4; SDG 10; SDG 11; SDG 12; SDG 13	https://www.publituris.pt/2024/07/24/lusofona-participa-no-projeto-futourwork-para-promover-bem-estar-e-melhores-condicoes-de-trabalho-no-turismo-e-hospitalidade
In Media	2024	“We are not willing to pay one more euro for waste”		SDG 11; SDG 12	https://www.ambiente magazine.com/nao-estamos-dispostos-a-pagar-mais-um-euro-pelos-residuos/
In Media	2024	This speech by Putin is yet another fallacy	José Filipe Pinto argues that the peace plan proposed by Putin is an attempt to demand the impossible. The political scientist says that the international community has little	SDG 16; SDG 17	https://www.youtube.com/watch?v=dZ59ElqVA6c

			capacity to act in the Middle East.		
In Media	2024	Learn about the Program of the XIV National Meeting on Waste Management	Presenting the challenges, solutions and experiences of the urban waste sector is the proposal of the XIV National Meeting on Waste Management, organized by APEMETA, in partnership with ESGRA – Association for Waste Management and Lusófona University, who, on June 20th, will receive the Secretary of State for the Environment. Emídio Sousa will set the tone for the beginning of the work in the Opening Session.	SDG 6; SDG 11; SDG 12; SDG 13	https://www.ambiente magazine.com/conheca-o-programa-do-xiv-encontro-nacional-de-gestao-de-residuos/
In Media	2024	We are unlikely to have peace in the short term in Gaza	José Filipe Pinto talks about the efforts to reach an agreement between Hamas and Israel, but stresses that the goal is to annihilate the enemy. He explains that, even with international pressure, it will be difficult to achieve peace.	SDG 16; SDG 17	https://www.youtube.com/watch?v=qoTI_vTQ1yo
In Media	2024	Younger generations feel	Younger generations of workers are the least engaged at work	SDG 3; SDG 8	https://cnnportugal.iol.pt/jovens/trabalho/geracoes-mais-jovens-

		less involved at work	and those aged between 44 and 59 are at the highest risk of mental health problems, according to a study.		sentem-se-menos-envolvidas-no-trabalho/20240516/664597bbd34e04989220e38d
In Media	2024	Scientific expedition aboard the Santa Maria Manuela passes through the region	The sailboat Santa Maria Manuela will host the scientific expedition “One Health”, which starts on June 7th with a series of conferences on environmental sustainability at the Lusófona University - Centro Universitário Lisboa.	SDG 3; SDG 4; SDG 12; SDG 13; SDG 14; SDG 15	https://www.aveiromag.pt/artigo?a=5661&expedicao-cientifica-do-santa-maria-manuela-passa-pela-regiao
In Media	2024	Investigator calls for more literacy regarding harassment at work	The coordinator of the Portuguese Laboratory for Healthy Work Environments (LABPATS) today defended the need for greater literacy in relation to harassment in the workplace, recalling that it is a problem that affects almost one in five workers.	SDG 3; SDG 5; SDG 8; SDG 10	https://www.saudemais.tv/noticia/50480-investigadora-pede-mais-literacia-em-relacao-ao-assedio-no-trabalho
In Media	2024	One in five professionals is the target of harassment at work	Workers aged between 39 and 64 are at greatest risk in terms of mental health, according to a study carried out by the Portuguese Laboratory for Healthy Work Environments and released this	SDG 3; SDG 5; SDG 8; SDG 10	https://expresso.pt/sociedade/2024-05-16-um-em-cada-cinco-profissionais-e-alvo-de-assedio-no-trabalho-24f48619

			Thursday. Symptoms of 'burnout' threaten almost 80% of workers.		
In Media	2024	Researcher calls for more literacy regarding harassment at work	The coordinator of the Portuguese Laboratory for Healthy Work Environments (LABPATS) today defended the need for greater literacy in relation to harassment in the workplace, recalling that it is a problem that affects almost one in five workers.	SDG 3; SDG 5; SDG 8; SDG 10	https://www.dnoticias.pt/2024/5/16/405569-investigadora-pede-mais-literacia-em-relacao-ao-assedio-no-trabalho/
In Media	2024	Almost 19% of respondents in the study felt threats or other forms of abuse at work	Almost 19% of respondents in the study felt threats or other forms of abuse at work Study concludes that 48% of workers surveyed present the three symptoms associated with burnout: exhaustion, irritability and sadness. The figures are lower than those of a year ago.	SDG 3; SDG 8	https://www.publico.pt/2024/05/16/sociedade/noticia/quase-19-inquiridos-estudo-sentiram-ameacas-forma-abuso-trabalho-2090548
In Media	2024	Scientists will study underground biodiversity in a cave in the Algarve barrocal	The aim was to create useful information for the protection of the cave, as well as a framework for its future ecological assessment, ensuring its sustainability.	SDG 6; SDG 14; SDG 15	https://observador.pt/2024/05/02/cientistas-vao-estudar-biodiversidade-subterranea-em-gruta-do-barrocal-algarvio/

In Media	2024	Scientists will study biodiversity in a cave in the Algarve barrocal	The Gruta do Vale Telheiro, in Loulé, will become a place used by scientists to study underground biodiversity, responsible for the purification of groundwater, starting next Friday, May 3rd.	SDG 6; SDG 14; SDG 15	https://jornaldealgarve.pt/cientistas-va-estudar-biodiversidade-em-gruta-do-barrocal-algarvio/
In Media	2024	Ana Sofia Reboleira, from Caldas da Rainha, coordinates a research project on relevant species in a "world hotspot of subterranean biodiversity"	Research awarded second place in the 2023 Belmiro de Azevedo Foundation Prize, focusing on the conservation of the Vale Telheiro Cave, in the Barrocal region of the Algarve, recognised as a "global hotspot of underground biodiversity".	SDG 6; SDG 14; SDG 15	https://www.jornaldeleiria.pt/noticia/ana-sofia-reboleira-de-caldas-da-rainha-coordena-projecto-de-relevantes-species-research-in-hotspot-mundial-de-biodiversidade-subterranea
In Media	2024	50 years of April 25th in the environmental area: What is the evolution of water resources management?	From April 24 to 26, Green Savers addressed, with the help of experts, the evolution of some sectors in the environmental area in these 50 years of April 25. Professor Adelino Silva Soares, from Lusófona University, highlighted that "the improper use and occupation of floodplains caused significant damage that could have been minimized if there had	SDG 6; SDG 11; SDG 13	https://greensavers.sapo.pt/50-anos-do-25-de-abril-na-area-do-ambiente-qual-a-evolucao-da-gestao-dos-recursos-hidricos/

			been rational use of the territory.”		
In Media	2024	Rui Vitória: "I left Portugal at the age of 47 and discovered a completely new world"	Portuguese coach says that his experiences in foreign football gave him twice as much knowledge.	SDG 4; SDG 8	https://sicnoticias.pt/deporto/2024-04-22-rui-vitoria-sai-de-portugal-aos-47-anos-e-descobriu-mundo-completamente-novo-a49fb3e6
In Media	2024	Mónica Jorge defends academic training teaching suited to women's characteristics	Mónica Jorge understands that there are men with the ability to lead a team of women and there are women without that profile, and vice versa, with women being able to coach men's teams.	SDG 3; SDG 5	https://desporto.sapo.pt/futebol/feminino/artigos/monica-jorge-defende-ensino-academico-de-treino-adequado-as-caracteristicas-da-mulher
In Media	2024	ESS CVP Lisboa establishes partnership with the MentHA project	On April 16th and 19th, the Nursing Education Area of ESS CVP Lisboa was present at the CRINABEL institution, in Lisbon, with Professors Graça Moraes Rocha, Inês Bento and Maria Pires, together with 4th year nursing students Joana Arsénio and Maria Santos, to establish a partnership protocol with the MentHA – Mental Health and Ageing project.	SDG 3; SDG 9; SDG 10; SDG 17	https://www.esscvp.eu/ess-cvp-lisboa-estabelece-parceria-com-o-projeto-mentha/
In Media	2024	Gender equality, the mirage of	If it were not necessary to impose gender quotas, why	SDG 5	https://observador.pt/opiniao/igualdade-de-genero-a-miragem-do-

		sustainable development	would the legislator have determined this? If we want to have women in decision-making positions, this is the effective mechanism.		desenvolvimento-sustentavel/
In Media	2024	Does lime, ginger, honey and clove juice help you lose weight?	Is it true that drinking lime, ginger, honey and clove juice helps you lose weight?	SDG 2; SDG 3; SDG 12	https://viral.sapo.pt/factos/sumo-de-lima-gengibre-cravo-da-india-emagrece/
In Media	2024	Municipality of Lourinhã receives university students for a visit to Forte de Paimogo	On March 21st, the municipality of Lourinhã welcomed undergraduate and master's degree students in Civil Engineering and Environmental Engineering from the Lusófona University for a visit to Forte de Paimogo.	SDG 4; SDG 8; SDG 9; SDG 11	https://www.rcl99fm.pt/municipio-da-lourinha-recebe-alunos-universitarios-para-visita-ao-forte-de-paimogo/
In Media	2024	XIV National Meeting on Waste Management: Challenges, Solutions and Experiences	On June 20th, the XIV National Meeting on Waste Management: Challenges, Solutions and Experiences took place, organized by APEMETA – Portuguese Association of Environmental Technology Companies, in partnership with ESGRA – Association for Waste Management and with the Lusófona	SDG 6; SDG 12; SDG 13	https://smart-cities.pt/smn/xiv-encontro-nacional-de-gestao-de-residuos-desafios-solucoes-e-experiencias-25-03/

			University. The event took place in the Auditorium of the Lusófona University, in Lisbon.		
In Media	2024	Margarida Mendes In the Perspective of Wetlands	Based on field research in wetlands and rivers throughout Portugal, Margarida Mendes' intervention proposes a space to think about the relationships between communities, materials and distribution flows that are established through them.	SDG 6; SDG 11; SDG 13; SDG 14; SDG 15	https://www.teatromunicipaldoporto.pt/pt/programa/margarida-mendes-na-perspectiva-das-zonas-humidas/
In Media	2024	The impact of digital media on sexuality: a descriptive and qualitative study	The beliefs about Digital Information and Communication Media (DM) impact on sexuality by people from the community are an essential field to understanding people's sexual behaviors and their response to others' sexuality.	SDG 3; SDG 4; SDG 5; SDG 10	https://www.nature.com/articles/s41443-024-00865-y
In Media	2024	Institute of Social Sciences debated changes that April gave to women	The Institute of Social Sciences of the University of Minho invited three women today to debate the theme "Women and Revolution". Ana Cristina Pereira, journalist for Público, Carla Cerqueira, professor at the	SDG 5; SDG 10	https://www.diariodominho.pt/noticias/braga/2024-03-08-instituto-de-ciencias-sociais-debateu-alteracoes-que-abril-deu-as-mulheres-65eb4de68df70

			Lusófona University, and Bárbara Barros, researcher at UMinho, spoke about what it was like to be a woman before the 25th of April, what it is like to be a woman today, and what still needs to be done so that women can overcome the difficulties they continue to face.		
In Media	2024	UMinho promotes this Friday the debate “Women and Revolution”	The Institute of Social Sciences (ICS) of the University of Minho organized, on Friday, March 8th, at 2:00 pm, the debate “Women and Revolution”, in the auditorium of the School of Engineering (building 16) of the campus from Gualtar, in Braga. The meeting, held on International Women's Day, was attended by Ana Cristina Pereira (Público), Carla Cerqueira (UMAR, Lusófona University) and Bárbara Seco de Barros (Women's Democratic Movement).	SDG 5; SDG 10	https://oamarense.pt/uminho-promove-esta-sexta-feira-o-debate-mulheres-e-revolucao/
In Media	2024	Increasingly digital health is leaving women,	A study on literacy in aging concludes that the digital transition in	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt People who have higher levels of health

		the elderly and the chronically ill behind	health is leaving older people behind and suggests measures for organizations to integrate older people into this change.		literacy and e-literacy report a better lifestyle related to better sleep, diet, exercise and stress habits
In Media	2024	University students admit to being targets of sexual harassment that is normalized in society	Ana Neves studied the problem of sexual harassment in public spaces, which continues to be ignored and normalized by society. Her thesis focused on sexual harassment experienced by higher education students and the data is overwhelming: 98.2% of those surveyed have been the target of sexual harassment in public spaces.	SDG 5; SDG 10; SDG 16	https://onovo.sapo.pt/noticias/tese-sobre-assedio-quer-trazer-visibility-e-combater-o-problema/
In Media	2024	What challenges does the digital age impose on leadership and people management? The answer was given in this discussion	On February 21st, Lusófona University held the first discussion organized by the postgraduate course in Talent Management 4.0 with the theme "From traditional to digital: the evolution of project management", led by Elsa Dinis, HR Governance & Efficiency senior manager.	SDG 4; SDG 8; SDG 9	https://hrportugal.sapo.pt/que-desafios-impoe-a-era-digital-a-lideranca-e-gestao-de-people-a-resposta-foi-dada-nesta-tertulial/

In Media	2024	Study warns that digital transition in healthcare is leaving the elderly behind	A study on literacy in aging concludes that the digital transition in health is leaving older people behind and suggests measures for organizations to integrate older people into this change.	SDG 3; SDG 10; SDG 11	https://www.newsfarm.a.pt/noticias/13908-estudo-alerta-que-transi%C3%A7%C3%A3o-digital-na-sa%C3%BAde-est%C3%A1-a-deixar-idosos-para-tr%C3%A1s.html
In Media	2024	Digital transition in Health. Doctors ask for physical counter to not discriminate against the elderly	Gustavo Tato-Borges argues that the installation of dedicated physical counters in all SNS units would make it possible to overcome situations of discrimination against the population without digital literacy.	SDG 3; SDG 10; SDG 11	https://rr.sapo.pt/noticia/pais/2024/02/28/transicao-digital-na-saude-medicos-pedem-balcao-fisico-para-nao-discriminar-idosos/368661/
In Media	2024	Digital transition in healthcare is leaving seniors behind	A study on literacy in aging concludes that the digital transition in health is leaving older people behind and suggests measures for organizations to integrate older people into this change.	SDG 3; SDG 4; SDG 10; SDG 11	https://www.jn.pt/7678676871/transicao-digital-na-saude-esta-a-deixar-idosos-para-tras/
In Media	2024	First day of the XVI International Congress on Human Rights debates global themes related to ethics, data protection, immigration issues and	The debates on advances in artificial intelligence in judicial decisions, the protection of personal data, the immigration issue in the global north, the historical context of slavery, debates on the Brazilian penal system	SDG 4; SDG 5; SDG 8; SDG 10; SDG 16; SDG 17	http://esmat.tjto.jus.br/portal/index.php/cursos-e-eventos/eventos/6386-primeiro-dia-do-xvi-congresso-internacional-em-direitos-humanos-debate-temas-globais-ligados-a-etica-protecao-de-dados-

		neoliberal rationality	and the challenges of the Brazilian judiciary were topics addressed. at the opening of the program of the XVI International Congress on Human Rights, which took place on a traveling basis on February 19, 21 and 23, in the cities of Lisbon and Porto (Portugal) and Barcelona (Spain).		questao-imigratoria-e-racionalidade-neoliberal
In Media	2024	Forum brings together entrepreneurs around Forte de Paimogo	The 2nd edition of the Annual Entrepreneurship Forum took place last Friday: Entrepreneurship Challenge in Paimogo. Like its first edition, this activity promoted by the Municipality of Lourinhã, aimed to discuss business proposals and ideas around the rehabilitation of Paimogo Fort.	SDG 8; SDG 9; SDG 11; SDG 17	https://www.rcl99fm.pt/forum-reune-emprededores-em-torno-do-forte-de-paimogo/
In Media	2024	Annual Entrepreneurship Forum is back	This initiative, open to the community, aimed to bring to the discussion proposals from participants with different interests and levels of knowledge, for the development of new business ideas that consolidate the	SDG 4; SDG 8; SDG 9; SDG 11	https://www.rcl99fm.pt/forum-anual-do-emprededorismo-esta-de-volta/

			asset of Forte de Paimogo as a factor of competitiveness of the territory. This 2nd edition had as a novelty the possibility for participants to present, in 5 minutes, their ideas for that space.		
In Media	2024	Conference on Mental Health at the Briosos de Alvalade Senior University	On January 18, the Briosos Senior University of Alvalade held an information session on Mental Health. Held from 3 pm to 5 pm in the auditorium of the Edmundo Pedro civic center, in Alvalade, the event addressed critical topics such as Depression, Dementia, Isolation and Loneliness, with the participation of specialist Tânia Gaspar.	SDG 3; SDG 10	https://www.jf-alvalade.pt/conferencia-sobre-saude-mental/
In Media	2024	Lusophone University promotes Symposium on "Equality in and For Sport"	The Lusophone Sports Training Institute of the Faculty of Physical Education and Sports of the Lusophone University is promoting, on the 24th of this month of January, the Symposium "Equality in and Through Sports. For an integrated and	SDG 5; SDG 10	https://www.jogadado mes.pt/?p=32821

			inclusive vision of sports practice”.		
In Media	2024	In the Middle East there is the idea that US pressure on Israel is enough for the conflict to end, and it is not	Antony Blinken's mission is going to be very difficult, says José Filipe Pinto, regarding the US Secretary of State's trip to the Middle East. The political scientist and CNN Portugal commentator explains that Blinken explained that, " after all, he alone is not capable of putting Israel on the path to peace."	SDG 16; SDG 17	https://cnnportugal.iol.pt/videos/no-medio-oriente-ha-a-ideia-de-que-a-pressao-dos-eua-sobre-israel-e-suficiente-para-que-o-conflito-termine-e-nao-e/659ac2400cf200ca93656358
In Media	2024	Lusófona promotes debate on the challenges of “Talent 4.0” in the digital age	Lusófona University announces the event Talent 4.0: Agile and mobilize in the digital age, on January 10th, from 5:45 pm to 8:30 pm. This is an in-person event, in the Agostinho da Silva Auditorium, and will bring together professionals in People Management.	SDG 3; SDG 4; SDG 8; SDG 9	https://hrportugal.sapo.pt/lusofona-promove-debate-sobre-desafios-do-talento-4-0-na-era-digital/
Sustainability Events	2024	14th Seminar on Groundwater	The 14th Seminar on Groundwater, organised by the Portuguese Association of Water Resources, will take place at the Lusófona University - Lisbon University Centre, and marks three decades of progress in the	SDG 6; SDG 11; SDG 13; SDG 14; SDG 15; SDG 17	https://www.ulusofona.pt/en/event/14th-seminar-on-groundwater

			<p>management, preservation, and quality of groundwater. The event revisits essential topics addressed since the first seminar, held in 1993, including the current situation of water resources and the challenges posed by urbanisation, industrial expansion, and climate change. New solutions will be discussed, such as strategies for the sustainable storage and capture of groundwater, as well as initiatives aimed at environmental protection and the effective management of water resources.</p>		
Sustainability Events	2024	Prevention of the Theatre of Life	<p>The event, organised by Lusófona University - Lisbon University Centre in partnership with various entities, brings together specialists from different sectors to discuss new realities, challenges, and best practices in the context of prevention. This seminar offers a space for reflection on the future of prevention and its</p>	SDG 3; SDG 4; SDG 10; SDG 11; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/the-prevention-of-the-theatre-of-life

			positive impact on community life.		
Sustainability Events	2024	Marketing: Challenges of Sustainability in Communication	What does Sustainability mean in Marketing and Communication for Companies? How can we align our strategies with sustainable development guidelines while ensuring the digital transformation of our brands? In various areas of marketing, intense competition and the need to capture the attention of potential customers often lead to practices that contradict the principles of sustainability.	SDG 12	https://www.ulusofona.pt/en/event/marketing-challenges-of-sustainability-in-communication
Activities on Campus	2024	Presentation of Digital Resources in the Fight Against Food Waste	As part of the dissemination of the results of the ERASMUS Project Ugly Fruits NOT!, the dissemination event (MULTIPLIER EVENT) "Presentation of digital tools to combat food waste" was held on 22nd May. The aim was to publicise the materials produced and the digital platform that can be used as a dissemination and training tool. This	SDG 1; SDG 2; SDG 9; SDG 10; SDG 12	https://www.ulusofona.pt/en/news/presentation-of-digital-resources-to-combat-food-waste

			platform features interactive content and stories with a view to reducing food waste.		
Community Sustainability Services	2024	ULusófona Promotes Mental Health and Well-Being of the Educational Community	The SPIC Project – Psychology, Innovation and Knowledge Service, aims to foster the psychological well-being and skills of the Educational Community, extending this mission to the network of social and organizational partners. Through psychological intervention activities, promotion of health, training and research, we seek to create a healthier and more balanced academic and professional environment.	SDG 3; SDG 4	https://www.ulusofona.pt/en/news/ulusofona-promotes-the-mental-health-of-the-educational-community
Training Actions and Workshops	2024	The Role of the Social Worker in the Inclusion of Intellectual Disabilities	The event aims to deepen knowledge about the inclusion of individuals with intellectual disabilities, addressing the role of the social worker in this process. Dr Ana Costa will present APPACDM's responses to the needs of this population, the interventions of the social worker, and the	SDG 3; SDG 4; SDG 8; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/en/event/the-role-of-the-social-worker-in-the-inclusion-of-intellectual-disabilities

			main challenges faced in the practice of Social Work.		
Training Actions and Workshops	2024	ULusófona Students and Professors Visit Drainage Works in Lisbon	On the 25th of October 2024, a group of students and lecturers from the Bachelor's and Master's programmes in Civil Engineering at the Faculty of Engineering of the Lusófona University - University Centre, undertook a technical visit to the construction site of the General Drainage Plan for Lisbon. The activity aimed to provide students with a practical experience that complements the theoretical knowledge acquired in the classroom.	SDG 4; SDG 9; SDG 11	https://www.ulusofona.pt/en/news/ulusofona-students-and-professors-visit-drainage-works-in-lisbon
Participation in International Projects	2024	E-NOSE Project	The E-NOSE Project (Acquisition and Modification of Hierarchically Structured Nanostructured Active Oxides for Advanced Gas Biological Sensors) aims primarily to develop next-generation gas sensors. Utilising advanced nanotechnology, these devices, known as	SDG 3; SDG 9; SDG 11; SDG 17	https://www.ulusofona.pt/en/news/e-nose-project-launch-meeting-in-novi-sad

			"Electronic Noses", are designed to be highly sensitive and rapid, capable of detecting a wide range of chemical compounds.		
Participation in International Projects	2024	Erasmus+ Consortium "Citizenship, Interculturality and Mediation"	This initiative, promoted by the Erasmus+ programme, aims to create a space for reflective learning that integrates theory and practice. Participants have the opportunity to explore themes such as global citizenship, interculturality, and mediation through lectures, workshops, debates, and practical activities.	SDG 4; SDG 5; SDG 10; SDG 11; SDG 12; SDG 16; SDG 17	https://www.ulusofona.pt/en/news/erasmus-course-promotes-global-citizenship-and-interculturality
Participation in International Projects	2024	Erasmus+ Consortium "Right to the City"	The Erasmus+ consortium "Right to the City" aims to promote a critical approach to reflection and intervention in urban areas through mobility opportunities. Applications are open for "outgoing" mobilities within EU Member States.	SDG 4; SDG 5; SDG 10; SDG 11; SDG 12; SDG 16; SDG 17	http://direitoacidade.ulusofona.pt/en/
Participation in International Projects	2024	Conflict Mediation Intervention Project in School Context	To prevent conflicts, indiscipline, and school violence, promoting a safer and more inclusive educational	SDG 4; SDG 10; SDG 16; SDG 17	https://recil.ulusofona.pt/server/api/core/bitstreams/3dd5a639-97fc-4b70-bba2-a10c6ef9d067/content

			<p>environment. It also aims to encourage the interest of the educational community, especially students, in conflict resolution, justice, and peace, fostering civic coexistence. Additionally, the project seeks to enhance a better culture and social climate in the school, contributing to the development of social and emotional skills.</p>		
Participation in International Projects	2024	Conflict Mediation in Schools: For Civic Coexistence	<p>To prevent conflicts, indiscipline, and school violence, promoting a safer and more inclusive educational environment. It also aims to encourage the interest of the educational community, especially students, in conflict resolution, justice, and peace, fostering civic coexistence. Additionally, the project seeks to enhance a better culture and social climate in the school, contributing to the development of social and emotional skills.</p>	SDG 4; SDG 10; SDG 16; SDG 17	https://recil.ulusofona.pt/server/api/core/bitstreams/9e2fe0ff-91ca-444c-8db1-bd45702fee24/content

In Media	2024	"This speech by Putin is yet another fallacy"	José Filipe Pinto argues that the peace plan proposed by Putin is an attempt to demand the impossible. The political scientist says that the international community has little capacity to act in the Middle East.	SDG 16; SDG 17	https://www.youtube.com/watch?v=dZ59ElqVA6c
In Media	2024	"We are unlikely to have peace in the short term in Gaza"	José Filipe Pinto talks about the efforts to reach an agreement between Hamas and Israel, but stresses that the goal is to annihilate the enemy. He explains that, even with international pressure, it will be difficult to achieve peace.	SDG 16; SDG 17	https://www.youtube.com/watch?v=qoTI_vTQ1yo
In Media	2024	"In the Middle East there is the idea that US pressure on Israel is enough for the conflict to end, and it is not"	"Antony Blinken's mission is going to be very difficult," says José Filipe Pinto, regarding the US Secretary of State's trip to the Middle East. The political scientist and CNN Portugal commentator explains that Blinken explained that, "after all, he alone is not capable of putting Israel on the path to peace."	SDG 16; SDG 17	https://cnnportugal.iol.pt/videos/no-medio-oriente-ha-a-ideia-de-que-a-pressao-dos-eua-sobre-israel-e-suficiente-para-que-o-conflito-termine-e-nao-e/659ac2400cf200ca93656358

In Media	2025	CeiED Research Exposes Challenges in Data Collection During the Pandemic	Study conducted by researchers from ULusófona, in partnership with CIIE, analyses limitations of digital methodologies in the educational context	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/ceied-research-exposes-data-collection-challenges-during-pandemic
In Media	2025	Lifelong Learning Is Critical to Adult Mental Health	Research by ULusófona reveals that continuous education improves well-being, combats social isolation and promotes healthy ageing	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/ulusofona-study-reveals-impact-on-mental-health-of-older-adults
In Media	2025	CEAD researcher at ULusófona Elected New European Ombudsman	Teresa Anjinho, member of the Self-Evaluation and Monitoring Committee for the Masters in Law at ULusófona, takes on a new position for the 2025 - 2029 term	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-cead-researcher-elected-new-european-ombudsman
In Media	2025	Gender Bias Discourages Women from Pursuing Careers in STEM Fields	Study reveals how interactions with male colleagues and cultural barriers keep women away from careers in Science, Technology, Engineering and Mathematics	SDG 4, SDG 5, SDG 8, SDG 9, SDG 10	https://www.ulusofona.pt/en/news/gender-bias-discourages-women-from-pursuing-careers-in-stem-fields
In Media	2025	Reflections on Christmas and the Impact of Jesus Christ on Human History	Jorge Bruno Ventura, professor at Lusófona University, reflects on the birth of Jesus	SDG 4, SDG 16	https://www.ulusofona.pt/a/reflexoes-sobre-o-natal-e-o-impacto-de-jesus-cristo-na-historia-da-humanidade

			Christ and his lasting influence on the world		
In Media	2025	Science Manager – HEI-Lab	Ref. 20241227/001 - Lusófona University - CUL, through the Talent Management Department, seeks to recruit a Science Manager	SDG 8	https://www.ulusofona.pt/a/-gestora-de-ciencia-hei-lab
In Media	2025	Conversation with Dr. Maria Caiado: Inspiration and Tips in Wildlife Medicine	Discover Dr. Maria Caiado's journey into veterinary medicine, an opportunity to learn about the care and conservation of wild animals	SDG 3, SDG 4, SDG 13, SDG 15	https://www.ulusofona.pt/en/event/talk-with-dr-maria-caiado-inspiration-and-tips-in-wildlife-veterinary-medicine
In Media	2025	Wishes for the New Year	Let's take advantage of the start of the new year to slow down, stop and think about what is most important, identifying what really matters	SDG 3, SDG 4, SDG 5, SDG 8, SDG 16, SDG 17	https://www.ulusofona.pt/en/chronicles/wishes-for-the-new-year
In Media	2025	Management Government: Legal Implications and Challenges in Madeira	Nuno Magalhães, professor at ULusófona, analyses government management skills and the impact of the lack of a Budget in Madeira until 2026	SDG 16	https://www.ulusofona.pt/a/governo-de-gestao-implicacoes-legais-e-desafios-na-madeira
In Media	2025	Turning Strategies into Results: The Journey to Excellence	Industrial Management, exploring practices of excellence and transformative leadership	SDG 4, SDG 8, SDG 9, SDG 12, SDG 17	https://www.ulusofona.pt/en/news/transforming-strategies-into-results-the-journey-to-excellence

In Media	2025	Lusófona University Becomes a Definitive Member of the CONRIS European Network	First Portuguese institution to join the network, reinforcing internationalization in the areas of risk management, security and civil protection.	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-becomes-a-full-member-of-the-european-conris-network
In Media	2025	EP71 – Green Economy, Climate Change and Social Challenges w/ Renato Santiago	Renato Santiago explores in the podcast how the green economy faces climate change and promotes a sustainable future for society	SDG 7, SDG 8, SDG 9, SDG 11, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/podcasts/ep71-green-economy-climate-change-and-social-challenges-w-renato-santiago
In Media	2025	Premiere of the film "Banzo" directed by a professor at ULusófona	Margarida Cardoso's feature film premieres on January 23rd and explores the consequences of colonialism and its repercussions on people's lives	SDG 3, SDG 4, SDG 5, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/premiere-of-the-film-banzo-directed-by-a-lecturer-from-ulusofona
In Media	2025	Campaign Project in Tune: Education and Creativity for the Community	Students from the Degree in Social Service at ULusófona create a space for learning and artistic expression, promoting culture and social cohesion	SDG 4, SDG 10	https://www.ulusofona.pt/en/conversations-about/campanha-in-tune-project-education-and-creativity-for-the-community
In Media	2025	Education and Communication as Vectors for Sustainable Development	Strategic debate brings together educators and cultural mediators in Lisbon and São Paulo to boost Education,	SDG 4, SDG 11, SDG 13	https://www.ulusofona.pt/en/news/education-and-communication-as-vectors-for-sustainable-development

			Communication and Sustainability		
In Media	2025	Experts Debate Ethics, Technological Advances and Social Impact of AI	Experts from around the world discuss technological advances, ethics and social impact of AI at an event promoted by Lusófona University	SDG 4, SDG 9, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/experts-debate-ethics-technological-advances-and-the-social-impact-of-ai
In Media	2025	Faculty of Law at Lusófona University is part of the OCEAN network	An important step towards promoting research in the area of human rights and democracy	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-law-school-joins-the-ocean-network
In Media	2025	José Mendonça Sports Training in Football	"I think ULusófona took a step forward in the master's degree, both through the lecturers and the guests we had throughout the first year"	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/testimonials/jose-mendonca-football-sports-training
In Media	2025	International Migrants Day: Analysis of the Current Migration Status	Challenges and Perspectives of International Migration in the Global and Local Context	SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/news/international-migrants-day-analysis-of-the-current-migratory-state
In Media	2025	Lusófona University leads nominations for the 2025 Sophia Student Awards	Lusófona Filmes continues to stand out in several categories, proving the talent and excellence of its students	SDG 4, SDG 8, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-leads-nominations-for-the-sophia-student-awards-2025
In Media	2025	30 Years of Sustainable Groundwater Management	Event highlighted innovation, preservation and impact of climate change, promoting	SDG 13, SDG 14, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/30-years-of-sustainable-

			solutions for the sustainable management of water resources		groundwater-management
In Media	2025	In-Depth Practices in Social Work in Open Class at ULusófona	Event brought together experts to reflect and debate innovative practices and challenges in Social Work, with interactive sessions and prominent guests	SDG 4, SDG 5, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/advanced-practices-in-social-work-in-an-open-class-at-lusofona-university
In Media	2025	Debate Technology in Strategic Human Resources Management	The event highlighted the impact of digital tools on people management and organizational strategies	SDG 4, SDG 8, SDG 9, SDG 10	https://www.ulusofona.pt/en/news/debating-technology-in-strategic-human-resource-management
In Media	2025	Luís Castro Shares Lessons on Football Leadership with Masters Students	Essential values in sports leadership highlighted by the coach	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/news/luis-castro-shares-lessons-on-football-leadership-with-masters-students
In Media	2025	Assistant Professors of Criminology	Ref. 20250115/001 - Lusófona University intends to hire two Assistant Professors in the area of Criminology	SDG 4	https://www.ulusofona.pt/a/professor-assistente-de-criminologia
In Media	2025	DORA: a new paradigm for banking governance	The New Era of Banking Governance and the Contribution of Professor from Lusófona University to Digital Resilience	SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/a/-dora-um-novo-paradigma-para-a-governacao-bancaria

In Media	2025	Lusófona University Integrates the National Coordination of CoARA	Commitment to transforming research assessment systems	SDG 4, SDG 9, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-joins-the-national-coordination-of-coara
In Media	2025	YouNDigital debate on the Future of News	YouNDigital project roundtable debates AI, disinformation and the role of young people in the innovation and credibility of journalism	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/youndigital-debate-on-the-future-of-news
In Media	2025	Students Explore Artificial Intelligence for Sustainable Societies	The Erasmus Mundus AISS Master's Degree addresses sustainable challenges and solutions in interior design, focusing on the impact of AI and data management	SDG 4, SDG 9, SDG 11, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/students-explore-ai-for-sustainable-societies
In Media	2025	Lusófona Students Shine at Aalto ARTS Summer School in Finland	International programme explores innovative solutions to global water-related challenges, combining creativity and sustainability	SDG 4, SDG 6, SDG 9, SDG 11, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/lusofona-students-shine-at-aalto-arts-summer-school-in-finland
In Media	2025	"What are you hungry for?" - New Season of the Ulusófona Podcast	Experts discuss myths, disorders and challenges linked to food in a series of episodes of the Lusófona University Podcast	SDG 3, SDG 4, SDG 12, SDG 17	https://www.ulusofona.pt/en/podcasts/what-are-you-hungry-for-new-season-of-the-ulusofona-podcast
Training Actions and Workshops	2025	Post-Doctoral Researcher in Psychology, Communication	Ref. 20241219/001 - COFAC together with Lusófona University opens a competition	SDG 8	https://www.ulusofona.pt/a/investigador-pos-doutorado-em-psicologia-ciencias-da-

		Sciences or Related Areas	for the hiring of a full-time assistant researcher		comunicacao-ou-areas-afins
Training Actions and Workshops	2025	Rudi Roose: Reflections on the Future of Social Work	Professor from Ghent University shared challenges, changes in the market and guidelines for future social service professionals at ULusófona	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/interviews/rudi-roose-reflections-and-guidance-on-the-future-of-social-work
Training Actions and Workshops	2025	Education: Pillar for Portugal's Sustainable Future	Investing in education is crucial to reducing inequalities, strengthening the economy and preparing new generations for the challenges of the future	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/a/educacao-pilar-para-o-futuro-sustentavel-de-portugal
Training Actions and Workshops	2025	Driver	Ref. 20250116/001 - Lusófona University - CUL, through the Talent Management Department, seeks to recruit a Driver	SDG 8	https://www.ulusofona.pt/en/_open-positions/driver
In Media	2025	Participate in Pedagogical and Employability Surveys Until February 1st	Surveys for students, lecturers and graduates are online. Contribute to improving the quality of education and suitability for the job market	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/participate-in-the-pedagogical-and-employability-surveys-by-1-february
In Media	2025	Migrations and Education: The Role of the Lusophone	Reflection by Paulo Pinto, on migratory flows and the impact of education on the construction of new	SDG 16	https://www.ulusofona.pt/a/migracoes-e-educacao-o-papel-da-fraternidade-lusofona-no-seculo-xxi

		Fraternity in the 21st Century	opportunities in the Portuguese-speaking space		
In Media	2025	ULusófona Publishes New Edition of the International Journal of Film and Media Arts	Academic publication delves into the theme “Other Typographic Worlds” with a focus on artistic and sociopolitical dimensions	SDG 4, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-publishes-edition-of-the-international-journal-of-film-and-media-arts
In Media	2025	Misconceptions about employment in tourism	Professor at Lusófona University Debates the Paradox of Tourism: Economic Growth Versus Lack of Young Adhesion to Professions in the Sector	SDG 4, SDG 8, SDG 12	https://www.ulusofona.pt/a/os-equivocos-do-emprego-no-turismo
In Media	2025	Clinical Analysis Laboratory Technician - Veterinary Hospital	Ref. 20250122/001 - Lusófona University is looking for a Clinical Analysis Laboratory Technician to join the Veterinary Hospital	SDG 3, SDG 4, SDG 8	https://www.ulusofona.pt/a/tecnicoa-laboratorial-de-analises-clinicas-hospital-veterinario
Training Actions and Workshops	2025	Open Days 2025 (ULusófona - CUL)	Throughout the year, visit the University and clarify all your doubts about Higher Education in our workshops for secondary school students	SDG 4	https://www.ulusofona.pt/en/event/open-day-2025-ulusofona-cul
Training Actions and Workshops	2025	Nutrition Challenges: The Hunt for Secret Salt	Workshop provided by the Degree in Nutrition Sciences	SDG 3, SDG 4	https://www.ulusofona.pt/a/desafios-da-nutricao-a-caca-ao-sal-secreto

In Media	2025	Management, Innovation and Digital Transition	Workshop provided by the Degree in Business Management	SDG 4, SDG 8	https://www.ulusofona.pt/a/gestao-inovacao-e-transicao-digital
In Media	2025	Build your Future in Political Science and International Relations	Workshop provided by the Degree in Political Science and International Relations	SDG 4	https://www.ulusofona.pt/a/constroi-o-teu-futuro-em-ciencia-politica-e-relacoes-internacionais
In Media	2025	The Role of Women in the 21st Century Labour Market: Challenges and Advances	Tânia Gaspar, professor at ULusófona, talks about the evolution of the female presence in leadership and gender disparities in the professional environment	SDG 5	https://www.ulusofona.pt/a/o-papel-das-mulheres-no-mercado-de-trabalho-do-seculo-xxi-desafios-e-avancos
Training Actions and Workshops	2025	FilmEU Summit 2025 (Bulgaria)	Unique meeting that promotes innovation, talent and connection in the universe of arts and media	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/filmeu-summit-2025-bulgaria
In Media	2025	Professor Manuel José Damásio Stands Out in Conference on Teaching Career	Executive administrator of Lusófona University debates challenges and opportunities of an academic career in Portugal in the Assembly of the Republic	SDG 4	https://www.ulusofona.pt/en/news/professor-manuel-jose-damasio-stands-out-in-conference-on-academic-careers
Training Actions and Workshops	2025	EP2 - Let's SPIC About... Mentoring with Paula Paulino and Helia Bracons	Teachers and mentors share how mentoring transforms lives on the ULusófona Psychology course	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/podcasts/ep2-lets-spic-about-mentoring-w-paula-paulino-and-helia-bracons

Training Actions and Workshops	2025	International Education Day	Education is an essential tool to reduce inequalities, promote peace and build a more inclusive and sustainable future	SDG 3, SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/noisi/international-day-of-education
Sustainability Events	2025	Pedagogical Training Journeys Lusophone Teaching	Participate in ongoing training sessions for lecturers and researchers that promote your pedagogical, professional and personal development	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/event/lusofona-education-pedagogical-training-days
In Media	2025	Open Days 2025 (ULusófona - CUP)	Visit the University and clarify all your doubts about Higher Education	SDG 4	https://www.ulusofona.pt/en/event/open-days-2025-ulusofona-cup
In Media	2025	Associate Professor in the Disciplinary Area of Social and Organizational Psychology	Ref. DC_7/2025 - Opening of Internal Competition for Associate Professor in the subject area of Social and Organizational Psychology	SDG 3, SDG 4, SDG 16	https://www.ulusofona.pt/a/professor-associado-na-area-disciplinar-de-psicologia-social-e-das-organizacoes
In Media	2025	Project Remind: An Inclusive Design to Encourage People with Dementia	Teacher develops creative pedagogical practices that transform challenges into solutions to improve users' quality of life	SDG 3, SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/conversations-about/remind-project-inclusive-design-to-stimulate-people-with-dementia
In Media	2025	Research Director for FilmEU	European University FilmEU seeks Research Director to lead innovation strategy. Applications until March 1, 2025	SDG 9	https://www.ulusofona.pt/en/_open-positions/chief-research-officer-for-filmeu

In Media	2025	Creating Science and Making Innovation Made in Lusófona - 4th Edition	A celebration of knowledge and innovation, boosting research and the impact of ULusófona's Organic and R&D Units	SDG 4	https://www.ulusofona.pt/en/event/creating-science-and-innovation-made-in-lusofona-4th-edition
In Media	2025	Inês Castro Reis Veterinary Medicine	"In the first year, I already have lots of chairs that help me learn how to make diagnoses, or even train dogs and interact with animals"	SDG 3, SDG 4	https://www.ulusofona.pt/en/testimonials/ines-castro-reis-veterinary-medicine
In Media	2025	Determinants of the Privatization of Water and Sanitation Services	Exploring Socioeconomic, Political and Environmental Factors, as well as Challenges and Opportunities in Brazilian Municipalities	SDG 6, SDG 11	https://www.ulusofona.pt/en/event/determinants-of-the-privatization-of-water-and-sanitation-services
Participation in International Projects	2025	IT/IS Compliance: Managing Risks and Unleashing Innovation with ISO/IEC 5230 and 18974	Lusófona University Promotes Webinar on IT/IS Compliance and Innovation with ISO International Standards	SDG 4, SDG 8, SDG 9, SDG 12, SDG 16	https://www.ulusofona.pt/en/event/itis-compliance-managing-risks-and-unlocking-innovation-isoiec-5230-e-18974
In Media	2025	Visions of the Future: Iberian Visual Culture After Democracy 1974 – 1998	Reflect on the impact of Visual Communication on the construction of the Political and Cultural Identity of the Iberian Peninsula	SDG 4, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/visions-of-the-future-iberian-visual-culture-after-democracy-1974-1998
In Media	2025	Perspectives on the Future of	Innovation and Interdisciplinarity in	SDG 4	https://www.ulusofona.pt/en/news/perspective

		Film Education in Europe	European Film Education		s-on-the-future-of-film-education-in-europe
In Media	2025	FilmEU Launches First European Degree in Cinema	Lusófona University marks a milestone in Quality Assurance in higher education with the creation of the first European degree	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/filmeu-launches-first-european-film-degree
Training Actions and Workshops	2025	Call for Workshop Proposals - FilmEU Summit 2025 (Bulgaria)	FilmEU invites experts to submit workshop proposals for the 2025 summit, focusing on educational innovation and collaboration	SDG 9	https://www.ulusofona.pt/en/news/filmeu-summit-2025-open-call-for-workshop-proposals
In Media	2025	European Commission Highlights FilmEU as a Model for an Innovative European University	FilmEU highlighted as an innovative model of transnational cooperation in European higher education by the European Commission	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/european-commission-highlights-filmeu-as-an-innovative-european-university-model
In Media	2025	EP72 – Diets, Restrictions, Balance and Wellbeing w/ António Palmeira	António Palmeira addresses misinformation and practical strategies for sustainable habits throughout this episode	SDG 3, SDG 4, SDG 12, SDG 17	https://www.ulusofona.pt/en/podcasts/ep72-diets-restrictions-balance-and-well-being-with-antonio-palmeira
In Media	2025	Maria Caiado: Wildlife Veterinary Medicine	An inspiring insight into wildlife veterinarians, the challenges of conservation and the importance of training generations to protect nature	SDG 3, SDG 4, SDG 13, SDG 14, SDG 15	https://www.ulusofona.pt/en/interviews/maria-caiado-wildlife-veterinary-medicine

In Media	2025	Lean as a Mechanism for Increasing Sales and Commercial Dynamization in Retail	Event highlights the transformative power of the Lean philosophy to strengthen team focus and implement sales improvement plans	SDG 8, SDG 9, SDG 12	https://www.ulusofona.pt/en/news/lean-as-a-mechanism-for-sales-growth-and-commercial-dynamism-in-retail
Sustainability Events	2025	Welcome Session for Erasmus Mundus Students	Welcome to Masters Students in Artificial Intelligence for Sustainable Societies: Connecting Knowledge and Opportunities	SDG 4	https://www.ulusofona.pt/en/event/welcome-session-for-erasmus-mundus-students
In Media	2025	ULusófona Welcomes International Students for FilmEU Production Week	Multidisciplinary teams collaborate to create audiovisual projects as part of the FilmEU Annual Challenge	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-welcomes-international-students-for-filmeu-production-week
In Media	2025	FilmEU Meets in Bratislava and Supports the Advancement of European Degrees	ULusófona, as coordinator of FilmEU, participated in the meeting approving a declaration that aligns the national policies of the Member States	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/filmeu-meets-in-bratislava-and-supports-the-advancement-of-european-diplomas
In Media	2025	Technical-Administrative Support Service (SATA)	Ref 20250203/001 - ULusófona - Centro Universitário do Porto seeks Technical-Administrative Support team (SATA)	SDG 4, SDG 8	https://www.ulusofona.pt/a/servico-de-apoio-tecnico-administrativo-sata-
In Media	2025	Welcome and Integration of New Teachers/Researchers - 2nd Semester	Explore the vision, values and resources of Lusófona University for full integration in the 2nd semester	SDG 3	https://www.ulusofona.pt/en/event/welcome-and-integration-session-for-new-teachersresearchers

Participation in International Projects	2025	Science Manager	Ref 20250131/00 - Lusófona University - CUL is recruiting a Science Manager to reinforce the RCM2+/EGI team	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/a/gestora-de-ciencia
Training Actions and Workshops	2025	Visit Lisbon: Student Discounts	Now that the exam season is coming to an end, we bring you places where you can enjoy the benefits of being a student in Lisbon!	SDG 1, SDG 4, SDG 7, SDG 8, SDG 9	https://www.ulusofona.pt/en/noisi/
In Media	2025	You can now listen to the Lusófona University Rubrics on Spotify!	The sections "Interviews" and "Conversations About..." now in podcast format. Follow researchers, lecturers and students and connect with the community	SDG 4, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-makes-existing-rubrics-available-in-podcast-format
In Media	2025	ULusófona - CUP lecturers support Recommendations on Digital Wellbeing	Document from the Directorate-General for Education Presented at the "Learn More Now" Seminar	SDG 3, SDG 4, SDG 9, SDG 10	https://www.ulusofona.pt/en/news/ulusofona-professors-cup-support-for-recommendations-on-digital-wellbeing
In Media	2025	InnovDelivery'25 - II Lusophone Meeting on Innovative Delivery Systems	Sustainable Innovations in Health and Wellbeing through Advanced Technologies	SDG 3, SDG 9, SDG 12	https://www.ulusofona.pt/en/event/innovdelivery25-ii-lusophone-meeting-on-innovative-delivery-systems
Training Actions and Workshops	2025	Lusófona University Brings Tourism Closer to Students	Four schools, four inspiring meetings: The ULusófona Tourism Department strengthens the	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en

			connection with future professionals in the sector		
Participation in International Projects	2025	ULusófona and FilmEU Promote Conference on Visual Communication at MUDE	The Visions of the Future event brought together experts to debate the impact of design on the transition to democracy in the Iberian Peninsula	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-and-filmeu-promote-conference-on-visual-communication-at-mude
In Media	2025	Professor is a member of the Jurisdictional Council of the Order of Social Workers	Nélson Ramalho, professor at Lusófona University, took office as an alternate member of the Jurisdictional Council of the Order of Social Assistants	SDG 4, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/faculty-member-joins-the-jurisdictional-council-of-the-order-of-social-workers
Training Actions and Workshops	2025	EP73 - Eating Disorders: Physical, Mental and Social Health with Isabel Santos	Isabel Santos discusses factors and warning signs in awareness and prevention	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/podcasts/ep73-eating-disorders-physical-mental-and-social-health-with-isabel-santos
In Media	2025	XXVII International Week of Cinema and Media Arts & Philoxenia	Philoxenia brings the community together and presents the creative projects of ULusófona students in a unique celebration of arts and cinema	SDG 4, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/xxvii-international-film-and-media-arts-week-philoxenia
Sustainability Events	2025	Intervention in Palliative Care	Lusófona University promotes reflection on palliative care and explores social, clinical and ethical approaches	SDG 3, SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/lecture-intervention-in-palliative-care

Sustainability Events	2025	ULusófona Celebrates the Success of the 3rd Edition of the Postgraduate Course in Registries and Notaries	Innovative training that prepares professionals of the future in the registration and notary sector	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-celebrates-the-3rd-postgraduate-programme-in-registry-and-notary
In Media	2025	Welcome to New Teachers/Researchers of the 2nd Semester	Lusófona University held an integration session for new team members at the University Centre of Lisbon and Porto	SDG 3, SDG 4, SDG 8, SDG 16	https://www.ulusofona.pt/en/news/welcome-to-new-teachersresearchers-for-the-2nd-semester
In Media	2025	EPIC-WE Project: Young People at the Centre for Cultural Creation Through Video Games	European Project promotes youth participation in Culture through Game Jams and Collaborative Design	SDG 4, SDG 5, SDG 8, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/conversations-about/epic-we-project-youth-at-the-heart-of-cultural-creation-through-video-games
In Media	2025	Civil Engineering Conferences 2025	A meeting of innovation and knowledge in the civil engineering sector	SDG 9	https://www.ulusofona.pt/en/event/civil-engineering-days-2025
In Media	2025	II SOMUS International Conference: Perspectives of Social Museology	Join the debate on the contemporary challenges of museology and its social responsibility, with a focus on the review of the ICOM Code of Ethics	SDG 10, SDG 14, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/ii-somus-international-conference-perspectives-of-social-museology
In Media	2025	Philippe Van Cauteren: 11 Reflections on the World of	Philippe Van Cauteren, Artistic Director of S.M.A.K., at a Conference at	SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/philippe-van-cauteren-11-

		Contemporary Art	Lusófona University on Contemporary Art		thoughts-on-the-world-of-contemporary-art
In Media	2025	Challenges of Motivation in Physical Education Classes	A practical and theoretical reflection on strategies to promote participation, fun and learning in Physical Education classes	SDG 3, SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/challenges-of-motivation-in-physical-education-classes
In Media	2025	Wildlife Veterinary Medicine Q&A Session	The event highlights Maria Caiado's experience in the conservation and rehabilitation of species in South Africa	SDG 3, SDG 4, SDG 15	https://www.ulusofona.pt/en/news/wildlife-veterinary-medicine-qa-session
In Media	2025	Philippe Van Cauteren: 11 Reflections on the World of Contemporary Art	Lusófona University welcomes Philippe Van Cauteren for a discussion on art and society	SDG 1, SDG 3, SDG 10, SDG 11, SDG 15, SDG 16	https://www.ulusofona.pt/en/event/philippe-van-cauteren-11-thoughts-on-the-world-of-contemporary-art
In Media	2025	Great Artists on Campus 3	3rd edition of the Lusófona University monthly conference cycle with contemporary Portuguese artists	SDG 4, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/great-artists-on-campus-3rd-edition
Training Actions and Workshops	2025	International Symposium Quo tenditis, educatio?	Reflection on Education and Knowledge in Professional Contexts	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/international-symposium-quo-tenditis-educatio
Sustainability Events	2025	Lusófona University Promotes Workshops and Guided Visit to the Campus	Secondary school students explored sustainability, leadership and innovation	SDG 12, SDG 13, SDG 14, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-organises-workshops-and-guided-campus-tour

In Media	2025	4th Edition of "Creating Science and Making Innovation made in Lusófona"	Event highlights research and collaboration by promoting synergies between scientific areas	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/4th-edition-of-creating-science-and-innovating-made-in-lusofona
In Media	2025	ULusófona Integrates Research Team in the SUNRISE Cape Verde Study	Global study evaluates patterns of physical activity, sedentary lifestyle and sleep in children up to 5 years old	SDG 3, SDG 4, SDG 10	https://www.ulusofona.pt/en/news/ulusofona-joins-research-team-in-cape-verde-sunrise-study
In Media	2025	EWALD Project: Workshop on Monitoring Soil Degradation in Morocco	Event in Marrakesh brought together experts from the EWALD project to explore innovative methodologies in remote sensing and geospatial analysis	SDG 13, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/ewald-project-workshop-on-monitoring-soil-degradation-in-morocco
In Media	2025	The new Trump administration in television analysis by Lusófona professor	ECATI professor analyses the impact of the first weeks of the new US presidency on the War and Peace programme	SDG 4, SDG 16	https://www.ulusofona.pt/a/a-nova-administracao-trump-em-analise-televisiva-por-docente-da-lusofona
Training Actions and Workshops	2025	Study Traces Profile of the Portuguese Podcast Consumer	Research from Lusófona University highlights habits, preferences and impact of social networks on podcast consumption in Portugal	SDG 3, SDG 4, SDG 12	https://www.ulusofona.pt/en/news/study-profiles-portuguese-podcast-consumers
In Media	2025	Mercosur - Let's move forward!	The blindness of a colonialist legacy or an arrogant vision cannot obscure the opposite	SDG 8, SDG 9, SDG 10,	https://www.ulusofona.pt/en/chronicles/mercosur-lets-move-on

			direction, which is the opening of the European market	SDG 12, SDG 17	
Training Actions and Workshops	2025	Mercosur - Let's move forward!	The blindness of a colonialist legacy or an arrogant vision cannot obscure the opposite direction, which is the opening of the European market	SDG 8, SDG 9, SDG 10, SDG 12, SDG 17	https://www.ulusofona.pt/en/chronicles/mercocur-lets-move-on
In Media	2025	FL-Talk: Autor Fashion vs Industrial Fashion	Lecture on the challenges and contrasts between authorial and industrial fashion, with guests Jorge Borges and Luis Buchino	SDG 4, SDG 9	https://www.ulusofona.pt/en/event/fl-talk-designer-fashion-vs-industrial-fashion
Participation in International Projects	2025	The Silencing of Women in the Early Church	A conference on the role of women in early Christianity	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/the-silencing-of-women-in-the-early-church
In Media	2025	ULusófona Promotes Entrepreneurship and Innovation with the Play Your Idea 2025 Competition	PLAY initiative – ULusófona's Creative and Technological Incubator returns, challenging entrepreneurs to transform ideas into successful businesses	SDG 4, SDG 8, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/a/ulusofona-promove-emprededorismo-e-inovacao-com-o-concurso-play-your-idea-2025
In Media	2025	Games Created by ULusófona Students Presented at Event in Óbidos	Óbidos Cultural Game Jam challenges students to reflect on Democracy and Freedom through the creation of video games	SDG 4, SDG 5, SDG 8, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/games-created-by-ulusofona-students-presented-at-event-in-obidos
In Media	2025	EP74 - Nutrition: Habits, Disease Prevention and	Expert explains how nutritional needs evolve and influence	SDG 3, SDG 12	https://www.ulusofona.pt/en/podcasts/ep74-nutrition-habits-

		Aging with Cíntia Pego	health, from stress to disease prevention, at different stages of life		disease-prevention-and- ageing-w-cintia-pego
In Media	2025	Professor at Lusófona University Defends Political Reform in Madeira	Teresa Ruel warns of institutional blockage and need for new government solutions	SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/a/docente-da-universidade-lusofona-defende-reforma-politica-na-madeira
Training Actions and Workshops	2025	Good Practices: Enterprising Migrant Students	Participate in a reflection on the entrepreneurship of migrant students, with testimonies and sharing of experiences	SDG 4, SDG 5, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/workshop-good-practices-migrant-student-entrepreneurs
In Media	2025	Industry Appreciates Open Source, But With Challenges	FOSSAware experts, invited by Lusófona University, discuss the evolution and challenges of open source	SDG 8, SDG 9, SDG 16	https://www.ulusofona.pt/a/industria-aprecia-open-source-mas-com-desafios
In Media	2025	Crime and Violence in Intimate Relationships	Raising awareness of violence in intimate relationships, with a focus on dating relationships, through interactive dynamics and critical reflection	SDG 3, SDG 17	https://www.ulusofona.pt/en/event/crime-and-violence-in-intimate-relationships
In Media	2025	Coimbra Group Publishes Statement in Support of the European Degree	Coimbra Group calls for the continuity of the European Degree to reinforce competitiveness, student mobility and innovation in higher education	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/coimbra-group-publishes-statement-in-support-of-the-european-degree

In Media	2025	Arctic Unrest in the 21st Century	Perspectives on the geopolitical dynamics of the Arctic and its repercussions on international politics	SDG 13, SDG 16	https://www.ulusofona.pt/en/event/unrest-in-the-arctic-in-the-21st-century
In Media	2025	Manuel Santos Maia at Great Artist on Campus with the Film "Alheava_filme"	The director presents a work that intersects memory, identity and war in Mozambique, exploring the impact of the past in an intimate look	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/manuel-santos-maia-at-great-artist-on-campus-with-the-film-alheavafilme
In Media	2025	Margarida Cardoso: Reflections on History, Cinema and Social Justice	Creator of the award-winning film "Banzo" and professor at Lusófona University, she discusses colonial memories, weaving a chronicle of a forgotten past	SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/interviews/margarida-cardoso-reflections-on-history-cinema-and-social-justice
In Media	2025	Science Manager - ULusófona CUL	Ref. 20250218/002 - ULusófona is looking for a Science Manager to support ISMAT and drive innovative projects that will shape the future	SDG 8	https://www.ulusofona.pt/en/_open-positions/science-manager-ulusofona-cul
In Media	2025	Strategic Challenges in Times of Geopolitical and Technological Uncertainty	Teresa Candeias, professor at ULusófona, analyses the impacts of geopolitical and technological volatility and the importance of innovation in competitiveness	SDG 8, SDG 9, SDG 16	https://www.ulusofona.pt/a/desafios-estrategicos-em-tempos-de-incerteza-geopolitica-e-tecnologica
Participation in	2025	Social Work in the Armed Forces	The Lusófona University promotes reflection on the role	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/social-

International Projects			of the Social Worker in the military context		work-in-the-armed-forces
In Media	2025	ULusófona Creates Guidelines for Ethical Responsibility in the Use of IAGen	Transparency, Respect and Verification guide the university's scientific, ethical and pedagogical rigour on IAGen platforms	SDG 4, SDG 9, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/ulusofona-creates-guidelines-for-ethical-accountability-in-the-use-of-iagen
Sustainability Events	2025	Play Your Idea 2025: Unique Opportunity for Innovative Entrepreneurs	Applications Open for Play Your Idea 2025 – Turn Your Idea into a Successful Business	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/a/play-your-idea-2025-oportunidade-unica-para-empreendedores-inovadores
In Media	2025	Education and Teaching Professionalism in Debate at the International Symposium	International Symposium debates education, curriculum and teaching professionalism in times of change	SDG 4, SDG 8, SDG 10	https://www.ulusofona.pt/en/news/education-and-teaching-professionalism-in-debate-at-the-international-symposium
In Media	2025	Science Manager - ULusófona CUP	Refª 20250218/001: Lusófona University - CUP is recruiting a Science Manager to reinforce the team and drive innovative projects	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/_open-positions/science-manager-ulusofona-cup
In Media	2025	Surprise Tribute to Professor José de Faria Costa	Ceremony marked the jurist's 75th birthday with the launch of a work consisting of two volumes	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/surprise-tribute-to-professor-jose-de-faria-costa
In Media	2025	Teas that Help Manage Stress	Discover how teas can help reduce stress, improve concentration	SDG 3, SDG 4, SDG 12, SDG 15	https://www.ulusofona.pt/en/noisi/teas-that-help-manage-stress

			and promote balance in your studies		
In Media	2025	ULusófona Promotes Open Class on Social Work in the Armed Forces	Session highlighted the impact of social support on well-being and military cohesion	SDG 4, SDG 10, SDG 14	https://www.ulusofona.pt/en/news/ulusofona-promotes-open-lecture-on-social-work-in-the-armed-forces
In Media	2025	InnovDelivery'25: Innovation in Delivery Systems in Health and Wellbeing	Lusófona University hosted InnovDelivery'25, highlighting advances in nanotechnology, sustainability and new strategies for healthcare	SDG 3, SDG 9, SDG 12, SDG 15	https://www.ulusofona.pt/en/news/innovdelivery25-innovation-in-delivery-systems-for-health-and-well-being
In Media	2025	Welcome Session Erasmus 2024/25 (ULusófona - CUL)	Welcome Session for Mobility Students: Presentations from the Public Security Police and the Erasmus Student Network	SDG 4	https://www.ulusofona.pt/en/event/welcome-session-erasmus-2024-2025
In Media	2025	Strategic Challenges	Teresa Candeias, professor at ULusófona, analyses the conditions to defend national interests and promote national and international stability	SDG 4, SDG 7, SDG 8, SDG 9, SDG 16	https://www.ulusofona.pt/en/chronicles/strategic-challenges
Participation in International Projects	2025	Premiere of the film "The Time Traveller"	A cinematic reflection on leadership and life experiences in the colonial war	SDG 4, SDG 5, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/premiere-of-the-film-the-time-traveller

In Media	2025	Philippe Van Cauteren Debates Art and Society at Great Artists on Campus	The artistic director of S.M.A.K. addressed the impact of contemporary art on society and the role of museums in cultural innovation and transformation	SDG 4, SDG 10, SDG 11	https://www.ulusofona.pt/en/news/philippe-van-cauteren-debates-art-and-society-at-great-artists-on-campus
In Media	2025	EP75 - Nutrition, Sports Performance and Supplementation with Mónica Sousa	The episode explores the relationship between nutrition and strategies to improve training	SDG 3, SDG 4, SDG 12	https://www.ulusofona.pt/en/podcasts/ep75-nutrition-sport-and-supplementation-w-monica-sousa
In Media	2025	Meeting of the IASS Master's Program at Lusófona University	Students and professors of the Master in Artificial Intelligence for Sustainable Societies (IASS) plan future projects and initiatives	SDG 4	https://www.ulusofona.pt/en/news/meeting-of-the-iass-masters-programme-at-ulusofona-cup
Participation in International Projects	2025	ULusófona Was the Most Awarded School in Sophia Student 2025	Short films by ULusófona students were awarded in one of the most prestigious student film awards in Portugal	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-honoured-at-sophia-student-2025
In Media	2025	BuildingAdapt Project: ULusófona Innovates in Climate Adaptation of Infrastructures	Pioneering project assesses the resilience of Building A on the ULusófona campus and proposes sustainable solutions to the challenges of climate change	SDG 9, SDG 11, SDG 13	https://www.ulusofona.pt/en/conversations-about/buildingadapt-project-innovates-in-the-infrastructures-climate-adaptation

In Media	2025	Portugal: the digital future can stop here	The Importance of Innovation and Infrastructure for Global Transformation	SDG 8, SDG 9, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/a/portugal-o-futuro-digital-pode-passar-por-aqui
Training Actions and Workshops	2025	Civil Engineering Conference 2025: Success in the 1st Edition at ULusófona	The event brought together experts, companies and students to discuss innovations and challenges in the Civil Engineering sector	SDG 8, SDG 9, SDG 11, SDG 12	https://www.ulusofona.pt/en/news/civil-engineering-conference-2025-a-successful-1st-edition-at-ulusofona-
Training Actions and Workshops	2025	XXVII International Week of Cinema and Media Arts & Philoxenia	The university welcomed industry professionals and opened its doors to the community to celebrate the creativity and talent of students	SDG 4, SDG 8, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/xxvii-international-film-and-media-arts-week-philoxenia
In Media	2025	Welcome Session Erasmus 2024/25 (ULusófona - CUP)	Welcome Session for Mobility Students: Presentations from the Public Security Police and the Erasmus Student Network	SDG 4	https://www.ulusofona.pt/en/event/welcome-session-erasmus-2024-2025-cup
In Media	2025	Workshop on Violence in Dating and Intimate Relationships at ULusófona	Interactive session raises awareness of dating violence and promotes reflection on healthy behaviours and prevention among university students	SDG 3, SDG 17	https://www.ulusofona.pt/en/news/workshop-on-dating-violence-and-intimate-relationships-at-ulusofona
In Media	2025	Lusófona University promotes debate on Media Literacy	The Role of Media Literacy in Forming Informed and Critical Citizens	SDG 4, SDG 16	https://www.ulusofona.pt/a/universidade-lusofona-promove-debate-sobre-literacia-mediatica

Training Actions and Workshops	2025	Unrest in the Arctic and the Urgency to Protect the Oceans and Global Climate	Experts warn of environmental impacts and the need to preserve marine ecosystems	SDG 13, SDG 14, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/arctic-unrest-and-the-urgency-of-protecting-the-oceans-and-the-global-climate
Training Actions and Workshops	2025	FilmEU Talks - Experts on Air with Ciarán Donnelly	An exclusive conversation with the acclaimed Irish filmmaker	SDG 4, SDG 9	https://www.ulusofona.pt/en/event/filmeu-talks-experts-on-air-com-ciaran-donnelly
Training Actions and Workshops	2025	Francisco Pinheiro Psychology	"If we are interested enough in the subjects we take, there will always be something we can like"	SDG 3, SDG 4, SDG 8, SDG 10	https://www.ulusofona.pt/en/testimonials/francisco-pinheiro-psychology
Training Actions and Workshops	2025	Motivation in Physical Education: Challenges, Strategies and Student Involvement	Experts and lecturers debate ways to reinforce student participation and interest in Physical Education classes	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/motivation-in-physical-education-challenges-strategies-and-student-involvement
Sustainability Events	2025	Current Issues in Law: Multidisciplinary Societies and Fiscal Transparency	Seminar on the legal and fiscal challenges of multidisciplinary companies and professional societies in the current context	SDG 4, SDG 8, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/current-legal-issues-multidisciplinary-partnerships-and-tax-transparency
Sustainability Events	2025	Elevating Software Quality: The Role of AI in Modern Testing Practices	The importance of AI in software testing: tools, challenges and the role of testers in improving quality and efficiency	SDG 4, SDG 8, SDG 9, SDG 16	https://www.ulusofona.pt/en/event/elevating-software-quality-the-role-of-ai-in-modern-testing-practices
Sustainability Events	2025	Erasmus Mundus Master's Students in AI Start 2nd	The course combines AI, sustainability and active citizenship, bringing together universities from	SDG 4, SDG 9, SDG 11, SDG 16	https://www.ulusofona.pt/en/news/erasmus-mundus-masters-in-ai

		Semester at ULusófona	Portugal, Finland and Estonia in a global and innovative training		for-sustainable-societies-launched
In Media	2025	Maintenance Assistant	Ref. 20250227/001 - Lusófona University – CUP, through the Talent Management Department, intends to recruit a Maintenance Assistant	SDG 8	https://www.ulusofona.pt/en/_open-positions/maintenance-assistant
In Media	2025	Reflection on Palliative Care: Challenges, Practices and Humanization	Lecture on the impact of palliative care and the importance of humanization, training and interdisciplinary support in care	SDG 3, SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/reflection-on-palliative-care-challenges-practices-and-humanisation
In Media	2025	Let's Make a Podcast	Learn how to create, produce and make your own podcast available, exploring practical recording, editing and post-production techniques in a dynamic environment	SDG 4, SDG 8	https://www.ulusofona.pt/a/vamos-fazer-um-podcast
In Media	2025	Beauty and Wellness Care Review: Healthy Skin and Safe Makeup	Explore the essential components of beauty and wellness care, with a focus on skin-safe practices and proper makeup techniques	SDG 4, SDG 8	https://www.ulusofona.pt/a/avaliacao-de-cuidados-de-beleza-e-bem-estar-pele-saudavel-e-maquilhagem-segura
In Media	2025	Promote Change with a Focus on the Person and Human Rights	Share experiences with students and professionals about social intervention in different contexts, focusing on the Person and Human Rights	SDG 4, SDG 8	https://www.ulusofona.pt/a/promover-a-mudanca-tendo-como-foco-a-pessoa-e-os-direitos-humanos

In Media	2025	Synergies in Biomedical, Biotechnology and Electrotechnical : The strength of technical union	Take part in this hands-on workshop, explore scientific laboratories and visit the pilot beer production unit	SDG 4, SDG 8	https://www.ulusofona.pt/a/sinergias-em-biomedica-biotechnologia-e-electrotecnica-a-forca-da-uniao-tecnica
Participation in International Projects	2025	Light & Shadow: Portraits of Work in Contemporary Cinema	A film exhibition that explores the challenges of modern work, from management and labour conflicts to professional reinvention	SDG 4, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/light-shadow-portraits-of-work-in-contemporary-cinema
Sustainability Events	2025	III Psychogerontology Meeting: Giving More Life to the Years	Event brings together experts, authorities and companies to reflect on strategies that promote more life over the years, with debate and World Café methodology	SDG 3, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/iii-psychogerontology-meeting-adding-more-life-to-years
In Media	2025	How to Survive as an Investigator and Still Have Fun	Conference Explores Challenges and Opportunities in a Research Career	SDG 3, SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/event/how-to-survive-as-a-researcher-and-still-have-some-fun
In Media	2025	EP76 - Eating Disorders: Treatment and External Support with Ana Isabel Vieira	In the podcast, Ana Isabel Vieira analyses the causes and impacts of eating disorders (anorexia and bulimia) that mainly affect young people	SDG 3, SDG 4, SDG 5	https://www.ulusofona.pt/en/podcasts/ep76-eating-disorders-treatment-and-external-support-with-ana-isabel-vieira
In Media	2025	Unlocking the Potential of	Webinar highlights the rediscovery of natural ingredients for	SDG 3, SDG 9, SDG 12	https://www.ulusofona.pt/en/webinars/unlocking-the-potential-of-

		Biomaterials in Skin Care	cosmetics and skin care		biomaterials-in-skin-care
In Media	2025	DETMED Mid-Term Meeting Motivates Innovation in Cancer Diagnosis and Treatment	Meeting at Lusófona University presented advances in the high-precision gamma probe and next steps of the European project DETMED	SDG 3	https://www.ulusofona.pt/en/news/mid-term-meeting-of-detmed-drives-innovation-in-cancer-diagnosis-and-treatment
Sustainability Events	2025	Lea Vidaković Enters Oscar Longlist for Best Animated Short Film	Lusófona professor and award-winning director gains international prominence with her latest film	SDG 4, SDG 5, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/interviews/lea-vidakovi-makes-the-longlist-for-the-oscar-for-best-animated-short-film
Training Actions and Workshops	2025	Creative Skills Week 2025 - Call for Contributions	Participate in Creative Skills Week 2025 with projects and events on skills for digital, green and social transitions	SDG 4, SDG 8	https://www.ulusofona.pt/en/news/creative-skills-week-2025-call-for-contributions
In Media	2025	"The Time Traveller" – Cinematic Immersion in Colonial History	A remarkable trajectory that highlights the leadership and challenges of the colonial war, inviting reflection on the impact of this period on society	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/the-time-traveller-cinematic-immersion-in-colonial-history
Training Actions and Workshops	2025	II International Congress - Domestic Violence and Istanbul Convention	Interdisciplinary Dialogue to Prevent, Protect and Punish in the Fight Against Gender-Based Violence	SDG 4, SDG 5, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/i-international-congress-domestic-violence-and-the-istanbul-convention
In Media	2025	Job Fair 2025 (ULusófona - CUL)	Workshops and networking with companies, with the aim of preparing	SDG 8	https://www.ulusofona.pt/en/event/job-fair-2025-lisbon

			students for the job market		
Training Actions and Workshops	2025	FilmEU is present at the Meeting on Alliances between European Universities	Lusófona University strengthens collaborations in European higher education	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/filmeu-makes-its-mark-at-the-meeting-on-alliances-between-european-universities
Training Actions and Workshops	2025	Erasmus Welcome Session 2024/25 Welcomes New Students to ULusófona	Event presented academic services, student support and essential tips for the integration of Erasmus students at the university and in the city of Porto	SDG 4	https://www.ulusofona.pt/en/news/erasmus-202425-welcome-session-receives-new-students-at-lusofona-university
In Media	2025	III Psychogerontology Meeting Discusses Solutions for Active Aging	Experts debate innovation and collaboration to improve the quality of life in old age, promoting more active and inclusive ageing	SDG 3, SDG 4, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/iii-meeting-of-psychogerontology-discusses-solutions-for-active-ageing
In Media	2025	ULusófona Integrates Bodies from 2 Competitiveness Clusters with National Impact	The decision was made official through Order No. 2784/2025, issued by the Secretary of State for the Economy and published on 28.02.2025	SDG 4, SDG 8, SDG 9, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-joins-the-newly-approved-cultural-and-creative-industries-cluster
In Media	2025	"Mickey 17" Film Screenings	Bong Joon Ho's provocative look at society, empathy and the future of humanity	SDG 9, SDG 10, SDG 12, SDG 16	https://www.ulusofona.pt/en/event/screening-sessions-for-the-film-mickey-17

Sustainability Events	2025	Good Practices in the Management and Organisation of Walking and Running Events	Essential Strategies for Success in Organising Sports Events	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/en/event/best-practices-in-the-management-and-organization-of-sports-events
Participation in International Projects	2025	EP3 - Let's SPIC About... Nutrition: Body and Mind in Balance	A conversation about healthy eating and its impacts on physical and psychological health with experts and students from ULusófono	SDG 3, SDG 4, SDG 12	https://www.ulusofona.pt/en/podcasts/ep3-lets-spic-about-nutrition-body-and-mind-in-balance
In Media	2025	Creating Opportunities between the Academic World and the Biochemistry Sector	A workshop will take place to identify the needs and gaps in the industrial world and how the academic world can help to meet them	SDG 3, SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/a/building-bridges-creating-academia-industry-opportunities-in-biochemistry
Sustainability Events	2025	International Women's Day	On March 8th, we celebrate women's victories and remember that the fight for equality, respect and rights must continue every day	SDG 5, SDG 10	https://www.ulusofona.pt/en/noisi/international-womens-day
In Media	2025	Other Delli Week 16: PAPERWORK	Workshops, debates and creation challenge Design students to explore paper, rethink its impact and promote more sustainable practices	SDG 4, SDG 8, SDG 9, SDG 11, SDG 12	https://www.ulusofona.pt/a/other-delli-week-16-paperwork
Training Actions and Workshops	2025	Technical Advice and	Sharing Knowledge and Good Practices in	SDG 1, SDG 3,	https://www.ulusofona.pt/en/event/technical-

		Residential Reception	Residential Care and Technical Assistance	SDG 10, SDG 16	assistance-and-residential-care
In Media	2025	Congress Debates Domestic Violence and Istanbul Convention	Experts met at Lusófona to discuss legal, social and psychological challenges in preventing and combating domestic violence	SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/congress-debates-domestic-violence-and-the-istanbul-convention
Training Actions and Workshops	2025	Bergolis Project: Virtual Reality at the Service of Phobia Therapy	With virtual reality and biofeedback, Bergolis helps you face phobias safely, with therapeutic support and scientific validation	SDG 3, SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/conversations-about/bergolis-project-virtual-reality-in-the-service-of-phobia-therapy
Training Actions and Workshops	2025	Reflections on the Peace Process in Colombia	LusoGlobe event brings together experts to debate security, sustainability and the international role in building peace	SDG 5, SDG 13, SDG 16	https://www.ulusofona.pt/en/news/reflections-on-the-peace-process-in-colombia
In Media	2025	The History and Memory of March 11, 1975	Academic Debate About a Milestone in the Portuguese Revolution	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/the-history-and-memory-of-11-march-1975
Training Actions and Workshops	2025	Conversation with Catarina Dias: Art and Trajectory	Discover the artist's international career, from her beginnings in London to her exhibitions and scenographic collaborations in Lisbon	SDG 3, SDG 4, SDG 9	https://www.ulusofona.pt/en/event/conversation-with-catarina-dias-art-and-trajectory
Sustainability Events	2025	"From Study to Podium" - New Season of the	Podcast presents reports from student-athletes who combine training, competitions	SDG 3, SDG 4, SDG 5,	https://www.ulusofona.pt/en/podcasts/from-study-to-the-podium-

		ULusófona Podcast	and studies, highlighting discipline, resilience and institutional support	SDG 10, SDG 17	new-season-of-the-ulusofona-podcast
In Media	2025	Is VAT an Unfair Tax?	Reflection on the Implementation of a Progressive VAT in Portugal	SDG 8, SDG 10	https://www.ulusofona.pt/en/event/is-vat-an-unfair-tax
Sustainability Events	2025	Mariana Vieira Communication Sciences	"The course ends up preparing us for various scenarios and giving us the necessary experience. We built a lot of foundations here"	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/testimonials/mariana-vieira-communication-sciences
In Media	2025	Datacenters, Energy and the Potential of Portugal - LES Digital	In this exclusive webinar, Afonso Salema explores green energy, innovation and regulation driving data centres and the digital future in Portugal	SDG 7, SDG 9	https://www.ulusofona.pt/en/event/webinar-data-centres-energy-and-the-potential-of-portugal-les-digital
In Media	2025	EP77 - Success vs Determination, Balancing Studies and Football w/ Pedro Seguro	Pedro Seguro reveals how he combined football and studies at ULusófona, overcoming challenges. Inspiration for those who want to shine in both areas	SDG 3, SDG 4, SDG 13	https://www.ulusofona.pt/a/ep77-sucesso-vs-determinacao-equilibrar-estudos-e-futebol-c-pedro-seguro
In Media	2025	Psychopathology in Deviant Behaviour and Violence(s)	Open class on the relationship between psychopathology, deviant behaviour and violence, within the scope of the Master's Degree in Social Work and Social Policy	SDG 3, SDG 16	https://www.ulusofona.pt/en/event/psychopathology-in-deviant-behavior-and-violences

In Media	2025	Research in Postgraduate Training: Master's Degree Paths in Social Work	Reflections and Contributions of Research for the Construction of Knowledge in the Context of Social Organisations	SDG 4	https://www.ulusofona.pt/en/event/research-in-postgraduate-training-paths-of-a-masters-degree-in-social-work
Sustainability Events	2025	ULusófona hosts Luís Buchinho's 35th birthday celebration with fashion show	Luís Buchinho, designer and professor at ULusófona, celebrates with a parade followed by an exhibition of work created by students on the course.	SDG 4, SDG 9	https://www.ulusofona.pt/a/ulusofona-recebe-celebracao-de-35-anos-de-luis-buchinho-com-desfile-de-moda
Training Actions and Workshops	2025	TecWeb 2025 – The Future is Now	19th Edition of the Lusófona University Annual Innovation and Technology Event	SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/tecweb-2025-the-future-is-now
In Media	2025	Social Service Week 2025: Strengthening Intergenerational Solidarity	A Reflection on the Role of Social Work in Building Stronger and More Inclusive Societies	SDG 1, SDG 3, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/social-work-week-2025-strengthening-intergenerational-solidarity
Sustainability Events	2025	Clinical Assistant for the Veterinary Hospital	Ref. 20250314/001 - ULusófona is recruiting a Clinical Assistant for the Veterinary Hospital	SDG 4, SDG 8, SDG 9, SDG 10	https://www.ulusofona.pt/en/_open-positions/-clinical-assistant-for-the-veterinary-hospital
Participation in International Projects	2025	12th Communication, Arts and Technologies Week	Week dedicated to Communication Sciences with Workshops, Conferences and Workshops	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/12th-communication-arts-and-technology-week

In Media	2025	Faculty of Veterinary Medicine presides over the new IAFP Affiliate Association	New affiliation with the International Association for Food Protection strengthens research and innovation in food safety in Portugal	SDG 3, SDG 17	https://www.ulusofona.pt/en/news/faculty-of-veterinary-medicine-chairs-new-iafp-affiliate-association
In Media	2025	Short films from ULusófona on Canal Q	Short films from the Degree in Cinema and Media Arts arrive on Canal Q with the screening of award-winning films, including Punkada and Filhas da Pátria	SDG 17	https://www.ulusofona.pt/en/news/cinema-bachelors-degree-shorts-on-canal-q
In Media	2025	Conference Debated VAT Justice in the Portuguese Tax System	Experts analysed the implementation of a progressive VAT and its economic and social implications	SDG 8, SDG 10	https://www.ulusofona.pt/en/news/conference-debated-the-fairness-of-vat-in-the-portuguese-tax-system
In Media	2025	Debate Session on the Historical Impact of March 11, 1975	Event brought together experts to discuss the memory and consequences of the date in Portuguese democracy	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/session-debates-the-historical-impact-of-11-march-1975
In Media	2025	Sam The Kid: A Journey through the History and Culture of National Hip Hop	A celebration of Portuguese hip hop with Sam The Kid, the master of rhymes and beats, in a unique event that covers his iconic musical trajectory	SDG 8, SDG 10, SDG 11	https://www.ulusofona.pt/en/event/sam-the-kid-a-journey-through-the-history-and-culture-of-national-hip-hop
Sustainability Events	2025	Change Management in Remote Work Environments	Effective strategies for leading remote teams and ensuring a successful transition	SDG 9	https://www.ulusofona.pt/en/event/change-management-in-remote-working-environments

In Media	2025	Swami Jyothirmayah: Benefits of Meditation on Mental Health and Global Well-Being	Meditation as a key to reducing stress, boosting creativity and promoting well-being, emotional balance and a full life in harmony	SDG 3, SDG 4, SDG 11, SDG 13	https://www.ulusofona.pt/en/interviews/swami-jyothirmayah-the-benefits-of-meditation-for-mental-health-and-well-being
Sustainability Events	2025	Joshua Decter: "Art as contradiction"	Joshua Decter, critic and curator, challenges art and curation, exploring its social and cultural impact at Great Artist on Campus	SDG 4, SDG 9, SDG 11	https://www.ulusofona.pt/en/event/joshua-decter-art-as-contradiction
In Media	2025	FilmEU Talks - Experts on Air with Wouter Jansen	FilmEU Talks - Experts on Air with Wouter Jansen	SDG 9	https://www.ulusofona.pt/en/event/filmeu-talks-experts-on-air-com-wouter-jansen
In Media	2025	Presentation of the 7th edition of Revista 1820 took place at Palácio da Bolsa	The Event highlighted themes of Political Science and geopolitics, with a conference by Admiral Gouveia e Melo	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/7th-edition-of-the-1820-journal-presented-at-the-palacio-da-bolsa
Training Actions and Workshops	2025	Single Rate VAT: A Measure to Support Low-Income Families	The importance of fiscal policies in reducing inequalities and strengthening the economy	SDG 1, SDG 8, SDG 10	https://www.ulusofona.pt/a/iva-a-taxa-unica-uma-medida-para-apoiar-familias-de-baixo-rendimento
Sustainability Events	2025	Borba Tex Project: Textile Innovation and Sustainability in the Fashion Industry	The impact of textile innovation on local economic development and the promotion of more sustainable fashion	SDG 8, SDG 9, SDG 12	https://www.ulusofona.pt/a/projeto-borba-tex-inovacao-textil-e-sustentabilidade-na-industria-da-moda
In Media	2025	The American dream: expansionism and	Trump's Expansionism and Claims to Global Sovereignty	SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/a/o-sonho-americano-

		international law			expansionismo-e-direito-internacional
Sustainability Events	2025	Benefits of Sport for Studies	Discover how sport boosts concentration, memory and time management, making you more efficient in your studies and in life	SDG 3, SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/noisi/the-benefits-of-sports-for-studies
Training Actions and Workshops	2025	Job Fair 2025 (ULusófona - CUP)	Workshops and networking with companies, with the aim of preparing students for the job market	SDG 8	https://www.ulusofona.pt/en/event/job-fair-2025-ulusofona-cup
In Media	2025	Featured Courses this Semester in the Erasmus Mundus AISS Masters	Innovative Training at ULusófona: Artificial Intelligence and Sustainability in Focus	SDG 4	https://www.ulusofona.pt/en/news/featured-courses-this-semester-in-the-erasmus-mundus-masters-aiss
In Media	2025	Academic Visit to Galeria Mata 33	Exploration of urban art and skate culture at Galeria Mata 33, expanding students' aesthetic and creative vision	SDG 4, SDG 10, SDG 12, SDG 15, SDG 17	https://www.ulusofona.pt/en/event/academic-visit-to-galeria-mata-33
In Media	2025	Job Fair Brings ULusófona Students Closer to the Job Market	The 3rd edition of the event brought together national and international companies, offering workshops and internship and employment opportunities to students	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/job-fair-brings-ulusofona-students-closer-to-the-labour-market
In Media	2025	ULusófona Integrates Governing	Manuel José Damásio, Executive Administrator of	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-joins-us-university-

		Council for Partnerships with US Universities	ULusófona, will be representative of APESP - Portuguese Association of Private Higher Education on the Board		partnership-governance-council
In Media	2025	Critical Thinking Day 2025	A journey of reflection, questioning and innovative solutions at Lusófona University	SDG 4, SDG 9, SDG 16	https://www.ulusofona.pt/en/event/critical-thinking-day-2025
Sustainability Events	2025	Congress on Intellectual Property	Challenges and Trends in the Protection of Intellectual Rights in a Global Market	SDG 4	https://www.ulusofona.pt/en/event/intellectual-property-congress
In Media	2025	EP78 - The Journey in Judo, Studies and Resilience w/ Ruben Gonçalves	Ruben Gonçalves shares his story of overcoming, combining studies, training and achievements in Paralympic judo and the National Team	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/podcasts/ep78-the-journey-in-judo-studies-and-resilience-w-ruben-goncalves
In Media	2025	Luís Buchinho: 35 Years of Fashion	Celebration of the designer and professor's trajectory, through a fashion show and an academic exhibition, highlighting his impact on Fashion and Education	SDG 4, SDG 5, SDG 9	https://www.ulusofona.pt/en/event/luis-buchinho-35-years-of-fashion
Participation in International Projects	2025	Physical Education and Sports Week - Game On 2025	A Week Dedicated to Sport, Physical Activity and Inclusion at ULusófona	SDG 3, SDG 4, SDG 10	https://www.ulusofona.pt/en/event/physical-education-and-sports-week-game-on-2025
Training Actions and Workshops	2025	Other Delli Week Challenges Future	Lectures, workshops and debates marked a week of reflection, experimentation and	SDG 4, SDG 9,	https://www.ulusofona.pt/en/news/other-delli-week-invites-future-

		Designers to Reinvent the Relationship with Paper	sustainability in communication design	SDG 11, SDG 12	designers-to-reinvent-their-bond-with-paper
Training Actions and Workshops	2025	Customer Service Assistant	Ref.ª20250320/001 - ULusófona is recruiting a customer service assistant to join the team	SDG 4, SDG 5, SDG 8, SDG 10, SDG 12	https://www.ulusofona.pt/en/_open-positions/customer-service-assistant-
In Media	2025	ULusófona Students Organise Solidarity Walk with the Food Bank	Solidarity walk will take place on May 11th, organised by Physical Education and Sports students, with registration via food donation	SDG 2, SDG 3, SDG 4, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-students-organise-solidarity-walk-with-food-bank
In Media	2025	Social Work: The Paths and Importance of Research	Methodologies and studies that illustrate the relationship between academic research and professional practices in the area of management of social organisations.	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/social-work-the-paths-and-importance-of-research
In Media	2025	YouNDigital Project: Young People, News and Digital Citizenship	Study investigates how young people consume news, exploring diversity, gender and news avoidance, with questionnaires, interviews and training actions	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/conversations-about/young-digital-project-young-people-news-and-digital-citizenship
In Media	2025	Celebration of World Social Service Day	Reflection and debate on the role of Social Work in strengthening intergenerational solidarity for more	SDG 1, SDG 3, SDG 10	https://www.ulusofona.pt/en/event/celebration-of-world-social-work-day

			inclusive and resilient societies		
Training Actions and Workshops	2025	Professor Catherine Maia cited by the International Court of Justice	International recognition of the impact of Professor Catherine Maia's contributions to International Law	SDG 16	https://www.ulusofona.pt/en/news/professor-doctor-catherine-maia-cited-by-the-international-court-of-justice
Sustainability Events	2025	Sam The Kid Talks Career, Hip-hop and Musical Creation on the Skynet Cycle	The Portuguese rapper shared experiences, answered questions and recalled memorable moments	SDG 4, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/news/sam-the-kid-talks-about-his-career-hip-hop-and-music-creation-
Training Actions and Workshops	2025	Conversation with artist Francisca Carvalho	The visual artist, with national and international recognition, explores symbolism in the visual arts through collages, drawings and textiles	SDG 3, SDG 4, SDG 5, SDG 9	https://www.ulusofona.pt/en/event/a-chat-with-artist-francisca-carvalho
In Media	2025	Europe and Latin America: A Necessary Convergence for the Future	Presentation of the book coordinated by Álvaro Vasconcelos in an open class at ULusófona, exploring challenges and opportunities of the transatlantic partnership	SDG 16	https://www.ulusofona.pt/en/event/europe-and-latin-america-a-necessary-convergence-for-the-future
In Media	2025	LinkedIn: Content Marketing is King – How to Convert a Lead into a Customer?	Discover the best strategies for turning leads into customers with Pedro Orosa, specialist in LinkedIn Marketing Solutions	SDG 8, SDG 9	https://www.ulusofona.pt/en/event/linkedin-content-marketing-is-king-how-to-convert-a-lead-into-a-customer

Sustainability Events	2025	YouNDigital Project Reveals Young People's Negative Perceptions of the News	ULusófona initiative shows that young people consider journalistic information biased, boring and not very relevant to their daily lives	SDG 4, SDG 16	https://www.ulusofona.pt/a/projeto-youndigital-revela-percecoes-negativas-dos-jovens-sobre-as-noticias
In Media	2025	Coordination of European Project Strengthens Impact on Literacy and Digital Inclusion	YouNDigital initiative, in partnership with ULusófona highlights academic contribution to promoting digital skills and social inclusion	SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/a/coordenacao-de-projeto-europeu-reforca-impacto-na-literacia-e-inclusao-digital
In Media	2025	Young People Prefer Social Media and Influencers to Traditional Media	YouNDigital project from CICANT (Lusófona University) analyses information habits and highlights the role of networks and schools	SDG 4, SDG 16	https://www.ulusofona.pt/a/jovens-preferem-redes-sociais-e-influenciadores-a-meios-tradicionais
In Media	2025	YouNDigital Project Strengthens Education and Digital Literacy among Young People	Innovative initiative coordinated by a ULusófona researcher highlights training in digital citizenship, journalistic ethics and the impact of algorithms	SDG 4, SDG 9, SDG 16	https://www.ulusofona.pt/a/projeto-youndigital-reforca-educacao-e-literacia-digital-entre-jovens
In Media	2025	1st Educational Sciences Conference – Social Education	Internships in Social Education: The Role of Institutions in Training the Future Social Educator	SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/education-science-days-social-education
Training Actions and Workshops	2025	Final Conference YouNDigital Project	Reflections and Challenges at the Intersection between Young People, News	SDG 4	https://www.ulusofona.pt/en/event/final-conference-youndigital-project

			and Digital Citizenship with National and International Researchers and Experts		
Sustainability Events	2025	V Seminar on Juvenile Delinquency - Education in the Context of Juvenile Justice	Debate on juvenile justice, education and social reintegration of young people, with experts in criminology, psychology and public policies	SDG 16	https://www.ulusofona.pt/en/event/v-seminar-on-juvenile-delinquency-education-in-the-context-of-juvenile-justice
In Media	2025	Young People Reject Traditional News and Prefer Youtubers and Social Networks	Study by CICANT, from ULusófona, reveals that young people find political news boring and seek information from digital influencers	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/jovens-rejeitam-noticias-tradicionais-e-preferem-youtubers-e-redes-sociais
Sustainability Events	2025	Young People in Portugal Prefer Youtubers and Social Networks to Political News	Study by CICANT, from ULusófona, reveals that young people see political news as "biased" and "boring"	SDG 4, SDG 9, SDG 16	https://www.ulusofona.pt/a/jovens-em-portugal-preferem-youtubers-e-redes-sociais-a-noticias-politicas
In Media	2025	Spring Window Competition: Creativity and Design in the Alvalade Neighbourhood	Final Year Students of the Degree in Communication Design at ULusófona Exhibit Works in Local Stores	SDG 4, SDG 15	https://www.ulusofona.pt/en/event/spring-window-display-competition-creativity-and-design-in-alvalade-district
In Media	2025	Joshua Decter Challenges Perceptions about Art and Curation at Lusófona University	Third edition of Great Artists on Campus promotes debate on the role of art as a social and political phenomenon	SDG 4, SDG 9, SDG 11	https://www.ulusofona.pt/en/news/joshua-decter-challenges-perceptions-of-art-and-curatorship-at-ulusofona

In Media	2025	Study Reveals How Young People Perceive Media Information in Portugal	Survey with the participation of a professor at Lusófona University shows that young people find the news biased and uninteresting	SDG 4, SDG 16	https://www.ulusofona.pt/a/estudo-revela-como-os-jovens-percepcionam-a-informacao-mediatica-em-portugal
In Media	2025	Young People Reject News and Prefer Social Networks as a Source of Information	Study of the YouNDigital project, developed by CICANT, reveals negative perceptions of young Portuguese people about traditional media	SDG 4, SDG 16	https://www.ulusofona.pt/a/jovens-rejeitam-noticias-e-preferem-redes-sociais-como-fonte-de-informacao
Training Actions and Workshops	2025	Study Reveals that Young People Find News Biased and Uninteresting	YouNDigital project, from Lusófona University, analyses how young Portuguese people perceive and consume media information	SDG 4, SDG 16	https://www.ulusofona.pt/a/estudo-revela-que-jovens-acham-noticias-tendenciosas-e-desinteressantes
Training Actions and Workshops	2025	Technical Workshops	Learn advanced customization techniques with Nuno Oliveira, Creative Director at NO23 Skateboards	SDG 3, SDG 4, SDG 10, SDG 12, SDG 17	https://www.ulusofona.pt/en/event/technical-workshops
Training Actions and Workshops	2025	Explore the European Citizens Action Service	Participatory Democracy and the European Citizens' Initiative	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/exploring-the-european-citizen-action-service
In Media	2025	National Study Reveals that Young Portuguese People Feel Away From the News	YouNDigital project, from CICANT (Lusófona University) identifies youth profiles and highlights the role of school and	SDG 4, SDG 16	https://www.ulusofona.pt/a/estudo-nacional-revela-que-jovens-portugueses-sentem-se-afastados-das-noticias

			family in media literacy		
Training Actions and Workshops	2025	Pedagogical Innovation: Approaches, Practices and Challenges	Colloquium on the impact of pedagogical innovation on educational practices and the professional development of lecturers	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/pedagogical-innovation-approaches-practices-and-challenges
In Media	2025	Young Portuguese Consider News Boring and Trust Influencers More	CICANT study analyses information habits and reveals preference for social networks and digital creators over traditional media	SDG 4, SDG 9, SDG 16	https://www.ulusofona.pt/a/jovens-portugueses-consideram-noticias-aborrecidas-e-confiam-mais-em-influencers
In Media	2025	Young People Criticise News and Highlight Networks as Main Information Source	Study by CICANT, by ULusófona, reveals young people's negative perceptions of the media and highlights the role of school and family in digital literacy	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/jovens-criticam-noticias-e-destacam-redes-como-principal-fonte-informativa
In Media	2025	Rita Crespo Cinema and Media Arts	"I feel that many of the people who studied at Lusófona end up having more ways out, because the course ends up being more comprehensive"	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/testimonials/rita-crespo-cinema-and-media-arts
In Media	2025	Young People in Portugal See News as Biased and Boring	Survey by CICANT's YouNDigital project identifies young people's perceptions of the media and highlights the role of school and family in digital citizenship	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/jovens-em-portugal-veem-noticias-como-tendenciosas-e-aborrecidas

In Media	2025	Data & Analytics - Making Data Actionable	Celfocus presents technological solutions to boost innovation through data analysis and management	SDG 9, SDG 12	https://www.ulusofona.pt/en/event/data-analytics-making-data-actionable
In Media	2025	Trajectories in Social Work: The Experience of Former Students	Open class with testimonies from former students about challenges and opportunities in Social Work and insertion in the job market	SDG 4, SDG 8	https://www.ulusofona.pt/en/event/trajectories-in-social-work-the-experience-of-former-students
In Media	2025	Ethics, Power and Technology in Social Work	Reflection on ethical and technological challenges in the practice of Social Work	SDG 1, SDG 3, SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/ethics-power-and-technology-in-social-work
In Media	2025	Lusófona University Marks Presence in Qualifica 2025	The institution stands out with an interactive stand and reinforces its commitment to specialised training, aligned with the job market	SDG 4, SDG 8, SDG 9	https://www.ulusofona.pt/en/news/lusofona-university-attends-qualifica-2025
In Media	2025	Supervision Practices in Initial Teacher Training	Training event for cooperating supervisors of the Masters in Visual Arts Teaching and IT Teaching at ULusófona	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/praticas-supervisivas-na-formacao-inicial-docente
Sustainability Events	2025	Gala 20 Years of Lusófona Voleibol	Event brings together students, athletes and officials to honour two decades of achievements in university sports	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/lusofona-volleyball-20th-anniversary-gala

In Media	2025	EP 79 - Dreams, Representing Portugal, Judo and Nutrition w/ Joana Crisóstomo	Athlete and teacher talks about her achievements in sport, the double journey of study and training, and female challenges in the sport	SDG 3, SDG 4, SDG 5	https://www.ulusofona.pt/en/podcasts/ep-79-dreams-representing-portugal-judo-and-nutrition-c-joana-crisostomo
In Media	2025	Young Portuguese and News Consumption: Trends and Challenges in the Digital Era	Study by the YouNDigital Project, developed by Lusófona University, reveals young people's perceptions and habits regarding journalistic information	SDG 4, SDG 9, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/a/jovens-portugueses-e-o-consumo-de-noticias-tendencias-e-desafios-na-era-digital
In Media	2025	Mariana Bento Wins Iberian Title in Short Track Pentathlon	Student from Lusófona University has 4291 points and is preparing to compete in Italy	SDG 3, SDG 4, SDG 5, SDG 17	https://www.ulusofona.pt/a/-mariana-bento-conquista-titulo-iberico-no-pentatlo-em-pista-curta-
Training Actions and Workshops	2025	ULusófona Hosts Digital Valley Ideation Program	Reflect the viability of business proposals for the video game industry	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-hosts-digital-valley-ideation-program
Sustainability Events	2025	Debate on Recent Developments in Intellectual Law in the European Union	Congress brings together experts to discuss challenges and innovations in protecting intellectual property in the digital environment	SDG 9, SDG 16	https://www.ulusofona.pt/en/news/debate-on-recent-developments-in-intellectual-property-law-in-the-european-union
In Media	2025	WHO Recommendations - Physical Activity and Sedentary Behaviour	The World Health Organisation gives you some advice to maintain your Physical and Mental Health	SDG 3, SDG 4, SDG 11	https://www.ulusofona.pt/a/recomendacoes-da-oms-atividade-fisica-e-comportamento-sedentario

Training Actions and Workshops	2025	Ghost Dance: Virtual Dance Partner	Lusófona University project explores human connection and digital innovation in dance	SDG 3, SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/a/ghost-dance-parceiro-de-danca-virtual
Training Actions and Workshops	2025	Creativity or Childishness in Politics?	ULusófona professor analyses the creativity of political speeches, questioning the ethics and effectiveness of strategies that shape the political landscape	SDG 4, SDG 16	https://www.ulusofona.pt/a/criatividade-ou-infantilidade-na-politica
In Media	2025	Humour in Times of Cholera, by Nuno Artur Silva	A satirical journey through the present, where politics, culture and comedy meet in the critical eye of one of the great names in humour in Portugal	SDG 4, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/humour-in-the-time-of-cholera-by-nuno-artur-silva
In Media	2025	Sandro Maximiliano: Lusófona University Surf Club	Boosting the formation, development and innovation of Surfing in Portugal	SDG 3, SDG 4, SDG 5, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/interviews/sandro-maximiliano-lusofona-university-surf-club
In Media	2025	ULusófona student wins Bronze at the University Swimming Nationals	João Barros shines in the 100 metre freestyle and takes the podium, reinforcing the university's commitment to sport and academic excellence	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/ulusofona-student-wins-bronze-at-university-swimming-nationals
In Media	2025	Parade Celebrates 35 years of Luís Buchinho's Career with	Lusófona University - CUP pays homage to the designer with an autumn/winter 2025-26 collection created by 27 Fashion Design	SDG 4, SDG 5, SDG 9	https://www.ulusofona.pt/en/news/fashion-show-celebrates-luis-buchinhos-career-with-student-creations

		Student Creations	and Production students		
In Media	2025	Foster Care: Children's Right to a Family	Open class reflects on the importance of family support in child protection	SDG 1, SDG 3, SDG 16	https://www.ulusofona.pt/en/event/foster-care-the-right-of-children-to-a-family
Training Actions and Workshops	2025	Cinema screening of the film "Banzo" by Margarida Cardoso	Cinema and History: "Banzo" directed by Margarida Cardoso on display at Lusófona University	SDG 9	https://www.ulusofona.pt/en/event/banzo-film-session-by-margarida-cardoso
In Media	2025	Ethics, Power and Technology in Debate in Social Work: Intervention Challenges	Experts and students reflected on the impacts of AI and the ethical dilemmas of professional practice at a meeting promoted by FCESE	SDG 1, SDG 3, SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/ethics-power-and-technology-debated-in-social-work-intervention-challenges
In Media	2025	Post-Colonial Relations Between Portugal and Angola (1975-76)	Open class on the diplomatic impact of Angolan independence	SDG 4	https://www.ulusofona.pt/en/event/post-colonial-relations-between-portugal-and-angola-1975-76
Training Actions and Workshops	2025	Social Policies and the Role of Social Work	Explore the role of social work in mental health, justice and child protection in open classes with experts	SDG 1, SDG 3, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/social-policies-and-the-role-of-social-work
Sustainability Events	2025	Érica Faleiro Rodrigues is part of the Diversity and Inclusion Working Group	Lusófona University Represented in the ELIA Diversity and Inclusion Working Group	SDG 4	https://www.ulusofona.pt/en/news/erica-faleiro-rodrigues-joins-elias-diversity-inclusion-working-group
In Media	2025	Job Fair 2025 Brings Students	The event brought together several	SDG 8	https://www.ulusofona.pt/en/news/job-fair-

		Closer to the Job Market	companies, providing internship, employment and professional development opportunities		2025-connects-students-with-the-job-market
Training Actions and Workshops	2025	Digital Animation Students Create Films about Astronomy	ULusófona students combine creativity and science by creating films for the Institute of Astrophysics and Space Sciences	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/digital-animation-students-create-films-about-astronomy
Participation in International Projects	2025	The Experience of Living Alone at University	Living alone at college is freedom and challenge: learn to manage time, studies, leisure and food for an enriching experience	SDG 3, SDG 4, SDG 11, SDG 12	https://www.ulusofona.pt/en/noisi/the-experience-of-living-alone-at-university
Training Actions and Workshops	2025	ULusófona arrived in space at dawn on March 31st	The launch of “The Fram2 mission” was a success and its mission includes “the SpaceXposome study” in collaboration with ULusófona	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-reached-space-in-the-early-hours-of-31-march
In Media	2025	Competitive Intelligence in the Business Market - LES Digital Breakfast	Discover with Jorge Silva Carvalho how critical data analysis can drive strategic decisions in your company	SDG 8, SDG 9	https://www.ulusofona.pt/en/event/competitive-intelligence-in-the-business-market-les-digital-breakfast
In Media	2025	EP80 - Paddle (SUP), Participate in the World Cup and Maintain Motivation w/ Tomás Lacerda	National SUP champion, shares his inspiring crossing between Porto Santo and Madeira and the challenge of combining sport and studies	SDG 3, SDG 4, SDG 5, SDG 8, SDG 10	https://www.ulusofona.pt/en/podcasts/ep80-paddle-sup-participating-in-the-world-cup-c-tomas-lacerda

In Media	2025	Cinema as a Space of Equality and Identity in Porto Femme 2024	Festival returns to Lusófona University with films, debates and events focused on invisibilities and empowerment through cinema	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/a/cinema-como-espaco-de-igualdade-e-identidade-no-porto-femme-2024
In Media	2025	University Day - Centro Universitário Porto (2025)	Tribute to academic and professional merit in a new phase of growth and unity	SDG 4	https://www.ulusofona.pt/en/event/university-day-university-centre-porto-2025
In Media	2025	3rd Luso-Brazilian Conference – A Constitutional Right of Religion?	Religious freedom and secularism of the State in debate at the Lusófona University	SDG 10, SDG 16	https://www.ulusofona.pt/en/event/3rd-luso-brazilian-conference-a-constitutional-right-to-religion
Training Actions and Workshops	2025	Cinema and Social Justice Featured at Porto Femme	Porto Femme Festival takes place in several spaces in Porto, including ULusófona, and gives visibility to marginalized female stories and voices	SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/a/cinema-e-justica-social-em-destaque-no-porto-femme
In Media	2025	Community Participation in Practice: Mobilising and Generating Change	Open Class on Community Intervention Strategies and the Role of Active Participation	SDG 1, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/community-participation-in-practice-mobilising-and-generating-change
In Media	2025	FEMglocal Final Conference	ULusófona gives feminism a stage, to reflect on the path taken, objectives achieved and everything that is to come	SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/femglocal-final-conference

Sustainability Events	2025	Psychology Days	Three days of conferences and presentations on Masters in Psychology, with the participation of employers, students and former students	SDG 3, SDG 4, SDG 5, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/psychology-days-ii
In Media	2025	Students Debate Participatory Democracy in the European Union	Session on 26 March explored the European Citizens' Initiative and encouraged young people to reflect on their role in building the EU	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/students-discuss-participatory-democracy-in-the-european-union
In Media	2025	Exhibition "European Pillar of Social Rights"	Interactive exhibition raises awareness among the academic community about the fundamental principles of social rights in the European Union	SDG 1, SDG 2, SDG 3, SDG 4, SDG 5, SDG 8, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/news/european-pillar-of-social-rights-exhibition
Training Actions and Workshops	2025	Social Service Week Celebrated Solidarity and Intergenerational Debate	From March 17th to 25th, Lusófona University was the stage for reflections on the role of Social Service and the importance of dialogue between generations	SDG 1, SDG 3, SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/social-work-week-celebrated-solidarity-and-intergenerational-dialogue
Participation in International Projects	2025	Lusófona University Hosts Porto Femme Festival Session	International festival shows at ULusófona - CUP documentary from the WOMENLIT Project, giving voice to writers from the Afro-	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/a/universidade-lusofona-acolhe-sessao-do-festival-porto-femme

			Portuguese-Brazilian Atlantic		
Training Actions and Workshops	2025	Lusófona University Critical Thinking Day 2025	CrithinkNet initiative brought together students and lecturers from various areas to debate and solve real challenges through critical and collaborative thinking	SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-critical-thinking-day-2025
Training Actions and Workshops	2025	Sexuality and Behaviours in Affective Relationships	Understand behaviours, promote healthy relationships and strengthen sexual identity	SDG 3, SDG 5	https://www.ulusofona.pt/en/event/sexuality-and-behaviour-in-affective-relationships
In Media	2025	Porto Femme Highlights Female Creation and Gives Voice to Invisible Stories	International festival includes premiere of documentary linked to the WOMENLIT project and sessions at Lusófona University - Centro Universitário Porto	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/a/porto-femme-destaca-criacao-feminina-e-da-voz-a-historias-invisibilizadas
In Media	2025	Pathfinder Validated by the Irish National Quality Assurance Agency	The Joint International BA in Film was validated by QQI through the European Approach for Quality Assurance of Joint Programs	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/pathfinder-validated-by-the-quality-and-qualifications-ireland
In Media	2025	Conversation with Uriel Orlow: Art, Memory and Political Ecologies	An artistic exploration of colonialism, ecology and social justice	SDG 1, SDG 10, SDG 11, SDG 15, SDG 16	https://www.ulusofona.pt/en/event/conversation-with-Uriel-orlow-art-memory-and-political-ecologies

Training Actions and Workshops	2025	iLOX Project: Innovative Inhibitors to Fight Breast Cancer	ULusófona project identifies innovative compounds with therapeutic potential to stop the advancement of breast cancer in more aggressive stages	SDG 3, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/conversations-about/ilox-project-develops-innovative-inhibitors-to-fight-breast-cancer
Community Sustainability Services	2025	Solidarity between Generations Marked the Celebration of Social Service	Conference highlighted good practices and reflected on the role of Social Services in society	SDG 1, SDG 3, SDG 10	https://www.ulusofona.pt/en/news/intergenerational-solidarity-marked-the-celebration-of-social-work
In Media	2025	The EU and Russia in the 21st Century: Partners or Adversaries?	Reflection on the relationship between the European Union and Russia in the 21st century, addressing challenges, opportunities and the impact of the war in Ukraine	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/the-eu-and-russia-in-the-21st-century-partners-or-adversaries
Training Actions and Workshops	2025	Porto Femme - International Film Festival: Film Screening	Porto Femme arrives at ULusófona - CUL, promoting inclusion and equality through cinema	SDG 5, SDG 10	https://www.ulusofona.pt/en/event/porto-femme-international-film-festival-film-screening
Training Actions and Workshops	2025	Altavilla Seminary – A Century Later	Celebration of 100 Years of the Work Judicial Psychology by Enrico Altavilla	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/altavilla-seminar-a-century-later
Training Actions and Workshops	2025	Father Manuel Antunes and New Literature in the Democratic Transition	A Reflection on Portuguese Identity in the Post-25th of April	SDG 16	https://www.ulusofona.pt/en/event/the-father-manuel-antunes-and-the-new-literature-in-the-democratic-transition

Training Actions and Workshops	2025	Final Conference YouNDigital Project	Event brought together national and international researchers to debate news consumption and young people's relationship with digital citizenship	SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/final-conference-youndigital-project
In Media	2025	Education and Juvenile Justice in Focus at the 5th Seminar on Juvenile Delinquency	Seminar highlighted the role of education in preventing juvenile recidivism and social inclusion	SDG 1, SDG 3, SDG 10	https://www.ulusofona.pt/en/news/education-and-juvenile-justice-at-the-5th-seminar-on-juvenile-delinquency
In Media	2025	Lusófona University is a Partner of the Future World Film Festival	The collaboration that unites innovation, technology and creativity in the world of cinema and media	SDG 9	https://www.ulusofona.pt/en/news/lusofona-university-is-a-partner-of-the-future-world-film-festival
Training Actions and Workshops	2025	Career Opportunities in Political Science and International Relations 2025	Learn from those who have already walked the professional path, learn about their stories and build a successful career	SDG 16	https://www.ulusofona.pt/en/event/career-opportunities-in-political-science-and-international-relations-2025
Sustainability Events	2025	Collaborative Action for Sustainability at Lusófona University	Aromatic Plantation and New Location of the Eco-Escolas FE Organic Garden	SDG 3, SDG 11, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/event/a-collaborative-action-for-sustainability-at-lusofona-university
In Media	2025	Behind the scenes at FilmEU Annual Challenge Production Week	International collaboration and creativity marked this week of audiovisual production	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/behind-the-scenes-of-the-filmeu-annual-challenge-production-week
In Media	2025	Education, Gender and Migration:	Open Class on the Contemporary Challenges of Female	SDG 4, SDG 5,	https://www.ulusofona.pt/en/event/education-gender-and-migration-

		Perspectives from Classical Sociological Theory	Migration and Social Inequalities	SDG 10, SDG 11	perspectives-from-classical-sociological-theory
In Media	2025	Vulnerability and Health	Reflections and challenges in access to health for vulnerable populations: policies, practices and paths to equity	SDG 1, SDG 3, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/vulnerability-and-health
In Media	2025	World Physical Activity Day - Don't Be Sedentary	An event to raise awareness among the academic community about the risks of a sedentary lifestyle and the benefits of physical activity	SDG 3, SDG 4, SDG 11	https://www.ulusofona.pt/en/event/dont-be-sedentary-world-physical-activity-day
In Media	2025	Great Artists on Campus: Françoise Vergès	ULusófono welcomes Françoise Vergès, activist and curator, for a reflection on art, decolonization and feminism	SDG 1, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/great-artists-on-campus-francoise-verges
In Media	2025	Luís Sénica Sports Training	"This is a house that opens paths, guides us, leaves us with expectations, allows us to be better"	SDG 3	https://www.ulusofona.pt/en/testimonials/luis-senica-sports-training
In Media	2025	ULusófono students are Finalists in the Tenerife Moda 2025 Competition	Students Constança Drago and Margarida Relva from the Masters in Fashion Design and Production, will compete for the prestigious award in June	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-students-are-finalists-in-the-tenerife-moda-2025-competition

In Media	2025	The Conversation Around Inter-Religious Dialogue	A Hindu, a Muslim, a Christian and a Jew together to discuss respect, diversity and cooperation	SDG 10, SDG 16	https://www.ulusofona.pt/en/event/a-conversation-around-interfaith-dialogue
In Media	2025	The Ice Cream Problem	Conference Cycle 24/25 - Technology, Business and Society with João Pires Cruz as speaker	SDG 4	https://www.ulusofona.pt/en/event/the-ice-cream-problem
In Media	2025	Workshop Promoted Debate on Sexuality and Affective Relationships at the University	ULusófona promotes emotional and sexual literacy among students, with practical dynamics and discussion of myths	SDG 3, SDG 5	https://www.ulusofona.pt/en/news/workshop-sparked-debate-on-sexuality-and-affective-relationships-
Training Actions and Workshops	2025	Lusófona University in Marie Skłodowska-Curie Actions Doctoral Network	European research network brings together excellent universities to explore new perspectives on decay and sustainability	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-in-a-marie-skodowska-curie-actions-doctoral-network
In Media	2025	YouNDigital is News: Results Published in the Media	The event received wide media coverage, highlighted in the editorial of the newspaper Público, reinforcing the scientific and social relevance of the investigation	SDG 4	https://www.ulusofona.pt/en/news/youndigital-is-news-results-published-in-the-media-
In Media	2025	Winter School 2025: A Practical Immersion in Cybersecurity	Lusófona University participates in practical laboratories, hackathons and realistic exercises, preparing for the	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/winter-school-2025-a-practical-immersion-in-cybersecurity

			challenges of the digital future		
In Media	2025	Future Social Educators Participate in the Public's Birthday Conference	Students reflect on the role of the Portuguese language and reinforce the connection between education and social communication	SDG 4	https://www.ulusofona.pt/en/news/future-social-educators-take-part-in-publicos-anniversary-conference
In Media	2025	University Nutrition Clinic in Operation on the ULusófona Campus	Clinical Nutrition consultations available to the academic community and the general public, with service on campus and at Clínica São João de Deus	SDG 3	https://www.ulusofona.pt/en/news/university-nutrition-clinic-in-operation-at-ulusofona-campus
In Media	2025	"Infamous Shipwrecks" Project Reunited Team in Portugal from March 20th to 22nd	"Infamous Shipwrecks" team defines next steps for the pilot project on shipwrecks of the past and future	SDG 4, SDG 13, SDG 14, SDG 17	https://www.ulusofona.pt/en/news/infamous-shipwrecks-project-team-meets-in-portugal-from-20-to-22-march
Training Actions and Workshops	2025	EP4 - Let's SPIC About... Exercise and Research w/ António Palmeira	A conversation about leadership in Sport and Promoting a Healthy Academic Environment with Professor António Palmeira	SDG 3, SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/podcasts/ep4-lets-spic-about-exercise-and-research-w-antonio-palmeira
In Media	2025	Bio-IDeaS Project Stands Out on V+TV Broadcast	ULusófona students present sustainable creations in the Bom Dia Alegria programme, demonstrating the application of	SDG 4	https://www.ulusofona.pt/a/projeto-bio-ideas-destaca-se-em-emissao-da-vtv

			biomaterials in the design of accessories		
Training Actions and Workshops	2025	ULusófona Conducts First External Assessment of Digital Manuals in the Azores	COFAC is leading the study involving lecturers, students, schools and families, with preliminary results expected by the end of the year	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/a/ulusofona-conduz-primeira-avaliacao-externa-aos-manuais-digitais-nos-acores
Training Actions and Workshops	2025	University Day - Lisbon University Centre (2025)	Tribute to academic and professional merit in a new phase of growth and unity	SDG 4	https://www.ulusofona.pt/en/event/university-day-centro-universitario-lisboa-2025
Training Actions and Workshops	2025	Study Reveals Adaptation of Doctoral Education to New Dynamics in Portugal	Research analyses how Doctoral Education in Portugal adapts to new frontiers of knowledge by promoting interdisciplinarity and collaboration	SDG 4	https://www.ulusofona.pt/en/news/study-reveals-adaptation-of-doctoral-education-to-new-dynamics-in-portugal
Sustainability Events	2025	Marta Paço: Surf Adapted Portuguese	The athlete shares her inspiring story in adapted surfing, the challenges of competing without seeing and the path to becoming four-time world champion	SDG 3, SDG 5, SDG 16	https://www.ulusofona.pt/en/interviews/marta-paco-portuguese-adaptive-surfing
Sustainability Events	2025	"Tourism in Transformation" - New Season of the ULusófona Podcast	Explore the future of Tourism in Portugal: Innovation, Sustainability and Education in analysis by experts from Lusófona University	SDG 4, SDG 8, SDG 9, SDG 11, SDG 12	https://www.ulusofona.pt/en/podcasts/tourism-in-transformation-new-season-of-the-ulusofona-podcast

In Media	2025	Foundation for Science and Technology Distinguishes Research from ULusófona	Nine ULusófona research units receive ratings of excellence in the national assessment of the Foundation for Science and Technology	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/foundation-for-science-and-technology-honours-ulusofona-research
In Media	2025	The History of the ULusófona Campus	Where soldiers and horses once paraded, today the future is being formed. Discover ULusófona, a space with history, teaching and innovation	SDG 4, SDG 9, SDG 11	https://www.ulusofona.pt/en/noisi/the-history-of-the-lusofona-university-campus
Sustainability Events	2025	Illumina Training: Artistic Research Methods - Archive, Memory, and Filmmaking	This workshop represents an opportunity to explore diverse cinematic practices	SDG 4	https://www.ulusofona.pt/en/event/illumina-training-artistic-research-methods-archive-memory-and-filmmaking
In Media	2025	EP81 - Tourism, Sustainability and Innovation w/ Artur Araújo	Episode addresses the intersection between tourism, sustainability and innovative practices for a greener future	SDG 4, SDG 8, SDG 12, SDG 13, SDG 15, SDG 17	https://www.ulusofona.pt/en/podcasts/ep81-tourism-sustainability-and-innovation-c-artur-araujo
In Media	2025	The Normalization of the Radical Right	Reflections on the social, cultural and political factors that explain the rise of the radical right and the challenge to democracy in the 21st century	SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/the-normalisation-of-the-radical-right

In Media	2025	Civil Engineering Week 2025	Academic Days with Technical Visits, Lectures and Laboratory Activities	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/civil-engineering-week-2025
Sustainability Events	2025	How can I adapt my CV to work in Portugal? (Ulusóphone - CUP)	Improve your CV and increase your opportunities in the job market in Portugal	SDG 8, SDG 10, SDG 11	https://www.ulusofona.pt/en/event/how-can-i-adapt-my-cv-to-work-in-portugal
Participation in International Projects	2025	What's Next - Electoral Communication	Professionals in the field of Political Communication reveal the behind-the-scenes of electoral communication	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/whats-next-electoral-communication
In Media	2025	Legislative Debate 2025	Two debates on Portugal's political future with party youth and list leaders	SDG 16	https://www.ulusofona.pt/en/event/legislative-debate-2025
Sustainability Events	2025	ULusófona Celebrated University Day with a Solemn Ceremony	The ceremony highlighted students, lecturers and employees, reaffirming the institution's values of unity and innovation	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-cup-celebrated-university-day-with-a-solemn-ceremony
Training Actions and Workshops	2025	Lusófona University Stands Out in Futurália with Strong Student Adhesion	Lusófona stand attracts great interest from secondary students and promotes direct dialogue about higher education courses and opportunities	SDG 4, SDG 10	https://www.ulusofona.pt/en/news/lusofona-university-stands-out-at-futuralia-with-strong-student-engagement
In Media	2025	2nd Meeting - Journey through the Memory of the 25th of April	Tourism students reinforce the importance of not forgetting the past and relive the places,	SDG 4, SDG 10	https://www.ulusofona.pt/en/event/2nd-meeting-25-april-memory-walk

			people and moments of 51 years ago		
Sustainability Events	2025	AI in Healthcare: Medical Diagnosis in Transformation	Webinar reveals how Artificial Intelligence is revolutionizing clinical practice and challenging the traditional role of healthcare professionals	SDG 3, SDG 4, SDG 9	https://www.ulusofona.pt/en/webinars/ai-in-healthcare-medical-diagnosis-in-transformation
Sustainability Events	2025	Technical Workshops and Use of POSCA Materials for Creation and Self-Expression	Students challenged to explore personalisation and creative expression techniques through the world of skateboarding	SDG 3, SDG 4, SDG 10, SDG 12, SDG 17	https://www.ulusofona.pt/en/news/technical-workshops-and-use-of-posca-materials-for-creation-and-self-expression
In Media	2025	DOCTUS II: Pathways of Contemporary Research - Call	International workshop brings together doctoral students and researchers in Bratislava to explore the paths of collective memory through archive cinema	SDG 4	https://www.ulusofona.pt/en/news/doctus-ii-pathways-of-contemporary-research-call
In Media	2025	Peninsular Northwest: Business Opportunities and Challenges in the Euroregion	Debate on business cooperation between the North of Portugal and Galicia, focusing on economic synergies and strategic collaboration networks	SDG 4, SDG 8, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/northwest-peninsula-business-opportunities-and-challenges-in-the-euroregion
In Media	2025	FilmEU Cineclub - Cinema Session "Cooking	A sensorial and historical journey through European cinema, in an international meeting	SDG 4	https://www.ulusofona.pt/en/event/filmeu-cineclub-film-screening-of-cooking-history-by-peter-kerekes

		History", by Peter Kerekes	between students and lecturers from ULusófona		
In Media	2025	World Physical Activity Day Celebrated with Action Open to the Academic Community	The initiative involved the academic community in practical activities, assessments and technological demonstrations to encourage healthy lifestyle habits	SDG 3, SDG 4, SDG 11	https://www.ulusofona.pt/en/news/world-physical-activity-day-celebrated-with-an-event-
In Media	2025	Legislative 2025: Scenarios, strategies and communication	Specialists in Political Science, Communication and Journalism, mobilise knowledge to anticipate the legislative elections on May 18	SDG 16	https://www.ulusofona.pt/en/event/legislative-elections-2025-scenarios-strategies-and-communication
In Media	2025	II Psychology Conferences: Practices and Applications	An immersion in the different areas of Psychology, with leading experts and researchers	SDG 4, SDG 8	https://www.ulusofona.pt/en/event/ii-psychology-conference-practices-and-applications
In Media	2025	Psychology Conferences Debate Emerging Challenges and Link Academia to the Market	Event highlights the relevance of Psychology in emerging contexts and promotes dialogue between students, alumni and employers	SDG 3, SDG 4, SDG 5, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/psychology-days-debate-emerging-challenges-and-link-academia-to-the-market
Participation in International Projects	2025	Great Artists on Campus: Dayana Lucas	Venezuelan artist based in Porto explores the transition from drawing to sculpture, combining art and design in cultural projects and exhibitions	SDG 4, SDG 5, SDG 9	https://www.ulusofona.pt/a/great-artists-on-campus-dayana-lucas

In Media	2025	Great Artists On Campus: Dayana Lucas Brings "Iluminada Perdição"	The artist presents her work in a session open to the public, within the scope of the "Great Artists on Campus" cycle, by ULusófona	SDG 4, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/great-artists-on-campus-dayana-lucas-brings-iluminada-perdicao
In Media	2025	FEMglocal Conference Highlights Feminist Struggles and Points Out Paths for the Future	Event brought together activists, researchers and the community to debate the past and contemporary challenges of feminism in Portugal	SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/femglocal-conference-highlights-feminist-struggles-and-points-the-way-to-future
In Media	2025	Altavilla Seminar – A Century of Contributions to Judicial Psychology	Lusófona University celebrates the 100th anniversary of the work "Judiciary Psychology", by Enrico Altavilla, highlighting its historical and current relevance	SDG 4	https://www.ulusofona.pt/en/news/altavilla-seminar-a-century-of-contributions-to-judicial-psychology
In Media	2025	Lusófona University Professor Rules Out Cyberattack After Digital Blackout	Rui Ribeiro, specialist in information systems, analyses the impact of the blackout on fixed internet networks, data centres and apps	SDG 4	https://www.ulusofona.pt/a/docente-da-universidade-lusofona-descarta-ciberataque-apos-apagao-digital
In Media	2025	Porto Femme 2025 Gives Stage to Feminine Revolutions in the Heart of Porto	International festival celebrated cinema made by women and non-binary people, with sessions at Lusófona University and various spaces in the city	SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/porto-femme-2025-gives-stage-to-womens-revolutions-in-the-heart-of-porto

In Media	2025	International Volleyball Congress with Daniele Santarelli in Matosinhos	ULusófona and the Portuguese Volleyball Federation promote an event from May 9th to 11th, with online transmission for international participants	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/a/congresso-internacional-de-voleibol-com-daniele-santarelli-em-matosinhos
Training Actions and Workshops	2025	Museums and Tourist Attractions in Porto	Several cultural and tourist spaces in Porto offer free entry to students, promoting access to culture and the city	SDG 16	https://www.ulusofona.pt/en/noisi/museums-and-tourist-attractions-in-porto
Sustainability Events	2025	Fabiana Lemos Psychology	"I always wanted a little more, and I think that at the Centre [of Psychology Students] I found that something more that I was looking for."	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/testimonials/fabiana-lemos-psychology-student-union-president
In Media	2025	Workshop within the Scope of the DIGcapabilities Project	An event dedicated to the discussion and research analysis of algorithmic vulnerabilities among young migrants, focusing on the family perspective	SDG 1, SDG 4, SDG 5, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/a/workshop-no-ambito-do-projeto-digcapabilities
Participation in International Projects	2025	Blackouts and Cyberattacks: Organisations Must Be Prepared for the Worst Scenario	Rui Ribeiro, professor at ULusófona, warns of the importance of contingency plans to ensure the continuity of operations in critical situations	SDG 4	https://www.ulusofona.pt/a/apagoes-e-ciberataques-organizacoes-tem-de-estar-preparadas-para-o-pior-cenario
In Media	2025	A Week of Innovation and Sharing	TecWeb 2025 brought together students and companies in	SDG 4, SDG 8,	https://www.ulusofona.pt/en/news/a-week-of-innovation-and-sharing-

		between the University and the Technological Industry	workshops and debates, bringing the academic community closer to the real demands of the technology sector	SDG 9, SDG 17	between-the-lusofona-and-technology-industry
Participation in International Projects	2025	University Day Celebrates Excellence and Outlines a Vision for the Future	Solemn celebration praises academic and professional merit, renewing commitment to innovation and the future of education	SDG 4	https://www.ulusofona.pt/en/news/university-day-celebrates-excellence-and-outlines-a-vision-for-the-future
In Media	2025	Lusófona University Student Called Up to Represent Portugal	Patrícia Fróis joins the National University Taekwondo Team heading to Germany	SDG 4	https://www.ulusofona.pt/en/news/university-student-invited-to-represent-portugal
Training Actions and Workshops	2025	EP5 - Let's SPIC About... Human Relations w/Rui Marques and Ana Beato	Reflection on the importance of human relationships in mental health, well-being and building a more cohesive, healthy and meaningful future	SDG 3, SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/podcasts/ep5-lets-spic-about-human-relations-w-rui-marques-and-ana-beat
Training Actions and Workshops	2025	2nd Aqua-Synapse Project Workshop at the GIMM Foundation in Lisbon	Workshop that brings together researchers to discuss scientific advances on the effects of water with low deuterium content on human health	SDG 3, SDG 17	https://www.ulusofona.pt/en/news/2nd-aqua-synapse-project-workshop-at-the-gimm-foundation-in-lisbon
Training Actions and Workshops	2025	GRH 2025 Journeys - Prepare for the Unlikely	Reflections and strategies for leading teams in a scenario of uncertainty, innovation and technological change	SDG 3, SDG 4, SDG 8, SDG 11, SDG 12, SDG 16	https://www.ulusofona.pt/en/event/preparing-for-the-unlikely

In Media	2025	Humanities and New Technologies	Experts gather at ULusófona to reflect on the role of the Humanities in an increasingly technological world	SDG 4	https://www.ulusofona.pt/en/event/humanities-and-new-technologies
Training Actions and Workshops	2025	Debate Brings Experts Together to Reflect on Social Fragility and Health	Professionals discuss challenges in intervening with vulnerable people, combining Law and Social Service in a humanized and effective approach	SDG 1, SDG 3, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/debate-brings-together-experts-to-reflect-on-social-fragility-and-health
Training Actions and Workshops	2025	6th International Teaching and Research Week	ECEO Brings Together 22 Professors from 19 International Universities in a Unique Knowledge Sharing Experience	SDG 4	https://www.ulusofona.pt/en/event/6th-international-teaching-and-research-week
In Media	2025	Civil Engineering Week 2025: Theory and Practice in Three Days of Activities	Between April 22nd and 24th, students participated in visits to construction sites, laboratory activities and specialised lectures	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/news/civil-engineering-week-2025-theory-and-practice-in-three-days-of-activities
In Media	2025	Blended Intensive Program 2025: Management and Prevention of Rural Fires	Students will have an immersive learning experience in Portugal	SDG 13	https://www.ulusofona.pt/en/event/blended-intensive-programme-wildfire-management-and-prevention
In Media	2025	Workshop Teaches How to Adapt Your CV to the Portuguese Job Market	Initiative promoted the professional inclusion of migrants with practical guidance to create effective CVs aligned	SDG 8, SDG 10, SDG 11	https://www.ulusofona.pt/en/news/workshop-teaches-how-to-adapt-your-cv-to-the-portuguese-labour-market

			with Portugal's requirements		
In Media	2025	d/IA 2025 - Artificial Intelligence, Knowledge and the University	Introduction to Artificial Intelligence Technologies from a teaching and learning perspective	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/artificial-intelligence-knowledge-and-the-university
In Media	2025	How can I adapt my CV to work in Portugal? (ULusóphone - CUL)	CLAIM and EVA Department event seeks to help highlight your professional experience to achieve new opportunities in Portugal	SDG 8, SDG 10, SDG 11	https://www.ulusofona.pt/en/event/how-can-i-adapt-my-cv-to-work-in-portugal
In Media	2025	Digitalization, Business and Sustainability	Experts come together to discuss the impact of artificial intelligence, digital currency and sustainable practices in the business world	SDG 4, SDG 8, SDG 11	https://www.ulusofona.pt/en/event/digitalisation-business-and-sustainability
In Media	2025	Creativity in Bloom: Spring Storefronts Bring Life to the Alvalade Neighbourhood	Communication Design final year students from ULusófono - CUL created artistic windows in two stores in the Alvalade neighbourhood	SDG 4, SDG 15	https://www.ulusofona.pt/en/news/creativity-in-bloom-spring-window-displays-bring-alvalade-to-life
Training Actions and Workshops	2025	Accounting Journey: New Times, New Challenges	Reflecting Accounting in the Present to Project the Professional Future	SDG 4, SDG 8	https://www.ulusofona.pt/en/event/accounting-conference-new-times-new-challenges
In Media	2025	Law School Open Day	Discover Law, Criminology and Homeland Security Studies courses in a day designed for	SDG 4	https://www.ulusofona.pt/en/event/law-school-open-day

			secondary school students		
Sustainability Events	2025	Political Communication Experts Discuss Electoral Strategies	Manuel Soares de Oliveira and Luís Martins shared political communication strategies and challenges with Strategic Communication students	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/political-communication-experts-discuss-electoral-strategies
In Media	2025	Lusófona University Integrates European Innovation Network EIT Manufacturing	Strategic partnership reinforces the university's commitment to innovation, digitalization and sustainability in European industry	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-joins-european-innovation-network-eit-manufacturing
In Media	2025	Lusófona University Marks Presence in Paris	Institution participates in strategic meeting on the future of European universities	SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-makes-its-mark-in-paris
In Media	2025	Emotional Exhaustion at Work Requires Structural and Humanized Responses	Expert warns of increased irritability in the workplace, reinforcing the importance of healthy organizational environments	SDG 3, SDG 5, SDG 8, SDG 10	https://www.ulusofona.pt/a/exaustao-emocional-no-trabalho-exige-respostas-estruturais-e-humanizadas
In Media	2025	ULusófona Presents Study on Growing Incidence of Workplace Harassment	Labpats investigation reveals worrying increase in cases and direct links to burnout and mental health in organisations	SDG 3, SDG 5, SDG 8, SDG 10	https://www.ulusofona.pt/a/ulusofona-apresenta-estudo-sobre-crescente-incidencia-de-assedio-laboral
Participation in	2025	Workplace Harassment in	Study by Labpats, to be presented at	SDG 3, SDG 5,	https://www.ulusofona.pt/a/assedio-laboral-

International Projects		Portugal Reaches Worrying Levels	Lusófona University, reveals increase in cases and direct links to burnout and workers' mental health	SDG 8, SDG 10	em-portugal-atinge-niveis-preocupantes
Community Sustainability Services	2025	Psychological Well-Being: Experts Defend Structural Measures in Companies	National study reinforces the importance of mental health departments, empathetic leadership and active prevention policies	SDG 3, SDG 5, SDG 8, SDG 16	https://www.ulusofona.pt/a/bem-estar-psicologico-especialistas-defendem-medidas-estruturais-nas-empresas
In Media	2025	Environmental Engineering Conferences - 1st Edition	"Lectures that inspire, actions that transform!", a meeting to reflect and act on the environmental challenges of the present and the future	SDG 9, SDG 13, SDG 17	https://www.ulusofona.pt/en/event/environmental-engineering-days-1st-edition
In Media	2025	Academic Student Association of the Lusófona University (ASSEAUL)	Electoral process for the bodies of the Lusófona University Student Association	SDG 4	https://www.ulusofona.pt/en/asseaul
In Media	2025	Europe's Tomorrow: Challenges and Projections	A reflection on the European Union, its geopolitical challenges and the future of European cooperation	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/europes-future-challenges-and-projections
Participation in International Projects	2025	Cycle of Legislative Debates at the Lusófona University Promotes	Young candidates and list leaders discussed structural themes and youth challenges in two days of democratic dialogue	SDG 16	https://www.ulusofona.pt/en/news/legislative-debate-series-at-ulusofona-cup-encourages-political-reflection

		Political Reflection			
Training Actions and Workshops	2025	Workplace Harassment on the Rise Alerts to Need for Intervention	Study presented at ULusófona reveals that more than 27% of workers have already been victims of harassment, reinforcing the urgency of internal policies	SDG 3, SDG 5, SDG 8, SDG 16	https://www.ulusofona.pt/a/assedio-laboral-em-crescente-alerta-para-necessidade-de-intervencao-
Sustainability Events	2025	“We Have to Convince Generation X to Deal Differently” with Workers	“Companies have to think about what they value in young people” if they want to retain them. And it's not just a question of teleworking, says Tânia Gaspar	SDG 5, SDG 8, SDG 10	https://www.ulusofona.pt/a/temos-de-convencer-a-geracao-x-a-lidar-de-forma-diferente-com-os-trabalhadores
In Media	2025	RUN Project: Naturalized Urban Rivers	Project promotes sustainable and participatory solutions to restore life and value to forgotten rivers in urban landscapes	SDG 4, SDG 6, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/conversations-about/run-project-naturalised-urban-rivers
Training Actions and Workshops	2025	International Volleyball Coaches Congress with Daniele Santarelli	Training credited with the intervention of Daniele Santarelli and debate on women's volleyball in Portugal	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/international-volleyball-coaches-congress
In Media	2025	Food Bank Solidarity Walk	Take part in the solidarity walk on May 11th in Porto	SDG 1, SDG 2, SDG 3, SDG 4, SDG 10, SDG 11,	https://www.ulusofona.pt/en

				SDG 16, SDG 17	
In Media	2025	War in Ukraine: Analysis of the Need for Ceasefire and Negotiations	José Filipe Pinto, researcher and teacher at ULusófona, highlights the importance of a ceasefire before negotiations in the Ukrainian crisis	SDG 16, SDG 17	https://www.ulusofona.pt/a/guerra-na-ucrania-analise-sobre-a-necessidade-de-cessar-fogo-e-negociacoes
Sustainability Events	2025	The Digital Footprint and the Challenges of Artificial Intelligence in Today's World	Rui Ribeiro, professor at ULusófona, addresses the risks of exposing personal data and the impact of artificial intelligence on everyday life	SDG 9, SDG 16	https://www.ulusofona.pt/a/a-pegada-digital-e-os-desafios-da-inteligencia-artificial-no-mundo-atual
In Media	2025	Right to Strike: When Freedom Requires Responsibility	Rui Ribeiro, professor at Lusófona Information Systems School, reflects in Observador on the limits and duties in exercising the right to strike	SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/a/direito-a-greve-quando-a-liberdade-exige-responsabilidade
Training Actions and Workshops	2025	Erasmus BIP: Military Tourism, Reenactment and Immersive Experiences	ULusófona hosts international week dedicated to the appreciation of European historical-military heritage through immersive and collaborative experiences	SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/event/erasmus-bip-military-tourism-re-enactment-and-immersive-experiences
In Media	2025	Young Summit	Workshop on Artificial Intelligence as a driver of entrepreneurship	SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/young-summit

In Media	2025	Sound Week 2025	A cycle of conferences and immersive experiences dedicated to the exploration of sound as an artistic, social and political matter	SDG 4, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/sound-week-25
In Media	2025	Uriel Orlow Talks about Art, Ecology and Colonialism at ULusófona	In the Great Artists on Campus cycle, the artist reflected on social justice and memory	SDG 4, SDG 10, SDG 13, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/uriel-orlow-talks-about-art-ecology-and-colonialism-at-ulusofona
Training Actions and Workshops	2025	Preservation and Restoration of Cinematic Heritage	The FilmMemory Masters invites Giovanna Fossati to give a masterclass	SDG 4	https://www.ulusofona.pt/en
In Media	2025	ULusófona Promotes Interactive Workshops for Future Academic Talents	Secondary school students explored academic areas in practical and inspiring sessions, getting to know the university reality up close	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-hosts-interactive-workshops-for-future-academic-talents
In Media	2025	Disinformation in Election Campaigns: A Growing Challenge	Sara Pina, professor at ULusófona, highlights the personalisation of disinformation in campaigns and the impact of personal data on political communication	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/desinformacao-nas-campanhas-eleitorais-um-desafio-crescente
Sustainability Events	2025	Politics Also Communicates	Launch of the Master in Political Communication	SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/event/politics-also-communicates
Training Actions and Workshops	2025	Legislative Campaign Marked by Misinformation about	Sara Pina, professor at Lusófona University, criticises false correlations between immigration and crime	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/campanha-legislativa-marcada-por

		Immigration and Polls	in current political discourse		desinformacao-sobre-imigracao-e-sondagens
Participation in International Projects	2025	Current Challenges in ETA and WWTP Management	Open class on technological and environmental challenges in the management of urban water resources	SDG 3, SDG 6, SDG 11	https://www.ulusofona.pt/en/event/current-challenges-in-water-treatment-and-sewage-treatment-management
Participation in International Projects	2025	Great Artists on Campus: Nuno Artur Silva	Portuguese author and producer shared experiences and reflections on contemporary humour	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/great-artists-on-campus-nuno-artur-silva
Sustainability Events	2025	Social Networks Pointed Out as Main Source of Misinformation in Legislatures	ULusófona lecturers warn about the role of social networks and artificial intelligence in the spread of fake news in 2025	SDG 4, SDG 9, SDG 16	https://www.ulusofona.pt/a/redes-sociais-apontadas-como-principal-fonte-de-desinformacao-nas-legislativas
Community Sustainability Services	2025	Misinformation Distinguishes Enough from Other Parties in the Elections	Researchers from Lusófona University address the impact of disinformation and social media on the current Portuguese political landscape	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/desinformacao-distingue-chega-de-outros-partidos-nas-eleicoes
In Media	2025	d/IA 2025 - Artificial Intelligence, Knowledge and the University	Introduction to Artificial Intelligence Technologies from a teaching and learning perspective	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/artificial-intelligence-knowledge-and-the-university-ii
In Media	2025	Francisca Carvalho at GAOC III: A Reflection on Art and Philosophy	The artist shared her creative journey, the fusion between philosophy and art, and the importance of preserving traditional techniques	SDG 4, SDG 5, SDG 9	https://www.ulusofona.pt/en/news/francisca-carvalho-at-gaoc-iii-a-reflection-on-art-and-philosophy

Sustainability Events	2025	Call for Staff Mobilities - FilmEU Collegium	Eight FilmEU institutions unite to promote professional exchange and international collaboration	SDG 4	https://www.ulusofona.pt/en/news/call-for-staff-mobilities-filmeu-collegium
Sustainability Events	2025	Activating Resources in Psychotherapy	Conference seeks to disseminate knowledge in the field of psychology	SDG 3, SDG 4	https://www.ulusofona.pt/en
In Media	2025	Chairman of the Order of Architects of Angola	A lecture with architect Vity Claude on architecture and urbanism in Angola where challenges and opportunities for the future are discussed	SDG 9	https://www.ulusofona.pt/en/event/president-of-the-angolan-order-of-architects
In Media	2025	Session on Outgoing Mobility for Students at Lusófona University	Opportunity to learn about international mobility programmes, hear testimonials from students and clarify doubts about studying abroad	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/session-on-outgoing-mobility-for-lusofona-university-students
In Media	2025	III International Congress on Healthy Learning and Work Environments	Health and Wellbeing in Learning and Working Environments: Exploring Challenges, Investigating Solutions and Sharing Good Practices	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/iii-international-congress-on-healthy-learning-and-working-environments
Sustainability Events	2025	City Brand: Communication, Marketing and Innovation in Urban Development	A reflection on the construction of city brands and territory brands, and the strategic role of marketing and	SDG 4, SDG 11	https://www.ulusofona.pt/en/event/city-brand-communication-marketing-and-innovation-in-urban-development

			communication in regional development		
Training Actions and Workshops	2025	Volunteer Fair: Involve to Transform	Event Promotes Civic Involvement and Social Impact in the Academic Community of ULusófono - CUP	SDG 1, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/volunteer-fair-engage-to-transform
Participation in International Projects	2025	ULusófono marked Europe Day with a debate on the future of the European Union	Conference brought together experts and students to reflect on European geopolitics and develop proposals in a practical policy paper workshop	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-marked-europe-day-with-debate-on-the-future-of-the-european-union
Training Actions and Workshops	2025	Humanities and New Technologies in Debate at Lusófono University	Conferences and round tables reflect on the future of human sciences in the digital age	SDG 4, SDG 9, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/humanities-and-new-technologies-in-debate-at-lusofona-university
Training Actions and Workshops	2025	MKTD Talks #1 - Digital marketing and business strategy	How digital marketing is transforming the way we think and do business	SDG 9	https://www.ulusofona.pt/en/event/mktd-talks-1-digital-marketing-and-business-strategy
Training Actions and Workshops	2025	European Institutions and the New World Order	Rethinking Europe's Role in a Changing World: Institutions, Strategies and Global Impact	SDG 3, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/the-european-institutions-and-the-new-world-order
In Media	2025	Robert J. Mical - Innovation and Legacy in the Videogame Universe	Ulusófono promoted an inspiring masterclass on the past, present and future of game development	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/robert-j-mical-innovation-and-legacy-in-the-video-game-universe

In Media	2025	Is Drinking Water During Meals Bad?	Discover what science says about the impact of water on digestion and dispel the most common myths	SDG 3	https://www.ulusofona.pt/en/noisi/noisi-is-drinking-water-during-meals-bad-for-you
Training Actions and Workshops	2025	ULusófona Psychology Conferences Highlight Emerging Themes in the Area	Experts discussed the impact of problematic internet use and new clinical approaches	SDG 3, SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-psychology-days-highlight-emerging-issues-in-the-field
Sustainability Events	2025	Regional Scrum Gathering 2025 – Lisbon	ULusófona hosts one of the most important events on Agility and Scrum	SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/scrum-2025-regional-meeting-lisbon
Sustainability Events	2025	Advanced Training: Discover ULusófona's Master's Degrees	Open Days dedicated to Master's Degrees: a week to ask questions, meet lecturers and find your academic future	SDG 4, SDG 8, SDG 9	https://www.ulusofona.pt/en/event/advanced-education-discover-ulusofonas-masters-programmes
In Media	2025	CresCine Goes To Cannes 2025	The challenges and opportunities of European cinema - Discover the initiatives promoted by the CresCine project, coordinated by ULusófona, in Cannes 2025	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/crescine-goes-to-cannes-2025
In Media	2025	Sustainable Construction and Environment	ULusófona Open Class - CUP brings together experts to discuss ecological practices in the construction and rehabilitation of buildings	SDG 3, SDG 6, SDG 7, SDG 11	https://www.ulusofona.pt/en/event/sustainable-construction-and-environment

Sustainability Events	2025	The Future of Payments: Are There Cards, Cell Phones or Telepathy?	Webinar brings together experts to discuss new trends and technologies that are transforming the way we pay	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/the-future-of-payments-cards-phones-or-telepathy
In Media	2025	LusoGlobe Mapping Global Challenges: Knowledge and Action in the Spotlight	Sharing Research and Interdisciplinary Reflection to Understand the Great Challenges of Our Time and Promote Paths of Sustainable Action	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/lusoglobe-mapping-global-challenges-knowledge-and-action-in-the-spotlight
Training Actions and Workshops	2025	EPIC WE Óbidos Hub Organises Pre Game Jam “Heritage Remixed”	A creative journey through the stories and myths of Óbidos at the start of the last Cultural Game Jam	SDG 4	https://www.ulusofona.pt/en/news/epic-we-obidos-hub-organises-heritage-remixed-pre-game-jam
In Media	2025	EP82 - Tourism, Education and Future w/ Isabel Marques	Episode addresses the role of tourism training in strengthening the sector and responding to the growing demand for qualified services	SDG 4	https://www.ulusofona.pt/en/podcasts/ep82-tourism-education-and-the-future-c-isabel-marques
Sustainability Events	2025	4th Electrical Engineering Workshop - 2EW 2025	Event brings together speakers from the areas of Electrical Engineering and Sustainable Energy Systems	SDG 7, SDG 11, SDG 13	https://www.ulusofona.pt/en/event/4th-electrical-engineering-workshop-2ew-2025
In Media	2025	XIX Children's Judo Tournament 2025 - Centennial	Enjoy a day full of judo competitions, activities for the whole family and a tribute to Master Kiyoshi	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/xix-childrens-judo-tournament-2025-centenary-of-master-kiyoshi-kobayashi

		Master Kiyoshi Kobayashi	Kobayashi, the figure who transformed judo		
In Media	2025	Film screening "The SAAL Operations"	A reflection on housing, politics and architecture after the 25th of April, with a round table moderated by Filipe Coutinho Quaresma	SDG 4	https://www.ulusofona.pt/en/event/saal-operations-film-screening
Training Actions and Workshops	2025	Great Artists on Campus: Françoise Vergès	French activist and curator was at Cinema Fernando Lopes for an inspiring conversation about art, politics and social justice	SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/great-artists-on-campus-francoise-verges
Training Actions and Workshops	2025	School Mediation Promotes Success and Reduces Dropout in Education	MedMSE Project, in partnership with Lusófona University, promotes civic coexistence, supports more than a thousand students in academic success and prevents dropout	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/a/mediacao-escolar-promove-sucesso-e-reduz-abandono-no-ensino
Training Actions and Workshops	2025	X Frankenstein Journalism Conference	Conference on what it's like to be a journalist in the contemporary world	SDG 4, SDG 5, SDG 9, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en
Training Actions and Workshops	2025	Young Summit: AI and Entrepreneurship in Debate at Lusófona University	Event brought together experts and students to explore how AI is transforming innovation, business and the future of work	SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/young-summit-ai-and-entrepreneurship-debated-at-ulusofona-cup

In Media	2025	Celebration of World Cultural Diversity Day	Workshop Promotes Intercultural Dialogue and the Inclusion of Migrants in Portuguese Society	SDG 16, SDG 17	https://www.ulusofona.pt/en/event/celebration-of-the-world-day-for-cultural-diversity
Sustainability Events	2025	CBIOS Integrated Member Award	Professor António Raposo won the Extraordinary Reviewer Award - Nutrients	SDG 4	https://www.ulusofona.pt/en/news/cbios-integrated-member-award
In Media	2025	World Fusion Lusófona Intercultural Fair - 2nd Edition	Celebration of cultural diversity promoted by Tourism students, with music, gastronomy and art from various countries	SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/event/world-fusion-lusofona-intercultural-fair-2nd-edition
In Media	2025	ULusófona becomes National University Men's Futsal Champion	4-3 triumph in Coimbra guarantees place at the European University Championship in Zagreb, where they will represent Portugal among the best in Europe	SDG 3	https://www.ulusofona.pt/en/news/national-university-mens-futsal-champions
Training Actions and Workshops	2025	Communication Week brings together experts at Ulusófona from March 17th to 21st	The event explored Journalism, Marketing, Arts and Digital Media, reflecting on challenges and innovations in communication in the digital era	SDG 4, SDG 9, SDG 16	https://www.ulusofona.pt/en/news/-communication-week-brings-together-experts-at-ulusofona-from-17-to-21-march
Training Actions and Workshops	2025	Water in Focus (ULusófona - CUP)	Discover the challenges of water treatment and the water footprint, essential to rethinking	SDG 6, SDG 12, SDG 13	https://www.ulusofona.pt/a/as-quartas-na-lusofona-a-agua-em-foco

			the use of this vital resource		
In Media	2025	On Wednesdays at Lusófona 2024/25	Lectures on various topics aimed at students at all levels of education and members of civil society	SDG 4, SDG 17	https://www.ulusofona.pt/a/-quartas-na-lusofona-2425
Training Actions and Workshops	2025	Democratic Participation in Everyday Society	A meeting to promote citizenship, intercultural dialogue and civic participation in everyday life	SDG 4, SDG 5, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/democratic-participation-in-everyday-society
Training Actions and Workshops	2025	Brain, Mind and Education	Interdisciplinary exploration of the cognitive bases of learning and presentation of the Master's in Cognitive Science and Education at Lusófona University	SDG 4	https://www.ulusofona.pt/en/event/brain-mind-and-education
Training Actions and Workshops	2025	Short Film by Ex-Student was Selected for IndieLisboa	Matilde César, director of the short film "Foi Com O Mar" - selected for one of the most prestigious independent cinema events in Portugal	SDG 4	https://www.ulusofona.pt/en/news/ex-alunas-short-film-selected-for-indielisboa
Sustainability Events	2025	Sleep Habits - Raise awareness to improve	The Psychology, Innovation and Knowledge Service at U Lusófona promotes awareness raising activities about healthy habits	SDG 3	https://www.ulusofona.pt/en/event/sleep-habits-raising-awareness-for-improvement
Sustainability Events	2025	Open Day at ULusófona: Students Explore Courses	Dynamic workshops in Biology, Tourism, International Relations	SDG 4, SDG 8, SDG 9,	https://www.ulusofona.pt/en/news/dia-aberto-na-ulusofona-estudantes-exploram-

		and Academic Environment	and Arts reveal career opportunities	SDG 10, SDG 17	cursos-e-ambiente-academico
In Media	2025	First Students Complete Their Master's Projects in Photography	Isabel and Beatriz are the first to complete the defence of their project, with a rating of excellence	SDG 4, SDG 5	https://www.ulusofona.pt/en/news/first-students-finish-their-masters-projects-in-photography
In Media	2025	Science in the 20th Century and the Second Vatican Council	Open online class on the role of the Second Vatican Council in dialogue with scientific progress in the 20th century	SDG 4	https://www.ulusofona.pt/en/event/science-in-the-20th-century-and-the-second-vatican-council
In Media	2025	Submarine Communications Strategy: Portugal at the Centre of the Global Network	Webinar highlights Portugal's strategic role in the digital infrastructures that support more than 95% of global data traffic	SDG 9, SDG 10, SDG 14, SDG 15, SDG 17	https://www.ulusofona.pt/en/event/submarine-communications-strategy-portugal-at-the-heart-of-the-global-network
Sustainability Events	2025	Feminism on Social Media	Webinar highlights the role of social media in feminist activism and the challenges of digital engagement	SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/webinars/feminism-on-social-media-with-sofia-caldeira
In Media	2025	Building Bridges: Academia-Industry Opportunities in Biochemistry	Workshop dedicated to promoting collaboration between Academia and Industry in the area of Biochemistry, focusing on innovation, training and strategic partnerships	SDG 3, SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/building-bridges-academia-industry-opportunities-in-biochemistry
Training Actions and Workshops	2025	The Futures of Education	An interview with the Director of the Institute of Education,	SDG 4	https://www.ulusofona.pt/en/event/the-future-of-education

			about the Futures of Education		
In Media	2025	Artificial Intelligence and Academic Writing	Debate around the use of Artificial Intelligence in academic writing processes	SDG 4	https://www.ulusofona.pt/en/event/artificial-intelligence-and-academic-writing
In Media	2025	Dance Show "Inside Out" - Dancing with Emotion	A show created by students, where dance becomes expression, surprise and celebration of emerging talent	SDG 3	https://www.ulusofona.pt/en/event/inside-out-dance-show-dancing-with-emotion
In Media	2025	Multiplex 2025 - Ildikó Enyedi at Great Artists on Campus	Special session with films from finalists of the Degree in Audiovisual Communication and Multimedia concludes the Great Artists on Campus cycle	SDG 4	https://www.ulusofona.pt/en/event/multiplex-2025-ildiko-enyedi-no-grandes-artistas-no-campus
In Media	2025	Professor at ULusófona Distinguished with International Title by ISSP	Sidónio Serpa is recognised as Eminent ISSP-R Practitioner for his impact on sport psychology	SDG 4	https://www.ulusofona.pt/en/news/sidonio-serpa-honoured-with-international-title-by-issp
In Media	2025	ULusófona Coordinates European Program on Rural Fire Prevention	European event brought together students from five countries for practical training in civil protection and forest fire management	SDG 4, SDG 13, SDG 15	https://www.ulusofona.pt/en/news/ulusofona-cup-coordinates-european-programme-on-rural-fire-prevention
In Media	2025	Workshop Facilitates Integration of Migrants into	Lusófona University initiative teaches how to adapt CV for	SDG 4, SDG 8, SDG 10,	https://www.ulusofona.pt/en/news/workshop-facilitates-migrants-

		the Portuguese Labour Market	opportunities in Portugal	SDG 16, SDG 17	integration-into-the-portuguese-job-market
Training Actions and Workshops	2025	Award for Best Dissertation of the EGI Master's Degree	Ceremony to distinguish the best dissertation of the Master in Industrial Engineering and Management, with the participation of Profitability Engineers	SDG 4, SDG 8, SDG 9, SDG 12	https://www.ulusofona.pt/en/event/award-for-the-best-dissertation-in-the-egi-masters-programme
In Media	2025	Intercultural Fair Celebrates Diversity with Music, Dance and Gastronomy	Organised by Tourism students, the 2nd edition promotes inclusion and cultural sharing among students from various countries on the Ulusófona campus	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/intercultural-fair-celebrates-diversity-with-music-dance-and-gastronomy
In Media	2025	Building More Sustainable and Inclusive Communities	A session that guarantees to cover topics such as education, training and socio-cultural animation	SDG 4	https://www.ulusofona.pt/en/event/building-more-sustainable-and-inclusive-communities
Sustainability Events	2025	New Academic Commentary Published in Social Sciences Magazine	Commentary on the role of struggles for equality in access to marriage in maintaining the supremacy associated with whiteness	SDG 5, SDG 16	https://www.ulusofona.pt/en/news/new-academic-commentary-published-in-revista-social-sciences
In Media	2025	Critical Analysis of Contemporary Journalism in Portugal	Article by Carla Cardoso, professor at U Lusófona, proposes reflection on the structural and ethical challenges of the journalistic profession today	SDG 4, SDG 16	https://www.ulusofona.pt/a/analise-critica-ao-jornalismo-contemporaneo-em-portugal

Training Actions and Workshops	2025	ULusófona Hosted Workshop on Algorithmic Vulnerabilities	International event debated the impacts of algorithms on the digital lives of young migrants, promoting interdisciplinary dialogue and scientific collaboration	SDG 1, SDG 4, SDG 5, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/lusofona-university-hosted-workshop-on-algorithmic-vulnerabilities
Sustainability Events	2025	Journey Highlights Strategic Triad - Digitalization, Business and Sustainability	Event debates sustainable practices and the impact of artificial intelligence and cryptocurrencies on the contemporary business landscape	SDG 4, SDG 8, SDG 9, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/-conference-highlights-digitalisation-business-and-sustainability
In Media	2025	Volleyball Congress Brings Daniele Santarelli Back to Portugal	Event in Matosinhos brought together experts and top coaches for a weekend of intense training and debate on women's volleyball	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/volleyball-congress-brings-daniele-santarelli-back-to-portugal
In Media	2025	A Window to Higher Education at the ULusófona Open Day	Future students learned about degrees and discovered new opportunities	SDG 4, SDG 5, SDG 8, SDG 9, SDG 10	https://www.ulusofona.pt/en/news/a-window-to-higher-education-at-ulusofona-open-day
In Media	2025	SPIC in Debate: Mental Health, Sexuality and Behaviours in Relationships	Reflection on student mental health and the learning space about sexuality and healthy relationships	SDG 3	https://www.ulusofona.pt/en/event/spic-in-debate-mental-health-sexuality-and-behaviours-in-relationships
In Media	2025	CresCine Launched Volume 2 of the State of European Film	New report delves into topics such as technological innovation, distribution, audiences and training in the	SDG 9	https://www.ulusofona.pt/en/news/crescine-launches-volume-2-of-the-state-of-european-film-in-small-markets-report

		in Small Markets Report	context of European cinematographic ecosystems		
In Media	2025	Nuno Canossa Communication Sciences	Student at ULusófona, author of Quem Semeia Segredos, Reap Desastres (2020), prepares a new thriller about human conflicts	SDG 4	https://www.ulusofona.pt/en/testimonials/nuno-canossa-communication-sciences
In Media	2025	XI Journeys New Paradigms of Civil Protection	Climate Threat and Prevention Challenges: Real Cases, Risks and Action Policies	SDG 11, SDG 13, SDG 17	https://www.ulusofona.pt/en/event/xi-conference-on-new-paradigms-in-civil-protection
In Media	2025	Congress Brings Together Volleyball Elite and Bets on the Future of the Sport in Portugal	Daniele Santarelli, European and world champion coach, was a speaker at the Volleyball Congress organised by ULusófona in partnership with FPV	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/a/congresso-reune-elite-do-voleibol-e-aposta-no-futuro-da-modalidade-em-portugal
In Media	2025	Vibe Coding: The End of the Wait for IT	The moment to hear the perspective of an expert in corporate innovation and AI strategies, on Vibe Coding	SDG 8, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/vibe-coding-the-end-of-waiting-for-it
In Media	2025	Between School and the Screen: Promoting a Healthy Digital Life	Experts meet in Gaia to discuss how to promote a healthy digital life among young people	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/between-school-and-the-screen-promoting-a-healthy-digital-life
In Media	2025	Open Day: Cinema as an academic path at Lusófona University	Secondary students explored the Degree in Cinema and Media Arts in a workshop with visits, projects	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/open-day-cinema-as-an-academic-pathway-at-lusofona-university

			and contact with higher education		
In Media	2025	ULusófona at the forefront of the debate on social networks in pre-adolescence	Teacher Teresa Castro is part of a European study that advocates dialogue instead of prohibitions in schools	SDG 4, SDG 17	https://www.ulusofona.pt/a/ulusofona-na-linha-da-frente-do-debate-sobre-redes-sociais-na-pre-adolescencia
In Media	2025	European study with ULusófona teacher proposes digital approach in schools	Teresa Castro defends the importance of involving parents, lecturers and students in the process	SDG 4, SDG 17	https://www.ulusofona.pt/a/estudo-europeu-com-docente-da-lusofona-propoe-nova-abordagem-digital-nas-escolas
In Media	2025	ULusófona researcher defends conscious use of social networks	Teresa Castro participates in a European project that analyses young people's relationship with digital	SDG 4, SDG 17	https://www.ulusofona.pt/a/investigadora-da-ulusofona-defende-uso-consciente-das-redes-sociais
In Media	2025	ULusófona represents Portugal in a European project on young people and social networks	Professor Teresa Castro criticises repressive measures and proposes collaborative digital education	SDG 4, SDG 17	https://www.ulusofona.pt/a/lusofona-representa-portugal-em-projeto-europeu-sobre-jovens-e-redes-sociais
Training Actions and Workshops	2025	ULusófona hosts conference on healthy digital life in pre-adolescence	European study with the participation of professor Teresa Castro defends intergenerational dialogue	SDG 4, SDG 17	https://www.ulusofona.pt/a/ulusofona-acolhe-conferencia-sobre-vida-digital-saudavel-na-pre-adolescencia
Training Actions and Workshops	2025	Digital Dialogue between Generations instead of	ULusófona researcher, Teresa Castro, defends inclusion and dialogue with young people about networks and	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/dialogo-digital-entre-geracoes-em-vez

		Banning the Use of Technology	mobile phones, within the scope of the European project ASAP		da-proibicao-do-uso-de-tecnologia
Training Actions and Workshops	2025	ULusófona integrates European project on social networks and pre-adolescence	Researchers recommend intergenerational dialogue instead of technological restrictions	SDG 4, SDG 17	https://www.ulusofona.pt/a/ulusofona-integra-projeto-europeu-sobre-redes-sociais-e-pre-adolescencia
Training Actions and Workshops	2025	Prohibiting Doesn't Solve: Investigation Defends Dialogue on the Use of Digital at School	Teresa Castro, professor at Lusófona University, argues that banning cell phones in schools takes away dialogue and hinders digital education for young people	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/proibir-nao-resolve-investigacao-defende-dialogo-sobre-uso-do-digital-na-escola
Sustainability Events	2025	"Heritage Remixed" - EPIC-WE's Fourth Game Jam in Óbidos	Nine video games created to reinvent the heritage of Óbidos through technology and creativity	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/heritage-remixed-epic-wes-fourth-game-jam-in-obidos
Participation in International Projects	2025	Borba Tex: Sustainable Innovation with ULusófona Signature Conquers Fashion	Pioneering project transforms vineyard waste into vegan paste for fashion and jewelry, with research led by professors from Lusófona University	SDG 9, SDG 12, SDG 17	https://www.ulusofona.pt/a/borba-tex-inovacao-sustentavel-com-assinatura-ulusofona-conquista-a-moda
Sustainability Events	2025	ULusófona professor talks about the healthy use of social networks by young people	Teresa Castro is part of an international project that refuses prohibitions and invests in education	SDG 4, SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-fala-sobre-o-uso-saudavel-das-redes-sociais-por-jovens
Sustainability Events	2025	European study with the participation of	Teresa Castro emphasises that parents and lecturers	SDG 4, SDG 17	https://www.ulusofona.pt/a/estudo-europeu-com-participacao-da-

		ULusófona challenges bans in schools	must talk to young people about technology		ulusofona-desafia-proibicoes-nas-escolas
Sustainability Events	2025	EP6 - Let's SPIC About... Bullying at University	Episode addresses the phenomenon of bullying in higher education, its impacts and intervention strategies in the academic context	SDG 3, SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/podcasts/ep6-lets-talk-about-bullying-at-university
Participation in International Projects	2025	Museums Go to ULusófona / ULusófona Goes to Museums	Presentation and promotion session of collaboration opportunities between Portuguese museums and ULusófona, with the launch of the CICANT Crea-Heritage Lab	SDG 4, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/museums-go-to-ulusofona-ulusofona-goes-to-the-museums
Training Actions and Workshops	2025	The Challenges of Social Work in Contemporary Society	A critical reflection on practices, obstacles and social responses in intervention in contemporary Social Work	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/the-challenges-of-social-work-in-contemporary-society
Training Actions and Workshops	2025	Solemn Delivery Session of Course Letters and Doctoral Letters (CUP)	Delivery of Course Letters and Doctoral Letters to Graduates in 2023/2024	SDG 4, SDG 5	https://www.ulusofona.pt/en/event/solemn-session-for-the-awarding-of-course-and-doctoral-licences
Training Actions and Workshops	2025	Solemn Delivery Session of Course Letters and Doctoral Letters (CUL)	Delivery of Course Letters and Doctoral Letters to Graduates in 2023/2024	SDG 4, SDG 15	https://www.ulusofona.pt/en/event/solemn-ceremony-for-the-award-of-course-and-doctoral-licences-cul
Sustainability Events	2025	Lusófona Volleyball	An unforgettable experience for young athletes aged 8 to 15	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/lusofona

		Summer Camp 2025			volleyball-summer-camp-2025
Sustainability Events	2025	WIRE Summit 2025 - Sofia (Bulgaria)	Explore, Create, Investigate: Four days in Sofia dedicated to artistic practice as a form of knowledge in the FilmEU alliance	SDG 9	https://www.ulusofona.pt/en/event/wire-summit-2025-sofia-bulgaria
In Media	2025	Visit of the Shanghai Tourism Board Shanghai Normal University	Meeting to sign a cooperation protocol with Shanghai Normal University, which aims to promote new opportunities in the tourism sector	SDG 4, SDG 8, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/visit-from-the-shanghai-tourism-institute-shanghai-normal-university
Training Actions and Workshops	2025	Meeting of Student Mentors of the Degree in Social Work	Sharing testimonies from students and mentors about the challenges and success strategies of their experiences	SDG 4	https://www.ulusofona.pt/en/event/meeting-of-student-mentors-of-the-degree-in-social-work
Training Actions and Workshops	2025	Conversations about Management Practices and Intervention in High Performance Teams	Open class brings together experts to discuss the challenges of talent management in a world in constant transformation	SDG 4	https://www.ulusofona.pt/en/event/conversations-on-management-and-intervention-practices-in-high-performance-teams
In Media	2025	FilmEU Summit 2025 - Sofia (Bulgaria)	Innovation, Community and Future: Four days of creative collaboration in Sofia with the FilmEU university alliance	SDG 9	https://www.ulusofona.pt/en/event/-filmeu-summit-2025-sofia-bulgaria
In Media	2025	EcoFlight: Drones &	A journey between technological	SDG 4, SDG 8	https://www.ulusofona.pt/en/event/ecoflight-

		Sustainable Business	innovation and strategic sustainability		drones-sustainable-business
Training Actions and Workshops	2025	3rd Creative Ideas Summit	Closing of the Academic Year with workshops and project presentations in the areas of Communication, Marketing and Social Development	SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/iii-creative-ideas-summit
In Media	2025	Bioplastics in Action: Innovation and Strategies for a Sustainable Future	Workshop brings together experts to discuss the development and commercialization of bioplastics	SDG 11, SDG 12	https://www.ulusofona.pt/en/event/bioplastics-in-action-innovation-and-strategies-for-a-sustainable-future
In Media	2025	Illiberalism: Paths of Investigation	Critical reflections on reactionary feminism, the MAGA movement and the ideological transformations of the global world	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/illiberalism-identity-and-contemporary-politics-post-liberal-challenges
In Media	2025	Launch of the Collection "The Revolutions of the Revolution"	A year of reflections and sharing on the 50th anniversary of the 25th of April: testimonies, data and analyses on the transformation of Portugal	SDG 4, SDG 5, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/launch-of-the-collection-the-revolutions-of-the-revolution
Training Actions and Workshops	2025	Phil Lopes Invited to Associate Editor of IEEE Transactions on Games	Top magazine in digital games research welcomes representative from Lusófona University to its editorial board	SDG 4	https://www.ulusofona.pt/en/news/phil-lobes-invited-to-associate-editor-of-ieee-transactions-on-games
In Media	2025	Body and Movement IV	Final presentation of Dance Theatre works	SDG 5	https://www.ulusofona.pt/en

In Media	2025	Vitrification and Devitrification - Vitrolife: Hands-on Workshop	Theoretical-practical workshop on Vitrolife protocols for vitrification and devitrification of oocytes and embryos	SDG 3, SDG 4, SDG 8	https://www.ulusofona.pt/en/event/vitrification-and-devitrification-vitrolife-hands-on-workshop
In Media	2025	Solidarity Walk Mobilises 290 People on the Perafita-Liça Marginal	Initiative celebrated 30 years of the Food Bank with donated food, music and unity, organised by students from Lusófona University	SDG 1, SDG 2, SDG 3, SDG 4, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/solidarity-walk-mobilises-290-people-on-the-perafita-leca-waterfront
Training Actions and Workshops	2025	Participate in Pedagogical and Satisfaction Surveys Until July 15th	Surveys for students, lecturers and graduates are online. Contribute to improving the quality of education and suitability for the job market	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/take-part-in-the-pedagogical-and-satisfaction-surveys-until-1st-july
In Media	2025	RIE 2025 – XIII Conference on Infrastructure and Building Rehabilitation	A knowledge forum to build more resilient, sustainable and inclusive cities	SDG 5, SDG 11, SDG 14	https://www.ulusofona.pt/en/event/rie-2025-xiii-conference-on-infrastructure-and-building-rehabilitation
In Media	2025	Participation in the Conference Cycle "Current Challenges of Lusophone Immigration"	A reflection on inclusion and diversity in the Portuguese-speaking space in light of contemporary migratory challenges	SDG 10	https://www.ulusofona.pt/en/news/conference-cycle-current-challenges-of-lusophone-immigration
In Media	2025	New Master's in Political Communication presented at ULusófona	Event highlighted how communication influences political and public decisions	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/new-masters-in-political-communication-presented-at-ulusofona

In Media	2025	Activation of Resources in Psychotherapy: Strategies and Reflections at ULusófona	The conference, aimed at Psychology students, explored the importance of mobilising clients' personal resources in the therapeutic process	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/activating-resources-in-psychotherapy-strategies-and-reflections
In Media	2025	Presentation Session of the Master in Law	Discover the two areas of specialisation of the Legal Sciences - Business and Legal Sciences - Publicists course	SDG 4, SDG 5, SDG 8, SDG 10	https://www.ulusofona.pt/en/event/master-of-laws-presentation-session
In Media	2025	Artemisa Rocha: Benefits and Harms of New Technologies in Digital Health	Neuroscience researcher warns about internet dependence and the need for digital regulation	SDG 3, SDG 4, SDG 16	https://www.ulusofona.pt/en/interviews/esaud-e-the-benefits-and-harms-of-new-technologies-in-digital-health
Participation in International Projects	2025	Hugo Barata Curated the Performance at the Photography Biennial	"Intuition Into Action" unites the Ritual da Serpente project, exploring the book as an engine of creation and transformation	SDG 4	https://www.ulusofona.pt/en/news/hugo-barata-curated-the-performance-at-the-photography-biennial
Participation in International Projects	2025	How does the Brain Process Colours?	Learn how the brain interprets light and creates colour perception	SDG 3, SDG 4, SDG 9	https://www.ulusofona.pt/en/noisi/how-does-the-brain-process-colours
Participation in International Projects	2025	Health, Physical Activity and School Physical Education	Open class of the Master's in Physical Education Teaching to reflect on the role of physical activity in promoting health in the school context	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/health-physical-activity-and-school-physical-education
In Media	2025	EP83 - Tourism, Travel Agencies	Episode discusses the impact of the	SDG 4	https://www.ulusofona.pt/en/podcasts/ep83-

		and the Future w/ Pedro Cardoso	pandemic on the tourism sector and travel agencies and the challenges for the future		tourism-travel-agencies- and-the-future-c-pedro- cardoso
In Media	2025	Arthur Sales Environmental Engineering	"It has been an enriching trajectory, with a study plan aligned to the most relevant issues of today"	SDG 4	https://www.ulusofona.pt/en/testimonials/arthur-sales-environmental-engineering
In Media	2025	Pedro Gaspar Environmental Engineering	"The constant support from lecturers and the practical work carried out in a learning environment favour the development of students"	SDG 4	https://www.ulusofona.pt/en/testimonials/pedro-gaspar-environmental-engineering
In Media	2025	Clarisse Gaspar Environmental Engineering	"I consider that the Master's degree in question was fundamental for my introduction into the professional market"	SDG 4	https://www.ulusofona.pt/en/testimonials/clarisse-gaspar-environmental-engineering
Training Actions and Workshops	2025	Studying Across Borders: Outgoing Mobility for Students	ULusófona promoted in-person and online sessions to support students interested in international mobility programmes	SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/studying-across-borders-outgoing-mobility-for-students
In Media	2025	From Laboratory to Studio: An Afternoon to Discover ULusófona	Secondary students visited Lusófona University to explore higher education through practical activities	SDG 4	https://www.ulusofona.pt/en/news/from-the-lab-to-the-studio-an-afternoon-to-discover-ulusofona
In Media	2025	NECS Conference 2025: Cinema	The NECS Conference will bring together academics and	SDG 4, SDG 10,	https://www.ulusofona.pt/en/event/necs-conference-2025-

		and Media Arts in Focus	professionals to explore the interconnections between cinema, digital media and immersive technologies	SDG 12, SDG 17	cinema-and-media-arts-in-focus
Training Actions and Workshops	2025	NECS Conference - European Network for Cinema and Media Studies	ULusófona hosts one of the most prestigious events in the academic world in the areas of Cinema and Audiovisual Media	SDG 9	https://www.ulusofona.pt/a/necs-conference-european-network-for-cinema-and-media-studies
In Media	2025	CECAM Inovatio Lusófona Pilot - NECS Graduate Workshop	International researchers and lecturers explored innovative methodologies in film and media studies and promoted critical reflection	SDG 4	https://www.ulusofona.pt/en/event/piloto-cecam-inovatio-lusofona-necs-graduate-workshop
In Media	2025	Lusófona University highlighted at WIRE Summit 2025, in Sofia	Artistic research and European innovation highlighted with the participation of ULusófona	SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-in-the-spotlight-at-wire-summit-2025-in-sofia
In Media	2025	EDU-LAB Project Officially Launched with Opening Conference in Vienna	Launch conference marks the official start of the European project dedicated to educational innovation	SDG 4	https://www.ulusofona.pt/en/news/edu-lab-project-officially-launched-with-opening-conference-in-vienna
In Media	2025	New European Joint Masters in Digital Society	Master's degree in "Digital Society, Social Innovation and Global Citizenship (DIGISOC)" results from collaboration between	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/new-joint-european-masters-degree-in-digital-society

			3 European universities.		
In Media	2025	Religion and Politics: Between Separation and Cooperation	Webinar analyses the role of religion in politics and highlights cooperation between the State and religious communities in Portugal	SDG 10, SDG 16	https://www.ulusofona.pt/en/webinars/religion-and-politics-between-separation-and-cooperation
Sustainability Events	2025	Mozambique and Portugal	Dialogues on heritage, identity and scientific cooperation	SDG 4, SDG 15	https://www.ulusofona.pt/en/event/mozambique-and-portugal
In Media	2025	Education and Freedom: Challenges and Paths to a Fairer and Humanist Future	António Teodoro reflects on the role of education in the face of inequality, technology and the urgency of guaranteeing social and cognitive justice for all	SDG 4, SDG 5, SDG 9, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/education-and-freedom-challenges-and-paths-towards-a-more-humanistic-future
In Media	2025	Water and Climate in Debate at the XI Journeys New Paradigms of Civil Protection	Event highlighted the importance of prevention and coordination between institutions and the community to face water-related risks	SDG 11, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/water-and-climate-discussion-11th-new-paradigms-in-civil-protection-conference
In Media	2025	Food Authenticity: What Are We Really Eating?	Practical and theoretical workshop on labelling, food fraud and conscious choices in the context of food safety	SDG 3, SDG 12	https://www.ulusofona.pt/a/autenticidade-alimentar-o-que-estamos-realmente-a-comer
Sustainability Events	2025	MKTD Talks #1 - Digital Marketing Strategies in	Event promoted by Lusófona University brought together experts to discuss the impact of Digital	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/mktd-talks-1-digital-marketing-

		Debate at ULusófona	Marketing on business strategies		strategies-discussion-at-ulusofona-university
Sustainability Events	2025	ULusófona Moderates Panel on European University Alliances	Discussion took place at the Symposium on the Reception of International Students and the student experience in the attractiveness of Higher Education	SDG 17	https://www.ulusofona.pt/en/news/ulusofona-moderates-panel-on-european-university-alliances
Sustainability Events	2025	Colloquium Highlighted the Role of European Institutions in the New World Order	Event at Lusófona University - CUP brought together experts to discuss transparency, digital integration and combating fraud in the European Union	SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/colloquium-highlights-the-role-of-european-institutions-in-the-new-world-order
Training Actions and Workshops	2025	Volunteer Fair Mobilises Students for Social Causes	The event encouraged civic involvement and linked students to projects in areas such as education, health, social inclusion and international volunteering.	SDG 1, SDG 10, SDG 12, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/volunteering-fair-mobilises-students-for-social-causes
Sustainability Events	2025	Regional Scrum Gathering Lisbon 2025 took place at ULusófona	The University hosted an international meeting dedicated to agility and digital transformation	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/regional-scrum-gathering-lisbon-2025-took-place-at-ulusofona
Sustainability Events	2025	Policies and Programs to Promote Well-being and Mental Health	The meeting seeks to bring together various experts and entities that work in this area.	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/en/event/policies-and-programs-for-the-promotion-of-well-being-and-mental-health

In Media	2025	Open Class Highlights Innovation in Sustainable and Environmental Construction	Event brought together experts and leading companies to discuss sustainable practices in the construction sector and promote energy efficiency	SDG 3, SDG 7, SDG 11	https://www.ulusofona.pt/en/news/open-class-highlights-innovation-in-sustainable-and-environmental-construction
In Media	2025	Students in BIP at Université Paris-Est Créteil	ULusófono students stand out in international programme on responsible entrepreneurship	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/bip-students-at-universite-paris-est-creteil
Sustainability Events	2025	Sérgio Cardoso European Studies, Lusophone Studies and International Relations	"Taking part in this International Relations course allows me to pursue a diplomatic career or NATO, through the personal contact they provide me"	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/testimonials/sergio-cardoso-european-studies-lusophone-studies-and-international-relations
Sustainability Events	2025	Lusophone and Ibero-American Studies: Research in Science, Culture and Arts	Science, Culture and Arts in Debate: Contemporary Perspectives in Lusophone and Ibero-American Spaces	SDG 4	https://www.ulusofona.pt/en/event/lusophone-and-ibero-american-studies-research-in-science-culture-and-the-arts
In Media	2025	Play Your Idea 2025 - Final Pitch	Discover the final projects of the competition that promotes innovation and entrepreneurship	SDG 3, SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/play-your-idea-2025-final-pitch
In Media	2025	Feminisms: The Freedom to Be	An intergenerational and intersectional look at feminist movements in Portugal	SDG 4, SDG 5, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/feminisms-the-freedom-to-be

In Media	2025	IS Strategy and Digital Transformation	A conversation about technology, strategy and people-centred digital transformation, with Cláudio Pimentel	SDG 4, SDG 8, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/is-strategy-and-digital-transformation
In Media	2025	Global Changes: Artificial Intelligence and Sustainable Development	Scientific conference on the impact of Artificial Intelligence on sustainable development and the global challenges of modernity	SDG 3, SDG 4, SDG 8, SDG 9, SDG 11, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/event/global-change-artificial-intelligence-and-sustainable-development
In Media	2025	4th Edition of the Greater Employability Pro Academy	Interinstitutional meeting to strengthen the link between Higher Education and the job market	SDG 4	https://www.ulusofona.pt/en/event/4th-edition-of-academia-maior-empregabilidade-pro
In Media	2025	ULusófona celebrated solemn delivery of Course and Doctoral Letters	The ceremony took place on May 31st at the Pavilhão Gimnodesportivo, with musical moments, institutional speeches and live broadcast	SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-celebrated-the-solemn-handing-over-of-course-and-doctoral-charters
In Media	2025	EP7 - Let's SPIC About... Young Entrepreneurs and Inspirers	Young people share the challenges and achievements of entrepreneurship, showing how courage, support and authenticity shape projects with impact	SDG 3, SDG 4, SDG 8, SDG 10	https://www.ulusofona.pt/en/podcasts/ep6-lets-spic-about-young-and-inspiring-entrepreneurs
In Media	2025	Fashion Lab 0.1 - 2025	Collaborative show between fashion and design schools in the North, with emerging talent from Lusófona	SDG 9, SDG 12	https://www.ulusofona.pt/en/event/fashion-lab-01-2025

			University and creative partners		
In Media	2025	Shaping The Future Living Places (Act 1)	Workshop and Conference on the definition of architectural and urban environments at Lusófona University	SDG 3, SDG 4, SDG 5, SDG 9, SDG 10, SDG 11, SDG 12, SDG 13, SDG 15, SDG 17	https://www.ulusofona.pt/en/event/shaping-the-future-living-places
In Media	2025	4th Electrical Engineering Workshop discussed Challenges and Future of the Sector	Event at ULusófona - CUP brings together experts and companies to discuss innovation, sustainability and energy transition in the national energy sector	SDG 7, SDG 11, SDG 13	https://www.ulusofona.pt/en/news/4th-electrical-engineering-workshop-challenges-and-future-outlook
In Media	2025	Sock Collection Project	The collection exceeded all expectations thanks to the commitment of the academic community, showing that small gestures can have a big local impact	SDG 3	https://www.ulusofona.pt/en/news/sock-collection-project
In Media	2025	ULusófona teacher contests ban on cell phones in schools	Teresa Castro participates in research that proposes more educational and less repressive solutions	SDG 4, SDG 17	https://www.ulusofona.pt/a/docente-da-ulusofona-contesta-proibicao-de-telemoveis-nas-escolas
In Media	2025	Frankenstein Journalism debates the	The 10th conference brought together guests and students to	SDG 3, SDG 5, SDG 7,	https://www.ulusofona.pt/en/news/frankenstein-journalism-debates-

		Role of Journalism in Contemporary Times	debate the practices, challenges and adaptation of journalism to the modern world	SDG 9, SDG 17	the-role-of-journalism-in-contemporary-times
In Media	2025	Lusófona University promotes awareness of healthy sleep habits	The initiative addressed mental health and university academic performance, alerting students to the effects of irregular sleep routines	SDG 3	https://www.ulusofona.pt/en/news/lusofona-university-raises-awareness-of-healthy-sleeping-habits
In Media	2025	Academic Opportunities in sight at ULusófona	Secondary school students had the opportunity to learn about the various areas of study at ULusófona through practical workshops	SDG 3, SDG 4, SDG 9, SDG 10	https://www.ulusofona.pt/en/news/academic-opportunities-in-sight-at-ulusofona
Training Actions and Workshops	2025	ULusófona Promotes Reflection on Inclusion and Intercultural Dialogue	Workshop brings together experts and institutions to discuss challenges and opportunities of coexistence between different cultures in Portugal	SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-promotes-reflection-on-inclusion-and-intercultural-dialogue
In Media	2025	Open Day of the Faculty of Law highlights training in Justice	The Faculty of Law at Lusófona University welcomed prospective students to explore courses in Law, Criminology and Internal Security	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/open-day-at-the-faculty-of-law-emphasises-training-in-justice
In Media	2025	New Master's Degree in Applied Biochemistry	Presented at the “Building Bridges” workshop, it aims to train professionals	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/new-master-in-applied-biochemistry-brings-

		Brings Students Closer to the Business World	prepared for the scientific and technological challenges of the industrial sector		students-closer-to-the-business-world
In Media	2025	ULusófona finalists present final projects at Teatro de São João	The presentations take place on the 10th and 11th of July and are part of the cycle of finalist shows from the performing arts schools in Porto.	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-finalists-present-final-projects-at-the-sao-joao-theatre
In Media	2025	Workshop at ULusófona - CUP presents FCNET Training Offer	The session informed students at Escola Profissional Raul Dória about the support available and the different ways of accessing higher education	SDG 4	https://www.ulusofona.pt/en/news/workshop-at-ulusofona-cup-presents-fcnets-training-offer
In Media	2025	Pottery Workshop Promotes Sensory Break for ULusófona Students	Students from the Degree in Educational Sciences participated in a sensory experience led by Diana Matos, from the "Gera Gera" association	SDG 3, SDG 4, SDG 10, SDG 11	https://www.ulusofona.pt/en/news/pottery-workshop-promotes-sensory-pause-for-ulusofona-students
In Media	2025	Workshop on Democratic Participation Attracts Students and Migrants	Initiative promotes discussion about integration and citizenship in times of social challenges	SDG 4, SDG 5, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/news/workshop-on-democratic-participation-attracts-students-and-migrants
Sustainability Events	2025	ULusófona and museums strengthen ties with new	Session promoted by CICANT presented collaborations with museums and launched the Crea-	SDG 4, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-and-museums-strengthen-ties-with

		projects and partnerships	Heritage Lab laboratory to promote innovation in Cultural Heritage		new-projects-and-partnerships
Training Actions and Workshops	2025	Ceremonial Presentation of Diplomas Celebrated the Academic Journey of Graduates	Music, emotion and inspiring words marked a ceremony that highlighted the role of education in social transformation	SDG 4	https://www.ulusofona.pt/en/news/the-diploma-award-ceremony-celebrated-the-academic-journey-of-the-graduates
In Media	2025	1st Art and Education Journeys	An encounter between school, culture and research with a focus on artistic education	SDG 4	https://www.ulusofona.pt/en/event/1st-art-and-education-days
Sustainability Events	2025	Delegation from the Shanghai Institute of Tourism visits Lusófona University	Lusófona University and SHNU reinforce academic cooperation with visit and signing of memorandum in the area of tourism	SDG 4, SDG 8, SDG 12, SDG 17	https://www.ulusofona.pt/en/news/delegation-from-the-shanghai-institute-of-tourism-visits-universidade-lusofona
Training Actions and Workshops	2025	ULusófona Professor Participates in the CPLP Race - Together Against Hunger	João Borges da Cunha represented the university and stood out in promoting the fight against hunger and intercultural dialogue	SDG 2	https://www.ulusofona.pt/en/news/ulusofona-lecturer-takes-part-in-the-cplp-race-together-against-hunger
In Media	2025	EcoFlight highlights innovation, AI and sustainability in the aviation and business sector	Lusófona University promotes a day dedicated to technological innovation and sustainability in aviation	SDG 4, SDG 8, SDG 9, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/ecoflight-highlights-innovation-ai-and-sustainability-in-the-aviation-sector

In Media	2025	Bioplastics: a less disposable future	Consumers confuse bioplastics with biodegradables, making it difficult to correctly identify these products on the shelves	SDG 4, SDG 11	https://www.ulusofona.pt/en/chronicles/bioplastics-a-less-disposable-future
In Media	2025	The Revolutions of the Revolution: ULusófona Analyses the 50 Years of the 25th of April	The collection reflects a year of joint work on the social, political and economic changes of the 50th anniversary of the Carnation Revolution	SDG 4, SDG 5, SDG 8, SDG 16	https://www.ulusofona.pt/en/news/the-revolutions-of-the-revolution-ulusofona-analyses-the-25-april
In Media	2025	Plenitude Project: The impact of physical exercise on breast cancer patients	Research proves positive effects of physical exercise on the physical and emotional health of women with breast cancer	SDG 3, SDG 5	https://www.ulusofona.pt/en/conversations-about/plenitude-project-the-impact-of-physical-exercise-on-breast-cancer-patients
In Media	2025	Starting Point: Round Table	Exhibit, Share, Learn: The Exhibition as an Arts Training Experience	SDG 3, SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/event/starting-point-round-table
Sustainability Events	2025	VII Pedagogical Training Journeys Lusophone Teaching	From the 7th to the 11th of July, lecturers and researchers from Lusófona University meet to improve skills and professional development	SDG 3, SDG 4, SDG 5, SDG 8	https://www.ulusofona.pt/en/event/vii-pedagogical-training-days-at-ensino-lusofona
In Media	2025	ULusófona Students Test New Cryopreservation Technique	The workshop promoted by Vitrolife presented the Rapid-I method for vitrification and devitrification of oocytes and embryos	SDG 3, SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-students-test-new-cryopreservation-technique

In Media	2025	Over & Out 2025	Department of Cinema and Media Arts at Lusófona University announces Over & Out 2025	SDG 4	https://www.ulusofona.pt/en/event/over-out-2025
In Media	2025	Housing Policy Design for an Inclusive City	Debate and design inclusive housing policies with a European, collaborative and human rights-centred approach	SDG 4, SDG 5, SDG 6, SDG 7, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/housing-policy-design-for-an-inclusive-city
In Media	2025	Hugo Barata publishes chapter on media art and alterity in the context of war	Chapter integrates Springer's work and analyses how media arts reconfigure narratives of conflict in the digital age through artistic creation	SDG 4	https://www.ulusofona.pt/en/news/hugo-barata-publishes-chapter-on-media-art-and-otherness-in-the-context-of-war
In Media	2025	Open class promotes reflection on cooperation, history and identity	FCAATI welcomes two prestigious speakers to debate science, culture and historical representation	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/open-class-promotes-reflection-on-co-operation-history-and-identity
In Media	2025	Welcome Sessions for New Students 25/26	Check the dates of reception activities and opening sessions for your course	SDG 4	https://www.ulusofona.pt/en/news/new-student-welcome-sessions-2526
In Media	2025	Delli Press - The Art of Materializing Design at Lusófona University	Delli Press, an editorial practice within the Delli Program, sees itself as a space where design materializes in reflection and cultural impact	SDG 4	https://www.ulusofona.pt/en/news/delli-press-the-art-of-materialising-design-at-universidade-ulusofona

In Media	2025	PhD student is distinguished with SPMI Prize	Doctoral research from Lusófona distinguished by the Portuguese Society of Internal Medicine	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/doctoral-student-honoured-with-spmi-prize
Sustainability Events	2025	15th CeiED Researchers Meeting	An interdisciplinary meeting on the challenges, reforms and horizons of doctoral education	SDG 4, SDG 5, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/15th-meeting-of-ceied-researchers
Sustainability Events	2025	Tânia Gaspar is Co-author of Works on Mental Health and Emotional Skills	Professor at Lusófona University, writes two publications with national impact on burnout and intervention with children and young people	SDG 4	https://www.ulusofona.pt/en/news/tania-gaspar-is-the-co-author-of-works-on-mental-health-and-emotional-skills
Participation in International Projects	2025	Foods that Increase Concentration	Discover the foods that improve the performance of our brain	SDG 2, SDG 3, SDG 4	https://www.ulusofona.pt/en/noisi/foods-that-increase-concentration
In Media	2025	“Feminisms: The Freedom of Being” Premieres with a Full Room and Debate on Equality	Documentary gives stage to the diversity of feminist struggles in Portugal, focusing on intersectionality and active listening	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/feminisms-the-freedom-to-be-premiere-with-full-room-and-debate-on-equality
In Media	2025	Workshop III Creative Ideas Summit	Lusófona University Celebrates the End of the Academic Year with innovative projects	SDG 4	https://www.ulusofona.pt/en/news/workshop-iii-cimeira-de-ideias-criativas
In Media	2025	"Fashion Lab" Brilha Fashion Show at	Students from various institutions show creativity and	SDG 9, SDG 12	https://www.ulusofona.pt/en/news/fashion-lab-fashion-show-

		Lusófona University - CUP	innovation in their collections		shines-at-lusofona-university-cup
In Media	2025	EPIC-WE brings cultural video games to the centre of the European debate	Representatives of the Óbidos hub highlight, in the European Parliament, the role of young people and video games in the construction of European culture	SDG 4, SDG 10	https://www.ulusofona.pt/en/news/epic-we-brings-cultural-video-games-to-the-centre-of-european-debate
In Media	2025	EP84 - Tourism, Restaurants and Culture in Porto w/ Carlos Pinto Soares	Episode addresses the evolution of the restaurant and entertainment sector in the city of Porto in the face of the growth of tourism	SDG 4, SDG 17	https://www.ulusofona.pt/en/podcasts/tourism-restaurants-and-culture-in-porto-c-carlos-pinto-soares
Training Actions and Workshops	2025	Jorge Bruno writes a chronicle about new digital political influencers	ULusófona professor reflects on the impact of YouTubers and opinion makers on politics, highlighting their role in transforming political marketing	SDG 4	https://www.ulusofona.pt/a/jorge-bruno-assina-chronica-sobre-novos-influenciadores-politicos-digitais
Training Actions and Workshops	2025	The "Lérias - Arte das Linhas" parade	Creativity, tradition and innovation, parade in Fundão with the signature of Lusófona University	SDG 9, SDG 12	https://www.ulusofona.pt/en/event/the-lerias-art-of-lines-fashion-show
In Media	2025	IV Bio.Natural Conference	Find out about the latest applications of natural products in health, pharmaceuticals, cosmetics and nutrition, at a meeting that brings together leading experts	SDG 3, SDG 9, SDG 12, SDG 15	https://www.ulusofona.pt/en/event/iv-bionatural-conference

In Media	2025	Learning and Becoming a Researcher in Intercultural Contexts	BIP: Learning and Becoming a Researcher in Intercultural Contexts	SDG 4	https://www.ulusofona.pt/en/event/learning-and-becoming-a-researcher-in-intercultural-contexts
Training Actions and Workshops	2025	Conference Cycle reinforces dialogue in Lusophone and Ibero-American Studies	Event at Lusófona University brought together experts to debate culture, science and arts in contemporary Lusophone and Ibero-American contexts	SDG 4, SDG 10	https://www.ulusofona.pt/en/news/conference-cycle-strengthens-dialogue-in-lusophone-and-ibero-american-studies
In Media	2025	ULusófona/CICANT Becomes an Integrated Member of the Unesco Alliance (Mil Alliance)	ULusófona reinforces its commitment to media literacy by joining UNESCO's global network dedicated to critical education and combating misinformation	SDG 4	https://www.ulusofona.pt/en/news/ulusofonaciant-becomes-an-integrated-member-of-the-unesco-alliance
In Media	2025	BeSafeBeeHoney - Training School	Chemical and Biological Characterisation of Beehive Products: Main Challenges and Regulatory Issues	SDG 4, SDG 12, SDG 15, SDG 17	https://www.ulusofona.pt/en/event/besafebeehoney-training-school
Sustainability Events	2025	New Deadline: September 15, 2025 Call for Papers IJFMA Vol.10 No.3 Dossier II	CRESCINE and IJFMA challenge researchers to reflect on the future paths of cinema in small European nations	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/new-deadline-15-sep-2025-ijfma-call-for-papers-vol10-no3-dossier-ii
In Media	2025	ULusófona Featured at the International Conference on	Institution was present in the global debate on the impacts of technology and the challenges of	SDG 3, SDG 4, SDG 8, SDG 9, SDG 11,	https://www.ulusofona.pt/en/news/ulusofona-in-spotlight-at-the-international-

		AI and Sustainability	sustainable development	SDG 12, SDG 13	conference-on-ai-and-sustainability
Training Actions and Workshops	2025	Generative AI in Computer Education: Recent Perspectives	Exploration of the use of Generative AI in computer science teaching, with reflections based on academic experiences and international conferences	SDG 4, SDG 7, SDG 17	https://www.ulusofona.pt/en/event/generative-ai-in-computer-science-education-recent-perspectives
In Media	2025	Renewing the Social Contract for Education: Navigating Possible Futures	Navigating Possible Futures: Exploring Social Justice, Sustainability, Cultural Diversity, and Pedagogical Innovation in the 21st Century	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/renewing-the-social-contract-for-education-navigating-possible-futures
In Media	2025	ULusófona Researcher Wins Atlantic Security Award 2025	João Reis, researcher at ULusófona, is distinguished with one of the most relevant national awards in the area of Security and Defence in the Atlantic space	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-researcher-wins-atlantic-security-award-2025
In Media	2025	Best EGI master's thesis awarded in ceremony	The event featured Profitaibility Engineers, which distinguished alumni for their academic merit and professional potential	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/best-egi-masters-thesis-honoured-at-ceremony
In Media	2025	CIDEFES Day 2025	Semiannual meeting of the CIDEFES community for presentation, debate and innovation in scientific research	SDG 3, SDG 4, SDG 10, SDG 13	https://www.ulusofona.pt/en/event/cidefes-day-2025

Sustainability Events	2025	Lisbon Was the Stage for the 34th IPC Conference Starting at ULusófona	International conference promoted reflection on immersive devices and visual cultures, from the 17th century to the present	SDG 4	https://www.ulusofona.pt/en/news/lisbon-hosts-34th-ipc-conference-with-ulusofona-kick-off
In Media	2025	Lusófona University hosted the NECS 2025 conference	For several days, the campus was the stage for academic sharing, innovative research and international dialogue in the world of media and cinema	SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-hosts-necs-2025-conference
In Media	2025	PAC-WOMAN event	Promote physical activity in women with breast cancer through research, experience and community action	SDG 3	https://www.ulusofona.pt/en/event/pac-woman-event
In Media	2025	Performance and Teamwork in Isolated, Confined and Extreme Environments	Research explores the impact of isolation, confinement and stress in places such as space, Antarctica or the bottom of the sea	SDG 3, SDG 9, SDG 13, SDG 14, SDG 17	https://www.ulusofona.pt/en/webinars/performance-and-teamwork-in-isolated-confined-and-extreme-environments
In Media	2025	Writing Jam Early Career Scholars CICANT	Two days of immersion in scientific writing for young researchers at ULusófona - CUP	SDG 4	https://www.ulusofona.pt/en/event/writing-jam-early-career-scholars-cicant
In Media	2025	JoVE Launches International Collection on Medical AI Curated by ULusófona	New JoVE collection focuses on the clinical application of artificial intelligence in medical imaging, curated by a professor at Lusófona University	SDG 3, SDG 4, SDG 9	https://www.ulusofona.pt/en/news/jove-launches-international-collection-on-medical-ai-curated-by-ulusofona

In Media	2025	Architectural Design Exhibition 2024/25	ULusófona exhibits the work of the 1st year of the Master in Architecture, highlighting drawing as an instrument of thought and architectural creation	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/news/architectural-design-exhibition-202425
In Media	2025	BIP on Housing Policies for Inclusive Cities at ULusófona	Hybrid event promoted reflection and solutions to contemporary housing challenges	SDG 4, SDG 6, SDG 7, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/bip-on-housing-policies-for-inclusive-cities-at-ulusofona
In Media	2025	PAC-WOMAN: Women's Health and Well-Being through Physical Activity	Event highlights the impact of physical exercise on women with breast cancer, combining research, testimony and community action	SDG 3	https://www.ulusofona.pt/en/news/pac-woman-womens-health-and-well-being-through-physical-activity
Sustainability Events	2025	Community of Practices	Discuss ideas and knowledge based on your interests, methods and experiences (practices).	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/community-of-practice
In Media	2025	Nuno Tavares Masters in Exercise and Wellbeing	"A highly experienced teaching staff, which allowed me to acquire a set of important instruments and knowledge"	SDG 3, SDG 4, SDG 11	https://www.ulusofona.pt/en/testimonials/nuno-tavares-masters-in-exercise-and-well-being
In Media	2025	Ana Mateus Marketing and Brand Strategies	"I highlight the importance of the final project, an opportunity to consolidate the	SDG 3	https://www.ulusofona.pt/en/testimonials/ana-mateus-marketing-and-brand-strategies

			knowledge acquired and stimulate creativity"		
In Media	2025	Ana Rato Marketing and Brand Strategies	"The course did exactly that, the beginning is very focused on the basics and fits the area well, it was essential"	SDG 4	https://www.ulusofona.pt/en/testimonials/ana-rato-marketing-and-brand-strategies
In Media	2025	Play Your Idea 2025 The Best Entrepreneurial Projects at ULusófona	Lusófona University students and alumni awarded for innovative ideas in the creative and technological areas	SDG 4	https://www.ulusofona.pt/en/news/play-your-idea-2025-the-best-entrepreneurial-projects-at-ulusofona
In Media	2025	Short films about Astronomy made by Animation students	A collaboration between the Lusófona University and the Astrophysics Institute gave rise to 11 scientific short films	SDG 4	https://www.ulusofona.pt/en/news/short-films-about-astronomy-made-by-animation-students
In Media	2025	EP8 - Let's SPIC About... Music Therapy w/ Teresa Leite	The therapeutic power of music and the role of music therapy in promoting emotional, psychological, social and physical well-being	SDG 3, SDG 4, SDG 10	https://www.ulusofona.pt/en/podcasts/ep8-lets-spic-about-music-therapy-w-teresa-leite
In Media	2025	July 31 Laying of the 1st Stone of the New Building of ULusófona - CUP	Invitation to the community to participate in the Launching Ceremony of the 1st Stone of Pole 4	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/31-de-julho-lancamento-da-1-pedra-do-novo-edificio-da-ulusofona-cup
In Media	2025	NECS highlights intersections between cinema, digital media and	Lusófona University hosts international event that explores the concepts of navigation, discovery	SDG 9	https://www.ulusofona.pt/en/news/necs-highlights-intersections-

		immersive technologies	and journey in contemporary audiovisual		between-cinema-and-immersive-technologies
In Media	2025	Psychology, Religion and Spirituality	Interdisciplinary debate on the epistemological, critical and clinical challenges between Psychology and Science of Religions	SDG 3, SDG 16	https://www.ulusofona.pt/en/event/psychology-religion-and-spirituality
In Media	2025	Opening of Competition for the Award of 2 PhD Scholarships at CICANT	Research in Applied Communication, Culture and New Technologies with funding from FCT/MCTES	SDG 4, SDG 5	https://www.ulusofona.pt/en/news/call-for-applications-for-two-doctoral-scholarships-at-cicant
In Media	2025	ULusófona/CICANT joins the UNESCO Alliance for Media Literacy	Joining the MIL Alliance reinforces the institution's commitment to critical education, media literacy and combating disinformation at a global level	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/ulusofonacicant-joins-unesco-alliance-for-media-literacy
In Media	2025	Summer Course on Structural Health Monitoring 2025 Ends Successfully	A week of intensive training, innovation and international cooperation at Lusófona University, with participants from more than 20 European institutions	SDG 9, SDG 11, SDG 13	https://www.ulusofona.pt/en/news/2025-structural-health-monitoring-summer-course-concludes-successfully
In Media	2025	ULusófona Professor Renews Functions as Animal Provider	With the aim of ensuring animal welfare and monitoring animal rights, acting as an intermediary between	SDG 17	https://www.ulusofona.pt/en/news/ulusofona-professor-renews-role-as-animal-ombudsman

			citizens and authorities		
In Media	2025	Award for Best Article in Monitoring the Structural Health of Bridges	Study started in 2017 and coordinated by ULusófona, stands out internationally in the area of monitoring the structural integrity of bridges	SDG 4, SDG 9, SDG 11	https://www.ulusofona.pt/en/news/award-for-best-article-on-structural-health-monitoring-of-bridges
In Media	2025	ULusófona teacher at the final of the 34th Christof Heyns African Moot Court	Professor Catherine Maia was part of the jury of the most prestigious African legal simulation competition in human rights, held in South Africa	SDG 16	https://www.ulusofona.pt/en/news/ulusofona-professor-in-the-final-of-the-34th-christof-heyns-african-moot-court
Participation in International Projects	2025	15th CeIED Meeting reflects 20 years of doctoral education and future challenges	Academic community critically reflects on two decades of Doctoral Education in light of the Salzburg Principles	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/15th-ceied-meeting-20-years-of-doctoral-education-and-future-challenges
Participation in International Projects	2025	CIDEFES Day brought together researchers and students on a scientific day in July	Event highlighted research projects, pitch sessions and international lecture on open science at Pavilion U of Lusófona University	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/cidefes-day-brought-together-researchers-and-students-for-scientific-day-in-july
Training Actions and Workshops	2025	ULusófona teacher participates in Exhibition at the Portuguese Navy Museum	Teacher Filipa Antunes presented a new painting inspired by the Guia Lighthouse in Cascais	SDG 4, SDG 5, SDG 10, SDG 14, SDG 15, SDG 16	https://www.ulusofona.pt/en/news/ulusofona-professor-participates-in-exhibition-at-the-portuguese-navy-museum

Sustainability Events	2025	Film by Jacinto Godinho among the finalists for the 2025 Gabo Prize	"The Eyes of the Revolution" was the only Portuguese project selected among the 15 finalists, revealing never-before-seen images of the Carnation Revolution	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/jacinto-godinhos-film-among-the-finalists-for-the-2025-gabo-award
In Media	2025	ULusófona hosts Conference on Architectural and Urban Environments	Event marked the official start of the European COST Action CA23145, bringing together experts from architecture, urbanism and arts	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-hosts-conference-on-architectural-and-urban-environments
Training Actions and Workshops	2025	Educational Management and Valorization of the Academic Profession	Research analyses the relationship between teacher management and organizational citizenship behaviours	SDG 4	https://www.ulusofona.pt/en/news/educational-management-and-enhancement-of-the-academic-profession
Sustainability Events	2025	Interventions in Building D - Space and Surrounding Interdictions	Between the 3rd and 6th of September - Access will be restricted to those involved in the work for security reasons.	SDG 9, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/interventions-in-building-d-prohibitions-on-space-and-surroundings
In Media	2025	PhD addresses a new possibility for the "Museum as Social Technology"	Research highlights the potential of museums aligned with the Sustainable Development Goals (SDGs) and international guidelines	SDG 11	https://www.ulusofona.pt/en/news/doctorate-addresses-a-new-possibility-for-the-museum-as-social-technology
Sustainability Events	2025	CICANT Young Researchers meet at the first	Event promoted the exchange of experiences and unlocking scientific	SDG 4	https://www.ulusofona.pt/en/news/young-researchers-from-cicant-gather-at-the-

		Writing Jam in Porto	writing in a collaborative environment		first-writing-jam-in-porto
Training Actions and Workshops	2025	TiSSA 2025: Re-imagining Social Work and Social Justice	Explore innovations and debates in the area of Social Work, with access to plenary sessions and academic and professional networking opportunities	SDG 1, SDG 3, SDG 4, SDG 5, SDG 8, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/call-for-abstracts-tissa-2025-re-imagining-social-work-and-social-justice
In Media	2025	ODAE - Open Dialogue in Applied Engineering 2025	Discuss the latest developments and trends in engineering and their application to social and medical needs	SDG 3, SDG 4, SDG 9, SDG 15, SDG 17	https://www.ulusofona.pt/en/event/odae-open-dialogue-in-applied-engineering-2025
Training Actions and Workshops	2025	Welcome Week for New DCAM/ECATI Students	New perspectives, the same narratives, join the reception activities and start your academic journey at the Department of Cinema and Media Arts	SDG 4	https://www.ulusofona.pt/en/event/welcome-week-for-new-students-at-dcamecati
Training Actions and Workshops	2025	Welcome Week for New DCC Students	Integration, Knowledge and Discovery for New Communication Sciences Students	SDG 4	https://www.ulusofona.pt/en/event/dccecati-new-student-welcome-week
Training Actions and Workshops	2025	Beatriz Sobrado e Silva Cinema and Media Arts	"If you're just starting out, make the most of every moment, ask everything you need and get as involved as possible"	SDG 4	https://www.ulusofona.pt/en/testimonials/beatriz-sobrado-e-silva-cinema-and-media-arts

In Media	2025	Welcome Session for New Teachers/Researchers 25/26	Explore the vision, values and resources of Lusófona University for full integration in the 1st semester	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/welcoming-session-for-new-teachers-researchers-2526
In Media	2025	Customs Impacts on Bilateral Trade: Luso-Brazilian Reflections	Brazil and Portugal as protagonists in cooperation between Mercosur and the European Union	SDG 1, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/customs-impacts-on-bilateral-trade-portuguese-brazilian-reflections
In Media	2025	Effect of caffeine on productivity: Myth or Truth?	Between myth and truth, discover how coffee can help (or hinder) your daily performance	SDG 3, SDG 4	https://www.ulusofona.pt/en/noisi/caffeines-effect-on-productivity-myth-or-truth
Training Actions and Workshops	2025	Start with Confidence: Reception and Mentoring in Social Work	Welcome session celebrates the beginning of the academic journey of new students in the area of Social Work	SDG 4	https://www.ulusofona.pt/en/event/starting-with-confidence-welcome-and-mentoring-in-social-work
Training Actions and Workshops	2025	Buddies - Mentoring Program	The event marks the beginning of an academic stage that is intended to enrich, integrate and promote ties between the academic community.	SDG 4, SDG 10	https://www.ulusofona.pt/en/event/buddies-mentoring-programme
Participation in International Projects	2025	Luís Buchinho: 35 years of career in fashion	The fashion designer reflects on his career and shares his perspectives on his professional future	SDG 4, SDG 8	https://www.ulusofona.pt/en/interviews/luis-buchinho-35-years-in-the-fashion-industry
Sustainability Events	2025	Faculty of Law Welcome Session 2025/2026	Welcome to the Faculty of Law! Participate in onboarding activities.	SDG 4	https://www.ulusofona.pt/en/event/law-school-welcome-session-20252026

In Media	2025	FCESE Welcome Session 2025/2026	Welcome to the Faculty of Economic, Social and Business Sciences (FCESE)! Participate in onboarding activities.	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/fcese-welcome-session-20252026
In Media	2025	Faculty of Veterinary Medicine Welcome Session 2025/2026	Welcome to the Faculty of Veterinary Medicine! Participate in onboarding activities.	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/welcome-session-of-the-faculty-of-veterinary-medicine-20252026
In Media	2025	ULusófona Closer to You: Services that Make a Difference – New Season	Discover ULusófona's services that support, guide and transform students' academic and professional experience	SDG 4, SDG 5, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/podcasts/ulusofona-closer-to-you-services-that-make-a-difference-new-season
In Media	2025	Catarina Antunes Applied Communication	"The university was undoubtedly a place where I grew a lot, not only academically, but also personally"	SDG 4	https://www.ulusofona.pt/en/testimonials/catarina-antunes-applied-communication
Sustainability Events	2025	Lusófona University hosted VI WCCES Symposium on futures of education	From July 16th to 18th, 2025, Lisbon was the stage for a global debate on the renewal of the social contract for education	SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-hosted-the-vi-wcces-symposium-on-the-future-of-education
In Media	2025	Creating Science and Making Innovation Made in Lusófona - 5th Edition	A celebration of knowledge and innovation, boosting research and the impact of ULusófona's Organic and R&D Units	SDG 4	https://www.ulusofona.pt/en/event/creating-science-and-innovation-made-in-lusofona-5th-edition

Participation in International Projects	2025	Welcome Week for New FCNET Students	The Faculty of Natural Sciences, Engineering and Technologies (FCNET) welcomes you to Lusófona University!	SDG 4	https://www.ulusofona.pt/en/event/fcnet-new-student-welcome-week
Participation in International Projects	2025	Roundtable: The Future of Ukraine in the European Union	Lusófona University as a stage for European debate on the future of Ukraine	SDG 16, SDG 17	https://www.ulusofona.pt/en/event/roundtable-ukraines-future-in-the-european-union
Participation in International Projects	2025	From Special Education to Inclusive Education	Experts share conceptual and empirical perspectives on the transition from Special Education to inclusive practices	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/from-special-education-to-inclusive-education
In Media	2025	"Ghost Dance" investigation distinguished with Maximum Score	CICANT project receives «Excellent» rating in the final evaluation report of the Foundation for Science and Technology (FCT)	SDG 4	https://www.ulusofona.pt/en/news/ghost-dance-investigation-awarded-top-marks
Training Actions and Workshops	2025	ULusófona professor receives nomination in the 7th IPCC Assessment Report	Rui Gaspar, was classified as "Lead Author" for the Intergovernmental Panel on Climate Change (IPCC)	SDG 3, SDG 11, SDG 13	https://www.ulusofona.pt/en/news/ulusofona-lecturer-receives-appointment-in-the-7th-ipcc-assessment-report
In Media	2025	Lusófona Fashion at the Valença Impact Fashion Show	ULusófona brought the vision and energy of young designers to the catwalk in partnership with Impact Models, combining academic innovation and cultural identity	SDG 4, SDG 9, SDG 11, SDG 12	https://www.ulusofona.pt/en

Training Actions and Workshops	2025	EP85 – Mobility, International Experiences and Opportunities w/ Sandra Rocha	Support for students, lecturers and staff in implementing international experiences, promoting academic, personal and professional development	SDG 4, SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/podcasts/ep85-mobility-international-experiences-and-opportunities-with-sandra-rocha
Training Actions and Workshops	2025	Between Coldness and Welcoming: Shock in the Integration of Migrants in Portugal	Sharing experiences and strategies to face the challenges of migration in Portugal	SDG 3, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/between-coldness-and-warmth-conflict-in-the-integration-of-migrants-in-portugal
In Media	2025	Catarina Castanheira Psychology	"This fear quickly disappeared thanks to the Psychology course Mentoring Program"	SDG 4	https://www.ulusofona.pt/en/testimonials/catarina-castanheira-psychology
Sustainability Events	2025	Welcome Session Erasmus 2025-2026 (ULusófona - CUP)	Discover activities, obtain essential information and clarify all your doubts for the 1st semester of your academic journey	SDG 4	https://www.ulusofona.pt/en/event/erasmus-welcome-session-2025-2026-1st-semester
Sustainability Events	2025	Welcome Session Erasmus 2025-2026 (ULusófona - CUL)	Discover activities, obtain essential information and clarify all your doubts for the 1st semester of your academic journey	SDG 4	https://www.ulusofona.pt/en/event/welcome-session-erasmus-2025-2026-ulusofona-cul
In Media	2025	Ana Salazar Great Artists on Campus #4	The Legacy of a Visionary, how Ana Salazar put Portugal on the international fashion map and paved the way for future generations	SDG 9	https://www.ulusofona.pt/en/event/ana-salazar-great-artists-on-campus-4

Sustainability Events	2025	3rd Edition of the Summer Course on Structural Health Monitoring	Intensive training combines theory, practice and artificial intelligence in monitoring bridges and special civil structures	SDG 9, SDG 11, SDG 13	https://www.ulusofona.pt/en/news/summer-course-on-structural-health-monitoring-2025-3-edicao
In Media	2025	How to Transform Ideas into Sustainable Businesses?	Learn how to create sustainable business models through essential planning and management tools from experts in the field	SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/how-to-turn-ideas-into-sustainable-businesses
Training Actions and Workshops	2025	Researcher defends PhD Thesis on Online Educational Communities	Research reveals innovative strategies for creating and sustaining meaningful digital educational communities	SDG 4	https://www.ulusofona.pt/en/news/researcher-defends-phd-thesis-on-online-educational-communities
In Media	2025	TRABJUS - Sustainability and Social Justice	The diversity of perspectives for building solutions in the field of Labour Law and Social Security.	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/trabjus-sustainability-and-social-justice
In Media	2025	Opening Session of the New Academic Year of FDCP	The Faculty of Law and Political Science welcomes new students with an integration session marking the start of the 25/26 academic year	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/opening-session-of-the-new-academic-year-of-the-fdcp
In Media	2025	Daniela Costa Professor at Lusófona University	"Contribution that we can have on a scientific and accredited basis that we will then apply in practice in the	SDG 3, SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/testimonials/daniela-costa-professor-at-lusofona-university

			professional environment"		
Training Actions and Workshops	2025	Women's Communication Rights in the Digital Age	Explore current challenges and emerging issues in terms of gender and intersectional equality in the media.	SDG 3, SDG 4, SDG 5, SDG 17	https://www.ulusofona.pt/en/event/womens-communication-rights-in-the-digital-era
Sustainability Events	2025	ENEGI 2025 - 12th National Meeting of Industrial Engineering and Management	Explore solutions, drive collaboration between technology and people, and lead the challenges that shape the future of industrial engineering and management	SDG 4, SDG 8, SDG 9, SDG 12, SDG 17	https://www.ulusofona.pt/en/event/enegi-2025-12th-national-meeting-of-industrial-engineering-and-management
Sustainability Events	2025	ULusófona researcher completes post-doctorate at Paris-Saclay University	Teresa Lopo completed a post-doctorate at Paris-Saclay University, developing research linked to pedagogical innovation in higher education	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-researcher-completes-postdoctoral-studies-at-paris-saclay-university
Training Actions and Workshops	2025	Approaches to Sustainable Development Goals "ESD Conference 2025"	Innovation, Sustainability and Artificial Intelligence: Paths to a Responsible Global Future	SDG 3, SDG 4, SDG 8, SDG 9, SDG 10, SDG 11, SDG 12, SDG 17	https://www.ulusofona.pt/en/event/approaches-to-sustainable-development-goals-esd-conference-2025
Training Actions and Workshops	2025	Promoting Mental Health through the Arts and Virtual Reality	Projects explore the role of art and virtual reality in promoting mental health and cognitive rehabilitation in different contexts	SDG 3, SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/webinars/promoting-mental-health-through-the-arts-and-virtual-reality

Training Actions and Workshops	2025	ECTS Welcome Session 2025/2026	The School of Health Sciences and Technologies (ECTS) welcomes you to Lusófona University!	SDG 4	https://www.ulusofona.pt/en/event/ects-welcome-session-20252026
In Media	2025	Influencers are the ones who will save us	ULusófona professor projects hypothetical reality in which influencers will exist as preservers of authenticity and human connections	SDG 4	https://www.ulusofona.pt/en/chronicles/influencers-are-the-ones-who-will-save-us
Training Actions and Workshops	2025	Call for Papers - IJFMA Vol. 11 No. 2 (2026)	Theme: Aesthetic strategies for goal-oriented games	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/call-for-papers-ijfma-vol-11-no-2-2026
Training Actions and Workshops	2025	ULusófona professor takes Portuguese cinema to the 2026 Oscars	The film Banzo, by professor Margarida Cardoso, is Portugal's candidate for Best International Film at the 2026 Oscars	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-professor-takes-portuguese-cinema-to-the-2026-oscars
Training Actions and Workshops	2025	Opening Session of the Masters Degrees of the Institute of Social Service 25/26	Moment of reflection, sharing and general information within the scope of the Master's in Social Service	SDG 4	https://www.ulusofona.pt/en/event/welcome-session-opening-of-masters-programmes-at-the-institute-of-social-work
In Media	2025	Strength and Conditioning in Combat Sports and Martial Arts	Bring together national and international experts with the aim of sharing knowledge about training, science, technology, nutrition and health	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/strength-and-conditioning-in-combat-sports-and-martial-arts

Training Actions and Workshops	2025	The Paths of Law Today	The Faculty of Law of Lusófona University invites the entire academic and legal community to participate in the Opening Conference of the Academic Year	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/the-paths-of-law-today
In Media	2025	Welcome Week for New ECEO Students	The School of Economic and Organizational Sciences (ECEO) welcomes you to Lusófona University!	SDG 4	https://www.ulusofona.pt/en/event/welcome-week-for-new-students-at-eceo
In Media	2025	Welcome Session - Human Resources Management	Welcome session for students of the degree in human resources management and the applied master's degree in advanced human resources management	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/welcome-session-human-resources-management
In Media	2025	Reception of FCESE Master's students	Reception and welcome to students of the 4 FCESE Masters	SDG 4	https://www.ulusofona.pt/en/event/reception-of-fcese-masters-students
Participation in International Projects	2025	ULusófona Student Card 2025	The ULusófona Digital Card is essential for new students! Easy to use, sustainable and will always be in your pocket, on the Lusófona Teaching App!	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/students-card
In Media	2025	FCSEA School Year Opening Session and Welcome Activities	Welcome to the Faculty of Social Sciences, Education and Administration!	SDG 4, SDG 10	https://www.ulusofona.pt/en/event/fcsea-academic-year-opening-session-and-welcome-activities

			Participate in onboarding activities.		
In Media	2025	d/IA 2025 - Artificial Intelligence, Knowledge and the University	Introduction to Artificial Intelligence Technologies from a teaching and learning perspective	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/dia-2025-artificial-intelligence-knowledge-and-the-university
In Media	2025	Tourism and Altitude: The Role of Aviation in the development of destinations	Meeting at ULusófona connects pilots, academics and the community in general to global causes and destination development	SDG 3, SDG 4, SDG 12	https://www.ulusofona.pt/en/event/tourism-and-altitude-the-role-of-aviation-in-the-development-of-destinations
In Media	2025	Lusófona University was present at EAIE 2025	EAIE – European Association for International Education, brought together more than 7000 participants from 106 countries around academic cooperation	SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-attended-eaie-2025
In Media	2025	FEFD Welcome Session 2025/2026	The Faculty of Physical Education and Sports (FEFD) welcomes you to Lusófona University!	SDG 4	https://www.ulusofona.pt/en/event/fefd-welcome-session-20252026
Training Actions and Workshops	2025	PhD thesis at ULusófona with a strong contribution to the field of AI	Alina Petukhova, researcher at ULusófona, will present a doctoral thesis on text grouping at the Lisbon Campus	SDG 9	https://www.ulusofona.pt/en/news/doctoral-thesis-at-ulusofona-with-a-strong-contribution-to-the-field-of-ai
In Media	2025	Two CeIED projects financed in the FCT 2024 PEx	CeIED projects on student participation and teacher unionism after the 25th of April	SDG 4	https://www.ulusofona.pt/en/news/two-ceied-projects-funded-in-the-fct-2024-pex-call

			receive funding from the FCT.		
Training Actions and Workshops	2025	The Impact of AI on Future Jobs in Film and Media	FilmEU - European University, coordinated by ULusófona, has just launched its first positioning document.	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/the-impact-of-ai-on-future-jobs-in-film-and-media
In Media	2025	Decision-making in football and the influence of the sociocultural context	International Conference opening the 2025/2026 academic year of the Master in Sports Coaching in Football	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/decision-making-in-football-and-the-influence-of-sociocultural-context
In Media	2025	FilmEU opens applications for Changemaker programme - Pitching for Change	FilmEU invites undergraduate, master's and PhD students to present their ideas for film in this year's Changemaker programme	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/filmeu-opens-applications-for-changemaker-programme-pitching-for-change
Sustainability Events	2025	Thesis reveals approval without learning in schools in Maranhão – Brazil	Altemar Lima explores in his thesis the limitations of basic education in Brazilian state schools and leads to a reflection on social inequalities	SDG 1, SDG 3, SDG 4, SDG 5, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/news/thesis-reveals-approval-without-learning-in-schools-in-maranhao-brazil
In Media	2025	New article studies ethical decision-making in narrative inquiry	The role of the researcher and the way in which he deals with the social complexities of the subjects of his research	SDG 4	https://www.ulusofona.pt/en/news/new-article-explores-ethical-decision-making-in-narrative-inquiry
In Media	2025	Guilherme Ribeiro	"Any questions (...) as I didn't know anyone yet, I would always ask	SDG 4, SDG 17	https://www.ulusofona.pt/en/testimonials/guilherme-ribeiro-

		Computer Engineering	the PUI, the information point, and they always did their best to help"		computer-engineering-voice
In Media	2025	Diogo Ferreira Computer Engineering	"(...) my integration was made up of small moments, but everyone contributed. I felt more and more at home, at the university."	SDG 4	https://www.ulusofona.pt/en/testimonials/diogo-ferreira-computer-engineering
In Media	2025	Welcome Session for International Students (ULusófona - CUP)	Welcome Session for International Students, particularly students from CPLP countries, and others, from the three study cycles	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/event/welcome-session-for-international-students-ulusofona-cup
In Media	2025	EP9 - Let's SPIC About... Highly Competitive Sport in Higher Education	How to balance training, competitions and studies? Student-athletes share challenges, strategies and support in higher education	SDG 3, SDG 4	https://www.ulusofona.pt/en/podcasts/ep9-lets-spic-abouthigh-level-competitive-sport-in-higher-education
In Media	2025	Opening Session of the School Year Faculty of Engineering	Welcome to the Faculty of Engineering promotes integration, practical activities and innovation, culminating in the official opening of the 2025/2026 academic year	SDG 4, SDG 11, SDG 17	https://www.ulusofona.pt/en/event/opening-session-of-the-academic-year-faculty-of-engineering
Training Actions and Workshops	2025	Great Artists on Campus 4: ULusófona starts new	The conference cycle returns with contemporary Portuguese artists and debuted with the	SDG 4, SDG 8, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/great-artists-on-campus-4-ulusofona-launches-

		edition with Ana Salazar	pioneering fashion designer in Portugal		new-edition-with-ana-salazar
Sustainability Events	2025	“SprintLab” project wins 1st place at the PMI Portugal 2025 Conference	Work developed by students of the Degree in Management Informatics wins in the "Universities" category	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/news/project-sprintlab-achieves-1st-place-at-the-pmi-portugal-2025-conference
In Media	2025	Ana Pérez-Quiroga Great Artists on Campus #4	The renowned visual artist's legacy explores central themes such as everyday life, issues of identity and gender, memory and post-memory	SDG 4, SDG 5, SDG 10, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/ana-perez-quiroga-great-artists-on-campus-4
In Media	2025	Event brought together researchers to discuss the application of natural products	International conference took place at ULusófona and highlighted therapeutic and nutritional applications of natural origin	SDG 3, SDG 9, SDG 12, SDG 15	https://www.ulusofona.pt/en/news/researchers-gather-to-debate-the-use-of-natural-products
In Media	2025	BIP Conference: Learning and Becoming a Researcher in Intercultural Contexts	International week reinforces investigative training in intercultural contexts based on reflective and collaborative experiences	SDG 4	https://www.ulusofona.pt/en/news/bip-conference-explores-researcher-training-in-intercultural-contexts
In Media	2025	Academia Maior Empregabilidade Pro brought together institutions and companies in Lisbon	Session promoted reflection on the role of higher education in the employability of young people	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/news/academia-maior-employability-pro-brought-together-institutions-and-companies

Training Actions and Workshops	2025	ULusófona researchers are part of the Top 2% Worldwide in the Ranking of Scientists	The Stanford University ranking highlighted nine researchers from Lusófona University in six different areas	SDG 4, SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-researchers-stand-out-in-world-ranking-of-scientists
In Media	2025	Curiosities about Dreams	Discover what dreams reveal about your mind while you sleep	SDG 3	https://www.ulusofona.pt/en/noisi/curiosities-about-dreams
In Media	2025	President of Lusophone Education honoured by the Angolan State	Professor Doctor Manuel de Almeida Damásio recognised by the Angolan State as a reference personality in Portuguese-speaking higher education	SDG 4	https://www.ulusofona.pt/en/news/president-of-lusofona-university-honoured-by-the-angolan-state
Sustainability Events	2025	How to manage academic stress	Introduce students to time management techniques and strategies, as well as personal development	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/how-to-manage-academic-stress
In Media	2025	XIX Meeting - Internship Advisors Building Bridges in Pedagogical Supervision	The Meeting aims to introduce students to their internship supervisors, prepare them for the journey and provide them with the necessary support	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/19th-meeting-internship-supervisors-building-bridges-in-pedagogical-supervision
Sustainability Events	2025	ULusófona participates in the 2025 edition of Creative Skills Week in Prague	ULusófona conducted two pilot presentation sessions at Creative Skills Week, a meeting point for the cultural and creative industries	SDG 4, SDG 5, SDG 8	https://www.ulusofona.pt/en/news/cicant-participates-in-the-2025-edition-of-creative-skills-week-in-prague
In Media	2025	ODAE – “Open Dialog in Applied Engineering	The ODAE 25 event, held in the first week of September, by Lusófona University,	SDG 3, SDG 4, SDG 7,	https://www.ulusofona.pt/en/news/odae-open-dialog-in-applied-

		2025” in Ölüdeniz, Türkiye	hosted the PhytoAPP Project Conference	SDG 9, SDG 17	engineering-2025-in- oludeniz-turkey
Participation in International Projects	2025	Collection Revolutions of the Revolution	Lusófona lecturers and students explore, in an unprecedented collection, the multiple revolutions triggered by the 25th of April	SDG 4, SDG 5, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/conversations-about/collection-revolutions-of-the-revolution
In Media	2025	Henrique Rosa Applied Communication	"(...) I believe it was the best choice and that the experience has been quite enriching, both on an academic and personal level."	SDG 4	https://www.ulusofona.pt/en/testimonials/henrique-rosa-applied-communication
In Media	2025	Commercial Aviation Quo Vadis?	Vision and perspectives for this market area in terms of professional development	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/commercial-aviation-quo-vadis
Training Actions and Workshops	2025	First Edition of the Community of Practice	The event took place at the Centro Universitário do Porto and promoted the sharing of experiences between researchers in the area of literacy	SDG 4, SDG 5, SDG 10, SDG 13, SDG 16	https://www.ulusofona.pt/en/news/first-edition-of-the-community-of-practice
Sustainability Events	2025	Official Ceremony Marks the Beginning of Construction of the New University Centre	Souto Moura's project promises to transform the city's historic area	SDG 4, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/official-ceremony-marks-the-beginning-of-the-construction-of-the-new-centre

Sustainability Events	2025	1st edition of the Forum of Initiatives and Actions for Animal Welfare	Debates on public policies aimed at animal welfare, with the aim of implementing legislation that protects them	SDG 3, SDG 9, SDG 11, SDG 12, SDG 13, SDG 14, SDG 15	https://www.ulusofona.pt/en/event/1st-edition-of-the-forum-on-initiatives-and-actions-for-animal-welfare
In Media	2025	TISSA 2025 Brings Together Participants at Lusófona University	Conference discusses Social Service and social justice with different nationalities represented	SDG 1, SDG 3, SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/tissa-2025-gathers-participants-at-lusofona-university
Sustainability Events	2025	Honourary PhD - Doctor José Maria Neves	The Lusófona University honours the President of the Republic of Cape Verde with an Honoris Causa PhD	SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/event/honorary-doctorate-ceremony
Sustainability Events	2025	ULusófona researchers receive FCT-CEEC funding	In the 7th edition of the Scientific Employment Incentive Competition (CEEC), 3 ULusófona Researchers were awarded 6-year contracts	SDG 4, SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/researchers-from-lusofona-university-receive-fct-ceec-individual-funding-25
Sustainability Events	2025	ProRunner Summit 2025	The conference brings together experts, athletes and the running community for a day of sharing and practical training	SDG 3, SDG 4, SDG 5, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/prorunner-summit-2025
Sustainability Events	2025	Presentation of Poles 1 and 2 of ULusófona - Centro	Located in the heart of the city, they are where you will find the PUI - Single	SDG 4, SDG 17	https://www.ulusofona.pt/en/noisi/presentation-of-poles-1-and-2-of

		Universitário Porto	Information Point, IT Services, Psychology and Classrooms.		ulusofona-porto-university-centre
In Media	2025	Presentation of Pole 3 of ULusófona - Centro Universitário Porto	Located on Rua Alexandre Herculano, it is where you can find access to SATAS, CTT and places where you can study in peace.	SDG 4, SDG 17	https://www.ulusofona.pt/en/noisi/presentation-of-ulusofonas-polo-3-porto-university-centre
Participation in International Projects	2025	Opening Session of the Master's Degree in Physical Education Teaching	Session aimed at students in the 1st year of the study cycle	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/opening-session-of-the-masters-degree-in-physical-education-teaching
Sustainability Events	2025	André Sousa Great Artists on Campus #4	Great Artists on Campus #4 brings to Lisbon a reflection on art, space and visual narrative	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/andre-sousa-great-artists-on-campus-4
Sustainability Events	2025	Welcome Session for International Students (ULusófona - CUL)	Welcome Session for International Students, particularly students from CPLP countries, and others, from the three study cycles	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/welcome-session-for-international-students-ulusofona-cul
In Media	2025	ULusófona Teachers and Researchers Welcome Session	Hybrid event in Lisbon and Porto marks the integration of new lecturers and researchers from Lusófona University in the academic year 2025/2026	SDG 4, SDG 5, SDG 8	https://www.ulusofona.pt/en/news/welcome-session-for-lecturers-and-researchers-lusofona-university

Training Actions and Workshops	2025	ULusófona x NO23 Special Edition	Exhibition is part of the 21st Giornata del Contemporaneo-AMACI and brings together art, fashion and urban culture.	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/ulusofona-x-no23-special-edition
In Media	2025	25 Strategic Measures for Digital Territorial Cohesion	This conference promotes the exchange of experiences to boost digital skills in the national market	SDG 1, SDG 2, SDG 3, SDG 4, SDG 8, SDG 11, SDG 15, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/25-strategic-measures-for-digital-territorial-cohesion
Participation in International Projects	2025	Imagine new relationships between the media and democracy	Round table organised by CICANT debates the democratic roles of the media in the 21st century	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/envisioning-new-relationships-between-the-media-and-democracy
In Media	2025	Basil da Cunha Great Artists on Campus #4	Basil da Cunha's cinema intersects education, inclusion and culture, reflecting the SDGs through social and artistic narratives	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/basil-da-cunha-great-artists-on-campus-4
Training Actions and Workshops	2025	Study of the need for Informal and Formal Caregivers in the city of Porto	Collaborate in the study to survey the needs of Informal and Formal Caregivers in the City of Porto	SDG 3, SDG 8, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/study-on-the-need-for-informal-and-formal-caregivers-in-the-city-of-porto
In Media	2025	AIPJ Young Seminar 2025	Seminar for young Criminology students, promoting interest in research and the international sharing of data and studies	SDG 4	https://www.ulusofona.pt/en/event/aipj-youth-2025-seminar

In Media	2025	Cinanima at Lusófona University	Screening of award-winning Cinanima short films at Cinema Fernando Lopes open to the academic community	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/cinanima-at-lusofona-university
Sustainability Events	2025	Portugal-China Conference: Economy, Education and Higher Education	Strengthening Economic Ties: An Analysis of Commercial Relations between Portugal and China	SDG 4, SDG 8, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/portugal-china-conference-economy-education-and-higher-education
In Media	2025	Teacher premieres film in national cinemas	Professor Nuno Bernardo, from the Degree in Audiovisual Communication and Multimedia, premiered his film “The Pianist” in cinemas in Portugal.	SDG 4, SDG 8	https://www.ulusofona.pt/en/news/lecturer-premieres-film-in-national-cinemas
In Media	2025	How to Reduce Inequalities in Practice: Social Service Intervention in GAT	Sharing practices and reflection on the role of Social Work in promoting inclusion and social justice	SDG 1, SDG 2, SDG 3, SDG 4, SDG 5	https://www.ulusofona.pt/en/event/reducing-inequalities-in-practice-the-social-work-intervention-at-gat
In Media	2025	EP86– Internships, Employability and International Mobility with Angélico Contreiras	Service promotes internships, international mobility and support for integration into the job market, with a focus on employability and inclusion of students	SDG 4, SDG 8, SDG 10, SDG 17	https://www.ulusofona.pt/en/podcasts/ep86internships-employability-and-international-mobility-wangelico-contreiras
In Media	2025	FilmEU - Future Collaborations and Opportunities	Encourage the creation of international networks, the	SDG 4, SDG 8, SDG 9,	https://www.ulusofona.pt/en/event/filmeu-future-collaborations-and-opportunities

			development of joint projects and participation in European applications	SDG 16, SDG 17	
Sustainability Events	2025	Bilateral Trade Opportunities between Brazil and Portugal under Debate	Conference analyses customs impacts and Portugal's role as a European mediator	SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/bilateral-trade-opportunities-between-brazil-and-portugal-under-discussion
Training Actions and Workshops	2025	The Sky is the Limit...and We Control It	NAV Portugal comes to Lusófona University Lisboa to present its mission and the role of an air controller	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/the-sky-the-limit-and-were-the-ones-who-control-it
In Media	2025	Social Service students begin their journey with integration reception	Session marked the start of the academic year, with institutional presentations and mentoring to support the first steps in higher education	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/social-work-students-begin-their-journey-with-a-welcome-and-integration-session
Training Actions and Workshops	2025	Faculty of Law and Political Science welcomes new students	Session featured lecturers, managers and students, highlighting ethics, unity and academic future	SDG 3, SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/faculty-of-law-and-political-science-welcomes-new-students
In Media	2025	Dayana Lucas Great Artists on Campus #4	Dayana Lucas, Venezuelan artist, explores the transition between drawing and sculpture, combining art, design and independent publishing	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/great-artists-on-campus-4-dayana-lucas
In Media	2025	Micro-Credential in Sustainable	Sign up by November 4th and acquire specialised knowledge	SDG 4, SDG 9,	https://www.ulusofona.pt/en/news/micro-credential-in-

		Management of Audiovisual Production	in sustainability applied to cinema and audiovisual.	SDG 16, SDG 17	sustainable-audiovisual-production-management
In Media	2025	ULusófona performs innovative surgery placing the first pacemaker in a 23-year-old dog	A significant advance in the practice of teaching in veterinary medicine, placing the Faculty of Veterinary Medicine at the forefront of innovation	SDG 3, SDG 4, SDG 15	https://www.ulusofona.pt/en/news/first-pacemaker-implanted-in-an-animal-at-the-veterinary-medicine-hospital
Participation in International Projects	2025	Who's Who in Waste 2025	Cândida Rocha, Director of the Master's Degree in Environmental Engineering at Lusófona University reflects on the fight against waste and circularity.	SDG 4, SDG 11, SDG 12, SDG 15, SDG 16, SDG 17	https://www.ulusofona.pt/a/quem-e-quem-nos-residuos-2025
Training Actions and Workshops	2025	Inês Galvão Master in Exercise and Health	"It's fantastic! It was my home during my degree, it was my home during my master's degree. Today I had this invitation to share my testimony"	SDG 3, SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/testimonials/ines-galvao-masters-in-exercise-and-well-being
In Media	2025	Tatiana Macedo Great Artists on Campus #4	Award-winning visual artist, Tatiana Macedo explores photography, film and sound to reflect on spaces, affections and cultural identities	SDG 4, SDG 8, SDG 10	https://www.ulusofona.pt/en/event/great-artists-on-campus-4-tatiana-macedo
Sustainability Events	2025	Plant-Based FoODS: Science with Flavor	An event dedicated to nutrition and health taking place as part of World Food Day	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/en/event/world-food-day-plant-based

					foods-science-with-flavour
Training Actions and Workshops	2025	Lusófona University integrates international programme on sustainability	ULusófona collaborates in the e-Certificate programme “Change for Sustainability”, a European project that promotes lifelong learning.	SDG 4, SDG 7, SDG 11, SDG 12, SDG 13, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-joins-international-programme-on-sustainability
Sustainability Events	2025	Inauguration of the New Student Association	The new direction of the ULusófona Student Association - CUP took office, making a commitment to represent the interests of students.	SDG 4	https://www.ulusofona.pt/en/event/inauguration-of-the-student-association-of-lusofona-university-in-porto
In Media	2025	FilmEU+ Imagination Challenge: Imagine the Future of Media Until October 17th	Create and present solutions to real-world challenges from leading industry partners	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/filmeu-imagination-challenge-imagine-the-future-of-media
Participation in International Projects	2025	EP10 - Let's SPIC About... Body Image and Mental and Dietary Health	The episode explores body image and eating and psychological disorders, highlighting sociocultural factors that affect self-image.	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/en/podcasts/ep10-lets-spic-about-body-image-and-mental-and-eating-health
Participation in International Projects	2025	ULusófona researcher defends innovative thesis in Artificial Intelligence	The thesis, unanimously approved by the jury, is the eighth defended in the PhD in Informatics at ULusófona – Centro Universitário de Lisboa	SDG 4, SDG 8, SDG 9	https://www.ulusofona.pt/en/news/ulusofona-researcher-defends-doctoral-thesis-with-pioneering-contribution-to-ai

In Media	2025	Agenda 2030 – International Poster Exhibition	Taking place between the 8th and 31st of October. Exhibition of posters produced by students of the Degree in Communication Design.	SDG 11, SDG 17	https://www.ulusofona.pt/en/event/agenda-2030-international-poster-exhibition
In Media	2025	Managers of the Future: What differentiates the best	The Masterclass will be attended by economist Rui Rio, who will share his vision and experiences	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/event/managers-of-the-future-what-sets-the-best-apart
In Media	2025	Welcome Session Marks the Beginning of the Mentoring_Buddies Program	Welcome event took place in Lisbon integrating lecturers and students into the INOVEDU Program	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/welcome-session-marks-the-launch-of-the-mentoringbuddies-programme
In Media	2025	Work Show 2024/2025 - Department of Architecture	The Master of Architecture at ULusófona - CUP organises another exhibition that aims to enhance the quality of the work produced by students	SDG 4, SDG 8	https://www.ulusofona.pt/en/event/exhibition-of-works-20242025-department-of-architecture
Sustainability Events	2025	Practical Workshop on Power BI Applied to Tourism	Aimed at students and tourism professionals interested in improving data-based decision making	SDG 4, SDG 8, SDG 9	https://www.ulusofona.pt/en/event/practical-power-bi-workshop-applied-to-tourism
In Media	2025	Marcio Doctors Great Artists on Campus #4	Marcio Doctors is a Brazilian art critic, curator and writer based in Portugal.	SDG 4	https://www.ulusofona.pt/en/event/great-artists-on-campus-4-marcio-doctors
In Media	2025	FCT awards 10 doctoral scholarships to	ULusófona highlighted in the FCT 2025 competition for	SDG 4, SDG 10,	https://www.ulusofona.pt/en/news/fct-awards-10-doctoral-

		ULusófona students	individual doctoral scholarships	SDG 16, SDG 17	scholarships-to-ulusofona-students
In Media	2025	Humanism, Human Rights and Citizenship	IV International Congress 2025 The construction of full citizenship in the context of current problems and the impacts of crises, in different spheres	SDG 4, SDG 8, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/humanism-human-rights-and-citizenship
Participation in International Projects	2025	I Cine Bárbaras – International Cinema and Audiovisual Conference	Conference cycle with debates on gender equality, will hold its first edition on October 23rd and 24th, 2025	SDG 4, SDG 5, SDG 8, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/1st-cine-barbaras-international-conference-on-cinema-and-audiovisual-studies
Training Actions and Workshops	2025	Game Policies: US Army War Games	The game as a training and reflection tool in the modern armed forces	SDG 4, SDG 9, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/webinars/game-policies-war-games-with-the-us-army
In Media	2025	Round table debates the future of Ukraine in the European Union at Lusófona	Experts and students analysed Ukraine's integration into the EU and European security architecture	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/roundtable-discusses-the-future-of-ukraine-in-the-european-union-at-ulusofona
Training Actions and Workshops	2025	Academic and cultural integration of new students	Event brought together institutions, authorities and partners to welcome and support Erasmus students	SDG 4, SDG 10, SDG 11	https://www.ulusofona.pt/a/integracao-academica-e-cultural-dos-novos-estudantes
Training Actions and Workshops	2025	Lusófona University hosts Welcome	Welcome session brought together mobility students and presented the Erasmus network at	SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-hosts-

		Session Erasmus 2025-2026	the University Centre of Lisbon and Porto		erasmus-welcome-session-2025-2026
Sustainability Events	2025	Teaching Architecture	The project in the training of the architect.	SDG 4	https://www.ulusofona.pt/en/event/the-teaching-of-architecture-2025
In Media	2025	Migrants learn to transform ideas into sustainable businesses	Initiative highlighted support management tools available for migrants who want to create their own businesses	SDG 4, SDG 8, SDG 9, SDG 10, SDG 11	https://www.ulusofona.pt/en/news/migrants-learn-to-transform-ideas-into-sustainable-businesses
Training Actions and Workshops	2025	TrabJus Seminar debates the future of work and social justice	CEAD seminar brought together different academic perspectives in the search for sustainable solutions	SDG 4, SDG 5, SDG 8, SDG 10, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/trabjus-seminar-debates-the-future-of-work-and-social-justice
In Media	2025	5th Edition of "Creating Science and Making Innovation made in Lusófona"	Event highlighted R&D projects, rewarded pedagogical practices and distinguished ULusófona lecturers	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/5th-edition-of-creating-science-and-making-innovation-made-in-lusofona
In Media	2025	Future of Magazine 2025	International meeting brings together researchers, academics and professionals to reflect on the future of magazines and the challenges the sector faces	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/future-of-magazine-2025
Sustainability Events	2025	Social Work Research Seminar	A space for dialogue between research, training and	SDG 4	https://www.ulusofona.pt/en/event/research-seminar-in-social-work

			intervention in Social Work		
In Media	2025	Do you already know LusoChat - ULusófona's Generative AI	The objective of LusoChat is to provide the academic community with access to generative AI models (LLMs) free of charge and on an open-source basis.	SDG 4	https://www.ulusofona.pt/en/news/have-you-heard-of-lusochat-ulusofonas-generative-ai
In Media	2025	Time Management Strategies and Priorities	The Time and Priorities Management Strategies workshop promotes strategies to improve organisation, focus and balance in everyday life	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/time-and-priority-management
Training Actions and Workshops	2025	Solemn Opening Session of the Academic Year 2025/26	Opening of the academic year with a conference on the Portuguese-speaking space and the decolonization of thought and knowledge	SDG 4	https://www.ulusofona.pt/en/event/solemn-opening-session-of-the-202526-academic-year
Sustainability Events	2025	Great Artists on Campus 4	4th edition of the Lusófona University monthly conference cycle with contemporary Portuguese artists	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/great-artists-on-campus-4
In Media	2025	FCAATI started the school year with a message of motivation and academic spirit	Ceremony welcomed new students and highlighted the role of the academic community	SDG 4, SDG 9, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/fcaati-began-the-academic-year-with-a-message-of-motivation-and-academic-spirit

In Media	2025	Opening Session of the Master in Exercise and Health	The challenges of obesity, sustained change, sports and football as a promoter of a healthy lifestyle.	SDG 4	https://www.ulusofona.pt/en/event/opening-session-of-the-masters-degree-in-exercise-and-health
In Media	2025	EL PAÍS Highlights the Success and Prestige of the Lusófona University	The Spanish daily EL PAÍS recognises the Lusófona University as an example of quality and a reference in Portuguese higher education	SDG 4, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/el-pais-highlights-the-success-and-prestige-of-universidade-lusofona
Sustainability Events	2025	The real college horrors: scares that not even Halloween can beat!	Today is Halloween! And we'll find out what the horrors of a college student are	SDG 3, SDG 4, SDG 17	https://www.ulusofona.pt/en/noisi/the-true-horrors-of-university-life-scares-that-even-halloween-cant-beat
In Media	2025	Educating for Citizenship: Saving, a Commitment to the Future	Mark World Savings Day with classes on Financial Literacy in schools across the country	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/event/educating-for-citizenship-saving-a-commitment-to-the-future
In Media	2025	Judo class for inclusion with Clube Judo Total	Initiative brings together students from Lusófona University and athletes from Clube Judo Total in an inclusive and sporting learning experience	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/news/judo-class-for-inclusion-with-clube-judo-total
In Media	2025	Celebrating 30 years of the Beijing Platform for Action	International conference brought together experts to debate stereotypes, online harassment and inclusion of women in digital environments	SDG 4, SDG 5, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/celebration-of-the-30th-anniversary-of-the-beijing-platform-for-action

Training Actions and Workshops	2025	Other Delli Week 18: Around the Base	Rethink the role of design as a practice capable of revealing presences, gestures and relationships	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/other-delli-week-18-around-the-base
In Media	2025	Community of Practice(s) MedMSE Project	Meeting between School Groups for joint reflection on the topic of mediation in a school context	SDG 1, SDG 4, SDG 16	https://www.ulusofona.pt/en/event/community-of-practices-medmse-project
In Media	2025	ENEGI 2025 highlighted Industry 5.0 and new engineering challenges	Meeting brought together students, researchers and partner companies to discuss innovation, sustainability and technology	SDG 4, SDG 8, SDG 9, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/enegi-2025-highlighted-industry-50-and-the-new-challenges-of-engineering
In Media	2025	35th Anniversary of the Physical Education programme at Lusófona University	Conference celebrated 35 years of the programme with debates on strength, training and science applied to combat sports and martial arts	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/35th-anniversary-of-the-physical-education-programme-at-lusofona-university
In Media	2025	First steps in higher education: Human Resources Management students	Students began their academic career with contributions from academia and the professional world	SDG 4, SDG 8, SDG 17	https://www.ulusofona.pt/en/news/first-steps-in-higher-education-human-resource-management-students
Training Actions and Workshops	2025	André Cepeda Great Artists on Campus #4	Through his photographic gaze, André Cepeda explores the transformations of the urban landscape, architecture and the	SDG 4, SDG 9, SDG 10, SDG 15	https://www.ulusofona.pt/en/event/andre-cepeda-great-artists-on-campus-4

			dynamics of contemporary society		
In Media	2025	How to Manage the Stress of Academic Life?	The brain needs to rest and each break is a reward for effort	SDG 4	https://www.ulusofona.pt/en/chronicles/how-to-manage-stress-in-academic-life
Training Actions and Workshops	2025	ULusófona Faculty of Law begins the year debating legal challenges	Opening conference highlighted interventions by judges and lecturers in different legal areas.	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/lusofona-university-faculty-of-law-opens-the-year-by-debating-legal-challenges
Training Actions and Workshops	2025	FCESE welcomes new master's students	The session highlighted innovation, responsibility and preparedness for current challenges	SDG 4, SDG 8, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/fcese-welcomes-new-masters-students
Participation in International Projects	2025	EVA Days (ULusófona - CUL)	Workshops with companies prepare students, from the 1st year, for the challenges of the job market.	SDG 4	https://www.ulusofona.pt/a/jornadas-do-eva-cul-2025
In Media	2025	Top 5 films that every Cinema student should see	On World Cinema Day, Marco Ferreira highlights works that revolutionized cinematic art	SDG 4	https://www.ulusofona.pt/en/news/top-5-films-every-film-student-should-watch
In Media	2025	The Decision in Football and the Influence of the Sociocultural Context	The Master in Sports Coaching in Football celebrated its 5th anniversary with the presence of Professor Sixto González-Víllora	SDG 3, SDG 4, SDG 5, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/decision-making-in-football-and-the-influence-of-sociocultural-context
Participation in	2025	Ana Pérez-Quiroga presented the	The screening of the film marked the most recent session of the	SDG 4, SDG 5,	https://www.ulusofona.pt/en/news/ana-perez-quiroga-presented-the

International Projects		film ¿De qué casa eres? at ULusófona	Great Artists on Campus cycle, promoting reflection and artistic dialogue	SDG 11, SDG 16	film-de-que-casa-eres-at-lusofona-university
Participation in International Projects	2025	Welcome Session for International Students marked the beginning of the Academic Year	The session reinforced ULusófona's commitment to internationalization, diversity and inclusion	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/welcome-session-for-international-students-in-the-beginning-of-the-academic-year
Sustainability Events	2025	Solemn Opening Session of the Academic Year 2025/2026	A new beginning for the academic community of ULusófona - CUP	SDG 4	https://www.ulusofona.pt/en/event/opening-ceremony-for-the-academic-year-25-26
In Media	2025	Inês Aleixo: How physical exercise affects brain function and mental health	The influence of physical exercise on our brain and how it impacts our physical, cognitive and mental abilities	SDG 3, SDG 4, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/interviews/ines-aleixo-how-physical-exercise-affects-brain-function-and-mental-health
In Media	2025	Do Small Changes Make Big Companies?	The masterclasses aim to promote the connection between academic knowledge and the reality of organisations within the scope of management	SDG 4, SDG 9, SDG 12, SDG 17	https://www.ulusofona.pt/en/event/do-small-changes-make-big-companies
In Media	2025	Implementation Science in Promoting Physical Activity in Clinical Settings	The workshop will be led by renowned Professor Mark Stoutenberg and focuses on the role of implementation science in promoting physical activity	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/exercise-is-medicine-implementation-science

Training Actions and Workshops	2025	FilmEU Industry Summit	ULusófona is pleased to host the FilmEU Industry Summit in partnership with LEFFEST – Lisbon Film Festival.	SDG 4	https://www.ulusofona.pt/en/event/filmeu-industry-summit
Training Actions and Workshops	2025	Cicant researcher study at COP30	The “Engage for SDG” study was part of the 30th United Nations Conference on Climate Change	SDG 4, SDG 11, SDG 13, SDG 15	https://www.ulusofona.pt/en/news/study-by-two-lusophone-researchers-joins-cop30
Sustainability Events	2025	Masterclass with Rui Rio reflects on the values that shape the leaders of the future	At ULusófona, students and lecturers debate how ethics, attitude and character define true professional success.	SDG 4, SDG 8, SDG 16, SDG 17	https://www.ulusofona.pt/en
Sustainability Events	2025	FilmEU+ Imagination Challenge	An invitation to innovation and creative experimentation to imagine new ways of telling stories in short formats, designed for the mobile universe	SDG 4	https://www.ulusofona.pt/en/event/filmeu-imagination-challenge-
In Media	2025	II Alexandre Herculano Conference Cycle	An academic meeting dedicated to reflection and scientific debate addressing international law	SDG 4	https://www.ulusofona.pt/en/event/2nd-alexandre-herculano-lecture-series
In Media	2025	Independence and Projects for New African Nations: 50 years in Debate	Critical reflection on the paths of Angola, Cape Verde, Guinea-Bissau, Mozambique and São Tomé and Príncipe	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/independe-ance-and-nation-building-in-africa-50-years-of-debate
In Media	2025	ULusófona promotes	The event shared trends, challenges and	SDG 4, SDG 8,	https://www.ulusofona.pt/en/news/lusofona-

		debate on the future of commercial aviation with António Loureiro	opportunities in the sector, reinforcing the importance of innovation and adaptation in air transport.	SDG 9, SDG 13	university-hosts-debate-on-the-future-of-commercial-aviation
In Media	2025	The President of Cape Verde receives an Honorary PhD from ULusófona	The honorary title recognises President José Maria Neves' commitment to education, social justice and sustainable development.	SDG 4, SDG 8	https://www.ulusofona.pt/en/news/president-of-cape-verde-receives-honorary-doctorate-from-lusofona-university
In Media	2025	Lusófona University welcomes André Sousa to a Conference on Art and Innovation	The Department of Cinema and Media Arts successfully closes another highlight session of the Great Artists on Campus cycle	SDG 4, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-welcomes-andre-sousa-to-conference-on-art-and-innovation
In Media	2025	EVA Days (ULusófona - CUP)	EVA - Internships and Active Life will promote a presentation that aims to promote the preparation of students, from an early age, for the job market	SDG 4	https://www.ulusofona.pt/en/event/eva-conference-ulusofona-cup
Sustainability Events	2025	Inclusion is a Right: Practices and Reflections on Specialised Care	An open class that aims to highlight the role of professionals in building inclusive and socially fair educational contexts	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/inclusion-is-a-right-practices-and-reflections-on-specialised-care
In Media	2025	#MoveForBlue – World Diabetes Day	Wear Blue, Move Your Body and Celebrate Health and Well-Being!	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/movepelozul-world-diabetes-day

Training Actions and Workshops	2025	FL-TALK: New Narratives in Fashion	A look at the cultural and creative shifts shaping new fashion narratives	SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/fl-talk-new-narratives-in-fashion
Sustainability Events	2025	ULusófono and NO23 Skateboards collaborate on Creative Student Exhibition	Art, fashion and urban culture came together at an international event as part of the 21st Giornata Del Contemporaneo – AMACI, in Lisbon	SDG 4, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-and-no23-skateboards-collaborate-on-creative-student-exhibition
Sustainability Events	2025	Welcome session for international students at Lusófono University	Academic and cultural integration marked the reception of new international students at Lusófono, with useful information and multicultural interaction.	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/welcome-session-for-international-students-at-lusofona-university
In Media	2025	Vasco Bastos Professor at Lusófono University	"I entered this area of fitness through a professional course, but I quickly felt the need to look for more knowledge"	SDG 3, SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/testimonials/vasco-bastos-professor-at-lusofona-university
In Media	2025	Imagining new relationships between the media and democracy in the 21st century	Round table at Lusófono University debated the role of the media in defending democracy, inspired by the book Democracy and Media in Europe	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/imagining-new-relationships-between-media-and-democracy-in-the-21st-century
Participation in International Projects	2025	FMV-ULusófono leads innovation in veterinary education with Virtual Reality and AR	Introduction of pioneering immersive technologies that reinforce technical training, safety and clinical practice in the	SDG 3, SDG 4, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-leads-innovation-in-veterinary-education-with-virtual-reality-and-ar

			teaching of Veterinary Medicine		
Sustainability Events	2025	Basil da Cunha present at the 4th edition of Great Artists on Campus at ULusófona	Conference on cinema marked another reference session, promoted by the School of Communication, Arts and Information Technologies (ECATI).	SDG 4, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/basil-da-cunha-attends-the-4th-edition-of-great-artists-on-campus-at-ulusofona
Training Actions and Workshops	2025	C.ACCELERATE DAY 2025	C-Accelerate Plus invites the entire academic and creative community to participate in C.Accelerate Day 2025, organised by ULusófona in Lisbon	SDG 4, SDG 9	https://www.ulusofona.pt/en/event/caccerate-day-2025
In Media	2025	Conference debates Portugal-China economic and educational relations	Lusófona University promoted dialogue on economics, higher education and Portuguese-Chinese cooperation	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/conference-debates-portugal-china-economic-and-educational-relations
In Media	2025	Qualitative research is much more than an interview	Discover in this workshop how to improve your skills in qualitative data collection	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/qualitative-research-is-much-more-than-an-interview
In Media	2025	Honourary PhD Ceremony Professor Ivor GoODSon	Attribution of the Title of Doctor Honoris Causa to Professor Ivor GoODSon	SDG 4	https://www.ulusofona.pt/en/event/awarding-of-the-title-of-doctor-honoris-causa-to-professor-ivor-goodson
In Media	2025	The Right to Housing and Public Policies	Conference at the Department of Architecture at ULusófona with	SDG 4	https://www.ulusofona.pt/en

		with Helena Roseta	Architect Helena Roseta		
Training Actions and Workshops	2025	#MOVEFORBLU E mobilises the community for World Diabetes Day	Lusófona University and CBIOS brought the community together in a symbolic movement that promotes physical activity as a way of preventing diabetes	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/moveforblue-mobilises-the-community-for-world-diabetes-day
Sustainability Events	2025	FilmEU AGORA Think Tank 2025/26 - Mapping the narratives on Steam	Students and experts debate the interdisciplinary future of creative industries	SDG 4	https://www.ulusofona.pt/en/news/filmeu-agma-think-tank-202526-mapping-narratives-in-steam
Participation in International Projects	2025	4th International Conference on Sport and Education (ICSE 2025)	The International Conference on Sports and Education (ICSE) 2025 is an international space for debate on the links between sport and education	SDG 3, SDG 4	https://www.ulusofona.pt/en
In Media	2025	XVII Portuguese Conference on Polar Sciences: Humans in the Polar Regions	The 17th edition will take place at Ulusófona where it will highlight the experiences, challenges and impacts of human presence in polar and similar environments	SDG 3, SDG 4, SDG 5, SDG 13, SDG 14, SDG 16	https://www.ulusofona.pt/en/event/17th-portuguese-conference-on-polar-sciences-humans-in-the-polar-regions
Participation in International Projects	2025	Intercultural Workshop: Mentoring Paths for Integration	A workshop that aims to explore the potential of mentoring as an innovative practice for the integration of	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/intercultural-workshop-mentoring-pathways-for-integration

			migrants in an academic and social context		
In Media	2025	AIPJ Jovem Seminar 2025 brings together Criminology and Psychology researchers	The event promoted international sharing with in-person and online sessions throughout the day.	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/aipj-young-seminar-2025-brings-together-criminology-and-psychology-researchers
Participation in International Projects	2025	NAV Portugal presents the Mission and Career of Air Controllers at Ulusófona	The lecture “The Sky is the Limit... and We Are the Ones Who Control It” by Carlos Rouco brought together students and lecturers for a morning on air control	SDG 4, SDG 8, SDG 9, SDG 16	https://www.ulusofona.pt/en/news/nav-portugal-presents-mission-and-career-of-air-traffic-controllers-at-ulusofona
In Media	2025	Posters with Impact: Young Designers for the 2030 Agenda	International exhibition highlights visual projects on sustainability created by students from Portugal and Poland	SDG 4, SDG 10, SDG 11, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/posters-with-impact-young-designers-for-the-2030-agenda
Sustainability Events	2025	Doctor José de Faria Costa appointed to the Accademia Nazionale dei Lincei	International distinction recognises the exceptional contribution of the Director of the Faculty of Law of ULusófona to legal science	SDG 16	https://www.ulusofona.pt/en/news/dr-jose-de-faria-costa-elected-to-the-accademia-nazionale-dei-lincei
Participation in International Projects	2025	Management and Evaluation of Social Projects	Professionals share experiences and good practices in the area of social projects.	SDG 3, SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/open-lecture-series-management-and-evaluation-of-social-projects
In Media	2025	FCSEA-CUL Tutor Teachers	ULusófona promotes a meeting, bringing together professors	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/meeting-of-tutor-professors-and-

		and Student Mentor Meeting	and student mentors to strengthen collaborative and innovative practices in higher education.		student-mentors-at-fcsea-cul
Training Actions and Workshops	2025	FilmEU and WIRE promote Matchmaking Sessions for Future Collaborations	Meeting dedicated to creating networks, developing joint research and promoting new projects in the context of FilmEU	SDG 4, SDG 9	https://www.ulusofona.pt/en/event/filmeu-and-wire-promote-matchmaking-sessions-for-future-collaborations
Sustainability Events	2025	ULusófona welcomed the artist Dayana Lucas in the cycle "Great Artists on Campus #4"	Dayana Lucas shared her artistic journey at ULusófona, exploring the dialogue between drawing, sculpture and experimentation	SDG 4, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-welcomed-the-artist-dayana-lucas-to-the-great-artists-on-campus-4
In Media	2025	Celebration of International Student Day	Lusófona University celebrates International Student Day with a programme that combines historical reflection, cinema and moments of conviviality	SDG 4	https://www.ulusofona.pt/a/celebracao-do-dia-internacional-do-estudante
Participation in International Projects	2025	EP87 – Customer Service, Help Centre and NetPA w/ Maria Barros and Rafaela English	Service centralises information and support for students on academic, financial, administrative and social issues, promoting autonomy and confidence	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/podcasts/ep87-service-desk-help-centre-and-netpa-w-maria-ramos-and-rafaela-ingles
Participation in International Projects	2025	International Colloquium - Thinking about the Legal	An academic meeting dedicated to reflecting on the philosophical and legal legacy of	SDG 4	https://www.ulusofona.pt/en/event/international-colloquium-reflecting-on-francisco

		Philosophy of Francisco Suárez Today	Francisco Suárez that brings together national and international researchers		suarezs-legal-philosophy
Sustainability Events	2025	Plant-Based FoODS: Science with Flavor celebrated Food Day	Lusófona University marked World Food Day with workshops, scientific sessions and showcooking dedicated to sustainable nutrition	SDG 3, SDG 12	https://www.ulusofona.pt/en/news/plant-based-foods-science-with-flavour-celebrated-food-day
In Media	2025	Conference Series on Contemporary Art	Conference cycle brings together artists and students to reflect on contemporary art and the challenges between different artistic practices.	SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en
Training Actions and Workshops	2025	Pathfinder - Applications Open for Non-EU Students	Clarification sessions on the application process for International Students	SDG 4	https://www.ulusofona.pt/en/event/pathfinder-applications-open-for-non-eu-students
Training Actions and Workshops	2025	ULusófona opens school year with debate on education and citizenship	The FCSEA Institute of Education began the academic year with a conference on democratic ethics and the role of schools in citizenship formation	SDG 4, SDG 5, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/lusofona-university-opens-academic-year-with-debate-on-education-and-citizenship
In Media	2025	Possible Changes to the Labour Code and Possible Consequences for the Country	Seminar dedicated to reflection on current and future changes to the Labour Code and their impact on the fundamental rights of workers	SDG 3, SDG 4, SDG 8, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/amendments-to-the-labour-code-and-their-potential-impact

Sustainability Events	2025	III Meeting of Advisors, Supervisors and Social Work Students	Meeting promotes sharing of experiences and reflection on the supervision and guidance of internships in Social Work	SDG 4	https://www.ulusofona.pt/en/event/iii-meeting-of-social-work-supervisors-mentors-and-students
Sustainability Events	2025	Conference with Marcio Doctors inspires debate between art and heritage	The art critic was invited to the 4th edition of the Great Artists on Campus cycle, in a conference on the role of art in today's world	SDG 4, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/conference-with-marcio-doctors-inspires-debate-between-art-and-heritage
In Media	2025	30th LGW International Education Congress. Integral Education	Comprehensive Education - Socio-emotional Skills and Abilities: a vision beyond the intellect	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/30th-international-congress-on-education-of-the-lbv-integral-education
Training Actions and Workshops	2025	30th LGW International Education Congress. Integral Education	Comprehensive Education - Socio-emotional Skills and Abilities: a vision beyond the intellect	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/30th-international-congress-on-education-of-the-lbv-integral-education
In Media	2025	The influence of mimetic rivalry on contemporary Tax Law	The Faculty of Law of Lusófona University holds an interdisciplinary conference that analyses the foundations of Tax Law	SDG 4	https://www.ulusofona.pt/en/event/the-influence-of-mimetic-rivalry-on-contemporary-tax-law
Training Actions and Workshops	2025	KPOP – More than a Musical Phenomenon, an Economic Machine	"KPOP Phenomenon", the resounding success of BTS and associated tourism, generates billions of	SDG 8	https://www.ulusofona.pt/en/news/kpop-more-than-a-musical-phenomenon-an-economic-machine

			euros and revitalises South Korea's economy		
Training Actions and Workshops	2025	China and the New International Relations	Maria Castello Branco analyses China's role in new international dynamics, in an open class.	SDG 16	https://www.ulusofona.pt/en/event/china-and-the-new-international-relations
Training Actions and Workshops	2025	Late Afternoon Conversations with Alumni	Meeting between former students and the academic community promotes sharing, inspiration and new professional opportunities	SDG 4	https://www.ulusofona.pt/en/event/late-afternoon-conversations-with-alumni
In Media	2025	Intercultural Skills and Care Practices	Reflection on how interculturality can make care more fair, humane and appropriate to diversity in Portugal	SDG 3, SDG 4, SDG 5, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/webinars/intercultural-competences-and-care-practices
Training Actions and Workshops	2025	Research Trajectories: Contributions to the Development of Gerontology	Within the scope of the UC Intervention in Social Gerontology, a meeting will take place with former master's students who will share their experiences in the area	SDG 3, SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/research-trajectories-contributions-to-the-development-of-gerontology
Sustainability Events	2025	XII Marketing Day - Then & Now: From ULP to the World	Paths that inspire: alumni share experiences and opportunities in the world of marketing	SDG 4, SDG 5, SDG 17	https://www.ulusofona.pt/en/event/xii-marketing-day-then-now-from-ulp-to-the-world
Sustainability Events	2025	Cine Bárbaras promotes reflection on	From academic debate to practical action, the conference promotes	SDG 4, SDG 5, SDG 10,	https://www.ulusofona.pt/en

		cinema, memory and feminism at ULusófona	reflections on gender, memory and representation in contemporary cinema	SDG 16, SDG 17	
In Media	2025	The aviation challenge towards carbon neutrality and the role of SAF	The Seminar will bring together experts with different approaches and areas of knowledge for in-depth reflection on various topics.	SDG 4, SDG 7, SDG 8, SDG 11, SDG 12	https://www.ulusofona.pt/en
Participation in International Projects	2025	ULusófona researcher participated in the ECREA conference	European conference brings together experts to discuss health communication strategies and promotion of active ageing	SDG 3, SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/researcher-from-lusofona-university-participated-in-the-ecrea-conference
In Media	2025	Sustainable Asset Management and Life Cycle Investment	Analysing the potential of ISO 5501 in the circular economy	SDG 9, SDG 11	https://www.ulusofona.pt/en/event/11th-conference-on-industrial-engineering-and-management
In Media	2025	11th Industrial Engineering and Management Conference	Connecting Students, Professionals and Companies on the Path of Technological Transformation and Sustainable Industrial Management	SDG 4	https://www.ulusofona.pt/en/event/11th-conference-on-industrial-engineering-and-management
In Media	2025	Prevent and Innovate: Reality or Myth - Preventive Rave	A seminar dedicated to reflecting on risk behaviours, prevention and contemporary social challenges	SDG 3, SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/event/prevent-and-innovate-reality-or-myth-preventive-rave
In Media	2025	ULusófona performs innovative	The Lusófona University Veterinary Hospital performs its	SDG 4, SDG 9	https://www.ulusofona.pt/en/news/ulusofona-university-performs-

		neurosurgery to remove intracranial tumor	first intracranial neurosurgery, on a cat with a brain tumor		innovative-surgery-to-remove-an-intracranial-tumour
Training Actions and Workshops	2025	Study Methods	The Study Methods workshop proposes strategies and techniques for effective study organisation and academic success	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/study-methods
Sustainability Events	2025	1st Meeting between Tutor Professors and Mentor Psychology Students	Meeting promotes sharing of good practices and strategic alignment within the scope of the Mentoring Program of the School of Psychology and Life Sciences	SDG 3, SDG 4	https://www.ulusofona.pt/en
In Media	2025	Power to the Fake? The Media and the Rise of Populism in Portugal	Empirical evidence and theoretical contributions on the role of the media in the legitimization and expansion of populism	SDG 4, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/power-fake-media-rise-of-populism-portugal
In Media	2025	ULusófona - CUP Inaugurates Polo 4	The new campus building was unveiled at Casa da Arquitetura and reflects ULusófona's commitment to teaching and architecture	SDG 4, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-cup-inaugurates-polo-4
Training Actions and Workshops	2025	AI and Technological Megatrends	International dialogue on the ethics of Artificial Intelligence and social transformation, with	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/ai-and-technological-megatrends

			leading academics from Germany and Japan		
Training Actions and Workshops	2025	Humanism, Human Rights and Citizenship: reflecting to build the future	Reflection on Humanism, Human Rights and Citizenship, promoting critical thinking, interdisciplinary dialogue and active social commitment	SDG 4, SDG 5, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/humanism-human-rights-and-citizenship-reflecting-to-build-the-future
In Media	2025	Great Artists on Campus: Mikhail Karikis	Artist Mikhail Karikis inspired the ULusófona community to reflect on art, inclusion and sustainable futures	SDG 4, SDG 10, SDG 11, SDG 13, SDG 16	https://www.ulusofona.pt/en/news/great-artists-on-campus-mikhail-karikis
Training Actions and Workshops	2025	ULusófona researchers publish article in Games and Culture	Research analyses 20 years of cultural game jams in a study published in the magazine Games and Culture	SDG 4, SDG 10	https://www.ulusofona.pt/en/news/researchers-from-lusofona-university-publish-article-in-games-and-culture
In Media	2025	Big Show celebrated academic film production at Batalha	Two short films from ULusófona were finalists in the Big Show, promoted by Cinema Batalha, highlighting the creativity of students	SDG 4, SDG 8, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/big-show-celebrated-academic-film-production-at-batalha
In Media	2025	Tourism that Inspires: Building Healthy and Sustainable Work Environments	Exchange and sharing of knowledge and experiences; networking, based on the importance of creating healthy environments in tourism.	SDG 3, SDG 8	https://www.ulusofona.pt/en/event/tourism-that-inspires-building-healthy-and-sustainable-work-environments

Sustainability Events	2025	III Mobility More Seminar	The Mobilidade Mais seminar addresses the digital transition, cybersecurity and the implementation of NIS2 in the transport sector	SDG 11, SDG 15, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/iii-more-mobility-seminar
Sustainability Events	2025	Seminar at ULusófona highlights the role of research in Social Work	ULusófona - Centro Universitário do Porto brought together experts to debate research and ethical practice in Social Work	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/seminario-at-lusofona-university-highlights-the-role-of-research-in-social-work
Training Actions and Workshops	2025	EP11 – Let’s SPIC About... We ART Tolerance: Art as a Motor of Inclusion	Ana Beato tells us how Creativity Destroys the Stigma of Mental Health in young people	SDG 3, SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/podcasts/ep11-lets-spic-about-we-art-tolerance-art-as-a-driver-for-inclusion
In Media	2025	Fraud and Food Authenticity	Integrity, trust and competitiveness in the agri-food chain	SDG 3, SDG 4, SDG 12, SDG 13, SDG 15	https://www.ulusofona.pt/en/event/food-fraud-and-authenticity
In Media	2025	IInd Introduction to Contemporary Thought Workshop	The impact of social technologies on the practice of Business Management and Human Resources, Accounting, Taxation and Auditing professionals.	SDG 4, SDG 10	https://www.ulusofona.pt/en/event/2nd-workshop-on-introduction-to-contemporary-thought
In Media	2025	ULusófona Officially Opened the 2025/2026 Academic Year	The ceremony highlighted integrity, democracy and the role of AI in promoting quality and inclusive education	SDG 5	https://www.ulusofona.pt/en/news/ulusofona-officially-opened-the-20252026-academic-year

In Media	2025	ACT4WBeing WEBINAR	Join the discussion about the challenges and future of education in Portugal.	SDG 4	https://www.ulusofona.pt/en/event/webinar-act4wbeing
Training Actions and Workshops	2025	FilmEU Industry Summit 2025: Innovation and Trends for the Creative Industries	A meeting that highlighted innovation, creativity and the future of audiovisual industries	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/filmeu-industry-summit-2025-innovation-and-trends-in-the-creative-industries
In Media	2025	ULusófona Animation students stand out at the World Animation Festival	Erasmus Mundus Master's Degree RE:Anima wins "School Films" category at the World Animation Festival	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/animation-students-from-lusofona-stand-out-at-the-world-animation-celebration
In Media	2025	Peace in Times of War	Essential debates on the culture of peace, rule of law and human rights in times of war, with experts from various fields	SDG 16	https://www.ulusofona.pt/en/event/peace-in-times-of-war
In Media	2025	Design Scenario 2	The second edition of the exhibition of works carried out by Design and Communication lecturers and students will take place at Forum da Maia in November	SDG 4, SDG 9	https://www.ulusofona.pt/en/event/design-scenario-2
In Media	2025	Forced Migration	Open Class with Ana Carina Franco Debates Forced Migration and the Challenges of Identities and Multiculturalism	SDG 1, SDG 16	https://www.ulusofona.pt/en/event/open-class-forced-migration

In Media	2025	ULusófona Students Receive APPM Talent Award 2025	An initiative, integrated into National Marketing Week, which gives a platform to the new generation of professionals, recognising creativity and innovation	SDG 4, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/estudantes-ulusofona-recebem-premio-appm-talento-2025
In Media	2025	Simplify the use of hyphens - Teacher explains how to use them correctly	ULusófona teacher, Sandra Duarte Tavares, reveals the secrets of hyphenation and impeccable writing	SDG 4, SDG 17	https://www.ulusofona.pt/a/descomplique-o-uso-do-hifen-professora-explica-como-usar-corretamente
In Media	2025	ULusófona Professor Participates in the 25th National Pediatrics Congress	As speaker, professor Hélia Bracons addressed the themes of welcoming, integration, superdiversity, interculturality and human rights	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/ulusofona-lecturer-participates-in-the-25th-national-paediatrics-congress
In Media	2025	ULusófona professor receives "Early Career Researcher Award 2025"	João Proença Xavier is a Professor of the Master's Degree in Embryology and Human Reproduction at Lusófona University - Centro Universitário Lisboa	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-lecturer-receives-early-career-researcher-award-2025
In Media	2025	Mission: Immunology	3rd year Biology and Biochemistry Immunology students host an event that explores the immune responses involved in various diseases.	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/mission-immunology

In Media	2025	ULusófona students publish first interconnected report	First interconnected report developed at Lusófona University is highlighted in Sábado magazine.	SDG 4, SDG 8	https://www.ulusofona.pt/en/news/students-from-ulusofona-publish-first-interconnected-report
In Media	2025	ULusófona is New Signatory of the Magna Charta Universitatum	ULusófona joined, in London, a global network committed to defending the principles of academic freedom and institutional autonomy	SDG 4	https://www.ulusofona.pt/en/news/ulusofona-is-a-new-signatory-to-the-magna-charta-universitatum-in-london
In Media	2025	Article by ULusófona Teacher published in French Magazine	Like countries in the Global South, civil society organisations and defence industries participate in the construction of AI regulatory frameworks.	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/article-by-ulusofona-lecturer-published-in-french-journal
Training Actions and Workshops	2025	ULusófona lecturers present innovative contributions on Academic Mentoring	ULusófona research is highlighted in two international forums dedicated to education and academic integration.	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/a/docentes-da-ulusofona-apresentam-contributos-inovadores-sobre-mentoria-academica
In Media	2025	Lusófona University hosts the 30th International Congress on Integral Education	The event brought together experts and institutions to discuss innovative Integral Education practices.	SDG 4, SDG 10	https://www.ulusofona.pt/en/news/lusofona-university-hosts-the-30th-international-congress-on-integral-education
In Media	2025	ULusófona Participates in Elsevier Magazine	Elsevier Impact Conference 2025 brought together the global PURE and Digital Commons	SDG 4, SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-participates-in-elsevier-international-conference

		International Conference	communities in Cascais, Portugal		
In Media	2025	Humans Perspectives	Let single guilt die, why?	SDG 4	https://www.ulusofona.pt/en/chronicles/humans-perspectives
In Media	2025	ULusófona invites reflection on Healthy Work Environments in Tourism	A day dedicated to sharing experiences on practices that promote well-being and sustainability in the tourism sector took place at ULusófona	SDG 3, SDG 4, SDG 8	https://www.ulusofona.pt/en/event/tourism-that-inspires-building-healthy-and-sustainable-work-environments
In Media	2025	3rd Call for Staff Mobilities - FilmEU Collegium	Eight FilmEU institutions unite to promote professional exchange and international collaboration	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/3rd-call-for-staff-mobilities-filmeu-collegium
Sustainability Events	2025	ULusófona lecturers participate in Ibero-American Education Congress	Having presented the following communication: "The Mentoring Program as a Tool for Academic Integration: the perspective of Student Mentors"	SDG 4, SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-lecturers-participate-in-ibero-american-education-congress
In Media	2025	Casa da Arquitetura hosts ULusófona Academic Projects Exhibition	The exhibition, open to the public, highlights the creativity and technical quality of contemporary architecture students	SDG 4, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/casa-da-arquitetura-hosts-ulusofona-academic-projects-exhibition
In Media	2025	Degree in Tourism Invests in Travelport / Galileo and	With this double certification, Tourism graduates from Lusófona University are prepared to	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/ba-in-tourism-focuses-on-

		Newhotel Certifications	respond to market demands		travelportgalileo-and-newhotel-certifications
In Media	2025	Rights, Dignity and Mental Health	A space for reflection on current mental health challenges, promoting dialogue between professionals, students and the community.	SDG 3, SDG 4, SDG 16	https://www.ulusofona.pt/en/event/rights-dignity-and-mental-health
In Media	2025	The Future of Magazines in Debate at Lusófona University	International conference brought together experts from 13 countries to debate the present and future of the magazine format	SDG 4, SDG 9, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/discovering-new-forms-of-communication-at-future-of-magazine-2025-
In Media	2025	ULusófona Teacher Integrates Art Exhibition at Casino Estoril	The exhibition is on display until December 8th, as part of the 39th Edition of the Autumn Salon, at the Casino Estoril Art Gallery	SDG 17	https://www.ulusofona.pt/en/news/ulusofona-lecturer-participates-in-art-exhibition-at-casino-estoril
In Media	2025	Creativity returned to Forum da Maia with the “Design Scenario” Exhibition	The ULusófona exhibition brought together works by lecturers and students from the Degree in Communication Design in a space for sharing and experimentation	SDG 8, SDG 9, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/creativity-returned-to-the-maia-forum-with-the-design-scenario-exhibition
In Media	2025	ULusófona Integrates Round Table on Mental Health	Activity co-organised by Escola Secundária Padre António Vieira and the Social Commission of the Parish of Alvalade	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-participates-in-round-table-on-mental-health

In Media	2025	Freedom of Expression vs Right to a Good Name: Legal Debate at ULusófona	The Open Class brought together experts to discuss the limits between freedom of expression and the protection of honour in a democratic society	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/news/freedom-of-expression-vs-right-to-a-good-name-legal-debate-at-ulusofona
In Media	2025	Public Policies, Young People and Media Education	ULusófona hosts this Meeting, which will feature the participation of various professionals, promoting debate around different themes.	SDG 4, SDG 5, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/public-policy-youth-and-media-education
In Media	2025	Participate in Pedagogical Surveys Until February 15th	Surveys for students and lecturers are online. Contribute to improving the quality of education and suitability for the job market	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/take-part-in-the-teaching-and-satisfaction-surveys-25-26-i
In Media	2025	ULusófona researchers contribute to the FUTOURWORK project in Athens	Researchers participated in the European meeting dedicated to innovative strategies to promote the well-being of tourism and hospitality workers.	SDG 4	https://www.ulusofona.pt/en
Training Actions and Workshops	2025	Professors from Lusófona University publish about the American Presidency	Three Portuguese professors publish chapters in Springer on Obama, Trump and the impact of American presidencies on global politics.	SDG 2, SDG 3, SDG 4, SDG 5, SDG 8, SDG 9, SDG 10,	https://www.ulusofona.pt/a/professores-da-universidade-lusofona-publicam-sobre-a-presidencia-americana

				SDG 16, SDG 17	
Sustainability Events	2025	Other Delli Week 18: Design, Care and Invisible Communities	Workshop that encouraged students to explore invisible communities and rethink design as a practice of care and attention to what goes unnoticed	SDG 4, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/other-delli-week-18-design-care-and-invisible-communities
In Media	2025	Late Afternoon Conversation with Alumni	Testimonials on the journey and integration into the job market	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/evening-discussion-with-alumni
Sustainability Events	2025	CEAD researcher at International Congress on Social Transformation	Paulo Sargento highlighted the impact of trauma and child abuse at the 1st International Congress of Community Intervention and Social Transformation	SDG 1, SDG 3, SDG 4, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/cead-researcher-at-international-congress-on-social-transformation
Sustainability Events	2025	Faculty of Veterinary Medicine of ULusófona participates in Hospital da Bonecada	The activity received more than 3,000 visitors and aroused great enthusiasm among children and families, reinforcing the Faculty's training mission.	SDG 4	https://www.ulusofona.pt/en/news/faculty-of-veterinary-medicine-at-ulusofona-participates-in-hospital-da-bonecada
Sustainability Events	2025	Conference Cycle promotes reflection on expressions of Contemporary Art	Four sessions brought together artists, lecturers and students to discuss creative processes, emerging technologies and reading territories in art	SDG 4, SDG 9, SDG 11, SDG 12, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/lecture-series-promotes-reflection-on-expressions-of-contemporary-art

In Media	2025	Intervention on Determinants of Physical Activity Behaviours	The project brings together international experts to study the factors that influence physical activity and improve health promotion policies	SDG 3, SDG 4, SDG 10, SDG 11, SDG 17	https://www.ulusofona.pt/en/conversations-about/intervention-on-the-determinants-of-physical-activity-behaviours
In Media	2025	ULusófona teacher participates in International Education Conference	Professor Filipa Oliveira Antunes participated in the conference with the presentation of a scientific article in the field of Architecture	SDG 4, SDG 5	https://www.ulusofona.pt/en/news/ulusofona-lecturer-participates-in-international-education-conference
Participation in International Projects	2025	Small Steps, Big Changes - Masterclass inspired Future Managers	Fátima Carneiro's masterclass reinforced that transformation in companies begins with leaders who promote trust, listening and continuous improvement	SDG 4, SDG 8, SDG 9, SDG 16	https://www.ulusofona.pt/en/news/small-steps-big-changes-masterclass-inspired-future-managers
In Media	2025	"Human Error in the eyes of a pilot", with Commander Armindo Martins	Brief sharing, from the perspective of an airline pilot, about the importance of human factors in preventing errors.	SDG 3, SDG 9, SDG 17	https://www.ulusofona.pt/en/event/human-error-through-the-eyes-of-a-pilot-with-captain-armindo-martins
In Media	2025	Great Artists on Campus #4: Alexandre Farto aka Vhils	Alexandre Farto, known as Vhils, is an artist known for revolutionizing public art	SDG 11, SDG 12	https://www.ulusofona.pt/en/event/great-artists-on-campus-4-alexandre-farto-aka-vhils
In Media	2025	Happy Holidays 25/26	Alongside every student, every teacher, every collaborator and everyone who trusts in Lusophone Education	SDG 4	https://www.ulusofona.pt/en/news/happy-holidays-2526

			and its contribution to Lusophony		
Community Sustainability Services	2025	Peer violence in an academic context	The objective is to raise students' awareness of violence between peers in an academic context, promoting good inclusion practices.	SDG 3, SDG 4, SDG 5, SDG 10	https://www.ulusofona.pt/en/event/peer-violence-in-academic-settings
Training Actions and Workshops	2025	Launch of the book "Irrealized Musical Energy" by João Carrilho	Presentation of the book "Irrealized Musical Energy", written by João Carrilho	SDG 4	https://www.ulusofona.pt/en/event/launch-of-the-book-unrealised-musical-energy-by-joao-carrilho
In Media	2025	Violence in Intimate Relationships During the Perinatal Period	A meeting of professionals and decision-makers to promote reflection and collaboration in health, social action and public policies	SDG 3, SDG 5	https://www.ulusofona.pt/en/event/ipv-during-the-perinatal-period-evidence-and-guidance-for-practice
In Media	2025	Human presence in polar regions under debate at the XVII Portuguese Conference	Meeting dedicated to debating the human presence in the polar regions and the scientific, social and environmental challenges that shape these territories.	SDG 3, SDG 13, SDG 14, SDG 15, SDG 17	https://www.ulusofona.pt/en/news/human-presence-in-polar-regions-debated-at-the-17th-portuguese-conference
In Media	2025	Geopolitics, International Law and New Global Order Debated at ULusófono	The II Alexandre Herculano Conference Cycle brought together experts to debate international tensions, legal challenges and the global order	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/geopolitics-international-law-and-the-new-global-order-debated-at-ulusofona

Sustainability Events	2025	International Student Meeting on Artificial Intelligence	Young people from Portugal and Brazil come together to build the future of AI in an event that promotes dialogue, academic collaboration and innovation.	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/international-student-meeting-on-artificial-intelligence
Sustainability Events	2025	Ângela Araújo European Studies, Lusophone Studies and International Relations	My intention is to continue mediation, provide training and bring the migrant community this opportunity to be part of the Portuguese community.	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/testimonials/angela-araujo-european-studies-lusophone-studies-and-international-relations
In Media	2025	International Colloquium: Legal Philosophy of Francisco Suárez Today	Meeting that rethought Suárez's philosophical-legal legacy and its relevance to contemporary challenges in law and political theory	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/international-colloquium-on-francisco-suarezs-legal-philosophy
In Media	2025	MAGARH Seminar analyses scenarios of change in the Labour Code	Initiative highlighted challenges and opportunities associated with the evolution of the legal framework for work.	SDG 3, SDG 8, SDG 9, SDG 10, SDG 16	https://www.ulusofona.pt/en
In Media	2025	Christmas market	Christmas Market brings together students, lecturers and staff in a sustainable initiative	SDG 8, SDG 12, SDG 13	https://www.ulusofona.pt/en/event/christmas-market
In Media	2025	International Policies: Security Risk	With Ana F. Santos, a specialist in humanitarian action,	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/international-policies-security-risk-

		Management for NGOs in Mozambique	Aula Aberta explores international dynamics and risk management in Cabo Delgado.		management-for-ngos-in-mozambique
In Media	2025	Conference: The influence of mimetic rivalry on contemporary Tax Law	An interdisciplinary reflection on how René Girard's mimetic theory illuminates tensions, conflicts and dynamics in the modern tax system.	SDG 4, SDG 8, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/conference-the-influence-of-mimetic-rivalry-on-contemporary-tax-law
In Media	2025	ULusófono students participate in Interuniversity Workshop	Initiative at the Military University Institute promotes joint reflection on European security and geopolitics	SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-students-take-part-in-inter-university-workshop
In Media	2025	Meeting reinforced the link between training and practice in Social Work	Teachers, professionals and students reflected on internships, challenges and learning in social work	SDG 3, SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/the-meeting-strengthened-the-link-between-training-and-practice-in-social-work
Sustainability Events	2025	Christmas Gathering – Mentors & Mentees Social Work and Psychology	Celebration of the journey developed throughout the semester, strengthening ties between students and promoting an environment of sharing and closeness.	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/christmas-gathering-mentors-mentees-social-work-and-psychology
In Media	2025	Mediation for School Socio-educational Improvement	Presentation of the final results of the Mediation Project for School Socio-educational Improvement to the	SDG 1, SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/event/school-socio-educational-improvement-mediation

			educational community		
In Media	2025	Game developed at ULusófona receives International Award	A game created within the scope of GamelN - a project that aims to include people with intellectual disabilities - was awarded the "Best Game Demo" award	SDG 9	https://www.ulusofona.pt/en/news/game-developed-at-lusofona-university-receives-international-award
In Media	2025	ULP Marketing Day reinforces the connection between ULusófona and the professional market	Former students share experiences in Communication and Marketing, inspiring people to explore new paths and opportunities	SDG 4, SDG 8, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/marketing-day-at-ulusofona-strengthens-the-connection-with-professional-market
In Media	2025	Debate at ULusófona exposes risks of misinformation	Researchers, journalists and political voices examined how misinformation fuels populism and affects public participation	SDG 4, SDG 5, SDG 9, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/debate-at-ulusofona-highlights-the-risks-of-disinformation
Sustainability Events	2025	Eramus + applications open for mobility 2nd phase until 01/31	Students can apply for periods of study abroad at different stages throughout the year	SDG 4	https://www.ulusofona.pt/en/news/applications-open-for-erasmus-mobility-1st-phase-until-3112
Training Actions and Workshops	2025	The Mathematics Crisis in Portugal compared to China's Success	Professor João Marôco analyses the decline in the results of Portuguese students in Mathematics and explains the structural causes of the problem	SDG 4	https://www.ulusofona.pt/a/a-crise-da-matematica-em-portugal-comparada-com-o-sucesso-da-china

Training Actions and Workshops	2025	Is Mathematics in crisis?	Western societies are highly technological, for which mathematics, science and reading are absolutely fundamental knowledge	SDG 4	https://www.ulusofona.pt/en/chronicles/is-mathematics-in-crisis
Training Actions and Workshops	2025	The Emotional Impact of Climate Change	Rui Gaspar, professor at ULusófona, warns of the emotional impact of climate change: from "ecoanxiety" to loss of identity	SDG 13	https://www.ulusofona.pt/a/o-impacto-emocional-das-alteracoes-climaticas
Training Actions and Workshops	2025	LabCLIP Peer Conversations - Session 1	Debate and discussion between researchers interested in topics related to Portuguese-speaking cultures	SDG 4, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/conversations-among-peers-labclip-session-1
In Media	2025	4th International Conference on Sport and Education	International event brought together experts to debate innovation, science and practices in sport and education, promoting health and physical literacy	SDG 3, SDG 4, SDG 9, SDG 11, SDG 17	https://www.ulusofona.pt/en/news/4th-international-conference-on-sport-and-education
In Media	2025	Human factors in error prevention in aviation contexts	Commander Armindo Martins' experience on human error and operational safety	SDG 3	https://www.ulusofona.pt/en/news/human-factors-in-error-prevention-in-aviation-contexts
In Media	2025	Call for Papers until March 24th - Cinematography of Today	Submit your papers to the conference that invites you to explore the ever-evolving art, craft, and theory of cinematography.	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/call-for-papers-cinematography-of-today

In Media	2025	Vhils took urban art to Cinema Fernando Lopes	The artist was the guest of the Great Artists on Campus #4 cycle, at ULusófona, with a conference on creative destruction.	SDG 4, SDG 9, SDG 11	https://www.ulusofona.pt/en/news/vhils-brought-urban-art-to-cinema-fernando-lopes
Participation in International Projects	2025	Launch of the book "The Power of Our Words"	Presentation of the book "The Power of our Words", written by Sandra Duarte Tavares, professor at ECATI.	SDG 4, SDG 16	https://www.ulusofona.pt/en/event/book-launch-the-power-of-our-words
Participation in International Projects	2025	Dialogues between West and East	The open class presents works and solos performed by students, on (im)mortality as cross-cultural universality and other topics.	SDG 3, SDG 4, SDG 5	https://www.ulusofona.pt/en/event/dialogues-between-the-west-and-the-east
In Media	2025	Workshop Cycle for Students	The new Workshop Cycle for Students starts on October 29th and covers topics such as time management, study methods and mental health	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/workshop-series-for-students
In Media	2025	Let's Talk About Mental Health?	The Let's Talk About Mental Health? will address risk and protective factors, warning signs and strategies to promote psychological well-being	SDG 3, SDG 4	https://www.ulusofona.pt/en/event/lets-talk-about-mental-health
In Media	2025	Social Service Institute Initiatives 2025/26	Participate in the various activities promoted by ISS for students of the Degree	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/initiatives-of-the-institute-of-social-work-202526

			in Social Service during the 1st semester		
In Media	2025	Fraud and food authenticity in the agri-food chain	PAFP and IAFP seminar addressed food safety, fraud prevention and consumer trust	SDG 3, SDG 4, SDG 12, SDG 13, SDG 15	https://www.ulusofona.pt/en/news/food-fraud-and-authenticity-in-the-agri-food-chain
Training Actions and Workshops	2025	Research reveals the consequences of violence in the perinatal period	Research reveals the impact of Violence in Intimate Relationships on mothers' mental health and babies' development	SDG 3, SDG 4, SDG 5, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/research-reveals-the-consequences-of-violence-during-the-perinatal-period
In Media	2025	Seminar debates the future of talent in Portuguese football	Coaches, academics and managers reflected on the ongoing training and development of football players in Portugal	SDG 3, SDG 8, SDG 9, SDG 10, SDG 17	https://www.ulusofona.pt/en/news/seminar-discusses-the-future-of-talent-in-portuguese-football
In Media	2025	Risk Behaviour, Gambling and Use of Technologies under debate at ULusófona	Researchers, lecturers and professionals from the areas of psychology, criminology and social intervention shared perspectives and experiences	SDG 3, SDG 4, SDG 5, SDG 16	https://www.ulusofona.pt/en/news/risk-behaviours-gambling-and-the-use-of-technologies-under-debate-at-ulusofona
In Media	2025	Celebration of International Migrants Day	Reflections and experiences for building a more inclusive society	SDG 4, SDG 10, SDG 16, SDG 17	https://www.ulusofona.pt/en/event/celebration-of-international-migrants-day
In Media	2025	Clarification Session - Erasmus+ and Overseas Mobility 26/27	Session dedicated to students interested in doing a semester abroad in 2026/2027.	SDG 4, SDG 17	https://www.ulusofona.pt/en/event/information-session-erasmus-and-overseas-mobility-2627

In Media	2025	MedMSE results show positive impact of mediation in schools	Conference brought together the educational community to present MedMSE results and reflect on inclusion, dialogue and conflict management in schools	SDG 4, SDG 10, SDG 11, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/medmse-results-show-the-positive-impact-of-mediation-in-schools
Community Sustainability Services	2025	Master's degree in Exercise and Health starts with opening session at ULusófona	Experts discussed obesity, active ageing and promoting healthy habits among students and the community	SDG 3, SDG 4, SDG 10, SDG 11	https://www.ulusofona.pt/en/news/masters-in-exercise-and-health-kicks-off-with-an-opening-session-at-ulusofona
In Media	2025	Conference discussed human resources management in Public Administration	Lusófona University hosted a session on advanced people management practices in the public sector	SDG 4, SDG 8, SDG 16	https://www.ulusofona.pt/en/news/conference-discussed-human-resources-management-in-public-administration
In Media	2025	Launch of the book The Power of Our Words in Lisbon	Work by Sandra Duarte Tavares was launched at the Agostinho da Silva Auditorium, bringing together the academic community and guests	SDG 4, SDG 16	https://www.ulusofona.pt/en/news/launch-of-the-book-o-poder-das-nossas-palavras-in-lisbon
In Media	2025	Permanent Seminar of Islamic Studies 2025	Permanent Seminar on Islamic Studies offers a series of events that explore the different facets of Islamic culture, with the support of ULusófona	SDG 4, SDG 10, SDG 16	https://www.ulusofona.pt/en/event/permanent-seminar-on-islamic-studies-2025
In Media	2025	LabCLIP Peer Conversations	The inaugural session reflected on the	SDG 4, SDG 5,	https://www.ulusofona.pt/en/news/labclips-

		debate the critique of African literature	advent of criticism of Portuguese-language African literature with Ubiratã Souza	SDG 10, SDG 16, SDG 17	conversas-entre-pares-discuss-the-criticism-of-african-literatures
In Media	2025	Sustainable management under debate at the Industrial Engineering and Management Conferences	Lecture dedicated to sustainable asset management and the role of ISO 55001 in the transition to a circular economy.	SDG 4, SDG 9, SDG 12, SDG 13, SDG 17	https://www.ulusofona.pt/en/news/11th-industrial-engineering-and-management-conference
In Media	2025	Study by ULusófona reveals that song lyrics have become more negative	Research by Lusófona University and CICANT analysed 20 thousand songs and concluded that the lyrics are now simpler and more negative.	SDG 4, SDG 8	https://www.ulusofona.pt/en/news/ulusofona-study-reveals-song-lyrics-have-become-more-negative
In Media	2025	ULusófona Tourism Department at an International Conference in Macau	The colloquium addressed an analysis of how tourism and hospitality organisations in Portugal can promote healthier working environments	SDG 3, SDG 8, SDG 16	https://www.ulusofona.pt/en/news/ulusofona-tourism-department-at-an-international-conference-in-macau
In Media	2025	Engineering in Twelve Axioms (and a Half)	Professor Elói Figueiredo explores the principles of engineering and presents the work "Science Discovers, Engineering Creates"	SDG 4, SDG 9, SDG 11, SDG 12	https://www.ulusofona.pt/en/webinars/engineering-in-twelve-and-a-half-axioms
In Media	2025	Paper by Food	A campaign that transforms waste into solidarity, combining sustainability and support for those who need it most.	SDG 1, SDG 2, SDG 11, SDG 12, SDG 17	https://www.ulusofona.pt/en/event/paper-for-food

In Media	2025	Association pays tribute to Professor and Faculty of Sports at ULusófona	The National Football Coaches Association honoured Prof. Filipe Casanova and the Faculty of Sports, for their contribution to sports training	SDG 4, SDG 8	https://www.ulusofona.pt/en/news/antf-pays-tribute-to-a-professor-and-the-faculty-of-ulusofona-porto
In Media	2025	Internationalization of the Faculty of Sport and Physical Education	Professors from Lusófona University received a Brazilian delegation to sign the first academic collaboration protocol between universities	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/internationalization-of-the-faculty-of-sport-and-physical-education-ul-cup
In Media	2025	Lusófona University received the Kitazato Scientific Journey	Lusófona University hosted Kitazato's Scientific Day to discuss the new ultra-fast vitrification protocol	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-hosted-the-kitazato-scientific-conference
In Media	2025	III Mobility More Seminar	Digital transition and cybersecurity in focus at a meeting dedicated to the strategic challenges of mobility in Portugal	SDG 9, SDG 11, SDG 16	https://www.ulusofona.pt/en/event/iii-more-mobility-seminar
In Media	2025	Researchers from ULusófona are part of the Working Group of the General Directorate of Health	Researchers from the HEI-Lab at Lusófona University are part of the DGS's national advisory group on communication and health behaviour sciences.	SDG 3, SDG 4	https://www.ulusofona.pt/en/news/lusofona-university-researchers-join-working-group-of-the-direcao-geral-de-saude
In Media	2025	ULusófona signs Portuguese Charter for Diversity	The signatories of this Charter accept Diversity as an ethical imperative, translating	SDG 4, SDG 5, SDG 8, SDG 10	https://www.ulusofona.pt/en/news/ulusofona-signs-portuguese-charter-for-diversity

			into a basic principle of their actions		
In Media	2025	CresCine Launches Film Industry Data Repository	Free platform that aims to resolve the fragmentation of information about the Cinema industry in Europe.	SDG 4, SDG 8, SDG 9, SDG 17	https://www.ulusofona.pt/en/news/crescine-lanca-repositorio-de-dados-da-industria-cinematografica
In Media	2025	ULusófona lecturers publish in an International Work on "America in Crisis"	The international work explains how political leadership influences not only public policies, but also the happiness and well-being of citizens	SDG 1, SDG 2, SDG 5, SDG 8, SDG 9, SDG 10, SDG 11, SDG 12, SDG 13, SDG 16, SDG 17	https://www.ulusofona.pt/en/news/ulusofona-lecturers-publish-in-international-book-about-america-in-crisis
In Media	2025	Future Talent Program Applications open until January 28th	Develop communication skills and disseminate innovative projects or ideas in the area of Information Technologies.	SDG 4, SDG 17	https://www.ulusofona.pt/en/news/future-talent-programme-applications-open
In Media	2025	Innovative project reaches the national final of the Digital Health 2025 competition	Lusófona team develops innovative helmet for children in the field of health and biomedical technology	SDG 3, SDG 4, SDG 9	https://www.ulusofona.pt/en/news/innovative-project-reaches-national-final-of-the-digital-health-2025-competition
Sustainability Events	2025	Sustainability Days 2025		SDG 4; SDG 11; SDG 12; SDG 13; SDG 17	https://fe.ulusofona.pt/noticias/jornadas-da-sustentabilidade-2025

Community Sustainability Services	2025	Faculty of Veterinary Medicine Chairs the New IAFP Affiliated Association	The Faculty of Veterinary Medicine at Lusófona University has taken on the presidency of the new Portuguese association affiliated with the International Association for Food Protection (IAFP). This appointment reinforces the University's commitment to research, education, and innovation in the field of food safety in Portugal, promoting collaboration among researchers, academics, and industry professionals.	SDG 3; SDG 17	https://www.ulusofona.pt/noticias/faculdade-de-medicina-veterinaria-preside-a-nova-associacao-afiliada-do-iafp
Community Sustainability Services	2025	Érica Faleiro Rodrigues Joins ELIA's Diversity and Inclusion Working Group	Érica Faleiro Rodrigues, lecturer and researcher at Lusófona University and a member of the FilmEU team, has been elected to the Diversity and Inclusion Working Group of the European League of Institutes of the Arts (ELIA). This group aims to define strategies and concrete actions to promote diversity, equality, and inclusion within European creative communities.	SDG 4; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/noticias/erica-faleiro-rodrigues-integra-o-grupo-de-trabalho-diversidade-e-inclusao

Activities on Campus	2025	Great Artists On Campus	Monthly lecture series organised by the Department of Cinema and Media Arts (DCAM) at Universidade Lusófona, featuring leading figures in Portuguese contemporary art.	SDG 4; SDG 10; SDG 11; SDG 16	https://www.ulusofona.pt/evento/great-artists-on-campus-3
Activities on Campus	2025	Integration Session for New Lecturers and Researchers	Welcome session for new lecturers and researchers from Lisbon and Porto campuses, promoting integration and understanding of the institutional culture.	SDG 4; SDG 8; SDG 16	https://www.ulusofona.pt/evento/sessao-de-acolhimento-e-integracao-de-novos-as-docentesinvestigadores
Activities on Campus	2025	Erasmus Welcome Session 2024/2025	Integration session for second semester Erasmus students, promoting academic and social adaptation.	SDG 4; SDG 17	https://www.ulusofona.pt/evento/welcome-session-erasmus-2024-2025
Activities on Campus	2025	20th Anniversary Gala of Lusófona Volleyball	Commemorative event that brought together students, athletes, and technical staff to celebrate 20 years of volleyball at Lusófona, with tributes and social gatherings.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/noticias/gala-20-anos-do-lusofona-voleibol
Activities on Campus	2025	Physical Education and Sports Week – Game On 2025	Multidisciplinary event with tournaments, adapted sports demonstrations, and awareness activities on health and inclusion.	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/evento/semana-educacao-fisica-desporto-game-on-2025

Activities on Campus	2025	Spring Window Display Competition: Creativity and Design in Alvalade	Competition organised by the Communication and Design course at ULusófona, where final-year students created proposals for local shop windows, promoting links between university and local commerce.	SDG 4; SDG 11	https://www.ulusofona.pt/noticias/criatividade-em-flor-montras-de-primavera-dao-vida-ao-bairro-de-alvalade
Activities on Campus	2025	WHO Guidelines – Physical Activity and Sedentary Behaviour	Dissemination of WHO recommendations on regular physical activity and reducing sedentary behaviour, promoting physical and mental health within the university community.	SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/noticias/recomendacoes-da-oms-atividade-fisica-e-comportamento-sedentario
Activities on Campus	2025	Film Screening "Banzo" by Margarida Cardoso	Screening of the film "Banzo" followed by a debate with the director, exploring historical and social themes, encouraging critical reflection within the academic community.	SDG 4; SDG 9; SDG 10; SDG 16	https://www.ulusofona.pt/evento/sessao-de-cinema-banzo-de-margarida-cardoso
Activities on Campus	2025	Digital Animation Students Create Films on Astronomy	Undergraduate students in Digital Animation created animated films in collaboration with the Institute of Astrophysics, promoting scientific communication and creativity.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/estudantes-de-animacao-digital-criam-filmes-sobre-astronomia

Activities on Campus	2025	University Day (ULusófona – CUP)	Formal ceremony with awards for students and staff, highlighting academic excellence and the institution's future vision.	SDG 4	https://www.ulusofona.pt/noticias/ulusofona-cup-celebrou-o-dia-da-universidade-com-cerimonia-solene
Activities on Campus	2025	University Day (ULusófona – CUL)	Formal ceremony with awards for students and staff, highlighting academic excellence and the institution's future vision.	SDG 4	https://www.ulusofona.pt/noticias/dia-da-universidade-celebra-excelencia-e-traca-visao-para-o-futuro
Activities on Campus	2025	Screening of "Cooking History"	Screening of the documentary "Cooking History" followed by a discussion, fostering intercultural and historical reflection through cinema.	SDG 4; SDG 16	https://www.ulusofona.pt/evento/filmeu-cineclub-sessao-de-cinema-cooking-history-de-peter-kerekes
Activities on Campus	2025	Open Day – Faculty of Law	An event for secondary school students to explore the Law, Criminology and Internal Security courses, with themed sessions, interaction with lecturers and Q&A sessions.	SDG 4	https://www.ulusofona.pt/evento/dia-aberto-da-faculdade-de-direito
Activities on Campus	2025	Volunteering Fair	Volunteering fair at Lusófona University Campus, connecting students with organisations to promote civic engagement, social justice and inclusion.	SDG 1; SDG 10; SDG 16	https://www.ulusofona.pt/evento/feira-de-voluntariado-envolver-para-transformar
Activities on Campus	2025	19th Children's Judo	Judo tournament for children with activities	SDG 3; SDG 4;	https://www.ulusofona.pt/evento/xix-torneio-

		Tournament 2025 – Master Kiyoshi Kobayashi Centenary	for the whole family, aiming to promote sport, well-being, and community involvement. The event also included a special tribute to Master Kiyoshi Kobayashi, a key figure in the development of judo in Portugal.	SDG 10; SDG 11	infantil-de-judo-2025-centenario-mestre-kiyoshi-kobayashi
Activities on Campus	2025	Film Screening "The SAAL Operations"	Documentary screening followed by a panel discussion with experts on architecture, housing and post-25 April politics, focusing on social and urban sustainability.	SDG 4; SDG 10; SDG 11	https://www.ulusofona.pt/evento/exibicao-de-filme-as-ooperacoes-saal
Activities on Campus	2025	Inside Out – Dancing with Emotion	Artistic presentation by 3rd-year students of the Physical Education and Sport undergraduate degree, featuring original choreographies and guests, promoting cultural and social expression.	SDG 3; SDG 4	https://www.ulusofona.pt/evento/espetaculo-de-danca-inside-out-dancar-com-emocao
Activities on Campus	2025	Lusófona Volleyball – Summer Holiday Camp 2025	Summer camp organised by Lusófona University offering sports activities and specialised training for young athletes aged 8 to 15, focusing on volleyball and promoting physical	SDG 3; SDG 4; SDG 11	https://www.ulusofona.pt/evento/campo-de-ferias-de-verao-2025-lusofona-voleibol

			and social development.		
Activities on Campus	2025	BuildingAdapt Project	Research project on climate adaptation of infrastructures, focusing on energy efficiency, digital models, and environmental monitoring.	SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/conversas-sobre/projeto-buildingadapt-ulusofona-inova-na-adaptacao-climatica-de-infraestruturas
Community Sustainability Services	2025	University Nutrition Clinic on the Lusófona University Campus	The Nutrition University Clinic of Lusófona University – Lisbon University Centre offers clinical nutrition consultations aimed at the academic community and the general public, at the facilities of the São João de Deus Clinic. This service provides individualised nutritional support, ensured by qualified professionals, within an excellent academic context and with easy access.	SDG 3; SDG 10; SDG 17	https://www.ulusofona.pt/noticias/clinica-universitaria-de-nutricao-em-funcionamento-no-campus-da-ulusofona
Training Actions and Workshops	2025	Courses			
Training Actions and Workshops	2025	Bioeconomy and Circular Technology	Pioneering degree in Portugal that prepares professionals with interdisciplinary training in biotechnology, environment, and economics. It	SDG 4; SDG 7; SDG 9; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/lisboa/bachelor/circular-bioeconomy-and-technology

			promotes the implementation of a sustainable and circular bioeconomy aligned with European priorities. The course includes an ERASMUS+ partnership with Hochschule Trier (Germany), encouraging international mobility and exchange of sustainable best practices.		
Training Actions and Workshops	2025	Artificial Intelligence for Sustainable Societies (Erasmus Mundus)	International joint programme integrating sustainability, artificial intelligence, and civic participation. Students develop skills in data science, participatory design, and ethical analysis of digital technologies. The course promotes data-driven decisions and sustainable solutions with positive social impact through a multidisciplinary and intercultural perspective.	SDG 4; SDG 9; SDG 11; SDG 12; SDG 13; SDG 16; SDG 17	https://www.ulusofona.pt/en/porto/erasmus-mundus/artificial-intelligence-for-sustainable-societies
Training Actions and Workshops	2025	Intelligent and Sustainable Energy Systems	This Master's programme aims to train professionals equipped to address the challenges of the energy transition. It covers areas such as	SDG 4; SDG 7; SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/en/porto/masters/intelligent-and-sustainable-energy-systems

			renewable energy, decarbonisation, digitalisation, energy markets, and artificial intelligence. With a strong interdisciplinary approach, it combines technological innovation and sustainability, preparing specialists to lead the transformation of the energy sector.		
Training Actions and Workshops	2025	Sustainable Health Management	Postgraduate training that combines technical knowledge with an ethical and sustainable vision of healthcare management. It addresses topics such as quality, efficiency, patient well-being, and the sustainability of care systems. Designed for managers and health sector professionals, in an evening/weekend format.	SDG 3; SDG 4; SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/en/lisboa/post-graduation/sustainable-health-management
Training Actions and Workshops	2025	Sustainability in Waste Management – Specialisation in Biowaste	Specialised course addressing the challenges posed by PERSU 2030 and the transition to more sustainable waste management systems. It equips technicians	SDG 4; SDG 11; SDG 12; SDG 13	https://www.ulusofona.pt/en/porto/post-graduation/sustainability-in-waste-management-specialization-in-biowaste

			and managers to enhance and optimise the collection and treatment of biowaste, with an applied, real-world solution-focused approach.		
Training Actions and Workshops	2025	Sustainable Audiovisual Production Management – Green Consultants	Training aimed at professionals in the audiovisual sector seeking to apply sustainable practices during pre-production, filming, and post-production phases. Inspired by the model of Hochschule der Medien Stuttgart, it prepares consultants to lead the green transition in the creative industries, promoting carbon neutrality and energy efficiency in film productions.	SDG 4; SDG 7; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/en/lisboa/training/sustainable-audiovisual-production-management-green-consultants
Training Actions and Workshops	2025	Training Actions and Workshops			
Training Actions and Workshops	2025	Winter School 2025	Intensive week of practical cybersecurity training, with labs and hackathon to develop skills.	SDG 4; SDG 5; SDG 10; SDG 11	https://www.ulusofona.pt/noticias/winter-school-2025-uma-imersao-pratica-em-ciberseguranca
Training Actions and Workshops	2025	Artificial Intelligence for Sustainable Societies	Collaborative training to explore sustainable solutions through Artificial Intelligence.	SDG 4; SDG 9; SDG 11; SDG 13	https://www.ulusofona.pt/noticias/estudantes-exploram-ia-para-sociedades-sustentaveis

Training Actions and Workshops	2025	Pedagogical Training Days	Series of training sessions for teachers and researchers on innovative pedagogical practices.	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/evento/jornadas-de-capitacao-pedagogica-do-ensino-lusofona
Training Actions and Workshops	2025	IT/IS Compliance: Managing Risks and Unlocking Innovation with ISO/IEC 5230 and 18974	Sessions on technological risks and responsible innovation in digital environments.	SDG 4; SDG 9; SDG 16	https://www.ulusofona.pt/evento/compliance-tisi-gerir-riscos-e-libertar-inovacao-com-a-isoiec-5230-e-18974
Training Actions and Workshops	2025	Palliative Care Intervention	Public lecture on interventions that improve quality of life in palliative care.	SDG 3; SDG 4	https://www.ulusofona.pt/evento/palestra-intervencao-em-cuidados-paliativos
Training Actions and Workshops	2025	Motivation in Physical Education: Challenges, Strategies and Student Engagement	Open class on methods to improve motivation and student participation in physical education.	SDG 3; SDG 4	https://www.ulusofona.pt/noticias/motivacao-na-educacao-fisica-desafios-estrategias-e-envolvimento-dos-alunos
Training Actions and Workshops	2025	Best Practices for Migrant Student Entrepreneurs	Workshop on resources and practices to support migrant students in entrepreneurship.	SDG 8; SDG 10	https://www.ulusofona.pt/evento/workshop-boas-praticas-estudantes-migrantes-empreendedores
Training Actions and Workshops	2025	Dating and Intimate Relationship Violence	A workshop raising awareness and providing support to prevent violence in intimate relationships.		https://www.ulusofona.pt/noticias/workshop-sobre-violencia-no-namoro-e-relacoes-intimas-na-universidade-lusofona
Training Actions and Workshops	2025	Current Legal Issues	A critical discussion on contemporary challenges in law.		https://www.ulusofona.pt/evento/seminario-permanente-questoes-atuais-de-direito

Training Actions and Workshops	2025	How to Survive as a Researcher and Still Have Fun	Techniques to balance personal and professional life in a research career.		https://www.ulusofona.pt/evento/como-sobreviver-como-investigador-e-ainda-se-divertir
Training Actions and Workshops	2025	Domestic Violence and the Istanbul Convention	Strategies to prevent domestic violence and implement the Istanbul Convention.		https://www.ulusofona.pt/noticias/congresso-debate-violencia-domestica-e-convencao-de-istambul
Training Actions and Workshops	2025	Employment Fair 2025 (ULusófona - CUL)	Event with national and international companies connecting students to the job market.		https://www.ulusofona.pt/noticias/feira-de-emprego-aproxima-estudantes-da-ulusofona-ao-mercado-de-trabalho
Participation in International Projects	2025	Full Member of the European Network CONRIS	Integration as a full member of the Cooperation Network for Risk, Safety & Security Studies (CONRIS), dedicated to safety, risk and resilience, strengthening international collaboration in these areas.	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/universidade-lusofona-torna-se-membro-definitivo-da-rede-europeia-conris
Participation in International Projects	2025	Faculty of Law Joins the OCEAN Network	Integration into the Open Council of Europe Academic Networks (OCEAN), fostering cooperation in legal education and research.	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/faculdade-de-direito-da-universidade-lusofona-junta-se-a-rede-ocean
Participation in International Projects	2025	Participation in the National Coordination of CoARA	Joining the National Coordination of the Coalition for Advancing Research	SDG 9; SDG 16; SDG 17	https://research.ulusofona.pt/en/clippings/universidade-lus%C3%B3fona-

			Assessment (CoARA), promoting responsible and impactful scientific practices.		integra-a-coordena%C3%A7%C3%A3o-nacional-do-coara
Participation in International Projects	2025	Participation in Aalto ARTS Summer School (Finland)	Students from Universidade Lusófona collaborated with international peers on innovative solutions to water-related challenges.	SDG 6; SDG 17	https://www.ulusofona.pt/noticias/estudantes-da-lusofona-brilham-na-aalto-arts-summer-school-na-finlandia
Participation in International Projects	2025	FilmEU Recognised by the European Commission	The European Commission highlights FilmEU as a model of an innovative European university.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/comissao-europeia-destaca-filmeu-como-modelo-de-universidade-europeia-inovadora
Participation in International Projects	2025	II International SOMUS Conference	Reflection on social museology and human rights, with a review of the ICOM Code of Ethics.	SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/evento/ii-conferencia-internacional-somus-perspectivas-da-museologia-social
Participation in International Projects	2025	SUNRISE Project (Cape Verde)	Research on sustainable development in island contexts.	SDG 13; SDG 17	https://www.ulusofona.pt/noticias/ulusofona-integra-equipa-de-investigacao-no-estudo-sunrise-cabo-verde
Participation in International Projects	2025	EWALD Project (Morocco)	Workshop on soil degradation and sustainable agricultural practices.	SDG 15; SDG 17	https://www.ulusofona.pt/noticias/projeto-ewald-workshop-sobre-a-monitorizacao-da-degradacao-do-solo-em-marrocos
Participation in International Projects	2025	Support for the European Degree	Publication of a declaration in defence of the European	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/coimbra-group-publica-

		(Coimbra Group)	Degree as a tool for academic integration.		declaracao-em-apoio-ao-grau-europeu
Participation in International Projects	2025	DETMED Project – Mid-term Meeting	Meeting within the DETMED project, focused on gamma probes for surgical tumour removal.	SDG 3; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/reuniao-mid-term-do-detmed-motiva-inovacao-no-diagnostico-e-tratamento-do-cancro
Participation in International Projects	2025	Integration in the Cultural and Creative Industries Cluster (CICC)	Participation in the cluster to promote sustainability, knowledge sharing and innovation.	SDG 4; SDG 8; SDG 9; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/noticias/ulusofona-integra-o-recem-aprovado-cluster-industrias-culturais-e-criativas
Participation in International Projects	2025	Governance Council – Partnerships with the United States of America	Joining the global council to strengthen cooperation with North American universities.	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/ulusofona-integra-conselho-de-governacao-de-parcerias-com-universidades-eua
Participation in International Projects	2025	YouNDigital Project – Final Conference	Presentation of results on youth and digital citizenship.	SDG 4; SDG 5; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/noticias/conferencia-final-projeto-youndigital
Participation in International Projects	2025	Fram2 Mission – SpaceXosome	Participation in the Fram2 space mission to study stress in astronauts.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/ulusofona-chegou-ao-espaco-na-madrugada-de-31-de-marco
Participation in International Projects	2025	FEMglocal Project – Final Conference	Debate and screening of a documentary on feminist movements in Portugal.	SDG 5; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/noticias/conferencia-femglocal-destaca-lutas-feministas-e-aponta-caminhos-para-o-futuro

Participation in International Projects	2025	Pathfinder – International Bachelor's Degree in Film	Validation by QQI of the Pathfinder film programme, promoting mobility and cooperation.	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/pathfinder-validado-pela-agencia-nacional-de-garantia-da-qualidade-da-irlanda
Participation in International Projects	2025	Future World Film Festival	Association with the international festival promoting innovation, technology and sustainability in cinema, with workshops, screenings and panels on audiovisual trends.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/universidade-lusofona-e-parceirado-future-world-film-festival
Participation in International Projects	2025	FilmEU Annual Challenge – Production Week & BIP Film Workshop	Production of short films on water themes and workshop on analogue techniques.	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/bastidores-da-filmeu-annual-challenge-production-week
Participation in International Projects	2025	Marie Skłodowska-Curie Doctoral Network (DECADOCS)	Integration into DECADOCS for interdisciplinary doctoral training on cultural and environmental decay.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/universidade-lusofona-numa-rede-de-doutoramento-das-aco-es-marie-skodowska-curie
Participation in International Projects	2025	Infamous Shipwrecks Project – Meeting	Planning of pilot project on ocean literacy with immersive technologies.	SDG 14; SDG 17	https://www.ulusofona.pt/noticias/projeto-infamous-shipwrecks-reuniu-equipa-em-portugal-de-20-a-22-de-marco
Participation in International Projects	2025	Illumina Training: Artistic Research Methods – Archive, Memory, and Filmmaking	Workshop on artistic research methodologies, including video art and dance film practices.	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/evento/illumina-training-artistic-research-methods-archive-memory-and-filmmaking

Participation in International Projects	2025	Adaptation of Doctoral Education in Portugal	Research on interdisciplinarity and collaboration in Portuguese doctoral programmes.	SDG 4; SDG 17	https://www.ulusofona.pt/noticias/estudo-revela-adaptacao-do-ensino-doutoral-as-novas-dinamicas-em-portugal
Participation in International Projects	2025	DOCTUS II – Pathways of Contemporary Research (Bratislava)	Workshop for doctoral candidates on archival cinema, collective memory, and historiography.	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/noticias/doctus-ii-pathways-of-contemporary-research-chamada
Participation in International Projects	2025	Student Selected for Taekwondo FISU 2025	Patrícia Gomes Poeiras Fróis will represent Portugal at the World University Taekwondo Games.	SDG 3; SDG 4; SDG 5; SDG 17	https://www.ulusofona.pt/noticias/estudante-da-universidade-convocada-para-representar-portugal
Participation in International Projects	2025	Aqua-Synapse Project (Lisbon) – 2nd Workshop	Discussion on the effects of low-deuterium water on health and planning for upcoming phases.	SDG 3; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/2-workshop-do-projeto-aqua-synapse-na-fundacao-gimm-em-lisboa
Participation in International Projects	2025	6th International Week of Teaching and Research	Event featuring 22 professors from 19 international universities promoting pedagogical innovation.	SDG 4; SDG 17	https://www.ulusofona.pt/evento/6-semana-internacional-de-ensino-e-investigacao
Participation in International Projects	2025	European Innovation Network EIT Manufacturing	Joining the network to promote industrial innovation and sustainability in collaboration with researchers and companies.	SDG 4; SDG 9; SDG 12; SDG 17	https://www.ulusofona.pt/noticias/universidade-lusofona-integrarede-europeia-de-inovacao-eit-manufacturing
Participation in International Projects	2025	Future of European Universities – Meeting in Paris	Participation in strategic debate with 65 universities on	SDG 4; SDG 9; SDG 17	https://www.ulusofona.pt/noticias/universidade-lusofona-marca-presenca-em-paris

			transnational alliances such as FilmEU.		
Participation in International Projects	2025	International Volleyball Coaches Congress (Daniele Santarelli)	Accredited training and debate on women's volleyball in Portugal with a renowned international coach.	SDG 3; SDG 4; SDG 17	https://www.ulusofona.pt/evento/congresso-internacional-de-treinadores-de-voleibol
Participation in International Projects	2025	Call for Mobilities – FilmEU Collegium	Initiative for staff mobilities among FilmEU universities to promote exchange of experience and professional development.	SDG 4; SDG 8; SDG 17	https://www.ulusofona.pt/noticias/chamada-para-staff-mobilities-filmeu-collegium
Participation in International Projects	2025	Play Your Idea 2025	Annual entrepreneurship competition supporting sustainable ideas in the creative and technological sectors, in partnership with FilmEU.	SDG 3; SDG 4; SDG 8; SDG 9; SDG 17	https://www.ulusofona.pt/evento/play-your-idea-2025-pitch-final
Participation in International Projects	2025	International Week Erasmus BIP – Military Tourism and Immersive Experiences	International event (Portugal, Belgium, Greece) on European military heritage with visits, lectures and creative workshops.	SDG 4; SDG 11; SDG 17	https://www.ulusofona.pt/evento/erasmus-bip-turismo-militar-reconstituicao-e-experiencias-imersivas
Participation in International Projects	2025	Renewing the Social Contract for Education	Multidisciplinary international symposium on social justice, sustainability and pedagogical innovation.	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/evento/renovar-o-contrato-social-para-a-educacao-navegando-em-futuros-possiveis
Participation in	2025	TiSSA 2025 – Re-imagining	International conference on social justice, social work and academic and	SDG 3; SDG 4; SDG 5; SDG 8;	https://www.ulusofona.pt/evento/call-for-abstracts-tissa-2025-re

International Projects		Social Work and Social Justice	professional networking.	SDG 10; SDG 16; SDG 17	imagining-social-work-and-social-justice
Participation in International Projects	2025	YouNDigital Project – Youth, News and Digital Citizenship	Study on information consumption and digital citizenship among Portuguese youth, with expansion of international partnerships.	SDG 4; SDG 10; SDG 16; SDG 17	https://www.ulusofona.pt/conversas-sobre/projeto-youndigital-jovens-noticias-e-cidadania-digital
Participation in International Projects	2025	RUN Project – Sustainable Solutions for Urban Rivers	International initiative for revitalising urban rivers with 15 Ibero-American partners, funded by the CITET Programme.	SDG 6; SDG 11; SDG 13; SDG 15; SDG 17	https://www.ulusofona.pt/conversas-sobre/projeto-run-rios-urbanos-naturalizados
In Media	2025	Direta Sem Café			
In Media	2025	EP 71 – Green Economy, Climate Change and Social Challenges w/ Renato Santiago	The ecological transition and its social implications.	SDG 7; SDG 8; SDG 9; SDG 11; SDG 12; SDG 13; SDG 17	https://www.ulusofona.pt/podcasts/ep71-economia-verde-mudancas-climaticas-e-desafios-sociais-c-renato-santiago
In Media	2025	EP73 - Eating Disorders: Physical, Mental and Social Health w/ Isabel Santos	Prevention and warning signs of eating disorders.	SDG 3; SDG 4; SDG 5; SDG 10; SDG 17	https://www.ulusofona.pt/podcasts/ep73-disturbios-alimentares-saude-fisica-mental-e-social-c-isabel-santos
In Media	2025	EP74 - Nutrition: Habits, Disease Prevention and Ageing w/ Cíntia Pego	Food as a promoter of health and longevity.	SDG 3; SDG 12; SDG 17	https://www.ulusofona.pt/podcasts/ep74-nutricao-habitos-prevencao-de-doencas-e-envelhecimento-c-cintia-pego

In Media	2025	EP75 - Nutrition, Sports Performance and Supplementatio n w/ Mónica Sousa	Balanced diet and impact on physical and mental performance.	SDG 3; SDG 4; SDG 12	https://www.ulusofona.pt/podcasts/ep75-alimentacao-desporto-e-suplementacao-c-monica-sousa
In Media	2025	EP76 – Eating Disorders: Treatment and External Support with Ana Isabel Vieira	Therapeutic approaches and the importance of the support network.	SDG 3; SDG 4; SDG 5	https://www.ulusofona.pt/podcasts/ep76-perturbacoes-alimentares-tratamento-e-apoio-externo-c-ana-isabel-vieira
In Media	2025	EP82 - Tourism, Education and the Future w/ Isabel Marques	The contribution of education to the transformation of the tourism sector.	SDG 4	https://www.ulusofona.pt/podcasts/ep82-turismo-educacao-e-futuro-c-isabel-marques
In Media	2025	Let's SPIC About...			
In Media	2025	EP4 - Let's SPIC About... Exercise and Research with António Palmeira	Leadership strategies in sport and the creation of healthy and motivating academic environments.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/podcasts/ep4-lets-spic-about-exercicio-e-investigacao-c-antonio-palmeira-
In Media	2025	EP5 - Let's SPIC About... Human Relationships with Rui Marques and Ana Beato	The role of interpersonal relationships in mental health and wellbeing, focusing on empathy and self-awareness.	SDG 3; SDG 4; SDG 10; SDG 16	https://www.ulusofona.pt/podcasts/ep5-lets-spic-about-relacoes-humanas-c-rui-marques-e-ana-beat
In Media	2025	Interviews			
In Media	2025	Rudi Roose: Reflections and Guidance on the	Lecturer at Ghent University shared at Lusófona University the main challenges and transformations in	SDG 4; SDG 8; SDG 10;	https://www.ulusofona.pt/entrevistas/rudi-roose-reflexoes-e-orientacoes-sobre-o-

		Future of Social Work	the market, pointing out pathways for future Social Work professionals.	SDG 16; SDG 17	futuro-do-trabalho-social
In Media	2025	Swami Jyothirmayah: Benefits of Meditation on Mental Health and Global Well-being	Meditation as an essential tool for stress reduction, promoting emotional balance and strengthening a full and harmonious life.	SDG 3; SDG 4; SDG 11; SDG 13	https://www.ulusofona.pt/entrevistas/swami-jyothirmayah-beneficios-da-meditacao-na-saude-mental-e-bem-estar-global
In Media	2025	Marta Paço: Portuguese Adaptive Surfing	World adaptive surfing champion Marta shares her journey as an athlete with visual impairment, the importance of resilience and the impact of institutional support, also addressing inclusion in universities and her goals for the Paralympic Games.	SDG 3; SDG 5; SDG 16	https://www.ulusofona.pt/entrevistas/marta-paco-surf-adaptado-portugues
In Media	2025	Artemisa Rocha: Benefits and Drawbacks of New Technologies in Digital Health	Neuroscience researcher warns about the risks of digital addiction, highlighting the urgency of balanced and informed regulation in the field of digital health.	SDG 3; SDG 4; SDG 16	https://www.ulusofona.pt/entrevistas/esaude-os-beneficios-e-maleficios-das-novas-tecnologias-na-saude-digital
In Media	2025	Conversations about...			
In Media	2025	Campanhã in Harmony Project: Creative	Social inclusion initiative focusing on artistic expression as a	SDG 4; SDG 10; SDG 11	https://www.ulusofona.pt/conversas-sobre/projeto-campanha-em-sintonia-

		Education with the Community	tool for community transformation.		educacao-e-criatividade-para-a-comunidade
In Media	2025	Remind Project: Inclusive Design for Dementia	Creation of practical and empathetic solutions to improve the quality of life for people with dementia.	SDG 3; SDG 4; SDG 10	https://www.ulusofona.pt/conversas-sobre/projeto-remind-um-design-inclusivo-para-estimular-pessoas-com-demencia-
In Media	2025	Bergolis Project: Virtual Reality in Phobia Treatment	Use of immersive technologies for psychological therapies addressing specific phobias.	SDG 3; SDG 9	https://www.ulusofona.pt/conversas-sobre/projeto-bergolis-realidade-virtual-ao-servico-da-terapia-de-fobias
In Media	2025	iLOX Project: New Inhibitors for Breast Cancer	Identification of innovative compounds with therapeutic potential for aggressive forms of the disease.	SDG 3; SDG 9	https://www.ulusofona.pt/conversas-sobre/projeto-ilox-desenvolve-inibidores-inovadores-para-combate-ao-cancro-da-mama
In Media	2025	Science and Education Webinars			
In Media	2025	Unlocking the Potential of Biomaterials in Skincare	Research into the use of natural ingredients and innovative biomaterials in the development of dermatological and cosmetic care products.	SDG 3; SDG 9; SDG 12	https://www.ulusofona.pt/webinars/desvendar-o-potencial-dos-biomateriais-no-cuidado-da-pele
In Media	2025	AI in Healthcare: Transforming Medical Diagnosis	Exploration of the applications of Artificial Intelligence in medicine, highlighting its transformative potential in clinical	SDG 3; SDG 4; SDG 9	https://www.ulusofona.pt/webinars/ia-na-saude-diagnostico-medico-em-transformacao

			practice and healthcare decision-making.		
In Media	2025	Nóisi			
In Media	2025	Benefits of Sport for Studying	Relationship between physical activity, mental health, and academic performance – key factors in student well-being.	SDG 3; SDG 4; SDG 5; SDG 10; SDG 16	https://www.ulusofona.pt/noisi/os-beneficios-do-desporto-para-os-estudos
In Media	2025	Earth Day	Celebration of Earth Day, raising awareness for environmental protection and sustainability.	SDG 4; SDG 11; SDG 15	https://www.ulusofona.pt/noisi/dia-do-planeta-terra
In Media	2025	Is Drinking Water During Meals Bad for You?	Debunking popular health myths, based on scientific evidence.	SDG 3	https://www.ulusofona.pt/noisi/noisi-beber-agua-durante-as-refeicoes-faz-mal
In Media	2025	Lusófona In the Media			
In Media	2025	Reflections on Christmas and the Impact of Jesus Christ on the History of Humanity	Jorge Bruno Ventura, lecturer at Lusófona University, reflects on the birth of Jesus Christ and his enduring influence on the world.	SDG 4; SDG 16	https://sol.sapo.pt/2025/01/07/o-culpado-disto-tudo/
In Media	2025	Caretaker Government: Legal Implications and Challenges in Madeira	Nuno Magalhães, lecturer at Lusófona University, analyses the powers of caretaker governments and the impact of the absence	SDG 16	https://jornaleconomico.sapo.pt/noticias/politica-madeirense-corre-o-risco-de-ficar-no-pantano-ate-julho-de-2026/

			of a Budget in Madeira until 2026.		
In Media	2025	DORA: A New Paradigm for Banking Governance	The New Era of Banking Governance and the Contribution of a Lusófona University lecturer to Digital Resilience.	SDG 9; SDG 16; SDG 17	https://jornalpt50.pt/noticia/dora-um-novo-paradigma-para-a-governacao-bancaria/
In Media	2025	Education: A Pillar for Portugal's Sustainable Future	Investing in education is crucial to reducing inequalities, strengthening the economy, and preparing new generations for future challenges.	SDG 4; SDG 8; SDG 10; SDG 17	https://observador.pt/opinio/educacao-o-nosso-pais-tem-futuro/
In Media	2025	Migration and Education: The Role of Lusophone Fraternity in the 21st Century	A reflection by Paulo Pinto on migratory flows and the role of education in creating new opportunities within the Lusophone space.	SDG 16	https://www.academia.edu/127183359/Migracao_e_Educao_para_uma_fraternidade_lusofona
In Media	2025	The Misconceptions of Employment in Tourism	Lecturer at Lusófona University Discusses the Tourism Paradox: Economic Growth Versus Lack of Youth Engagement in Sector Professions	SDG 4; SDG 8; SDG 12	https://tnews.pt/os-equivocos-do-emprego-no-turismo/
In Media	2025	The Role of Women in the 21st Century Labour Market: Challenges and Progress	Tânia Gaspar, lecturer at Lusófona University, talks about the evolution of female leadership presence and gender disparities in the professional environment	SDG 5	https://rhmagazine.pt/artigo-tecnico-as-mulheres-do-seculo-xxi-e-o-trabalho-por-tania-gaspar-u-lusofona/

In Media	2025	The New Trump Administration Analysed on Television by Lusófona University Lecturer	ECATI lecturer analyses the impact of the first weeks of the new US presidency on the War and Peace programme	SDG 4; SDG 16	https://www.nowcanal.pt/programas/guerra-e-paz/detalhe/guerra-e-paz-19-sara-pina
In Media	2025	Mercosur – Moving Forward!	The blindness of a colonial legacy or an arrogant vision cannot overshadow the opposite sense, which is that of the opening of the European market	SDG 8; SDG 9; SDG 10; SDG 12; SDG 17	https://sol.sapo.pt/2025/02/11/mercosul-vamos-em-frente/
In Media	2025	Lusófona University Promotes Entrepreneurship and Innovation with the Play Your Idea 2025 Competition	Initiative by PLAY – Lusófona University's Creative and Technological Incubator returns, challenging entrepreneurs to turn ideas into successful businesses	SDG 4; SDG 8; SDG 9; SDG 11; SDG 17	https://jornaleconomico.sapo.pt/noticias/jedicao-diaria-incubadora-dal-usofona-lanca-concurso-de-emprededorismo-e-inovacao-com-apoio-dacgd/
In Media	2025	Lusófona University Lecturer Advocates Political Reform in Madeira	Teresa Ruel warns of institutional blockage and the need for new governance solutions	SDG 10; SDG 11; SDG 16	https://www.dnoticias.pt/2025/2/15/438248-e-tempo-de-ensaiar-outras-solucoes-governativas-namadeira-diz-politologa/
In Media	2025	Industry Welcomes Open Source, But Faces Challenges	Experts from FOSSAware, invited by Lusófona University, discuss the evolution and challenges of open source software	SDG 8; SDG 9; SDG 16	https://jornaleconomico.sapo.pt/noticias/industria-ja-ve-open-source-com-bons-olhos-mas-nem-sempre-foi-solucao/
In Media	2025	Portugal: The Digital Future May Lie Here	The Importance of Innovation and	SDG 8; SDG 9; SDG 11;	https://www.jornaldaeconomia.com/port

			Infrastructure for Global Transformation	SDG 16; SDG 17	ugal-o-futuro-digital-pode-passar-por-aqui/
In Media	2025	Lusófona University Promotes Debate on Media Literacy	The Role of Media Literacy in Educating Informed and Critical Citizens	SDG 4; SDG 16	https://www.rtp.pt/play/p14282/e831965/sociedade-civil
In Media	2025	Flat Rate VAT: A Measure to Support Low-Income Families	The Importance of Fiscal Policies in Reducing Inequality and Strengthening the Economy	SDG 1; SDG 8; SDG 10	https://www.jornaldenegocios.pt/economia/impostos/iva/detalhe/iva-a-taxa-unica-e-receita-para-apoio-a-familias-de-baixo-rendimento
In Media	2025	The American Dream: Expansionism and International Law	Trump's Expansionism and Claims on Global Sovereignty	SDG 10; SDG 16; SDG 17	https://observador.pt/opiniao/o-sonho-americano-expansionismo-e-direito-internacional/
In Media	2025	Lusófona University Conducts First External Evaluation of Digital Textbooks in the Azores	COFAC leads study involving teachers, students, schools and families, with preliminary results expected by year-end	SDG 4; SDG 9; SDG 17	https://acores.rtp.pt/local/esta-adjudicada-primeira-avaliacao-externa-para-uso-de-manuais-digitais/
In Media	2025	Portuguese Youth and News Consumption: Trends and Challenges in the Digital Age	The YouNDigital Project, developed by Lusófona University, reveals perceptions and habits of young people regarding journalistic information	SDG 4; SDG 9; SDG 10; SDG 16; SDG 17	https://observador.pt/2025/03/26/jovens-em-portugal-consideram-noticias-tendenciosas-e-aborrecidas/
In Media	2025	Bio-IDeaS Project	Lusófona University students showcase sustainable creations in the show "Bom Dia	SDG 9; SDG 12; SDG 13	https://tviplayer.iol.pt/programa/bom-dia-alegria/66aa40ced34e94b82903b0dd/video/67

		Featured on V+TV Broadcast	Alegria", highlighting the use of biomaterials in accessory design		e3eeb50cf20ac1d5f2f66d
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More activities

Additional evidence links

<https://www.ulusofona.pt/en/news>

<https://www.ulusofona.pt/en/events>

<https://research.ulusofona.pt/>

<https://www.ulusofona.pt/en/green-lusofona>